



**WORLD AQUATICS  
CHAMPIONSHIPS**

**DOHA 2024**

بطولة العالم للألعاب المائية

**TEAM LEADERS' GUIDE  
OPEN WATER SWIMMING**

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# **OPEN WATER SWIMMING**

**World Aquatics Championships - Doha 2024**

**02-18 February 2024**

**-OPEN WATER SWIMMING COMPETITION-**

**3-8 February**

**Doha, Qatar**



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World Aquatics and Doha OC 2024 has made every effort to ensure that the information contained in this Guide is correct and up-to-date at the time of publication. However, Team Leaders are advised to check with the Sport Information Desks regarding any changes to information included in this guide and refer to the latest version.



## 1. ABOUT CHAMPIONSHIPS

### 1.1. World Aquatics

World Aquatics is the sole and exclusive world governing body for all Aquatics. Since June 2021, under the presidency of Captain Husain Al Musallam, World Aquatics comprises 210 National Member Federations in the five continents. World Aquatics oversees six aquatics sports: Swimming, Water Polo, Diving, Artistic Swimming, Open Water Swimming and High Diving.

### 1.2. World Aquatics Bureau

President: Husain AL MUSALLAM

First Vice President: Sam RAMSAMY

Second Vice President: Matthew DUNN

Vice President: Juan Carlos ORIHUELA

Vice President: António SILVA

Vice President: Jihong ZHOU

Treasurer: Dale NEUBURGER

#### Members:

Khaleel AL JABIR

Taha Sulaiman AL KISHRY

Alia ATKINSON

Algernon CARGILL

Fernando CARPENA

Monica Amon CHANG'ANAMUNO

Errol CLARKE

Maureen CROES

Otylia JĘDRZEJCZAK

Romani KATOA

Andrey KRYUKOV

Luiz Fernando OLIVEIRA

Joo Hee PARK

Vladimir SALNIKOV

Veronica STANHAM

Doreen TIBORCZ

Erik VAN HEIJNINGEN

Sami WAHLMAN

Mohamed DIOP

Sirichai DISTAKUL

Zouheir EL MOUFTI

Ana FORTIN

Kyriakos GIANNOPOULOS

Cheryl GIBSON

Farida A. IDDRISS

Yasser Mohamed Ibrahim IDRIS

Donald RUKARE (DR)

Sarah KEANE

Virendra NANAVATI

Judy OTTO

Gilles SEZIONALE

Daichi SUZUKI

Mae Chen TANG

Vanja UDOVIČIĆ

Josip VARVODIC

Sándor WLADÁR

Executive Director: Brent John NOWICKI



### 1.3. Doha 2024 Organising Committee

Organising Committee President: HE Sheikh Joaan Bin Hamad Al Thani

Organising Committee Vice President: Mr. Jassim Bin Rashid Albuainain

Chief Executive Director: Mr. Khaleel Aljaber

General Contact	<a href="mailto:info@worldaquatics-doha2024.com">info@worldaquatics-doha2024.com</a>
Championships website	<a href="http://www.worldaquatics-doha2024.com">www.worldaquatics-doha2024.com</a>

### 1.4. Opening and Closing Ceremonies

Opening Ceremony: 4 February at Aspire Dome starting 18:00 (GMT+3)

Closing Ceremony: 18 February at Aspire Dome (time TBC)

### 1.5. Competition Venues

#### 1.5.1. Aspire Dome

The Aspire Dome, located in Doha, Qatar, is a state-of-the-art facility that is set to host the World Aquatic Championships in 2024. This venue is renowned for its impressive architecture, world-class amenities, and its ability to accommodate various sporting events. The Aspire Dome is an indoor sports arena that spans over 40,000 square meters, making it one of the largest of its kind in the world. Its modern design and cutting-edge facilities create an ideal environment for hosting prestigious international competitions, such as the World Aquatic Championships.

Aspire Dome will host the swimming (SWM), artistic swimming (SWA) and water polo (WPO) competitions & training.

#### 1.5.2. Hamad Aquatic Center

The Hamad Aquatic Center, chosen as the host venue for the diving (DIV) competitions, will also accommodate WPO and SWA Training during the World Aquatics Championships in Doha 2024. It is an impressive facility designed to cater to the needs of world-class aquatic sports. The seating arrangement offers unobstructed views from every angle, allowing the audience to witness every twist, turn, and splash of the athletes. The capacity of the seating area ensures that a significant number of spectators can come together and create an atmosphere of excitement and support for the participants.

#### 1.5.3. Doha Old Port

The Doha Old Port, is selected as the host venue for the open water (OWS) and the high diving (HDV) competitions during the World Aquatics Championships in Doha 2024. It is a captivating waterfront location steeped in history and charm. Situated



along the picturesque Doha Corniche, the Old Port provides a unique and memorable setting.

The Old Port boasts a well-defined course that traverses the azure waters of the Arabian Gulf. The open water swimmers will navigate through a challenging yet rewarding route that showcases the coastal splendour of Doha. The course will be carefully designed to offer a balanced mix of technicality and scenic views, providing a memorable experience for the competitors.

The venue offers a unique blend of heritage, aesthetics, and sporting excellence, creating an unforgettable experience for both athletes and spectators during the World Aquatics Championships Doha 2024.

#### 1.6. Competition Schedule

The competition Schedule for all Sports, including Open Water Swimming is available [HERE](#).



## 2. SPORTS INFORMATION

### 2.1. Open Water Swimming Summary

Dates: 3-8 February 2024

World Aquatics Open Water Swimming Manager: Ignasi Vendrell

Contact: [ignasi.vendrell@worldaquatics.com](mailto:ignasi.vendrell@worldaquatics.com)

### 2.2. Sports Program and Key Dates

#### *Sports Program*

Date	Time	No. event	Event
Day 1 - 3 February	10:30	1	Women 10km
Day 2 - 4 February	10.30	2	Men 10km
Day 3 - 5 February	REST DAY		
Day 4 - 6 February	REST DAY		
Day 5 - 7 February	10.30	3	Women 5 km
Day 5 - 7 February	13.00	4	Men 5km
Day 6 - 8 February	10.30	5	Mixed 4X1500m

#### *Key Dates*

Date	Event	Time	Location
7 November	Deadline for Preliminary entries	23:59 UTC	World Aquatics GMS
12 December	Deadline for Nominations	23:59 UTC	World Aquatics GMS
16 January	Deadline for Sport Entries	23:59 UTC	World Aquatics GMS
27 January	Opening Accreditation Center	07:00	Qatar Women's Sport Committee
	Start of Official Transport Services	According to the. GMS arrival dates and the start of the official training.	
29 January	Start of the OWS training	08:30 - 16:30 Doha time	Training Pool & Old Doha Port (ODP)
2 February	OWS Team Leaders Meeting	16:00 Doha time	Press Conference - ODP
4 February	Opening Ceremony	18:00 Doha time	Aspire Dome
3-8 February	Open Water Swimming Competition	As per table above	Old Doha Port (ODP)
18 February	Closing Ceremony	TBC	Aspire Dome

### 2.3.Event Overview

#### 2.3.1. Technical Open Water Swimming Committee 2022-2025



Chairperson: S.A. "Sid" CASSIDY

Vice Chairperson: Ferry WEERTMAN

Secretary: John WEST

Members:

Petros ARESTIS

Luís BAPTISTA

Jorge DELGADO

Szabolcs FODOR

Damian VAN DE BERG

Ioki ICHIKAWA

Avelino GOMES MONTEIRO

Ho Ming Edward CHENG

Andrea PRAYER

Ziyad KASHMIRI

Bureau Representative:

Zouheir EL MOUFTI

Paris 2024 Olympic Games Liaison:

Bénédicte COMPOIS

2.3.2. Technical Officials

International Technical Officials:

El Mostafa BOURZIK

Yeow Hwee CHUA

Theunis Johannes DE JAGER

Gregory William FORSYTHE

Yichun HSU

Janel LONGFELLOW

Neal Anthony MARCANO

Michael Edward MURPHY

Katherine Sarah Elizabeth REYNOLDS

Robert VAN VUUREN

2.3.3. Team Leaders' Meeting



At the Team Leaders' Meeting the Team Leaders will be informed about the important details of the competition. Participation is **mandatory** for all National Federations, absence is subject to a fee of one-hundred (100) CHF.

The Team Leaders' Meeting will include the following:

- Roll-call
- Flow of Athletes
- Sports Information Desk
- Warm-up Procedures
- Course Explanation
- Competition timelines
- Safety Procedures
- Press Conferences

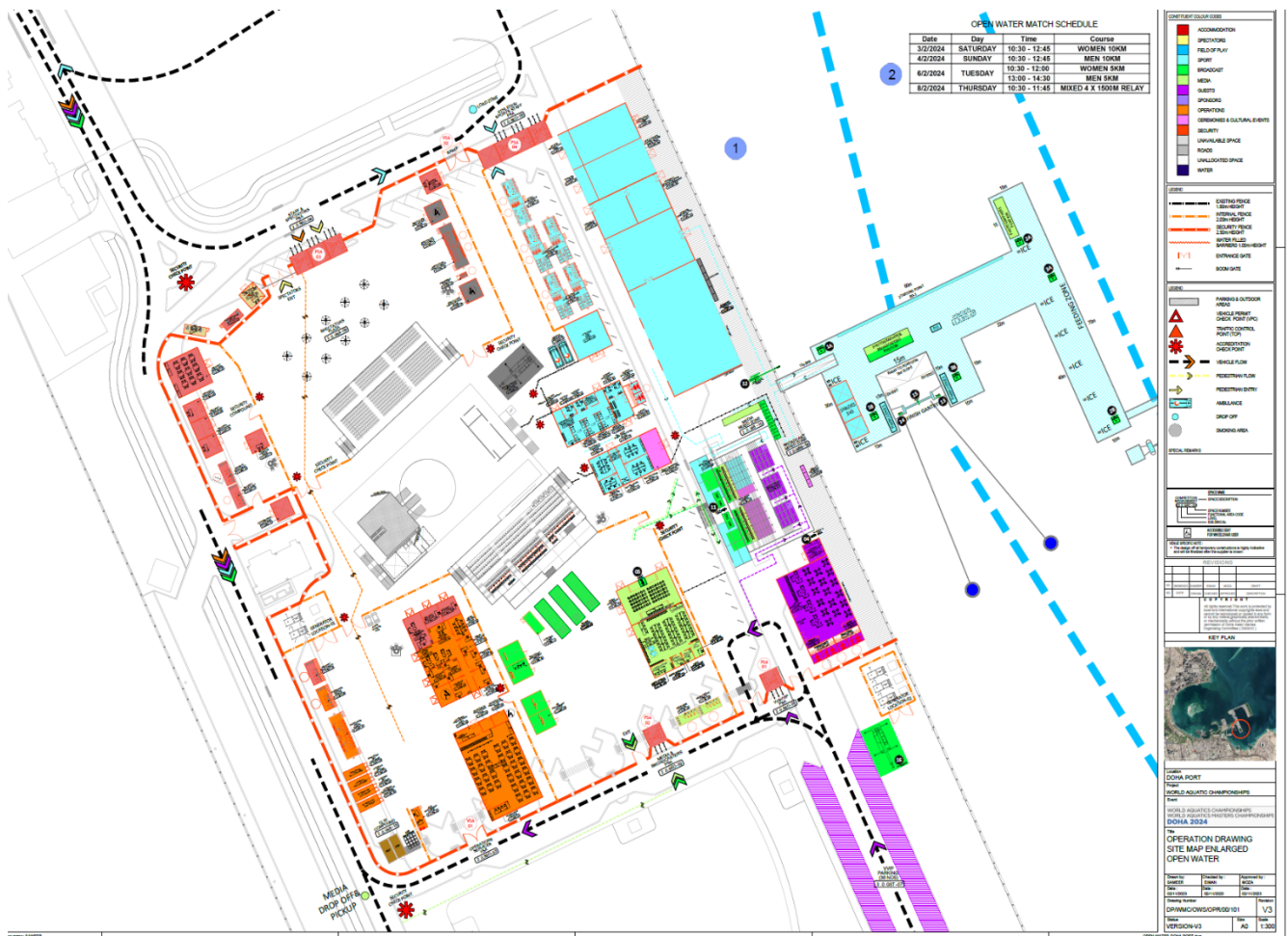
Team Leaders are responsible to check all given personal details and spelling of the athletes' names. Changes may not be accepted after the meeting.

The Team Leader's Meeting will be held on **2 February at the Old Doha Port (ODP) Press Conference Room and will start at 16:00.**



### 3. OPEN WATER SWIMMING VENUES AND FACILITIES

#### 3.1. Venue Overview



#### 3.2. Athletes Preparation Area

Available for athletes and team officials at the competition site.

#### 3.3. Athletes Changing Rooms

Changing rooms and showers are available for athletes and team officials at the competition venue.

#### 3.4. Athletes and Team Officials Lounge

A lounge area will be available for athletes and team officials at the competition venues, including on training days.

#### 3.5. Athletes and Team Officials Seating



At the competition venue seating in the stands will be available for athletes and accredited team officials.

### 3.6. Sport Information Desks

Sport Information Desks (SID) will operate at the entrance of each competition venue on the training & competition days. The SID will provide information on the competitions staged at the venue where it is located and will be in operation from the first day of training. Limited information of other disciplines will also be available.

The following information is available at the Sport Information Desk.

- Sport-specific information for the competition held at the venue.
- Limited specific information on other sport
- Official communication with teams
- Liaison among teams, competition management and the World Aquatics Technical Committee
- Confirmation of times for training sessions
- Other miscellaneous enquiries

Operating hours for the SID will be from 07:30 to 21:00 from Jan 28 to Feb 18, 2024.

Access to the SID will be given to accredited Team Officials only to ensure that information is communicated efficiently and effectively to all National Federations. Information on the Championships can also be obtained from the app "Sportity". This app can be downloaded from the following QR code. Password for the app will be available at each venue.

### 3.7. Mixed Zone

All competitors must exit the field of play (FOP) through the Mixed Zone. The Mixed Zone is an area near the FOP that has been authorised for broadcasters and other media to conduct short interviews immediately after athletes have completed their events. The zone will be properly marked. Operations staff will manage the Mixed Zone and provide support for broadcasters and other media.

### 3.8. Medical Stations

During the World Aquatics Championships, first aid and medical treatment will be available at medical stations (competition and training venues). Patients who need more than first aid will be transferred to one of the designated hospitals for further treatment.

### 3.9. Doping Control Table



The Doping Control Notification Table will be located near the exit point from the FOP, with reserved seats for the proper staff. Athletes will collect their Accreditation Cards from this area at the end of their race.

### 3.10. Ice Baths

Teams (a) can set up their ice baths at a designated area outside the Athletes preparation area and (b) are advised to prebook their spaces through the NF questionnaire. D2024 LOC will provide limited number of ice baths (six in total) along with ice.



## 4. COMPETITION AND TRAINING INFORMATION

### 4.1. Training Information

Training for Open Water Swimming will be organised five (5) days before the start of the competition.

Training Dates: **29 January – 2 February**

Training Venue/s:

Competition Venue: **Old Doha Port – ODP**

Training Pool: **Qatar University – QU**

#### 4.1.1. Draft Training Schedule

The draft training schedule is provided below to assist teams with their preparations, but changes to the training schedule may occur and teams must collect an up-to-date training schedule upon arrival at the Doha Old Port. The detailed schedule will be offered at the Sports Information Desk.

Venue Location	Course	Location Details		Period	Function
Old Doha Port (OPD)	1.6km	Outdoors	1,6km Lap	Jan 29 - Feb 08	All
Qatar University (QU)	50m pool (8 lanes)	Outdoors - 8 lanes	50 x 20 x 2m		Pool Training

#### Official Training Period Jan 29 - Feb 02

Sites Operational Times	1.6km	50m pool (8 lanes)
	08:30-16:30	08:30-20:00

#### Competition Period Feb 03 - 08

Site Operational Times	Competition	1.6km	50m pool (8 lanes)
	As per latest competition schedule	08:30-16:30	08:30-20:00

All OWS training sessions at the Qatar University pool are OPEN.

### 4.2. Competition Information

A team of 30 judges will be at the forefront of the competition of five different events: Men's and Women's 5 km, 10 km and as well as the 6km mixed team relay event.

The competition will be held in the waters of the seaside at the Old Doha Port, in a perfectly marked 1660 m circuit. Athletes will have to swim three laps in the 5km event, six laps in the 10 km event. In the Team Event Relay 4 swimmers (2 men & 2 women) each swim one lap is 1500 km. The swimmers may swim in any order and each only swim one lap. Waters in Old Doha Port are calm, with a course depth varying from 8 – 9m.

Medal ceremonies will be held for all events following the events.



#### 4.2.1. Competition Rules and Regulations

Open Water Swimming competitions at the World Aquatics Championships will be held in accordance with [World Aquatics Competition Regulations](#). There is a maximum of two (2) entries per National Federation per individual event and one team per National Federation for the Relay.

#### 4.2.2. Guidelines for Feeding

##### Feeding Pontoon

One feeding pontoon will be used in Doha's course and will be the same area as the START. The pontoon has an actual length of 70x10m and 0.40cm height from the sea level. Competition Judges & Starter along with two (2) Lifeguards will also be located at the pontoon.

##### Access to Feeding Pontoon

Access to the pontoon will be granted only to the registered (through a colored bracelet) coaches, following the Teams Leaders' Meeting. An application form needs to be filled and given to the Sport Information Desk in advance of the meeting. Upon approval of the request to access feeding platforms, team representatives will be provided with special stickers to allow them access to the secured area.

##### Feeding Poles

Feeding poles should follow the below specifications:

- Feeding Poles should not exceed 5m in length when extended.
- Feeding Poles must be checked to avoid any kind of damage in case of contact.
- No objects should be hanged from the feeding poles, besides the national flags.
- National flags to be attached to the feeding pole, should not exceed the size of 30x20cm and may only consist of fabric.
- Feeding poles will be inspected on the day of the competition at handler accreditation check-in.
- Feeding poles flags will be provided by LOC during the Team Leaders Meeting.
- Feeder passes will be handled to each registered feeder in order to access the feeding platform.

##### Coolers

All accredited coaches can bring their food and drink supplements (in perfect condition) in coolers (50lit) onto the feeding pontoon, provide nourishment for the competing swimmers and themselves.

#### 4.2.3. Safety and Security Regulations



To ensure the smooth running of the competition, LOC has established a Race Control Center, located at the competition venue. Race Control Center will coordinate all in land & race operations, including lifeguards, medical & rescue. During the competition, non-accredited boats are not allowed to enter the Field of Play.

Specific information about the Safety Plan and Evacuation Plan will be provided at the Team Leaders' Meeting.

#### 4.2.4. Weather and Water Conditions

##### Weather conditions

Weather data over the last 8 year's reveals an average air temperature ranging between 18 – 28 degrees Celsius at the date of the competition, with clear blue skies and humidity ranging between 40 – 65%. Prevailing wind pattern is from North East, at average speeds of 8 – 14 km/h. Water temperature ranges between 17 – 23 degrees Celsius.

Mean Air Temperature	18.7 °C
Mean Relative Humidity	60 %
Mean Wind Speed	14km
Mean Daily Sunshine	8.3 hr
Mean Sea Surface Temperature	18.5°C

*Source: Qatar Meteorology Department*

During the training and competition days a weather forecast will be released in order to inform all of the participants.

##### Water Temperature & Quality

Water Analysis results will include information such as microbiology analysis, temperature, salinity, water clarity, tides time and currents flow.

To ensure the correct water temperature the same measurements will be taken on a daily basis during the training days in the competition area, and as established by World Aquatics regulations measurements will be taken during competition days, two hours before the start. These measurements will be carried out by the designation of an established committee appointed during the Team Leaders' Meeting, which will include the following persons: a Referee, a member of the Organising Committee and a designated trainer at the Team Leaders' Meeting. Additional measurements will be taken at 60-minute intervals during the competition by the Safety Officer.



## Water Tides

The below table reveals the Old Doha Port water tide forecast for the date of the competition.

<b>4:35 AM</b>	AST	1.44 meters	<b>(4.72 ft)</b>	<b>High Tide</b>
5:40 AM	AST			Moonrise
5:41 AM	AST			Sunrise
<b>11:58 AM</b>	AST	0.37 meters	<b>(1.21 ft)</b>	<b>Low Tide</b>
4:14 PM	AST			New Moon
<b>4:31 PM</b>	AST	1.00 meters	<b>(3.28 ft)</b>	<b>High Tide</b>
5:42 PM	AST			Moonset
5:43 PM	AST			Sunset
<b>11:26 PM</b>	AST	0.33 meters	<b>(1.08 ft)</b>	<b>Low Tide</b>

*Source: Qatar Meteorology Department*

### 4.3. Competition Procedures

#### 4.3.1. Team Arrival at the Venue

Teams will be dropped off at the accredited entry of Venue at the Doha Corniche according to the transportation schedule. Teams will be welcomed to the venue by Athletes Services Assistants who will be assisting with their familiarization of the venue during their first visit.

Athletes and Team Officials must wear their accreditation to gain access to the venue. Without accreditation, immediate access will not be granted which will cause some inconvenience. Failure to wear and clearly display the accreditation pass may negate free movement within the venue and cause unnecessary difficulties for all concerned.

#### 4.3.2. Accreditation Cards

The accreditation card contains all the information necessary to identify the owner, his/her role at the event and his/her privileges to access the competition venues and the restricted areas as well as his/her right to use the transportation service. This Card is personal, nontransferable and must be displayed at all times while in zones requiring accreditation, and is valid only in zones specified on this Card.

All athletes must present their accreditation card when checking in at the Call Room prior to their event. A World Aquatics Technical Official will verify the athletes' identity and collect their accreditation cards. Athletes need to bring their accreditation cards to the Final Call Room and will be escorted to the Field of Play by a World Aquatics Technical Official for their event. On signal from Sports



Presentation, the Field of Play Supervisor will cue the athletes on the Field of Play. Their accreditation cards will be taken to the Doping Control Table on the Field of Play. On exiting the Field of Play after their event, athletes are to pick up their accreditation cards from the Doping Control Table.

#### 4.3.3. Identification

All competitors are required to participate in the athletes' parade and introduction prior to the competition. Competitors will be escorted from the Final Call Room to the Field of Play where they will be introduced by name and nations. Detailed instructions of the Sport Presentation procedures will be provided at the Team Leaders' Meeting.

#### 4.3.4. Field of Play Protocol and Access Control

Clean Field Of Play policy will be implemented during the competition. For this reason, only the staff and officials integral to the operation of the event will be permitted on or around the Field of Play. Similarly, no personal or non-essential equipment will be permitted on the Field of Play during the competition.

All athletes and team officials are asked to respect the need for a clear deck policy during the competition by ensuring only competing athletes are on the Field of Play. Access to the Field of Play will be strictly limited to persons with the correct accreditation, hence the athletes and the team officials are required to wear their accreditation card at all times where appropriate.

#### 4.3.5. Warm-Up

A warm-up area will be provided at the competition venue. The area can be used from 1.5 hours before the event, for one (1) hour.

#### 4.3.6. Call Room

Athletes will be called to the Call Room before the competition, at a time determined by the competition rules, to hand over their accreditation cards to the Clerk of Course. Relevant athletes must wait in the Call Room after the conclusion of their race and before medal ceremonies.

#### 4.3.7. Entry to the Field of Play

During the competition all athletes must enter and exit the Field of Play through the designated athletes' entrance.

The athletes and team members who are not participating in the competition must respect the space to assure that only the competing athletes are in the competition area and follow the guidelines given by the organisers and volunteers.

#### 4.3.8. The Start



Individual events: 5 Km, 10Km

Team Relay event: 6Km (4 x 1.5 Km)

The start will take place from the starting /platform; information on the start procedure will be available at the Team Leaders' Meetings.

The allocation of starting position in all events shall be determined by automatic random draw.

#### 4.3.9. The Championships Courses

- 5 Km Races Course - Laps: 3

Direction: clockwise

Turn Buoys: 4

Feeding: no

Athletes will be escorted from the Final Call Room to the start platform, where athletes will be introduced before they enter the water.

- 10 Km Races Course - Laps: 6

Direction: clockwise

Turn Buoys: 4

Feeding: 1 station

Athletes will be escorted from the Final Call Room to the start platform, where athletes will be introduced before they enter the water.

- Mixed Team Race Course - Laps: 4 (4 x 1.5 Km)

Direction: clockwise

Turn Buoys: 4

Feeding: no

Team's athletes will be escorted from the Final Call Room to the start platform, where all athletes will be introduced before they enter the water.

- Two (2) females and two (2) male competitors from the same country
- Each competitor shall complete a lap of 1.5 km.
- competitors may swim in any sequence, but may only swim once.
- All teams will start together.
- Starting order on the platform will be by random draw.
- There shall be a change-over zone of a minimum of 5 m in length of sufficient size for the teams competing.



- The following competitor may start with a dive from the opposite side of the platform immediately after the arriving competitor touches the platform.
- Competitors may enter the change-over zone when the previous competitor is approaching the zone and leave the water immediately at the conclusion of their lap.
- Departing competitors must dive from the start position allocated to their team.
- Competitors shall all wear team caps of the same colour and style.

#### 4.3.10. Exit from the Field of Play

Once athletes completed their swim, they will leave the water via a ladder and proceed to a designated position on the platform. Athletes will then exit the Field of Play via the Mixed Zone.



## 5. UNIFORM, SWIMWEAR AND EQUIPMENT

### Uniform

All Athletes are obliged to wear the uniform as outlined in the **World Aquatics Competition Regulations**, Part One, Section 8 – ADVERTISING IDENTIFICATION.

Advertising identification appearing on swimwear, pool deck equipment and official's uniforms at World Aquatics Championships and World Aquatics Competitions, with exception for World Aquatics Masters Championships, is permitted as outlined under in this Section.

For better understanding please review the World Aquatics Uniform and Equipment Guidelines [HERE](#).

### Swimsuit

Swimmers must only wear World Aquatics Approved Swimwear (swimsuit, goggles and caps). Swimsuit must have the proper QR Code.



Your swimmer shall not register at the First Call Room with non-approved swimsuit.

Please check before travelling to Doha if your athletes have an Approved swimsuit.



Swimsuit with the old FINA Logo are still valid.



The List of Approved Swimwear is available on the website [here](#).

### Wearables

AQUA Competition Regulations: Part Two, Article 15.3, Swimwear and Wearables

*15.3 ... The use of technology and automated data collection devices is permissible for the sole purpose of collecting data. Automated devices shall not*



*be utilised to transmit data, sounds, or signals to the swimmer and may not be used to aid their speed*

Only AQUA approved equipment may be used.

Competitors must declare all wearables when reporting to the First Call Room or to the Referee if no call room is in operation.

- Failure to declare may result in disqualification.

**List of approved wearables** (version 20.12.2023):

Manufacturer	Product Name	Product Type
Abbott	FREESTYLE LIBRE 2	Glucose Sensor
Exelio	GPS EXE Pro 2	GPS Tracking Device
FES Institut	FES SwimSensor	GPS Tracking Device & Sensor
Garmin	HRM-SWIM	Heart Rate
Garmin	HRM-TRI	Heart Rate
Movella	DOT (Xsens)	Sensor
Polar	OH1	Heart Rate
Polar	Verity Sense	Heart Rate
Polar	H10	Heart Rate
Swimtraxx	Swimtraxx One	Heart rate + strokes monitor + accelerometer
Tritonwear	Triton 2	Transponder

The List of Approved Wearables is available on the website [here](#)



## 6. PRESENTATION, CEREMONIES AND CONFERENCES

### 6.1. Sports Presentation

The Doha 2024 OC has appointed a sport production company to conduct sport presentation for the Championships. World Aquatics staff have been fully involved in the planning and delivery of all venues pertaining to Sport Presentation.

Sport Presentation involves:

- Announcers, Commentary & MCs
- All in-venue music and production
- Material displayed on the video board
- Medal Ceremony production and delivery
- Audience interaction
- Creating an atmosphere that builds the excitement for the spectators, as well as creating an environment that allows athletes to perform at their best.
- Keeping the competition on time and allow the sports to flow best for TV coverage.

### 6.2. Timing, Scoring and Results

World Aquatics Partner Omega will provide all timing, scoring and result services for the Championships. This will also include all printed Championships output, which will be distributed to teams via the Sports Information Desk.

As required by Competition Regulation Part Three, Article 6.3, it is mandatory for all competitors to wear a microchip transponder on each wrist throughout the race. If a swimmer loses a transponder the Referee or other authorized Official, will immediately inform the Chief Referee who will instruct the responsible Official on the water to issue a replacement transponder. Any swimmer who finishes the race without a transponder will be disqualified.

### 6.3. Medal Ceremonies

The Medal Ceremonies will be held at the competition venue. Following the presentation of medals, the national anthem of the gold medallist will be played and the national flags of the medallists will be displayed. Upon completion of the anthem, athletes will participate in a parade around the Field of Play, where applicable. All finalists shall wear the World Aquatics bib, as provided by World Aquatics, on top of their National Federation uniform during the Medal Ceremony and lap until they leave the field of play arena. Athletes will be briefed about ceremony procedures in the assembly area. Athletes are reminded to attend all Medal Ceremonies in their official National Federation tracksuit with appropriate footwear. Not coming prepared with this full uniform will create delays in the TV



coverage. Items such as flags, caps, mobile phones or any other symbols in addition to the national kit and World Aquatics bibs are not allowed on the podium.

#### 6.4. World Aquatics Bibs

Every competitor participating in medal ceremonies will be provided with a World Aquatics bib. The bib is to be worn on the chest over their tracksuit, just below the tracksuit logos. As per World Aquatics Competition Regulations, Part One, Article 8.9., the bibs must be fully visible during athletes introduction and Medal ceremonies. Bibs will be distributed to the competitors when they report in the assembly area before medal ceremonies.

#### 6.5. Press Conference

No medalist press conference is scheduled for the World Aquatics Championships - Doha 2024.



## 7. TRANSPORTATION SERVICES

The Doha 2024 OC will provide transfers from/to Hamad International Airport for all participants registered at the Championships, based on their flight details uploaded into the GMS. Please make sure the information is fully completed and kept up to date.

Failure to do so may result in no transportation being arranged by the OC and may be the responsibility of the World Aquatics Member.

During the Championships, a shuttle bus service will be provided from all official hotels to/from the venue, based on a pre-determined schedule. Further details regarding this matter will be provided in the Transportation Guide.



## 8. FIRST AID AND MEDICAL SERVICES

### 8.1. First Aid

The Organising Committee of the World Aquatics Championships – Doha 2024 will organise medical care to cover any emergency issues, acute injuries and illnesses of athletes and Team AQUA that may occur during the period of the World Aquatics Events and to respond to injuries and illness that arise to anyone at the competition and non-competition venues.

However, it is important to remember that each accredited participant (including athletes) shall have their **own personal medical and repatriation insurance**.

#### Limits

Chronic injury and illness are not covered by the LOC Medical Services and World Aquatics is not responsible for any failure to diagnose or treat any chronic injury or illness.

#### Operational period

Athlete medical services must be provided on all days of official training and competition, starting 30 minutes before training or competition begins.

#### Services Providers

The primary service providers will be Aspetar, Hamad Medical Corporation and the Qatar Red Crescent.

### 8.2. Medical Services

#### Access to Medical Facilities

During the World Aquatics Championships, access to the venue medical rooms will be provided exclusively to medical staff, athletes, coaches, team managers, and the members of Team AQUA with appropriate accreditation accesses.

Separate medical stations will be available to Media and Spectators.

#### Designated Hospitals

- Aspetar Hospital (Orthopaedic and Sports Medicine Hospital). It is located near the Aspire Dome.
- Hamad General Hospital / Hospital of the Hamad Medical Corporation HMC (Public General Hospital)

#### Health Care Personnel (HCP)

HCP Staff (e.g. sports physicians, nurses, paramedics, etc.) will be provided by Aspetar and HMC Hospitals at the designated venues.



### Training Venue Medical Desks

During the official training periods, medical desks with one (1) Physiotherapist and two (2) Paramedics will be operated at the training venues. In case of an emergency, patients will be transferred to designated hospitals after receiving first aid.

### After hours Medical Services

For the Teams Hotels, one (1) General Medicine Physician (On-Call roaming) and three (3) Hub Ambulances + two (2) Paramedics (in Ambulances) will be available.

Please call "**4026 5555**".

The call will go to the Medical Command Center (MCC) dedicated for the event (and according to the case, one of the Hub dedicated ambulances will be sent to athlete's hotel or the on-call roaming doctor will be sent to her/his hotel room).

### Emergency Transport

In case of emergency, 24 hours/day, please Call "**999**".

## 8.3. Medical Expenses, Insurance & Liability

A traveling health insurance is mandatory for non-residents visiting Qatar.

To avoid paying for your healthcare services in emergency or accident, **all participants must have their own personal medical insurance** and ensure that the insurance policy fulfils the acceptance criteria defined by the Qatar Ministry of Public Health (MOPH), which include:

- The geographical coverage must include the State of Qatar.
- The policy is valid and cover the period of the full duration of participant's stay in the country.
- The policy covers emergency and accidents healthcare services with a limit of QAR 150,000, without deductibles or copayments.
- The policy covers COVID-19 with a limit of QAR 50,000.

A safe and recommended option is also to subscribe to a Qatar Health Insurance Policy ("Visitors' Health Insurance) that covers Emergency and Accident healthcare services before entering the country. The Insurance Premium costs QAR 50 (around US\$ 15 or € 13).

The insurance companies approved and recognised by the Ministry of Public Health (MoPH) are described in the above-mentioned websites.

<https://www.moph.gov.qa/english/derpartments/policyaffairs/hfid/Pages/Health-Insurance-Scheme.aspx>



<https://www.moph.gov.qa/english/derpartments/policyaffairs/hfid/hirs/insuran-cecompanies/Pages/default.aspx>

#### 8.4. Team Doctors

Team doctors must register in advance with OC to provide medical services to the members of their delegation during the World Aquatics Championships.

World Aquatics and the OC assume no responsibility for any healthcare provided by NF healthcare personnel to NF team members and delegates.

It is recommended that NF healthcare professionals inform their insurance company that they are traveling abroad with a sport's team, and check whether their professional liability insurance covers this activity. Each NF should make its own arrangements for professional liability insurance.

#### 8.5. Lifeguards

Lifeguards are ILS Certified and undergoing regular training. The authorized body in Qatar is the Qatar Swimming Association.

#### 8.6. Food and Drinks

The OC will provide water and carbohydrate-electrolyte replacement ('sports drink') and a variety of food/snacks options to aid athlete recovery.

#### 8.7 Hospitals

Aspetar Orthopaedic & Sports Medicine Hospital and HMC Group of Hospitals will be the designated hospitals for the Tournament. All hospital admissions will be monitored through the Medical Command Centre (MCC).

A number of private beds will be reserved for participants.

A "fast track" process through the Emergency Department will be implemented for athletes, and officials. This will include the allocation of a case manager to these patients. These case managers will serve as a focal communication point for the MCC which will allow accurate and speedy updates to the LOC CMO.

Hamad General Hospital, provides a 24 hour emergency department service. Hamad General Hospital also provides a state-of-the-art Level 1 Trauma Centre

To benefit from the medical services at Aspetar or HMC, the participant needs to consult an OC doctor in the medical station (or the on-call doctor for emergency cases). The OC doctor will evaluate the condition and if necessary, coordinate for a referral to be done.

#### Medical Imaging

Aspetar will offer a 24-Hour access to plain X-rays, Ultrasound, MRI, CT medical imaging, and laboratory services relating to immediate acute injury and illness



diagnostics. Teams are invited to contact the Venue Medical Officer or the Chief Medical Officer.

#### Access to Hospitals for Participants under 18

It should be noted that the access to the hospitals is regulated for participants under the age of 18.

At Aspetar a consent form signed by the parents will be required. The form is available on World Aquatics website [HERE](#). Arabic version of the Form is available [HERE](#).

At the other hospitals a consent form signed by an adult (chief of mission, team doctor, NF Official) would be requested.

#### 8.8 Other services

Ice will be available for teams.

#### 8.9 Organising Committee Medical Staff

##### Chief Medical Officer (CMO)

Dr. Nejib Benzarti will be responsible for the delivery of the Medical Services program across the World Aquatics Championships. The LOC CMO will be the primary contact person.

Contact details to be communicated.

##### Venue Medical Officer(s) (VMO)

At each Competition Venue there will be Venue Medical Officers (VMO) and Ambulance Venue Managers (AVM) who will be the key medical services liaison between the teams, officials and LOC/World Aquatics staff at the Competition Venues.

The Venue Medical Officers provided by Aspetar are identified as follows:

- Dr. Fethi Regaieg – Aspire Dome
- Dr. Souhail Chebbi – Aspire Dome
- Dr. Adnene Soltani – Hamad Aquatic Center
- Dr. Abdellatif Azzaoui – Hamad Aquatic Center
- Dr. Ivaylo Dimitrov – Doha Port

Contact details to be communicated.

World Aquatics and the OC assume no responsibility for any healthcare provided by NF healthcare personnel to NF team members and delegates.



## 9. DOPING CONTROL

### 9.1 General Information

Urine and blood samples will be collected during the World Aquatics Championships for the purpose of doping controls. The doping controls will be done in accordance with the World Aquatics Doping Control Rules and the World Anti-Doping International Standards which can be consulted [here](#). The operations will be supervised and coordinated by the International Testing Agency (ITA).

The list of prohibited substances can be consulted [here](#). For reminder, all athletes are strictly responsible for any prohibited substance found in their sample and it is particularly important for them to check any medication they take against the prohibited list and remember that in case they need to take a prohibited substance for medical reasons, a Therapeutic Use Exemption (TUE) must be obtained beforehand by contacting the International Testing Agency (ITA) at [tue@ita.sport](mailto:tue@ita.sport).

Teams' Medical Personnel should also be reminded of the strict conditions governing the intravenous route of administration of any substance for clinical purposes. Information regarding these can be found on

the websites of the World Anti-Doping Agency (WADA), International Testing Agency (ITA) and Aquatics Integrity Unit (AQIU). [www.wada-ama.org](http://www.wada-ama.org) ; [www.aquaticsintegrity.com](http://www.aquaticsintegrity.com) ; [www.ita.sport](http://www.ita.sport).

### 9.2 Mandatory education course prior to participation

As per the World Aquatics Doping Control Rules, any athlete participating in the World Aquatics Championships must, prior to participation, have successfully completed the [eLearning Anti-Doping Education course "International-Level Athletes Education Program"](#) or an eLearning course developed and approved by their respective National Anti-Doping Organization that covers the same topics. Any athlete who has not met this requirement will not be eligible to compete and thus will not have their accreditation activated.

Please follow these instructions in order to complete the course:

**Step 1:** Access the eLearning course webpage [here](#).

**Step 2:** Click on "Register here" and follow the steps to register an account.

**Step 3:** Sign in to the new account just created.

**Step 4:** Select the course "International-Level Athletes Education Program" and complete the course to obtain at least 80% at the final exam at the end of the course. You can do the course again if you do not achieve 80% the first time. The course is available in 9 different languages.

**Step 5:** Once the course has been successfully completed, download the certificate of completion, and send it to your World Aquatics Member.



**Step 6:** The World Aquatics Member must upload the certificate of completion of each athlete on their respective GMS profile [here](#) (in the Sport tab).

In order to avoid any issues, Members should not wait until their teams are finalized to inform their athletes about this requirement. Rather, they should ask all athletes who could potentially participate in the event to complete the course immediately.

Athletes who have already completed the course for previous World Aquatics events and who have uploaded their certificates of completion to their GMS profile do not need to follow the course again.

For any questions regarding this requirement, please contact [info@aquaticsintegrity.com](mailto:info@aquaticsintegrity.com)



## 10. ACCREDITATION

### 10.1. Accreditation Cards

All National Federations participating in World Aquatics Championships – Doha 2024 must complete the accreditation process in order to obtain the accreditation cards for their members. An accreditation card contains all the information necessary to identify its owner, his/ her role at the event, and his/ her access rights to the competition venues and restricted areas inside them, as well as his/her rights to use transport services at World Aquatics Championships – Doha 2024. The card is personal and non-transferable. It must be presented at all times while in a zone requiring an accreditation card and is valid only in zones specified on the card.

### 10.2. Accreditation Centre

Opening on the **27th of January 2024**, the Accreditation Centre for Athletes and Officials will be located in the **Qatar Women's Sport Committee's building**, which is approximately 600 meters away from the Aspire Dome. In order to pick up accreditation cards, Team Leaders (or designated team representatives with written official authorisation) need to visit the Accreditation Centre in person to pick up the team's accreditation cards. Team Leaders (or designated representatives) are required to present ALL ORIGINAL IDENTITY DOCUMENTS (original passports used as identification in the GMS) of their team members.

Accreditation Centre Opening hours: **07.00 – 19.00 h** (TBC)

Accreditation Centre Location QR Code:





Accreditation Canter Venue Map:



Uniform and  
Accreditation  
Center

VENUE



10.3. Access Codes and Zones

Access Codes

- ALL: All Venues
- COM: All Competition Venues
- ASD: Aspire Dome
- HAC: Hamad Aquatic Centre
- ODP: Old Doha Port
- TRA: Training Venues
- IBC: International Broadcast Centre

Access zones

Code color blue: Field of play

Access areas

Code 2: Athlete Preparation Area

Transport

Code TT: Shuttle bus services for athletes

10.4. Lost or Damaged Accreditation Card and Replacement



If an accreditation card is lost or damaged, please immediately report to the Accreditation Centre or Sports Information Desk. A new card will be issued at the Accreditation Centre.

#### 10.5. Visa Information

Every participant whose participation has been approved by the World Aquatics will receive a visa from the Organising Committee.



## 11. ATHLETE & DEVELOPMENT PROGRAMME

This year, we are thrilled to announce a series of special activities dedicated to the mental well-being for athletes, coaches, and National Federations.

Under the crucial theme of mental health, workshops will be organized throughout the Championships to address essential topics in the world of high-level sports. Renowned experts, elite coaches, and active or retired athletes will share their knowledge during daily workshops. An open forum for all participants will facilitate in-depth discussions, with expert panels for athletes, coaches, and National Federations.

The complete program, including the schedules for these activities, will be available on the Sportity platform as we approach the event. Furthermore, expertise in race analysis will be provided to swimmers during the second week of the Championships.

Dedicated spaces for athletes, offering activities, games, and rewards, will be available at each competition site, with a main space at the Aspire Dome welcoming all disciplines. The second week of the Championships will also feature meetings on integrity and Anti-Doping for National Federations, coaches, and athletes.

Informational meetings by continent for National Federations will also be organized.

We strongly encourage all participants to follow information and schedules on the Sportity platform, which will be available a few days before the championships begin.

The World Aquatics team and members of the Athletes' Commission will be onsite to guide and welcome you throughout these enriching activities. Make the most of this exceptional experience!