

Checklist for Therapeutic Use Exemption (TUE) Application:

Neuropathic Pain





This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents <u>MUST</u> be provided. A *completed application and checklist DO NOT guarantee the granting of a TUE*. Conversely, in some situations a legitimate application may not include every element on the checklist.

	TUE Application form must include;
	All sections completed in legible handwriting
	All information submitted in [language]
	A signature from the applying physician
	The Athlete's signature
	Medical report should include details of;
	Medical history: exact injury to the central or peripheral nervous system and resulting pain (e.g., central, phantom limb, regional pain syndrome), character of pain, additional pharmacologic and non-pharmacological treatment approaches
	Findings on neurological examination
	Summary of diagnostic test results relevant to the clinical description of the pain
	Interpretation of symptoms, signs and test results by physician (where available, ideally neurologist, physical medicine or pain specialist)
	Diagnosis
	Narcotic or cannabinoid prescribed (both are prohibited in-competition only, all prohibited substances in these classes are explicitly named on the Prohibited List) including dosage, frequency, administration route
	Response to treatment
	Explain why alternatives ((e.g. antidepressants, anticonvulsants, tramadol, capsaicin, lidocaine) were could not be used.
	Diagnostic test results should include copies of;
	Imaging findings: CT or MRI results if applicable
	Other test results: electromyography, nerve conduction studies if applicable
	Additional information included
	Specialist opinion as per specification by the ADO