









World Aquatics Championships - Fukuoka 2023





World Aquatics Official Partners















































arena Mizuno 株式会社城山





























TEAM LEADERS' GUIDE



World Aquatics Championships - Fukuoka 2023 July 14 (Fri) -30 (Sun), 2023 for 17 days





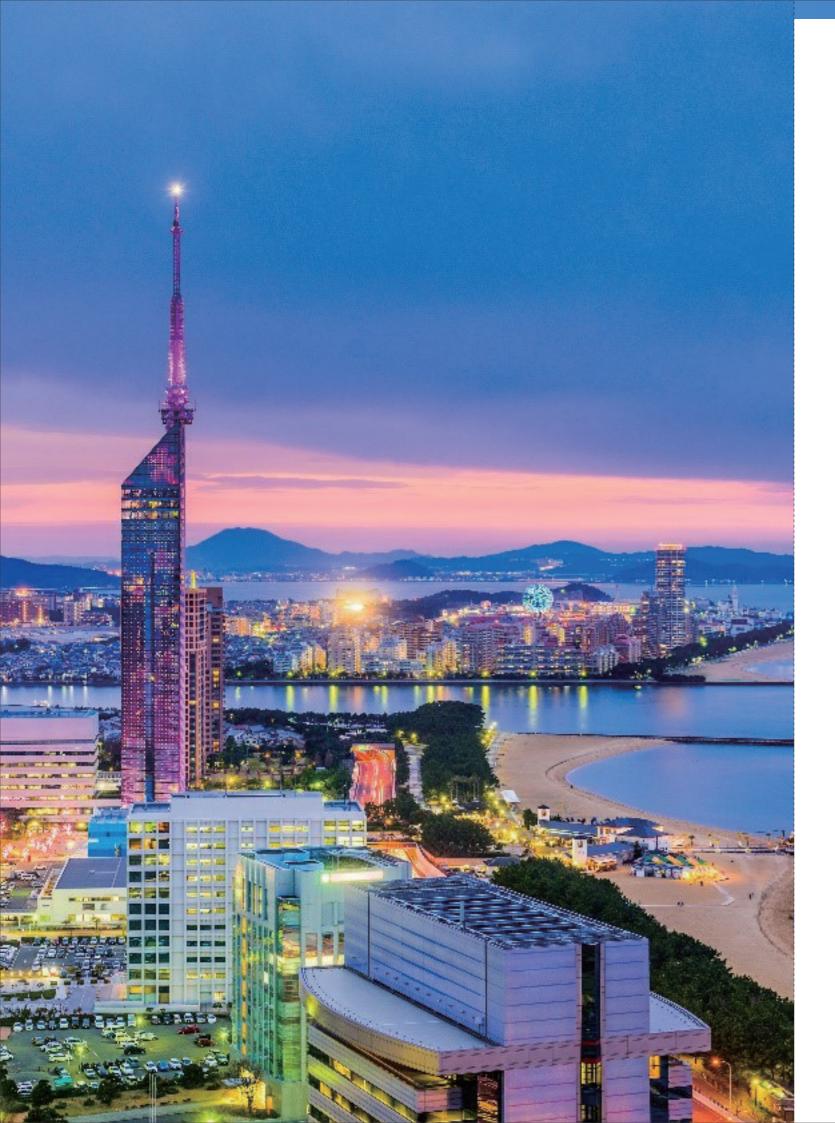
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ABOUT FUKUOKA CHAMPIONSHIPS

Swimming





1.1 World **Aquatics**

World Aquatics, formerly known as the Fédération Internationale de Natation (FINA), is the sole and exclusive world governing body for all Aquatics. Since June 2021, under the presidency of Captain Husain Al Musallam, World Aquatics comprises 209 National Member Federations in the five continents. World Aquatics oversees six aquatics sports: Swimming, Water Polo, Diving, Artistic Swimming, Open Water Swimming, and High

1.2 World **Aquatics** Bureau

President: Husain AL MUSALLAM First Vice President: Sam RAMSAMY Second Vice President: Matthew DUNN

Treasurer: Dale NEUBURGER

Vice President: Juan Carlos ORIHUELA

Vice President: António SILVA Vice President: Jihong ZHOU

Member:

Khaleel AL JABIR Taha Sulaiman AL KISHRY Alia ATKINSON Algernon CARGILL Fernando CARPENA Monica Amon CHANG'ANAMUNO

Errol CLARKE Maureen CROES Mohamed DIOP Sirichai DISTAKUL Zouheir EL MOUFTI Ana FORTIN

Kyriakos GIANNOPOULOS

Cheryl GIBSON Farida A. IDDRISS

Yasser Mohamed Ibrahim IDRIS

Otylia JĘDRZEJCZAK

Romani KATOA

Executive Director: Brent John NOWICKI

Sarah KEANE Andrey KRYUKOV Virendra NANAVATI Luiz Fernando OLIVEIRA Judy OTTO Joo Hee PARK Donald RUKARE (DR) Vladimir SALNIKOV Gilles SEZIONALE Veronica STANHAM Daichi SUZUKI Mae Chen TANG Doreen TIBORCZ Vanja UDOVIČIĆ Erik VAN HEIJNINGEN Josip VARVODIC Sami WAHLMAN Sándor WLADÁR

1.3 **Organising**

Committee

Chief Executive Director: Eiichi NAKAMURA

Executive Director(Competition): Kaname SAKAMOTO

Executive Director(Finance): Koji MIYAKE Chief Operating Officer: Kazufumi FUJIMOTO Deputu Chief Oparationg Officer: Masahiro SUMI Deputy Chief Operationg Officer Assistant: Yujiro ISHII

Position	Name
Director, General Affairs Section	Hiroki HIRAKAWA
Manager, General Affairs	Eiji TAKEGAWA
Manager, Liaison Affairs	Kinue YOSHIMURA
Director, Event Organisation Section	Masanao ISHIBASHI
Manager, Event Organisation	Kyosuke KIDERA
Manager, Volunteer Management	Keiji KIKUYAMA
Manager, Security & CIQ	Shigeo NAGASAKO
Manager, GMS & AD	Teppei TAKAYANAGI
Manager, Medical	Kaori MURAKAMI
Director, Sports Event & Venue Planning Section	Hiroyuki FUJIWARA
Manager, Sports Event Planning	Yoichi YAMAKITA
Manager, Sports Event Planning	Masahiro SHIOKAWA
Manager, Venue Planning	Yoshimasa IRIE
Director, Logistics & Media Section	Yusuke NAKAMOTO
Manager, Accommodation & Transportation	Shinichi KAKU
Manager, Traffic	Shingo TOBIMATSU

Position	Name
Manager, Broadcasting	Kohei YAMADA
Manager, Media	Fumiko TAKIMOTO
Director, Marketing & Promotion Section	Yutaka YAMASAKI
Manager, Marketing	Kengo TORIDAMARI
Manager, Promotion	Yasuko TANABE
Manager, Ceremony Planning & Ticketing Coordination	Којі НАҮАТА
Director, Sports Dept.	Koji SUZUKI
Manager, Swimming Division	Katsuyoshi FUJIMORI
Manager, Diving Division	Kyuya MYODO
Manager, Water Polo Division	Shinichiro HORI
Manager, Artistic Swimming Division	Yoko TANAKA
Manager, Open Water Swimming Division	Osamu KAMEDA
Manager, High Diving Division	Kyuya MYODO
Doping Control Committee Chair	Ken SHIMIZU
Medical Committee Chair	Sayaka MOTOJIMA

Contact

· Accommodation: accommodation@fukuokaoc.org • Transportation : transportation@fukuokaoc.org

· VISA : visa@fukuokaoc.org

: customsclearance@fukuokaoc.org · Customs



1.4 Slogan, **Event Logo,** and Mascots

Concept

The Concept of our Event is "WATER MEETS THE FUTURE". The Concept expresses the hope that all the participants will meet the future.



WATER MEETS THE FUTURE

Water Meets The Future The future awaits.

The most innovative and open Championships ever will create a new vision for aquatic sports a new vision of Fukuoka and show all involved the future.

Emblem

The Event emblem is a symbol representing a combination of "F" for Fukuoka and an image of aquatic sports, an easy-to-understand pictogram for everyone around the world. The symbol, which depicts human heads and arms to express the energetic movements of the six aquatic sports disciplines, represents a medal ceremony podium to honour the world's top athletes.

The emblem for the Masters Championships, which is pale orange, has more round-tipped arms and gives a warmer impression.











1.4 Slogan, **Event Logo,** and Mascots

Mascots

Inspired by Fukuoka's ocean-front location, dolphins, well known as a popular sea animal, were chosen for the design motif.

The mascots' human-like characteristics will boost the momentum of the Championships.

SEALIGHT

Sealight is very confident about swimming much faster than anyone else. He is friendly to everyone, but likes to compete with others and dreams of becoming a big star in the human world as well.

The origin of his name is the combination of the words "Sea" and "Light".

"Sea" represents Fukuoka's oceanfront location and "Light" refers to casting a bright light on people's futures.



SHIRNEY

Shirney is a bit clumsy, but is a hard worker who makes efforts to overcome challenges. She can make friends with anyone and wants to make even more friends. She dreams of travelling around the world with her friends.

Her name comes from the word "Shine", and represents a bright future for all the people involved in the Championships.



SHIRNEY





1.5
Opening
and
Closing
Ceremonies

Opening Ceremony: 14th of July 2023

The opening ceremony for World Aquatics Championships - Fukuoka 2023 will be held at Boat Race Fukuoka.

Closing Ceremony: 30th of July 2023

The closing ceremony for World Aquatics Championships - Fukuoka 2023 will be held at Marine Messe Fukuoka Hall A.



1.6
Competition
Venues



Marine Messe Fukuoka Hall A (AQC)

- Events: Swimming and Artistic Swimming
- Address:

7-1 Okihama-machi, Hakata-ku, Fukuoka

• Pool dimensions:

Event: $50 \times 26 \times 3$ m (temporary pool) SW-Warm Up: $50 \times 25 \times 2$ m (temporary pool) AS-Warm Up: $30 \times 25 \times 3$ m (temporary pool)



Marine Messe Fukuoka Hall B (WPA)

- Events: Water Polo
- Address:

2-1 Okihama-machi, Hakata-ku, Fukuoka

• Pool dimensions:

Event: $35 \times 25 \times 2$ m (temporary pool) Warm Up: $35 \times 22 \times 2$ m (temporary pool)



Fukuoka Prefectural Pool (DVG)

- Events: Diving
- Address:

2-1-3 Higashihiraokoen, Hakata-ku, Fukuoka

• Pool dimensions: Event: 22 × 20 × 5 m



Seaside Momochi Beach Park (Jigyohama District) (SMB)

- Events: Open Water Swimming and High Diving
- Address:

2 Jigyohama, Chuo-ku, Fukuoka

- HDV tower: Men 27 m; Women 20 m
- Temporary pontoon for the OWS start point





1.7 Competition Schedule (Overview of all competitions)

DATES	14 / 07/ 2023 Friday	15 / 07/ 2023 Saturday	16 / 07/ 2023 Sunday	17 / 07/ 2023 Monday	18 / 07/ 2023 Tuesday	19 / 07/ 2023 Wednesday	20 / 07/ 2023 Thursday	21 / 07/ 2023 Friday	22 / 07/ 2023 Saturday	23 / 07/ 2023 Sunday	24 / 07/ 2023 Monday	25 / 07/ 2023 Tuesday	26 / 07/ 2023 Wednesday	27 / 07/ 2023 Thursday	28 / 07/ 2023 Friday	29 / 07/ 2023 Saturday	30 / 07/ 2023 Sunday
VENUE	OPENING CEREMONY 20:00	,						•						·	•		CLOSING CEREMONY (Time tbd)
	CEREMONY 20:00				DIVING							1	1	1	1		CEREWONY (Time tod)
	10:00 - 13:00 **	9:00 - 11:00 **	10:00 - 11:15 **	9:00 - 10:45 ** 3m Springboard	10:00 - 12:45 **	<u>09:00 - 13:45 **</u>	09:00 - 12:15 **	<u>09:00 - 12:30 **</u>									
		3m Springboard Synchro Men	10m Platform	Synchro Women	10m Platform		3m Springboard										
	1m Springboard Women		Synchro Women	J	Women	3m Springboard	Women	10m Platform Men									
			1	<u>12:30 - 14:15 **</u>		Men											
ra l		12:30 - 14:00 ** 10m Platform		10m Platform Synchro Men													
fect		Synchro Mixed		Sylicino Meli			•										
Pool			14:30 - 16:00]	<u>14:30 - 16:00</u>]	14:30 - 16:00	1									
l ge	<u>15:00 - 19:00 **</u>	<u>15:30 - 16:45</u>	1m Springboard Men	<u>15:30 - 16:45</u>	10m Platform Women	<u>15:30 - 17:00</u>	3m Springboard Women	15:30 - 17:00	15:30 - 17:00	-							
Į ž		1m Springboard		3m Springboard		3m Springboard		10m Platform	3m Springboard								
	1m Springboard Men	Women	J	Synchro Women		Men	J	Men	Synchro Mixed	-							
		10.00 10.00	40.00 40.00	40.00.40.00	40.00 40.00	40.00 40.00	40.00 40.00	40.00.40.00	1								
		18:00 - 19:30 3m Springboard	18:00 - 19:30 10m Platform	18:00 - 19:30 10m Platform	18:00 - 19:30	18:00 - 19:30 10m Platform	18:00 - 19:30 3m Springboard	18:00 - 19:30 3m Springboard	18:30 - 20:00	-							
		Synchro Men	Synchro Women	Synchro Men	3m / 10m Team Event	Women	Men	Women	10m Platform Men								
					ARTISTIC SWIMMING				Mell				SWII	MMING			
	<u>09:00 - 11:00 **</u>			9:00 - 11:45 **	09:00 - 11:00 **					10:30 - 14:45 **	10:30 - 13:15 **	10:30 - 13:15 **	10:30 - 13:30 **	10:30 - 13:15 **	10:30 - 13:15 **	10:30 - 13:30 **	10:30 - 12:30 **
	Solo Technical Women	10:00 - 11:45 **	10:00 - 12:00 **	Solo Free Women	Duet Free Group B		10:00 - 12:00 **	10:00 - 11:00 *	10:00 - 11:30	200m IM W 400m Freestyle M	100m Backstroke W 100m Backstroke M	50m Breaststroke M 200m Freestyle W	50m Backstroke W 100m Freestyle M	100m Freestyle W 200m Backstroke M	100m Butterfly M 200m Backstroke W	50m Freestyle W 50m Backstroke M	400m IM W 4x100m Medley Relay M
	3010 recillical wollien	Acrobatic Routine	Team Technical	Solo Free Wolliell			Team Free	Mixed Duet Free	Mixed Duet Free	100m Butterfly W 50m Butterfly M	100m Breaststroke W	200m Butterfly M 800m Freestyle M	200m IM M 200m Butterfly W	200m Breaststroke W 200m Breaststroke M	50m Freestyle M 50m Butterfly W	50m Breaststroke W	4x100m Medley Relay W
		Acrosadio Roddine	roun recillical		12:00 - 14:00 **]	, can i ree		mad Duet Fiee	400m Freestyle W	200m Freestyle M 1500m Freestyle W	Godin Freestyle W	4x100m Medley Relay MX	4x200m Freestyle Relay W	4x200m Freestyle Relay M	4x100m Freestyle Relay MX 1500m Freestyle M	
a a a a	12:00 - 14:00 **				Duet Free Group A				12:30 - 13:30	100m Breaststroke M 400m IM M	W W	Vomen			800m Freestyle W		
ka T	Solo Technical Men			14:00 - 15:30					Gala Exhibition	4x100m Freestlyle Relay W 4x100m Freestyle Relay M	M - M	len Mixed					
k k		14:00 - 15:00 *]	Solo Technical Men						4X100III Freestyle Relay M		ndividual Medley					
98 F	15:00 - 16:40 **	Mixed Duet Technical	I		<u>15:00 - 17:00 **</u>					20:00 - 22:20	20:00 - 21:50	20:00 - 22:05	20:00 - 22:15	20:00 - 22:15	20:00 - 22:10	20:00 - 22:15	20:00 - 22:30
Mess	Duet Technical Group B		<u>16:30 - 18:00</u>]	Solo Free Men	<u>16:30 - 18:00</u>]			400m Freestyle M	100m Breaststroke M	200m Freestyle M 1500m Freestyle W	800m Freestyle M	200m Butterfly W	100m Freestyle W	50m Butterfly W	50m Backstroke M
ie l			Mixed Duet Technical			Solo Free Men				100m Butterfly W 50m Butterfly M	100m Butterfly W 100m Backstroke M	50m Breaststroke M	200m Freestyle W 100m Freestyle M	100m Freestyle W 100m Freestyle M	100m Butterfly M 200m Backstroke W	50m Freestyle M 50m Freestyle W	50m Breaststroke W 1500m Freestyle M
Mar	<u>17:50 - 19:30 **</u>									400m Freestyle W 100m Breaststroke M	100m Breaststroke W 50m Butterfly M	100m Backstroke W 100m Backstroke M	50m Backstroke W 200m Butterfly M	50m Backstroke W 200m Breaststroke M	50m Freestyle M 200m Breaststroke W	50m Breaststroke W 100m Butterfly M	50m Freestyle W 400m IM W
	Duet Technical Group A								1	200m IM W	100m Backstroke W	200m Freestyle W	50m Breaststroke M	200m IM M	200m Backstroke M	200m Backstroke W	4X100m Medley Relay M
		<u>19:30 - 21:00</u>	<u>19:30 - 21:00</u>	19:30 - 21:00	<u>19:30 - 21:00</u>	<u>19:30 - 21:00</u>	19:30 - 21:00	<u>19:30 - 21:00</u>		400m IM M 4x100m Freestyle Relay W	200m Freestyle M 200m IM W	200m Butterfly M 100m Breaststroke W	200m Butterfly W 200m IM M	200m Breaststroke W 200m Backstroke M	50m Butterfly W 200m Breaststroke M	50m Backstroke M 800m Freestyle W	4X100m Medley Relay W
		Solo Technical Women	Duet Technical	Acrobatic Routine	Team Technical	Solo Free Women	Duet Free	Team Free		4x100m Freestyle Relay M				4X200m Freestyle Relay W		4X100m Freestyle Relay MX	
										WATER POLO							
	WOMEN	1	WOMEN	MEN	Prelimina WOMEN	ary Round MEN	WOMEN	MEN	WOMEN	over matches MEN	Quarter Fi	nal Round *** MEN	Semi-Fil WOMEN	nal Round MEN	WOMEN	Round	
	Group A		09:00-10:05	<u>09:00-10:05</u>	<u>09:00-10:05</u>	09:00-10:05	09:00-10:05	<u>09:00-10:05</u>	09:00	09:00	09:00	09:00	09:00	09:00			•
	● A1 CHN ● A2 FRA ● A3 USA ● A4 AUS		W1: USA vs CHN	M1: KAZ vs USA	W9: KAZ vs NED	M9: ITA vs CAN	W17: ARG vs RSA	M18: HUN vs ARG	W25: 4 th A vs 4 th B	M25: 4 th A vs 4 th B	W31: Loser W25 vs Loser W26	M31: Loser M25 vs Loser M26	VV34	M39: Loser M33 vs Loser M34			
	Group B ■ B1 ESP ● B2 ISR ● B3 NED		<u>10:30-11:35</u>	<u>10:30-11:35</u>	<u>10:30-11:35</u>	<u>10:30-11:35</u>	10:30-11:35	<u>10:30-11:35</u>	10:30	10:30	10:30 W32: Winner W25 vs Winner	10:30 M32: Winner M25 vs Winner	10:30 W40: Winner W33 vs Winner	10:30 M40: Winner M33 vs Winner			
	B4 KAZ		W2: FRA vs AUS	M2: AUS vs GRE	W10: ESP vs ISR	M10: CHN vs FRA	W18: GRE vs ITA	M19: RSA vs ESP	W26: 4 th C vs 4 th D	M26: 4 th C vs 4 th D	W26	M26	W34	M34		44.00	
	Group C • C1 ARG • C2 GRE • C3 ITA		12:00-13:05 W3: NED vs ESP	12:00-13:05	12:00-13:05	12:00-13:05	12:00-13:05	12:00-13:05			12:00 W33: Loser W27 vs Loser	12:00 M33: Loser M27 vs Loser M29			11:30 W45: Loser W41 vs Loser	11:30	
all B	C4 RSA Group D		13:30-14:35	M3: CAN vs CHN 13:30-14:35	W11: RSA vs ITA 13:30-14:35	M12: CRO vs HUN 13:30-14:35	W20: NZL vs HUN 13:30-14:35	M20: SRB vs MNE 13:30-14:35	-		W29 13:30	M33: Loser M27 vs Loser M29			W42 13:00	M45: Loser M41 vs Loser M42 13:00	
ka T	• D1 CAN • D2 NZL • D3 HUN		W4: ISR vs KAZ	M4: FRA vs ITA	W12: ARG vs GRE	M13: ESP vs MNE	W21: CHN vs AUS	M21: USA vs GRE			W34: Loser W28 vs Loser				W47: Loser W43 vs Loser	M47: Loser M43 vs Loser M44	
kuo	● D4 JPN	I							14:00	14:00	W30 <u>15:00</u>	15:00	14:00	14:00	W44	ESSE MAY TO ESSE MAY	
, š	MEN								W27: 2 nd A vs 3 rd B	M27: 2 nd A vs 3 rd B	W35: 1st A vs Winner W29		W41: Loser W35 vs Loser W36	M41: Loser M35 vs Loser M36			
Ness	Group A		<u>16:00-17:05</u>	<u>16:00-17:05</u>	<u>16:00-17:05</u>	16:00-17:05	16:00-17:05	<u>16:00-17:05</u>	15:30	15:30	16:30	16:30	15:30	<u>15:30</u>	16:30	16:30	
i.	● A1 USA ● A2 AUS ● A3 KAZ ● A4 GRE		W5: ITA vs ARG	M5: ARG vs CRO	W14: CAN vs NZL	M14: RSA vs SRB	W22: FRA vs USA	M22: AUS vs KAZ	W28: 3 rd A vs 2 nd B	M28: 3 rd A vs 2 nd B	W36: 1 st B vs Winner W30	M36: 1 st B vs Winner M30	W42: Loser W37 vs Loser W38	M42: Loser M37 vs Loser M38	W46: Winner W41 vs Winner W42	M46: Winner M41 vs Winner M42	
Mar	Group B		17:30-18:35	17:30-18:35	<u>17:30-18:35</u>	17:30-18:35	17:30-18:35	<u>17:30-18:35</u>	17:00	17:00	18:00	18:00	<u>17:00</u>	17:00	18:00	18:00	
	B1 CHN		W6: GRE vs RSA	M7: MNE vs RSA	W15 AUS vs USA	M15 GRE vs KAZ	W23: ESP vs KAZ	M23: CHN vs ITA	W29: 2 nd C vs 3 rd D	M29: 2 nd C vs 3 rd D	W37: 1stC vs Winner W27	M37: 1stC vs Winner M27	W43: Winner W35 vs Winner W36	M43: Winner M35 vs Winner M36	W48: Winner W43 vs Winner W44	M48: Winner M43 vs Winner M44	
	Group C		19:00-20:05	19:00-20:05	19:00-20:05	19:00-20:05	19:00-20:05	19:00-20:05	18:30	18:30	<u>19:30</u>	19:30	18:30	18:30			
	C1 CRO		W8: NZL vs JPN	M6: HUN vs JPN	W13: JPN vs HUN	M11: JPN vs ARG	W19: CAN vs JPN	M17: CRO vs JPN	W30: 3 rd C vs 2 nd D	M30: 3 rd C vs 2 nd D	W38: 1 st D vs Winner W28	M38: 1 st D vs Winner M28	W44: Winner W37 vs Winner W38	M44: Winner M37 vs Winner M38			
	Group D ■ D1 RSA ● D2 SRB ● D3		20:30-21:35	20:30-21:35	20:30-21:35	20:30-21:35	20:30-21:35	20:30-21:35		1							
	MNE • D4 ESP		W7: HUN vs CAN	M8: SRB vs ESP	W16: CHN vs FRA	M16: USA vs AUS	W24: ISR vs NED	M24: FRA vs CAN									
										i							
Seaside		<u>08:00 - 10:15</u>	<u>08:00 - 10:15</u>	OPEN WATE	08:00 - 09:15		08:00 - 09:30					<u>11:30 - 12:45</u>	HIGH DIVING 12:00 - 13:15	12:00 - 13:30			
Momochi Beach		10km Women	10km Men		5km Women		6km Team Relay					Women Rounds 1-2	Women	Men			
Park					10:00 - 11:15 5km Men					1		14:00 - 15:30 Men Rounds 1-2	Rounds 3-4	Rounds 3-4	J		
					OWIN MICH							INCITIVOURUS 1-2					

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* Preliminary sessions are only staged if entries demand.

** Session end times dependent on final entries.

For any DV event with 44 entries or more, the preliminary session will be split into 2 groups, with a 15 minute break between the two parts of the session.

*** JPN will play at 19:00 up to and including the quarter final stage, with any displaced games moving up accordingly.

Revision: 18 April 2023







WORLD AQUATICS OFFICIAL PARTNERS







Non-medal event Preliminary Round Quarter/Semi-Final Final

2

DISCIPLINE INFORMATION





2.1 Discipline Program and Key Dates

Discipline Program

Date	Session	Time		Even	t Name	Phase
			W	200m	Individual Medley	Heats
			М	400m	Freestyle	Heats
			W	100m	Butterfly	Heats
			M	50m	Butterfly	Heats
July 23	SW1	10:30	W	400m	Freestyle	Heats
			M	100m	Breaststroke	Heats
			M	400m	Individual Medley	Heats
			W	4×100m	Freestyle Relay	Heats
			М	4×100m	Freestyle Relay	Heats
			М	400m	Freestyle	Final
			W	100m	Butterfly	Semi - final
			M	50m	Butterfly	Semi - final
			W	400m	Freestyle	Final
July 23	SW2	20:00	M	100m	Breaststroke	Semi - final
			W	200m	Individual Medley	Semi - final
			M	400m	Individual Medley	Final
			W	4×100m	Freestyle Relay	Final
			М	4×100m	Freestyle Relay	Final
			W	100m	Backstroke	Heats
			M	100m	Backstroke	Heats
July 24	SW3	10:30	W	100m	Breaststroke	Heats
			M	200m	Freestyle	Heats
			W	1500m	Freestyle	Heats
			М	100m	Breaststroke	Final
			W	100m	Butterfly	Final
			M	100m	Backstroke	Semi - final
July 24	SW4	20:00	W	100m	Breaststroke	Semi - final
July 24	3444	20.00	M	50m	Butterfly	Final
			W	100m	Backstroke	Semi - final
			M	200m	Freestyle	Semi - final
			W	200m	Individual Medley	Final
			М	50m	Breaststroke	Heats
July 25	SW5	10:30	W	200m	Freestyle	Heats
3 diy 23	3443	10.50	M	200m	Butterfly	Heats
	- <u></u> -		M	800m	Freestyle	Heats
			М	200m	Freestyle	Final
			W	1500m	Freestyle	Final
			M	50m	Breaststroke	Semi - final
July 25	SW6	20:00	W	100m	Backstroke	Final
July 23	3440	20.00	M	100m	Backstroke	Final
			W	200m	Freestyle	Semi - final
			M	200m	Butterfly	Semi - final
			W	100m	Breaststroke	Final





Date	Session	Time		Even	t Name	Phase
			W	50m	Backstroke	Heats
			M	100m	Freestyle	Heats
July 26	SW7	10:30	M	200m	Individual Medley	Heats
,			W	200m	Butterfly	Heats
			MX	4×100m	Medley Relay	Heats
			М	800m	Freestyle	Final
			W	200m	Freestyle	Final
			М	100m	Freestyle	Semi - final
			W	50m	Backstroke	Semi - final
July 26	SW8	20:00	М	200m	Butterfly	Final
			М	50m	Breaststroke	Final
			W	200m	Butterfly	Semi - final
			M	200m	Individual Medley	Semi - final
			MX	4×100m	Medley Relay	Final
			W	100m	Freestyle	Heats
			M	200m	Backstroke	Heats
July 27	SW9	10:30	W	200m	Breaststroke	Heats
			M	200m	Breaststroke	Heats
			W	4×200m	Freestyle Relay	Heats
			W	200m	Butterfly	Final
			W	100m	Freestyle	Semi - final
			М	100m	Freestyle	Final
			W	50m	Backstroke	Final
July 27	SW10	20:00	М	200m	Breaststroke	Semi - final
			M	200m	Individual Medley	Final
			W	200m	Breaststroke	Semi - final
			M	200m	Backstroke	Semi - final
			W	4×200m	Freestyle Relay	Final
			М	100m	Butterfly	Heats
			W	200m	Backstroke	Heats
1	C\A/11	10.20	M	50m	Freestyle	Heats
July 28	SW11	10:30	W	50m	Butterfly	Heats
			M	4×200m	Freestyle Relay	Heats
			W	800m	Freestyle	Heats
			W	100m	Freestyle	Final
			M	100m	Butterfly	Semi - final
			W	200m	Backstroke	Semi - final
			M	50m	Freestyle	Semi - final
July 28	SW12	20:00	W	200m	Breaststroke	Final
			M	200m	Backstroke	Final
			W	50m	Butterfly	Semi - final
			M	200m	Breaststroke	Final
			М	4×200m	Freestyle Relay	Final

Date	Session	Time		Even	t Name	Phase
			W	50m	Freestyle	Heats
			M	50m	Backstroke	Heats
July 29	SW13	10:30	W	50m	Breaststroke	Heats
•			MX	4×100m	Freestyle Relay	Heats
			М	1500m	Freestyle	Heats
			W	50m	Butterfly	Final
			M	50m	Freestyle	Final
			W	50m	Freestyle	Semi - final
			W	50m	Breaststroke	Semi - final
July 29	SW14	20:00	M	100m	Butterfly	Final
			W	200m	Backstroke	Final
			M	50m	Backstroke	Semi - final
			W	800m	Freestyle	Final
			MX	4×100m	Freestyle Relay	Final
			W	400m	Individual Medley	Heats
July 30	SW15	10:30	M	4×100m	Medley Relay	Heats
			W	4×100m	Medley Relay	Heats
			М	50m	Backstroke	Final
			W	50m	Breaststroke	Final
			M	1500m	Freestyle	Final
July 30	SW16	20:00	W	50m	Freestyle	Final
			W	400m	Individual Medley	Final
			M	4×100m	Medley Relay	Final
			W	4×100m	Medley Relay	Final





Swimming Timeline - provisional

- 1	Day 1		Day 2		Day 3		Day 4		Day 5		Day 6		Day 7		Day 8
	23/07/2023		24/07/2023		25/07/2023		26/07/2023		27/07/2023		28/07/2023		29/07/2023		30/07/2023
5	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday
E															
							SWII	MMING							
	10:30 - 13:30 **		10:30 - 13:00 **		10:30 - 12:15 **		10:30 - 12:15 **		10:30 - 12:15 **		10:30 - 12:45 **		10:30 - 12:45 **		10:30 - 11:30 **
	200m IM W		100m Backstroke W		50m Breaststroke M		50m Backstroke W		100m Freestyle W		100m Butterfly M		50m Freestyle W		400m IM W
	400m Freestyle M		100m Backstroke M		200m Freestyle W		100m Freestyle M		200m Backstroke M		200m Backstroke W		50m Backstroke M		4x100m Medley Rela
	100m Butterfly W		100m Breaststroke W		200m Butterfly M		200m IM M		200m Breaststroke W		50m Freestyle M		50m Breaststroke W		4x100m Medley Rela
	50m Butterfly M		200m Freestyle M		800m Freestyle M		200m Butterfly W		200m Breaststroke M		50m Butterfly W		4x100m Freestyle Relay MX	-	
	400m Freestyle W		1500m Freestyle W	1 1		_	4x100m Medley Relay MX		4x200m Freestyle Relay W		4x200m Freestyle Relay M		1500m Freestyle M		
	100m Breaststroke M	Ι ΄						- '		-	800m Freestyle W	Ι.		-	
	400m IM M		W - Women									•			
	4x100m Freestlyle Relay W		M - Men												
	4x100m Freestyle Relay M		MX - Mixed												
		1	IM - Individual Medley				•								
Time	* 20:00 - 22:16	Time*	20:00 - 21:46	Time*	20:00 - 22:08	Time*	<u> 20:00 - 22:15</u>	Time*	<u> 20:00 - 22:15</u>	Time*	20:00 - 22:10	Time*	20:00 - 22:11	Time*	20:00 - 22:30
Time 20:0:		Time* 20:02	20:00 - 21:46 100m Breaststroke M	Time* 20:02	20:00 - 22:08 200m Freestyle M	Time* 20:02	20:00 - 22:15 800m Freestyle M	Time* 20:02	20:00 - 22:15 200m Butterfly W	Time* 20:02	20:00 - 22:10 100m Freestyle W	Time* 20:02	20:00 - 22:11 50m Butterfly W	Time* 20:02	
- 1	400m Freestyle M									1 1				1 1	50m Backstroke
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20:0; 20:12	400m Freestyle M 100m Butterfly W 50m Butterfly M	20:02 20:09	100m Breaststroke M 100m Butterfly W	20:02 20:10	200m Freestyle M 1500m Freestyle W	20:02 20:16	800m Freestyle M 200m Freestyle W	20:02 20:10	200m Butterfly W 100m Freestyle W	20:02 20:09	100m Freestyle W 100m Butterfly M	20:02 20:09	50m Butterfly W 50m Freestyle M	20:02 20:09	50m Backstroke 50m Breaststrok 1500m Freestyle
20:0; 20:12 20:2:	400m Freestyle M 100m Butterfly W 50m Butterfly M 400m Freestyle W	20:02 20:09 20:17	100m Breaststroke M 100m Butterfly W 100m Backstroke M	20:02 20:10 20:34	200m Freestyle M 1500m Freestyle W 50m Breaststroke M	20:02 20:16 20:25	800m Freestyle M 200m Freestyle W 100m Freestyle M	20:02 20:10 20:21	200m Butterfly W 100m Freestyle W 100m Freestyle M	20:02 20:09 20:20	100m Freestyle W 100m Butterfly M 200m Backstroke W	20:02 20:09 20:16	50m Butterfly W 50m Freestyle M 50m Freestyle W	20:02 20:09 20:16	50m Backstroke 50m Breaststroke 1500m Freestyle MC: 50m Backstrol
20:0; 20:12 20:23 20:33	400m Freestyle M 100m Butterfly W 50m Butterfly M 400m Freestyle W MC: 400m Freestyle M	20:02 20:09 20:17 20:28	100m Breaststroke M 100m Butterfly W 100m Backstroke M 100m Breaststroke W	20:02 20:10 20:34 20:43	200m Freestyle M 1500m Freestyle W 50m Breaststroke M MC: 200m Freestyle M	20:02 20:16 20:25 20:36	800m Freestyle M 200m Freestyle W 100m Freestyle M 50m Backstroke W	20:02 20:10 20:21 20:29	200m Butterfly W 100m Freestyle W 100m Freestyle M MC: 200m Butterfly W	20:02 20:09 20:20 20:33	100m Freestyle W 100m Butterfly M 200m Backstroke W MC: 100m Freestyle W	20:02 20:09 20:16 20:26	50m Butterfly W 50m Freestyle M 50m Freestyle W 50m Breaststroke W	20:02 20:09 20:16 20:39	50m Backstroke 50m Breaststroke 1500m Freestyle MC: 50m Backstrok 50m Freestyle V
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20:0; 20:12 20:2; 20:3; 20:4; 20:50 21:01	400m Freestyle M 100m Butterfly W 50m Butterfly M 400m Freestyle W MC: 400m Freestyle M 100m Breaststroke M 200m IM W	20:02 20:09 20:17 20:28 20:39 20:46 20:53	100m Breaststroke M 100m Butterfly W 100m Backstroke M 100m Breaststroke W MC: 100m Breaststroke M 50m Butterfly M 100m Backstroke W	20:02 20:10 20:34 20:43 20:50 20:58 21:06	200m Freestyle M 1500m Freestyle W 50m Breaststroke M MC: 200m Freestyle M 100m Backstroke W 100m Backstroke M MC: 1500m Freestyle W	20:02 20:16 20:25 20:36 20:45 20:52 21:01	800m Freestyle M 200m Freestyle W 100m Freestyle M 50m Backstroke W MC: 800m Freestyle M 200m Butterfly M 50m Breaststroke M	20:02 20:10 20:21 20:29 20:36 20:43 20:56	200m Butterfly W 100m Freestyle W 100m Freestyle M MC: 200m Butterfly W 50m Backstroke W 200m Breaststroke M MC: 100m Freestyle M	20:02 20:09 20:20 20:33 20:40 20:49 20:59	100m Freestyle W 100m Butterfly M 200m Backstroke W MC: 100m Freestyle W 50m Freestyle M 200m Backstroke W	20:02 20:09 20:16 20:26 20:35 20:42 20:50	50m Butterfly W 50m Freestyle M 50m Freestyle W 50m Breaststroke W MC: 50m Butterfly W 100m Butterfly M MC: 50m Freestyle M	20:02 20:09 20:16 20:39 20:46 20:53 21:00	50m Backstroke 50m Breaststroke 1500m Freestyle MC: 50m Backstrol 50m Freestyle \ MC: 50m Breaststro 400m IM W MC: 1500m Freesty
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*Provisional ** Session end times dependent on final entries MC: Medal Ceremony Ver. 20.06.2023



Swimming Key Date

Date	Event	Time	Location
June 13	Qualification period 1 March 2022 – 11 June 2023 Deadline for Arrival and Departure Input to the World Aquatics GMS.	23:59 UTC	World Aquatics GMS
June 21	Team Leaders' Briefing (Online)	14:00 CEST	Online
June 27	Deadline for the Final Sport Entries	23:59 UTC	World Aquatics GMS
July 7	Start of Official Transport Services		
July 8	Opening of the Accreditation Centre	8:00 JST	Hakata Port International Terminal
July 14	Opening Ceremony	20:00 JST	Boat Race Fukuoka
July 19	Start of Swimming Training	8:00 JST	Marine Messe Fukuoka Hall A
July 21	Swimming Team Leaders' Meeting	16:00 JST	Marine Messe Fukuoka Hall A
July 22	Technical Officials' Workshop	TBD	Marine Messe Fukuoka Hall A
July 23-30	Start of Swimming Competitions	10:30 JST	Marine Messe Fukuoka Hall A
July 30	Championships Closing Ceremony	TBD	Marine Messe Fukuoka Hall A

2.2 2.2.1 Technical Swimming Committee 2022-2025

Overview

Chairperson: Craig HUNTER* Vice Chairperson: Haoran YUAN*

Secretary: Jay THOMAS*

Members:

Raúl José ARAYA* Ryan ARBLASTER* Daphne BIRD

Youssef EL HAOUAT Margret HEYLIGER*

Jens-Christian IVERSEN*

Louise LEBLANC* Shigeo OGATA* Petar STOYCHEV* Péter SZÁJER Majid WASEEM*

Events Sub-Committee:

Eray ACIKGOZ

Peng Wee ANG

Trisa CHEER*

Renato CORDANI*

Lesley HUCKINS*

Max KANYEREZI

Martina MORAVCOVA VALKO*

Luis MORENO

Gianni NAGNI

Alfonso WUCHERPFENNIG GAMINDE

Bureau Representative:

Dale NEUBURGER*

Paris 2024 Olympic Games Liaison:

Denis CADON*

*Members who will be present in Fukuoka, Japan.



FUKUOKA 2023 WORLD AQUATICS CHAMPIONSHIPS

2.2

Overview

2.2.2 Technical Officials

	Yorro NJIE	GAM
Africa	Nicola SHARPE-PHIRI	ZAM
	Amanda KINGHORN	RSA
	Janet LLERENA	PER
-	Stephanie BEJARANO	COL
Americas -	Omar BINET	PUR
Americas	Gena CULMER-TAYLOR	ВАН
	James CAHN	USA
	Sheila NELSON	CAN
	Yuhong WEN	CHN
	Stanislav OSSINSKIY	KAZ
Asia	Abdulmajeed Salem ALNAWWAF	KSA
	Muhammad Hafeez BHATTI	PAK
	Christian AFFENZELLER	AUT
-	Velislav TSEKOV	BUL
-	Henriette Soelberg JENSEN	DEN
-	Manuel REAL	ESP
Europe	Mireille ZIMMER	LUX
-	David BONELLO	MLT
-	Alice BOYD	NOR
-	Alexandre FERNANDES	POR
-	Mikael GUSTAFSSON	SWE
	Kaye BOLGER	AUS
Oceania	Christine CASSIN	NZL
-	Amelia NAIVALU	FIJ
	Izumi SUGAWARA	JPN
-	Keisuke SUZUKI	JPN
	Kazutaka SUGATANI	JPN
	Masahito UCHINO	JPN
Host -	Kazuo DOMEKI	JPN
-	Seiji IWAMOTO	JPN
-	Yoshimasa YAMASHITA	JPN
-	Mitsutaka YASUDA	JPN
	Ron RILEY	CAN
Starters -	Lisa VETTERLEIN	USA

2.2.3 Team Leaders' Meeting

The Team Leaders' Meeting will inform the members of the National Federations about the execution of the World Aquatics Championships' Swimming competitions. The Team Leaders' Meeting will be held on 21 June 2023, at 16:00 JST, in the Marine Messe Fukuoka Hall A Press Conference Room.

Only one representative per Member Federation may attend. Other representatives may join the meeting via a live-streaming service. The dial-in detail will be provided closer to the date.

Participation is mandatory for all National Federations (roll-call will be made). The Team Leaders' Meeting will cover the following issues:

2.2

• Flow of

- Flow of athletes/team around the facilities
- Operations of Sports Information Desk
- Training procedures

Pre-Competition procedures

Competition procedures

- Warm-up
- Safety procedures
- Call Room Procedures
- World Aquatics advertising rules

Post-competition procedures

- Mixed Zone
- Medal Ceremonies
- Press Conferences

Withdrawals after the Team Leaders' Meeting will be fined according to World Aquatics Rules.

2.3

Venues and Facilities

2.3.1 Venue Overview

Marine Messe Fukuoka Hall A (AQC)

Marine Messe Fukuoka Hall A is a multipurpose convention centre located in Fukuoka's Hakata Ward. The surrounding district, known as the waterfront area, is home to several MICE (Meeting, Incentive Travel, Convention, Exhibition/Event) facilities and often hosts international conferences and other events. With these, and the cruise ships and the regularly scheduled ships that visit the port, the area is one of Japan's major hubs for international exchange.

The hall was also used as a swimming competition venue back in 2001 for the 9th FINA World Championships. At the time, it drew a lot of attention for having the world's first officially approved 50-metre-long pool, specially built for the competition. The 2023 competition will once again see a 50-metre-long competition pool constructed in the main hall as well as temporary seating stands and two warm-up pools ready for the Championships to begin.

- Events: Swimming and Artistic Swimming
- Pool specifications

Main pool: $50 \times 26 \times 3$ m (indoor, temporary pool, 10 lanes) Swimming warm-up pool: $50 \times 25 \times 2$ m (indoor, temporary pool, 10 lanes)

Artistic Swimming warm-up pool: $30 \times 25 \times 3$ m (indoor, temporary pool)

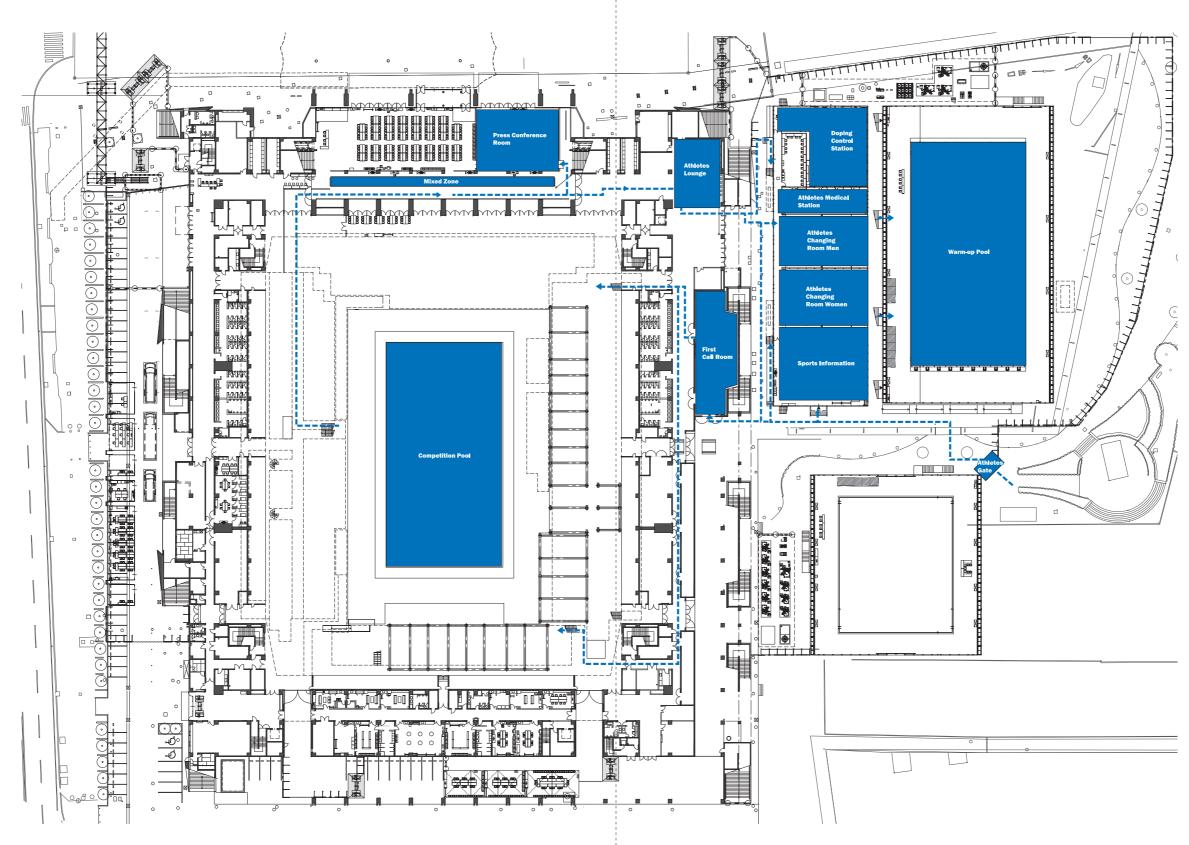
• Other facilities:

Preparation area, changing rooms, shower rooms, medical rooms, lounge, call room, doping control station





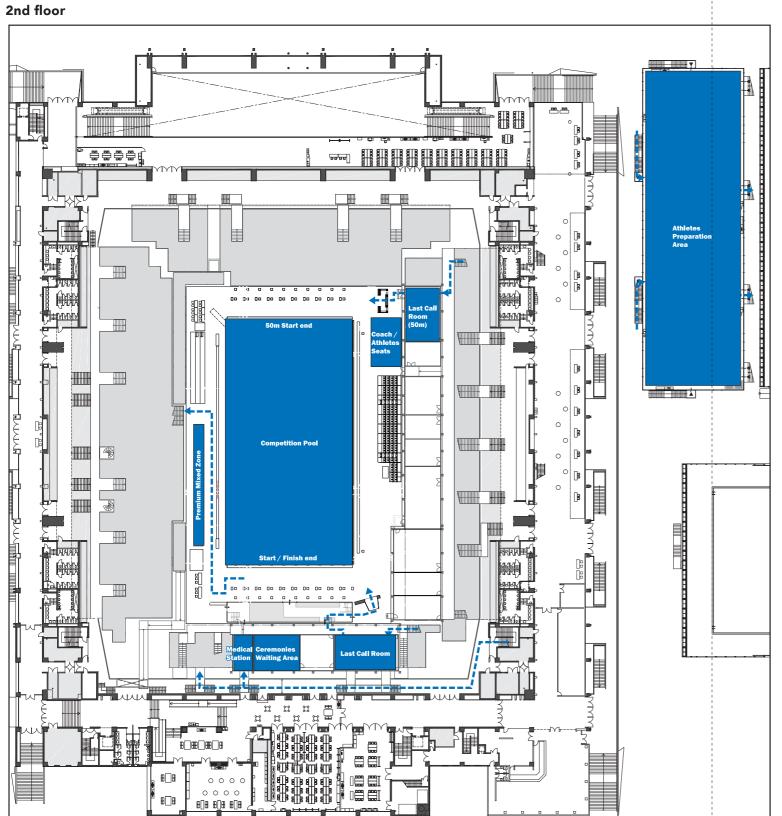
Marin Messe Fukuoka Hall A 1st floor



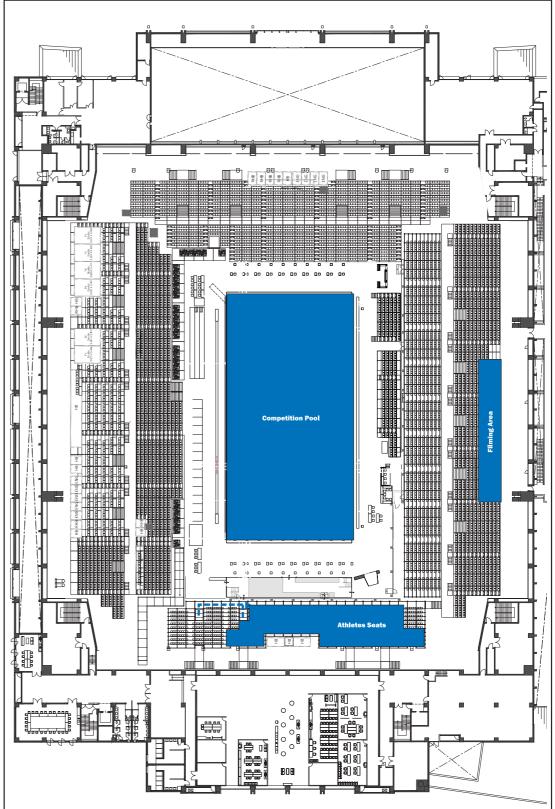




Marin Messe Fukuoka Hall A



Stand







2.3

Venues and **Facilities**

2.3.2 First Aid and Athletes Medical Services

The organising committee of the World Aquatics Championships – Fukuoka 2023 will organise medical care to cover any emergency issues, acute injuries and illnesses of athletes and Team AQUA that may occur during the period of the World Aquatics Events and to respond to injuries and illness that arise to any one at the competition and non-competition venues.

However it is important to remind that each accredited participant (including athletes) shall have their own personal medical and repatriation insurance.

Limits

Chronic injury and illness are not covered by the LOC Medical Services and World Aquatics is not responsible for any failure to diagnose or treat any chronic injury or illness.

Date of Operations

Athlete medical services must be provided on all days of official training and competition, beginning 30 minutes before training or competition begins.

Activities of Teams' Medical Personnel

Teams' Medical Personnel are entitled to provide medical assistance only to the members of their respective delegations.

All doctors should be reminded of the strict protocol of the Therapeutic Use Exemption (TUE) provisions to be followed in the event any athlete requires medication that falls under the World Anti-Doping Agency (WADA) Prohibited List. Under such circumstances, medical justification in full compliance with the International Standard for Therapeutic Use Exemptions will be mandatory and must be communicated to the International Testing Agency (ITA) at tue@ita.sport.

Teams' Medical Personnel should also be reminded of the strict conditions governing the intravenous route of administration of any substance for clinical purposes. Information regarding these can be found on the websites of the World Anti-Doping Agency (WADA), International Testing Agency (ITA) and Aquatics Integrity Unit (AQIU). www.wada-ama.org

www.aquaticsintegrity.com

www.ita.sport

World Aquatics and the LOC assume no responsibility for any healthcare provided by NF healthcare personnel to NF team members and delegates.

It is recommended that NF healthcare professionals inform their insurance company that they are travelling abroad with a sports team, and check whether their professional liability insurance covers this activity. Each NF should make its own arrangements for professional liability insurance.

2.3

Venues and **Facilities**

Medical Services

During the World Aquatics Championships, timely medical services will be provided to participants at a designated hospital. In addition, first aid and simple treatment will be available at medical rooms (competition venues) and medical desks (training venues).

a) Access to Medical Facilities

During the World Aquatics Championships, access to the venue medical rooms will be provided exclusively to medical staff, athletes, coaches, team managers, and the members of the Team AQUA with appropriate accreditation accesses.

b) Competition / Training Venues

The hospitals in the vicinity of the competition venue will act as designated hospitals for the World Aquatics Championships. Patients who need more than first aid will be transferred to one of these hospitals for further treatment.

Competition Venue Medical Rooms

A medical room will be operated at each competition venue. Medical rooms will be equipped with pharmaceutical drugs and medical devices including first aid kits with two (2) basic instruments, oxygen inhalers, and AEDs. Medical staff such as doctors and nurses will provide appropriate medical services during the competition and training periods. In case of an emergency, patients will be transferred to designated hospitals after receiving first aid.

Training Venue Medical Desks

During the official training periods, medical desks with nurses will be operated at the training venues. In case of an emergency, patients will be transferred to a designated hospitals after receiving first aid.

c) Emergency Transport

119 Rescue Service will be provided, and designated hospitals will be arranged. While in an ambulance, nurse(s) and paramedic(s) will attend to the patient. Transportation routes from each competition/training venue to hospitals are established, along with a timely communication system between venues and designated hospitals. When a patient is being transported to a designated hospital, his/her team doctor or team official shall accompany and take care of the patient.

d) Designated Hospitals

- Kyushu University Hospital
- Fukuoka University Hospital
- National Hospital Organization Kyushu Medical Center
- Saiseikai Fukuoka General Hospital
- Japanese Red Cross Fukuoka Hospital
- Harasanshin Hospital
- Fukuoka City Hospital
- Fukuoka Dental College Hospital





Venues and **Facilities**

Medical Expenses, Insurance & Liability

Each accredited participant (athlete, officials, coaches, etc.) shall have their own personal medical insurance that covers health care and repatriation in Japan.

The Organising Committee has the responsibility to provide, at minimum, first aid medical care during the World Aquatics Championships.

Athletes, Technical Officials and Team AQUA Members are covered by World Aquatics Insurance. However this is a travel insurance (not a health insurance) covering emergency medical expenses in a subsidiary and complementary way. Therefore, a personal insurance is necessary.

Information about COVID-19

a) Entry Requirements

Since 29 April 2023, all border measures to prevent the spread of COVID-19 have been lifted. Those entering Japan on or after 29 April 2023, are not required to present a valid Vaccination Certificate or a Covid-19 Negative Test Certificate.

b) Measures in case of positive test

Since 8 May 2023, isolation has no longer been a legal requirement for anyone diagnosed with COVID-19 in Japan.

Nevertheless, participants who test positive during the Event are encouraged not to come to the venue to compete or work, and to wear a mask (FFP2, KN95 or equivalent) until the end of the symptoms. They must limit their social interaction with other people.

Each team shall take the necessary measures to organise the meals and accommodation of the member of their team who tested positive.

c) Do I need to tell the hotel?

YES. For protection of the staff at your hotel, you must inform the hotel when a member of your delegation has tested positive, so that procedures can be put in place that, whilst ensuring the positive participant is comfortable and safe, protects the staff from infection.

d) Medical Follow-up

You should not hesitate to contact the LOC Medical Team to get medical advice and follow-up.

Lifeguards

A minimum of two (2) lifequards per swimming pool (competition pool or training

Person in Charge

Position	Name
Chief Medical Officer (CMO)	Dr Motoshima
Assistant Chief Medical Officer (ACMO)	Dr Tatsumura
LOC Medical Manager	Mr Saeki

Medical Director at each venue

AS/SW	Marine Messe Fukuoka Hall A	Dr Motoshima
WP	Marine Messe Fukuoka Hall B	Dr Kaneoka
DV	Fukuoka Prefectural Pool	Dr Tatsumura
OWS/ HDV	Seaside Momochi Beach Park (Jigyohama)	Dr Tsukagoshi



2.3

Venues and **Facilities**

2.3.3 Athletes Changing Rooms

Equipped changing rooms and showers are available for athletes and team officials at the competition site.

2.3.4 Athletes and Team Officials Lounge Area

A lounge area will be available for athletes and team officials at the competition venues, including on training days.

2.3.5 Athletes and Team Officials Seating

At the competition venue seating in the stands will be available for athletes and accredited

Due to the limited number of seats, stands dedicated to athletes and team officials will be managed on a rotation basis. The full rotation plan will be available to the teams closer to the Team Leaders' Meeting.

A limited number of coaches' seating are located on the pool deck. Only the coaches whose swimmer(s) is swimming in a given event should access the area during the event.

2.3.6 Sport Information Desks (SID)

Sport Information Desks will operate at the entrance of each competition venue on competition days, as well as during scheduled training sessions. The Sport Information Desks will provide information on the competitions staged at the venue where it is located and will be in operation from the first day of training. Limited information of other disciplines will also be available.

The following information is available at the Sport Information Desk.

- Sport specific information for the competition held at the venue
- Limited specific information on other disciplines
- Official communication with teams
- Liaison among teams, competition management and the World Aquatics Technical Committee
- Confirmation of times for training sessions
- Other miscellaneous enquiries

Operating hours for the Sport Information Desk will vary depending on the competition programme of each discipline. The SID is operated by sport-specific volunteers, and supervised by Competition Management.

Access to the SID will be given to accredited Team Officials only to ensure that information is communicated efficiently and effectively to all National Federations. Information on the Championships can also be obtained from the app "Sportity". This app can be downloaded from the following QR code. Password for the app is available at each venue.

iOS



Android





FUKUOKA 2023 WORLD AQUATICS CHAMBIONISHIPS

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2.3

Venues and Facilities

2.3.7 Mixed Zone

All competitors must exit the field of play (FOP) through the Mixed Zone. The Mixed Zone is an area near the FOP that has been authorised for broadcasters or other media to conduct short interviews immediately after athletes have completed their events. The zone will be properly marked. Operations staff will manage the Mixed Zone and provide support for broadcasters and other media.

2.3.8 Doping Control Table

The Doping Control Table is located on the pool deck at the end of the premium mixed zone.

2.3.9 Team Filming Area

- Team filming is only permitted from the designated tribune area in the tribune.
- A limited number of team filming positions will be available and will be provided on a first come first served basis.

2.3.10 Ice Bath

A limited space for ice baths will be available next to the warm-up pool.

The following power source is available in the area:

Rating: 20A 250V

Applicable standard: Pole placement conforms to JIS C 8303 and NEMA standard (L6-20)



• No other area will be set aside for team filming.

Reservations for the team filming area and ice bath are to be made through the NF questionnaire - https://forms.office.com/e/2VnWk98ar2

The questionnaire is open until Friday, 30 June 2023, at 23:59 GMT.

2.4 Championships Training

Pre-Championships training will be organized four (4) days before the start of competition. The Championships training period goes from July 19 to July 30. Training sessions will also be provided during the competition, both in dedicated pool and the competition venue.

Training dates: July 19 – July 30

2.4.1 Training Venue

- No pre-resevation needed for training times (free for all)
- Training will take place at Marine Messe Fukuoka Hall A and Fukuoka University.

 Draft Training Schedule (all times are JST):

Date	Time	Location	Pool
July 19 (Wed)	8:00-14:00 8:00-20:00 9:30-20:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 20 (Thu)	13:00-17:00 7:00-20:00 9:30-20:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 21 (Fri)	12:00-17:00 7:00-20:00 15:00-20:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 22 (Sat)	14:30-18:00 7:00-20:00 10:30-20:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 23 (Sun)	8:00-10:15, 17:30-19:45 8:00-16:00, 17:30-23:00 9:30-16:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 24 (Mon)	8:00-10:15, 17:30-19:45 8:00-14:30, 17:30-23:00 9:30-16:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 25 (Tue)	8:00-10:15, 17:30-19:45 8:00-14:30, 17:30-23:00 9:30-16:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 26 (Wed)	8:00-10:15, 17:30-19:45 8:00-14:30, 17:30-23:00 9:30-16:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 27 (Thu)	8:00-10:15, 17:30-19:45 8:00-14:30, 17:30-23:00 9:30-16:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 28 (Fri)	8:00-10:15, 17:30-19:45 8:00-14:30, 17:30-23:00 9:30-16:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 29 (Sat)	8:00-10:15, 17:30-19:45 8:00-14:30, 17:30-23:00 9:30-16:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool
July 30 (Sun)	8:00-10:15, 17:30-19:45 8:00-14:30, 17:30-23:00 9:30-16:00	Marine Messe A Marine Messe A Fukuoka Univ.	Competition pool Warm – up pool 50m indoor pool



FUKUOKA 2023 WORLD AQUATICS CHAMBIONISHIDS

2.5

Competition Information

2.5.1 Format

The following swimming events will be contested at the World Aquatics Championships:

	Men	Women
Freestyle	50m, 100m, 200m,400m, 800m, 1500m	50m, 100m, 200m, 400m, 800m, 1500m
Backstroke	50m, 100m, 200m	50m, 100m, 200m
Breaststroke	50m, 100m, 200m	50m, 100m, 200m
Butterfly	Butterfly 50m, 100m, 200m	
Individual Medley	200m, 400m	200m, 400m
Relays	Men	Women
Freestyle	4×100m, 4×200m	4×100m, 4×200m
Medley	4×100m	4×100m
Mixed Relays		
Freestyle	4×100m	
Medley	4×100m	

[•] The morning sessions (Heats) will be conducted using 10 lanes. Semi-finals and finals will be conducted using 8 lanes.

2.5.2 Competition Rules

The Swimming competition at the World Aquatics Championships will be conducted in accordance with the World Aquatics rules (2022/2025).

The World Aquatics website www.worldaquatics.com provides a complete list of the rules and regulations.

2.5.3 Athletes Uniforms

Each athlete is expected to compete in the official National Federation team uniform throughout the Championships. All uniforms and personal equipment must be in compliance with the World Aquatics Competition Regulations as outlined in the I. Rules Applicable to all Aquatics Disciplines, 7. Swimwear and Wearables, and 8. Advertising Identification. Athletes must wear their official National Federation tracksuit with appropriate footwear for introduction during semi-finals and finals. Swimsuit (As per the Competition Regulations)

7. Swimwear and Wearables

8. Advertising Identification

8.1 Advertising identification appearing on swimwear, pool deck equipment and official's uniforms at World Aquatics Championships and World Aquatics Competitions, with exception for World Aquatics Masters Championships, is permitted as mentioned under in this Section.

2.5 Competition

Information

8.2 Swimsuits

One (1) manufacturer's logo of a maximum size of 30cm² when worn. Where one-piece suits are used, two (2) logos of the manufacturer shall be permitted, one above the waist and one below the waist of a maximum size of 30cm² each when worn. These two (2) logos of the manufacturer shall not be placed immediately adjacent to each other. Where two-piece suits are used, the two (2) logos of the manufacturer shall be placed on one piece each.

The manufacturer's logo has to be calculated taking into consideration the entire surface of the logo, as shown below:





One (1) sponsor's logo of a maximum of 30cm² when worn.

One (1) flag and one (1) country name or code of a maximum size of 50cm² when worn. Repetitions of the national flag, elements thereof or, the colours of the national flag, included as a design element of the swimsuit, shall not be considered under this rule.

Examples:



8.3 Wetsuits

The manufacturer's logo may appear on the front, and/or back, and/or sides of the wetsuit, of a maximum combined size of $80 \, \text{cm}^2$ when being worn. This manufacturer's logo space is allowed both on the inside and outside of the wetsuit. If the manufacturer wishes to have two or more logos on the front, back or sides, the combined total area must not exceed $80 \, \text{cm}^2$.

The size of the logo(s) shall be calculated taking into consideration the entire surface of the logo(s), as shown in the examples below:





2.5 Competition Information





One (1) sponsor's logo (may appear on the front of the wetsuit) of a maximum of 30cm² when being worn.

There must be a minimum clearance space of 1.5cm around all marks on the wetsuits, including any manufacturer's logo(s) and/or sponsor logo.

There shall be no marks or design/graphic elements on the upper arm or shoulder articulation area of the wetsuits, to allow for the clear application of the competitor race number.

8.4 Product Technology Identification

Where one-piece suits (swimsuits or wetsuits) are used in competition, two

(3) Product Technology Identifications shall be permitted, one above the waist and one below the waist, of a maximum size of 10 cm² each when worn, however these identifications shall not be placed immediately adjacent to each other, nor immediately adjacent to any manufacturer's logo. Where two-piece suits are used, one Product Technology Identification may be placed on each piece.

Other clothing: One additional identification allowed on clothing, limited to Product Technology Identifications, with a maximum size of $10~\rm cm^2$.

Product Technology Identifications means the technical identification (which shall not include any identification of the manufacturer, or any part thereof) used on clothing to identify any fabric technology.

2.5 8.5 Swimming Caps

Competition Information

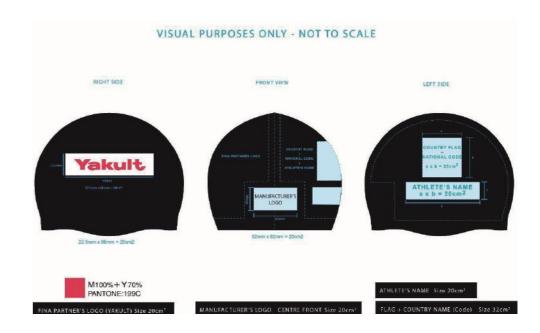
One (1) manufacturer's logo of a maximum size of 20cm² on the front.

One (1) flag and/or country name (code) of a maximum size of 32cm². The side on which the flag and country name (code) shall be printed will be advised by World Aquatics.

For World Aquatics Championships one (1) World Aquatics Partner's logo of the size decided by World Aquatics on a case by case basis. The side on which the Partner's logo shall be printed will be advised by World Aquatics.

Note: Caps for Open Water Swimming are defined under Rule I.8.6..

Current World Aquatics Swimming Cap Rules



For World Aquatics competition, one (1) flag and/or country name (code) of a maximum size of 32cm² can be printed twice (meaning that the flag and country name can appear on both sides of the cap). This to be advised by World Aquatics whenever applicable.

Competitor's name of a maximum size of 20cm². The competitor's name shall be printed on the same side as the flag and country name (code). Printing the competitors' name isn't compulsory.

It is permissible to wear two (2) caps. Both caps must comply with the advertising rules.



2.5 Competition Information

8.8 Goggles

Two (2) manufacturer logos of a maximum size of 6cm² each are allowed on goggles but only on the spectacle frame or band.

8.9 Competitors Bibs

The maximum size of the Bibs shall be 24cm (width) x 20cm (height).

The height of the digits on the Bibs shall be no less than 6cm and no more than

The maximum height of the identification above the digits shall be 6cm. The identification may display the name/ World Aquatics Partner's logo.

The maximum height of the identification below the digits shall be 4cm. The identification may display the name/logo of the Host City and the year.

The Bibs shall be printed in suitable colours in order to ensure maximum visibility of the digits.

The Bibs must be worn fully visible during Competitors' introduction and award ceremonies.

A Competitor removing the Bib before being presented at the start of an event or before completion of the victory ceremony may be disqualified.

Only one World Aquatics Sponsor may be displayed on Bibs. However, there may be one sponsor for men and another for women at the same Championships.













2.5 Competition Information

Bib	Presentation Semi-Final	Presentation Final	Award
SW	Yes	Yes (+ Relay)	Yes
DV	Yes	Yes	Yes
HD	Yes	Yes	Yes
AS	Yes	Yes	Yes
WP	N/A	N/A	Yes
OWS	N/A	N/A	Yes

8.9.1 Each competitor at World Aquatics Championships and World Aquatics competitions must wear on the chest over their tracksuit such advertising as supplied by World Aquatics when being introduced prior to the start of each event and during the victory ceremony.

8.10 Pool deck equipment

A maximum of two (2) advertising identifications of which one shall be of the manufacturer and the other one of a sponsor are permitted, with a maximum size of 40cm² each when worn for any of the

clothing items listed below, and a maximum size of 6cm² each for any of the accessories and equipment items listed below.



Identification on clothing must be placed on the top breast side so that Bibs requested by World Aquatics may be worn well visible below.

For upper-body clothing items only, the manufacturer's logo (being a design mark of maximum of 8cm in width) may additionally be displayed in the form of a strip in one of the following positions:

- a) around the bottom of both sleeves; or
- b) centered down the outer seam of both sleeves (from the collar across the top of the shoulders down to the bottom of the sleeve).





SAMPLE



For lower-body clothing items only, the manufacturer's logo (being a design mark of maximum of 8cm in width) may additionally be displayed in the form of a strip centered down the outer seam of both legs (from the waistband down to the bottom of the leg).

"USA" SERIORAR NY DIMPIGON ESSONATIVODO

USA

SAMPLE

- T-shirt (40cm²)
- Polo shirt (40cm²)
- Casual shirt (40cm²)
- Sweat shirt (40cm²)
- Bath robe (40cm²)
- Tracksuit top (40cm²)
- Pants (40cm²)
- Shorts (40cm²)
- Skirts (40cm²)
- Windbreaker (40cm²)
- Towels (6cm²)
- Baseball caps (6cm²)
- Hats (6cm²)
- Socks (6cm²)
- Footwear (6cm²)
- Bags (not greater than 10% of the surface area of the item, to a maximum size of 60cm²)
- **8.11** Any body advertisement, in particular displayed on the competitor's body, is forbidden in any way whatsoever.
- **8.12** Advertising for hard alcohol (greater than 15% alcohol), tobacco-based products, vapor-based smoking and sport gambling is prohibited. However, advertising for soft alcohol (less than 15% alcohol) and games of chance (e.g. state-sponsored lotteries) are allowed.



2.5 Competition Information

- 8.13 Any advertising identifications which are not indicated in these regulations are not permitted. In the event that any clothing or other items of equipment contravenes these regulations, the competitor must immediately remove the offending item(s) and replace it/them with clothing that complies with World Aquatics Rules. In the event that the breach is not immediately remedied the competitor may be requested to wear attire provided by the event organizer.
- **8.14** World Aquatics reserves the right to request Federations taking part in World Aquatics Championships and World Aquatics Competitions to present any advertising identification in this rule for examination and approval of World Aquatics prior to the event in question.

2.6

Pre-Competition Procedures

2.6.1 Team Arrival at the Venue

Teams will be dropped off at the Marine Messe Fukuoka Hall A's dedicated Athletes' Entrance. Athletes and team officials must wear their accreditation card in order to access the competition venue. Without accreditation card, access will not be granted. Please ensure that accreditation cards are worn at all times.

2.6.2 Field of Play Protocol and Access Control

- The professional presentation of the Field of Play during the competition is of the utmost importance during the Championships. For this reason, only the staff and officials integral to the operation of the event will be permitted on or around the Field of Play. Similarly, no personal or non-essential equipment will be permitted on the pool deck during the competition.
- All athletes and team officials are asked to respect the need for a clear deck during the competition by ensuring only competing athletes are on the Field of Play. Access to the Field of Play will be strictly limited to persons with the correct accreditation.
- Further information relating to athlete and team official flows during competition will be presented at the venue orientation and the Team Leaders' Meeting.

2.6.3 Athletes Introduction

All competitors are required to participate in the athletes' presentation and introduction prior to the competition.

Competitors will be escorted from the Call Room to the Field of Play.

There will be no introduction for the Heats. Participants in Semi-Finals and Finals will be introduced by name and federation. The Floor Manager will cue each athlete.



FUKUOKA 2023 WORLD AQUATICS

2.7

Competition Procedures

2.7.1 Swimming Summary

Competition dates: July 23 – July 30 2023

Competition Venue: Marine Messe Fukuoka Hall A

Training dates: July 19 – July 22 2023

Training Venue: Marine Messe Fukuoka Hall A, Fukuoka University

Key Contacts:

AQUA Swimming Manager: Namhee CHO (namhee.cho@worldaquatics.com)

AQUA Sports Director: Pere MIRO (pere.miro@worldaquatics.com)

AQUA Senior Advisor: Mike UNGER (mike.unger@worldaquatics.com)

OC Swimming Manager: Katsuyoshi FUJIMORI (swimming@fukuokaoc.org)

2.7.2 Warm up guidelines

All lanes in the Competition Pool are CIRCLE SWIMMING ONLY, until 45 min. prior to the advertised time of end of warm up, when the competition pool converts to the following diagram:

COMPETITION POOL START/FINISH END

0	1	2	3	4	5	6	7	8	9
No entry	Back stroke Starts	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Pace lane	Dive Start Sprint Lane
1									
Dive Start Sprint Lane	Back stroke Starts	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Pace lane	No entry
0	1	2	3	4	5	6	7	8	9

50M START END

COMPETITION POOL:

- There is NO DIVING OR BACKSTROKE STARTS AT ALL until 45 min. prior to the end of warm up, and then diving or backstroke starts only in those lanes marked to do so.
- There is NO DIVING IN CIRCLE SWIMMING LANES, entry to these lanes is to be feet first. Circle swimming is anti-clockwise.
- No other equipment than a kickboard or pull buoy is allowed in the Competition Pool (e.g. no paddles, no fins, no rubber bands, no parachutes, etc.)
- Any time between sessions, the Competition Pool must be set up as above.

WARM UP POOL:

- All lanes will be anti-clockwise circle swimming, with feet first entry at all times.
- Lanes zero (0) and nine (9) can be used for dive in sprints or relay exchange practice. The starting blocks must reflect the blocks used in the competition pool.
- Backstroke ledges should also be available in the Warm Up pool.

World Aquatics Technical Swimming Committee reserves the right to modify the above guidelines should the situation warrant.

2.7

Competition Procedures

2.7.3 Resolution Table - TSC Table

A Resolution Table will be operated by the Technical Officials.

The TSC Table will be located on the pool deck next to On-Venue Results(OVR) from 9:00 am (morning sessions) and 18:30 pm (evening sessions) and will resolve all matters pertaining to the competition including:

- Relay Entry Cards (must be delivered latest 1 hour before the start of the respective session where the event will be conducted)
- Withdrawals
- Protests
- Specific enquiries from Team Leaders concerning the conduct of the Championships.

Once the competition session begins, all matters pertaining to the competition will be handled at the Resolution Table off the Field of Play as explained at the Team Leaders Meeting.

2.7.4 Entry to the Field of Play

The Call Rooms will be operated under the direction of the World Aquatics Technical Swimming Committee. The following Call Rooms will be in operation during the Championships:

- First Room: All athletes will report here to check the materials prior to their event.
- Final Call Room (50m): Athletes competing in 50m events will need to report this area prior to their entry onto the FOP.
- Final Call Room: Athletes competing in all OTHER events will need to report this area prior to their entry onto the FOP.

Swimmers are to check in at the First Call Room, a minimum of 15 minutes before their scheduled race time for Heats and Finals.

Swimmers will be followed to the Final Call Room, well in time before their scheduled race time for Heats, Semi-Finals, and Finals.





2.7

Competition Procedures

2.7.5 Athlete Accreditation Cards

All athletes must present their accreditation card when checking in at the Call Room prior to their event. A World Aquatics Technical Official will verify the athletes' identity and collect their accreditation cards.

Athletes will be escorted from the Call Room onto the Field of Play during the Heats.

- For Semi-Finals and Finals the introduction will be done by lane.
- The accreditation cards will be taken to the Doping Control Table on the Field of Play.
- On exiting the Field of Play after their event, athletes are to pick up their accreditation cards from the Doping Control Table.

During competition, there will be strictly no access to the Field of Play for nnon-competing athletes and team officials.

2.7.6 Sports Presentation

The Fukuoka 2023 OC has appointed a sport production company to conduct sport presentation for the Championships. World Aquatics staff have been fully involved in the planning and delivery of all venues pertaining to Sport Presentation.

Sport Presentation involves:

- Announcers, Commentary & MCs
- All in-venue music and production
- Material displayed on the video board
- Medal Ceremony production and delivery
- Audience interaction
- Creating an atmosphere that builds the excitement for the spectators, as well as creating an environment that allows athletes to perform at their best.
- Keeping the competition on time and allow the sports to flow best for TV coverage.

2.7.7 Timing and Scoring and Results

World Aquatics Partner Omega will provide all timing, scoring and results services for the Championships.

2.8

Post-Competition Procedures

2.8.1 Exit from the Field of Play

Competitors must exit the Field of Play via the Mixed Zone after the race.

2.8.2 Doping Control

Doping Control will be carried out during the World Aquatics Championships both on in-competition and out-of-competition basis, prior to and during the Championships period.

Any athlete participating in the World Aquatics Championships may undergo testing in accordance with the World Aquatics DC Rules and the WADA International Standards. The samples will be analysed in the WADA-accredited laboratory.

2.8.3 Medal Ceremonies

The Medal Ceremonies will be held at the competition venue.

Following the presentation of medals, the national anthem of the gold medalist will be played and the national flags of the medalists will be displayed. Upon completion of the anthem, athletes will participate in a parade around the Field of Play, where applicable.

All finalists shall wear the World Aquatics bib, as provided by World Aquatics, on top of their National Federation uniform during the Medal Ceremony and lap until they leave the field of play arena.

Athletes will be briefed about ceremony procedures in the assembly area. Athletes are reminded to attend all Medal Ceremonies in their official National Federation tracksuit with appropriate footwear. Not coming prepared with this full uniform will create delays in the TV coverage. Items such as flags, caps, mobile phones or any other symbols in addition to national kit and World Aquatics bibs are not allowed on the podium.

2.8.4 Press Conferences

- Persons who need to attend a press conference will be advised when to report for the conference so please make sure to attend.
- Non-English speaking athletes must be accompanied by interpreters because press conferences will be conducted in English.
- Location of the press conference room Refer to the floor map (page 22)



2.9

Transportation Services

The Fukuoka 2023 OC will provide transfers from/to Fukuoka International Airport for all participants registered at the Championships, based on their flight details uploaded into the GMS. Transportation will be provided also from Hakata train station (if needed). Please make sure the information is fully completed and kept up to date.

Failure to do so may result in no transportation being arranged by the OC and may be the responsibility of the World Aquatics Member.

During the Championships, a shuttle bus service will be provided from all official hotels to/from the venue, based on a pre-determined schedule. Further details regarding this matter will be provided in the Transportation Guide.

3

ACCREDITATION

Swimming





All National Federations participating in World Aquatics Championships - Fukuoka 2023 must complete the accreditation process in order to obtain the accreditation cards for their members. An accreditation card contains all the information necessary to identify its owner, his/her role at the event, and his/her access rights to the competition venues and restricted areas inside them, as well as his/her rights to use transport services at World Aquatics Championships - Fukuoka 2023. The card is personal and non-transferable. It must be presented at all times while in a zone requiring an accreditation card and is valid only in zones specified on the card.

Accreditation Centre

Starting on the 8th of July, 2023, the Accreditation Centre for athletes and officials will be operating on the 3rd floor of the Hakata Port International Terminal. In order to pick up accreditation cards, Team Leaders (or designated team representatives with written official authorisation) need to visit the Accreditation Centre in person to pick up the team's accreditation cards. Team Leaders (or designated representatives) are required to present ALL ORIGINAL IDENTITY DOCUMENTS (original passports used as identification in the GMS) of their team members.

All Athletes, Team Officials, and NF Representatives are also required to have a signed Declaration Form uploaded to their GMS profile at the time of accreditation card collection. Accreditation cards will not be distributed to those missing a signed Declaration Form.

Accreditation Centre:

Address: 14-1 Okihama-machi, Hakata-ku, Fukuoka 812-0031

Hours of operation:

Open Period	Opening Hours
8 - 13 July	8:00 - 19:00
14 - 25 July	8:00 - 20:00
26 - 29 July	8:00 - 13:00 / 16:30 - 20:00
30 July	8:00 - 19:00



3.2

and Zones

Access Codes

ALL: All Venues

COM: All Comp

COM: All Competition Venues

AQC: Marine Messe Fukuoka Hall A (Swimming and Artistic Swimming)

WPA: Marine Messe Fukuoka Hall B (Water Polo)

DVG: Fukuoka Prefectural Pool (Diving)

SMB: Seaside Momochi Beach Park (Open Water Swimming and High Diving)

TRA: Training Venues

Access Codes

IBC: International Broadcast Centre

Area

Code color blue: Fields of play Code color red: Functional Zone

Access Zone

Code 2: Athletes' Preparation Area

Transport

Code TA: Shuttle bus services for athletes and team officials

Seating

T: Team Tribune

G: Guest Tribune

3.3

Lost or
Damaged
Accreditation
Card
Replacement

If an accreditation card is lost or damaged, please immediately report to the Accreditation Centre or Sports Information Desk. A new card will be issued at the

Accreditation Centre.

A penalty fee may be charged for the reproduction of lost accreditation.

3.4

Please refer to the separate "VISA Guide and Entry Requirements for Japan"

Visa Information

OTHERS





During World Aquatics Championships- Fukuoka 2023, Fukuoka Ichiba will operate close to Marine Messe Fukuoka Halls A and B, the venues for the Swimming, Artistic Swimming, and Water Polo disciplines.

Fukuoka Ichiba will offer those involved in the Championships, spectators, and local residents a variety of stage performances, food and drink that show off the charms of the Kyushu region, and sales and exhibition spaces, among other things.

The following are expected:

- Welcoming decorations that fuse technology with a Japanese aesthetic
- Public viewing via an on-stage video board and on-stage events
- Food and drink booths from well-known Kyushu restaurants, a Japanese festival experience, and a market centred on the UN's Sustainable Development Goals
- Sales booths with official Championships merchandise (mascot toys and other items)
- Exhibition booths from Championships sponsors, the host city, etc.

The event website will be regularly updated with more details about opening hours and detailed program schedules.

Fukuoka Ichiba is scheduled to be opened from the 14th of July to the 30th of July.



4.2 Fukuoka City, Japan

JAPAN

The Japanese archipelago stretches from north to south, east to west, and is home to a remarkable variety of regional cultures, natural splendors, and man-made wonders both old and new. It is a place where you can keenly and profoundly feel the passage of time—both through the ages from the past to the present, and in the moment, with each of its four distinct seasons bringing with it new sights to behold, delicacies to savor, and activities to enjoy. We hope your stay will be filled with joy, excitement and inspiration.



FUKUOKA CITY

Fukuoka is an energetic city that bustles with activity as the political, economic and youth fashion center of Kyushu. As a gateway to Asia, Fukuoka boasts many international flights and excellent accessibility. Fukuoka is also known as one of the best gourmet cities in Japan, with a wide variety of food stalls and Japanese-style pubs that you can enjoy with friends and family. Within walking distance of Marine Messe, the venue for the World Swimming Championships, is Hakata Old Town, which features a cluster of temples and shrines. Here you can experience Zen meditation and other aspects of traditional Japanese culture.



