



WORLD AQUATICS MASTERS CHAMPIONSHIPS - SINGAPORE 2025

SPORTS MANUAL ARTISTIC SWIMMING

GLOBAL PARTNERS



GLOBAL SUPPLIERS



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ARTISTIC SWIMMING

1. INTRODUCTION

1.1 WORLD AQUATICS

World Aquatics, formerly known as the Fédération Internationale de Natation (FINA), is the sole and exclusive world governing body for all Aquatics. Since June 2021, under the presidency of Captain Husain Al Musallam, World Aquatics comprises 209 National Member Federations in the five continents. World Aquatics oversees six aquatics sports: Swimming, Water Polo, Diving, Artistic Swimming, Open Water Swimming, and High Diving.

1.2 WORLD AQUATICS BUREAU

President

Husain AL MUSALLAM

First Vice President

Sam RAMSAMY

Second Vice President

Matthew DUNN

Vice President

Juan Carlos ORIHUELA

Vice President

António SILVA

Vice President

Jihong ZHOU

Treasurer

Dale NEUBURGER

Appointed Executive Member

Erik VAN HEIJNINGEN

Members:

Khaleel AL JABIR

Otylia JĘDRZEJCZAK

Taha Sulaiman AL KISHRY

Romani KATOA

Alia ATKINSON

Sarah KEANE

Pernille BLUME

Somsak LEESWADTRAKUL

Algernon CARGILL

Virendra NANAVATI

Fernando CARPENA

Luiz Fernando OLIVEIRA

Monica Amon CHANG'ANAMUNO

Judy OTTO

Mark CHAY

Joo Hee PARK

Errol CLARKE

Donald RUKARE (DR)

Maureen CROES

Daichi SUZUKI

Mohamed DIOP

Veronica STANHAM

Zouheir EL MOUFTI

Mae Chen TANG

Ana FORTIN

Doreen TIBORCZ

Kyriakos GIANNOPOULOS

Vanja UDOVIČIĆ

Cheryl GIBSON

Erik VAN HEIJNINGEN

Farida A. IDDRISS

Josip VARVODIC

Yasser Mohamed Ibrahim IDRIS

Sándor WLADÁR

Khaleel AL JABIR

Otylia JĘDRZEJCZAK

Executive Director

Brent John NOWICKI



1.3 ORGANISING COMMITTEE

Co-Chairperson	Mr Alan Goh, CEO of Sport Singapore
Co-Chairperson	Mr Mark Chay, Secretary General of Singapore National Olympic Committee
Member	Mr Toh Boon Yi, Deputy CEO of Sport Singapore
Member	Prof Kenneth Goh, President of Singapore Aquatics
Member	Mr Roy Teo, Chief Industry Development of Sport Singapore
Project Director	Mr Ng Eng Soon

1.4 OPENING & HANDOVER CEREMONY

We welcome all Masters participants to the official Opening Ceremony of the World Aquatics Masters Championships – Singapore 2025 on 26 July 2025 at the Aqua Fiesta, Sentosa. This will be a truly unforgettable moment where we celebrate the power to achieve dreams, celebrate unity and share our passion for aquatics sports. Join us in opening the World Aquatics Masters Championships together!

The Masters concludes with a Handover Ceremony at the World Aquatics Championships Arena on 22 August 2025. This marks the poignant end to the Masters Championships where we celebrate personal achievements, winning moments and bid farewell as a cohesive Masters community. It is a moment of reflection and unity as the Singapore 2025 Organising Committee passes on the flag to the next organiser, symbolising the continuity of the World Aquatics Masters tradition. We invite all Masters participants to the Handover Ceremony.

1.5 EVENT LOGO, SLOGAN AND MASCOT

EVENT LOGO



The World Aquatics Masters Championships - Singapore 2025, is a mass participation event featuring the five aquatic sports of swimming, water polo, diving, artistic swimming and open water swimming. The premier aquatic masters event is open to international and local participants aged 25 and above, and is expected to attract more than 6,000 competitors from approximately 100 countries to Singapore.

SLOGAN



The event's theme, 'Water Shapes Us', encapsulates Singapore's relationship with water and its significance in Singapore's development and identity as a nation. Water shapes Singapore's geography and is crucial in the nation's economic growth. The tagline also demonstrates how the championships in Singapore will nurture and celebrate opportunities for collective achievement and camaraderie.



MASCOT

WCH2025's mascots have ties to Singapore and represent the country's duality between land and water.



OLLIE

Cheeky and cheerful, Ollie the urban otter has found a special home in Singapore - not just in the waterways, but also in the hearts of its people! Often seen cruising through the waters of our Garden City or playfully traversing Singapore's bustling streets, Ollie is a familiar and beloved sight. An excellent swimmer, Ollie's smooth, fur-covered body sleekly glides through the water before popping up with a friendly wave for fans on land. Ollie is the embodiment of 'water alongside land' and 'nature alongside civilisation'.



DEWEY

Dewey the dugong is a gentle marine mammal native to Singapore's coastal waters. When it comes to style and grace, few can compete with Dewey in the water. Grazing the warm waters of coastal Singapore, Dewey deftly manoeuvres the strongest currents with its strength and rigour. As one of Singapore's vulnerable natural sea wonders, Dewey is rather elusive. So if you see the friendly Dewey, make sure to say hi and work together to raise environmental awareness and protect the nation's marine ecosystems!

1.6 COMPETITION SCHEDULE

(Refer to Masters Competition Schedule below, subject to change.)

Entry list for Artistic Swimming will be drawn during the Artistic Swimming Technical Meeting.

Date	28 Jul	29 Jul	30 Jul	31 Jul	1 Aug	2 Aug	3 Aug
	Mon	Tue	Wed	Thur	Fri	Sat	Sun
Our Tampines Hub							
Artistic Swimming	0900 to 1700		Warm up: 0800 Competition Start: 0900				
			Solo Technical	Duet Technical	Solo Free	Duet Free	Mixed Duet Free
			Mixed Duet Technical	Team Technical	Solo Free	Team Free	Free Combination
				Solo Technical		Solo Free	Solo Technical
						Solo Technical	

Training Day Men Women

There are two days of Women Solo Tech and Women Solo Free. We have a maximum of 10 hours of competition and want to balance the schedule if possible. Some Solo routines MAY be on the second day. We will try our best to have all routine on day of the Solo Tech and Free.



2. SPORTS INFORMATION (ARTISTIC SWIMMING)

2.1 ARTISTIC SWIMMING SUMMARY

KEY DATES

Accreditation Centre Opening: 22 July 2025

Masters Artistic Swimming Technical Meeting: 29 July 2025, 1000

Training Dates: 28 & 29 July 2025 (Assignments to be announced)

Competition Dates: 30 July to 3 August 2025

Competition Venue: Our Tampines Hub (OTH)
Address: 1 Tampines Walk, Singapore 528523

KEY STAFF

World Aquatics Masters Artistic Swimming Manager: Gabriella Viglino

Singapore 2025 Masters Artistic Swimming Competition Manager: Myra Goh

2.2 TECHNICAL MASTERS COMMITTEE (2022 – 2025)

President

Nadine DAY

Vice Chair

Ioannis MONTESANTOS

Members:

Hörður JÓNSSON ODDFRÍÐARSON

Christiane VIGLINO ÉP. GUERIN

Qi XU

Umut GÖZEN

Michelle Maree GALLEN

Ahmad Safwan B ALKUDMANI

Edith Christine

György KENÉZ

Roger Grose Ross EAGLES

Mustapha RIAHI

Ulrike Karola URBANIAK

Guy David Zingalume PHIRI

Boris DROBAC

Padhanaseth CHANGKASIRI

Florence KLEIN

2.3 MASTERS COMMITTEE REPRESENTATIVES

OW: Yiannis MONTESANTOS

AS: Florence KLEIN

SW: Hordur ODDFRIDARSON (Men)

SW: Michelle GALLEN (Women)

DV: Roger Grose Ross EAGLES

WP: Boris DROBAC

2.4 LIST OF INTERNATIONAL TECHNICAL OFFICIALS

Gabriela Viglino (ARG) - DM

Marie Pascal Billet (FRA)

Eleni Kougia (GRE)

Orkide Cecen (TUR)

Moira Veronica Norden (RSA)

Victoria Montedon (URU)

Alina Piontkoskoya (UZB)

Lina Zapata (COL)

Renata Kozena (CZE)

Shannon Korpella (USA)



2.5 TECHNICAL MEETING

Technical Meeting: 29 July 2025, 1000
Venue: TBC

At the Technical Meeting, important details of the competition will be presented. Participation is mandatory for all participants. The Technical Meeting will address the following:

- Flow of Athletes
- Warm-up /Training Procedures
- Competition Procedures

Participants are responsible to check all given personal details and spelling of their names. Changes may not be accepted after the meeting.

2.6 WORLD AQUATICS EVENTS INSIDER APP

World Aquatics will be using the World Aquatics Events Insider app to communicate with all participants throughout the World Aquatics Masters Championships – Singapore 2025. This app will be used to share information, including topics addressed during the Technical Meeting. Please make sure to download the app and follow the dedicated channel.

**For direct event information,
please download the Events
Insider app and insert this
password:**

WCHMAS25SGP

 **WORLD
AQUATICS**

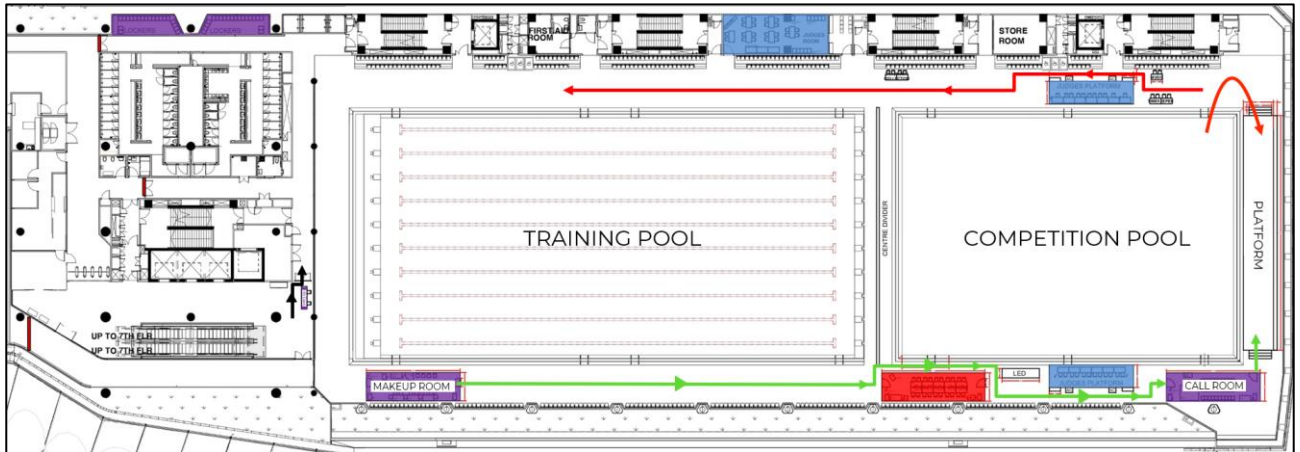
 



3. VENUES & FACILITIES (ARTISTIC SWIMMING)

3.1 VENUE OVERVIEW

OUR TAMPINES HUB – LEVEL 6 (FIELD OF PLAY)



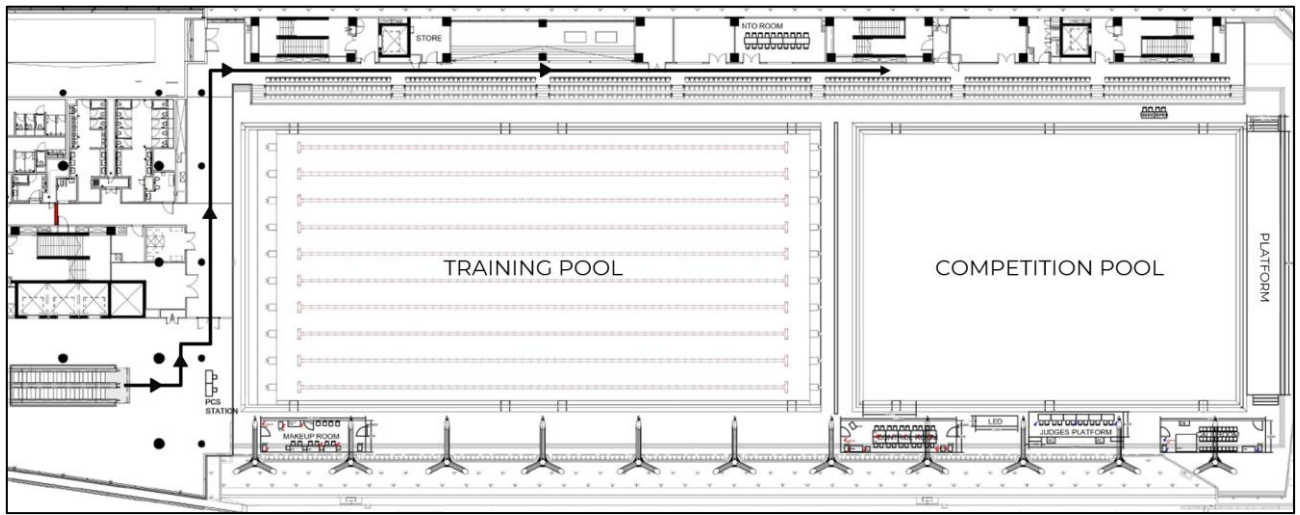
Legend

Black (→): Entrance

Green (→): Flow (make up, call room, enter pool)

Red (→): Exit pool, exit FOP

OUR TAMPINES HUB – LEVEL 7 (SPECTATOR STANDS)



3.2 ATHLETES' PREPARATION AREA

Available for athletes at the competition venue.

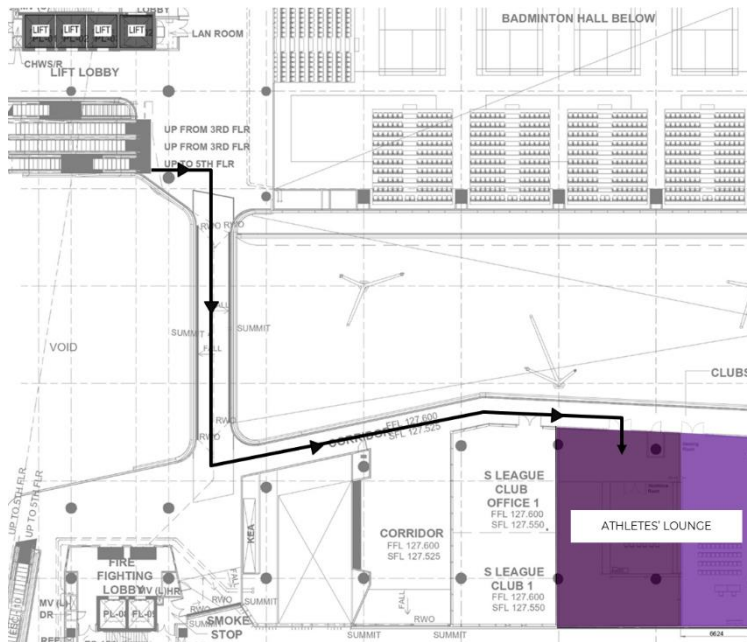
3.3 ATHLETES' CHANGING ROOMS

Changing rooms and showers are available for athletes at the competition venue. Athletes are responsible for their belongings.



3.4 ATHLETES' LOUNGE

OUR TAMPINES HUB – LEVEL 4



A lounge is located on Level 4 and is available for competing athletes on the day of their competition. The lounge is open during all training and competition sessions, except when used for other meetings.

3.5 ATHLETES AND ACCOMPANYING GUESTS' SEATING

At the competition venues, seats at a dedicated area within the spectator stands will be available. Proper signage will guide you through.

3.6 INFORMATION DESKS

Information Desks will operate on Level 6 at the entrance of the competition venue. Information Desks will provide information on the competitions staged at the specific venue where it is located and will be in operation from the first day of the training. Limited information of other disciplines will be available. The following information will be available.

- I. Sport-specific information for the competition held at the venue
- II. Limited specific information on other sport
- III. Official communication.
- IV. Liaison among teams, competition management and the World Aquatics Technical Committee
- V. Confirmation of times for training sessions
- VI. Transportation schedules
- VII. Weather forecast
- VIII. Medal Collection
- IX. Other miscellaneous enquiries

Operating hours for the Information Desks will be as follows:

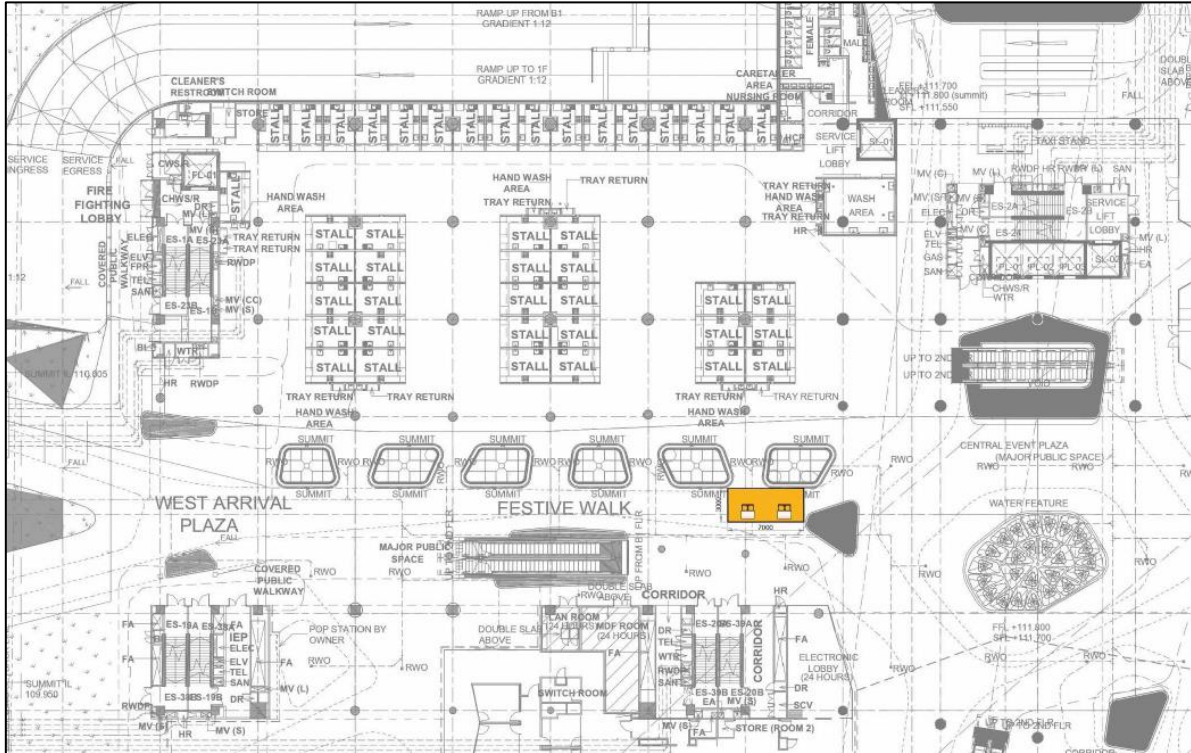
Venue Location	28 – 29 Jul	30 Jul – 3 Aug
Our Tampines Hub (OTH)	0745 – 1700	0745 until 1 hour after the last event ends, no later than 1900

All reports of lost items should be directed to the Information Desk located at the Level 6 Entrance. This is also the location to which all found items should be delivered



3.7 MERCHANDISE BOOTH

OUR TAMPINES HUB – LEVEL 1



4. FIRST AID & MEDICAL

4.1 FIRST AID

Singapore 2025 Organising Committee has organised the medical care to manage any emergency issues, acute injury and illnesses of athletes that may occur during the period of the World Aquatics Masters Championships – Singapore 2025.

LIMITS

Acute and Chronic illness as well as injury outside of official training and competition venues are not covered by the Local Organising Committee (LOC) Medical Services and World Aquatics is not responsible for any failure to diagnose or treat any chronic injury or illness.

4.2 MEDICAL SERVICES

OPERATIONAL PERIOD

Athlete medical services will be available on all days of official training and competition.

SERVICES PROVIDERS

The primary service provider is Fullerton Health – www.fullertonhealth.com

ACCESS TO MEDICAL FACILITIES

During the Masters Championships, access to the venue medical rooms will be provided exclusively to medical staff, athletes and the members of Team AQUA with appropriate accreditation access.

Separate first aid support will be available to Spectators.



MEDICAL CONCIERGE HOTLINE

A Medical Concierge hotline will be dedicated for the event to provide medical advisory or to direct to one of the designated outpatient General Practice clinics or designated hospital emergency department. In the event the athlete is unwell due to acute condition (eg. URTI) the athlete shall be directed to visit one of the clinics close to the training/ competition venue.

DESIGNATED HOSPITALS AND CLINICS

Designated hospitals are:

- i. Changi General Hospital
- ii. Sengkang General Hospital

ORGANISING COMMITTEE MEDICAL STAFF

- i. CHIEF MEDICAL OFFICER (CMO)
Dr Kelvin Tan Guoping will be responsible for overseeing the delivery of the Medical Services program across the World Aquatics Masters Championships.
wchsgcmo@fullertonhealth.com
- ii. DEPUTY CHIEF MEDICAL OFFICER (DY CMO)
Dr Teoh Chin Sim will be supporting Dr Kelvin for the delivery of the Medical Services program across the World Aquatics Masters Championships.
wchsgcmo@fullertonhealth.com
- iii. MEDICAL PROJECT MANAGER (MPM)
Mr. Filson Lee. The MPM will be key medical services conduits between participants, officials and LOC/ World Aquatics staff.
filson.lee@fullertonhealth.com
- iv. VENUE MEDICAL MANAGER
At each competition venue, there will be a Venue Medical Doctor and a Venue Medical Manager who will be the key medical services liaison between participants, officials and LOC/ World Aquatics staff at the competition venues.

HEALTH CARE PERSONNEL (HCP)

Fullerton Health is the appointed Medical Provider for this Masters Championships.

Fullerton Health will provide for the provision of medical personnel and ambulatory support at training, competition and non-sporting venues. This includes –

- Venue Doctors
- Venue Medical Managers
- Paramedics
- Ambulatory Services

TRAINING VENUE MEDICAL DESKS

During the official training periods, there will be two (2) Paramedics stationed at the medical desk/ post. In event of an emergency, injured athlete will be transferred to designated hospital after receiving first aid.

COMPETITION VENUE MEDICAL DESK/ POST

During the competition periods, there will be one (1) Venue Doctor, (1) Venue Medical Manager, two (2) Paramedics and one (1) emergency ambulance stationed at the medical desk/ post. In



event of an emergency, injured athlete will be transferred to designated hospital after receiving first aid.

EMERGENCY AND NON-EMERGENCY TRANSPORT

In the event of a Medical Emergency, please call “**995**” for Emergency Medical Service in Singapore.

For non-emergency, please call “+65 6445 7300” for Medical Transport operated by appointed Medical Service Provider.

MEDICAL EXPENSES, INSURANCE & LIABILITY

i. HEALTH INSURANCE

Medical expenses in Singapore can be quite high, so it is **mandatory for each accredited participant to have personal medical insurance** that covers both healthcare and repatriation within Singapore.

The Medical Service Provider is entitled to request compensation for healthcare services not included in onsite and hotel care, which the user shall pay in cash or by credit card at the location when the service is utilized.

LIFEGUARDS

Lifeguards are Singapore Lifesaving Society (SLSS) Certified and undergoing regular training. A minimum of two (2) lifeguards per swimming pool (competition pool or training pool) are required for the duration of the training and competition.

OTHER SERVICES

Ice will be available for medical use.

4.3 IMPORTATION OF MEDICATIONS AND MEDICAL EQUIPMENT

The import and supply of medications and medical equipment into Singapore are controlled under existing Singapore’s legislation.

Medicines and medical equipment may only be brought into Singapore through official authorized or licensed persons under the existing legislation. For the purpose of World Aquatics Masters Championships 2025, participants that require certain medicines or medical devices for their treatment shall be required to apply for an authorization letter from Health Science Authority of Singapore.

Medicine and medical equipment carried in by participants via third party freight agents shall apply for an authorization letter from Health Science Authority of Singapore. The unused medicine and medical equipment shall be re-exported after the competition. Upon approval and issuance of the authorization letter, please provide a copy to the third-party freight agent.

Participants must carry relevant prescriptions for their own medications. The purpose of these medications is for the treatment for themselves and must not be supplied/ sell to anyone. Participants remain responsible for the storage and stock of medications they bring to Singapore for the entire duration of their stay. Medications must be kept in their original packaging until used and must be clearly labelled.

You may need to apply for an approval to bring in medications for yourself or family members' use. You are not allowed to buy, import or carry personal medications for another person except for family members that the products were initially intended for. Those caught doing so can be prosecuted under Singapore law.

Please find more information on the Health Sciences Authority (HSA) of Singapore: <https://www.hsa.gov.sg/personal-medication>

MEDICATIONS

You may bring in common medications such as those for treatment of diabetes, high cholesterol, high blood pressure and contraception, if the quantity is not more than 3 months' supply. You are required to have the necessary supporting documents such as a letter from the doctor, or a copy of the medical prescription, as proof that the medicine is for your personal use.

- ▶ Please note that medication to treat ADHD (Attention Deficit Hyperactivity Disorder) requires approval.

You will need to submit an application for approval if you need to bring in more than 3 months' supply of any medications, or if you bring in the following medications –

Medications	Situations that require approval
Codeine or dextromethorphan	<p><u>For tablets or capsules:</u></p> <ul style="list-style-type: none"> • More than 20 tablets or capsules. • Codeine or dextromethorphan content in each tablet or capsule is more than 30mg. <p><u>For oral liquid preparation:</u></p> <ul style="list-style-type: none"> • More than 240ml of the oral liquid preparation. • Codeine or dextromethorphan content in each 5ml of the preparation is more than 15mg.
Controlled drugs	<p>Medications that contain controlled drugs require an approval from us. Examples of controlled drugs include, but are not limited to:</p> <ul style="list-style-type: none"> • Morphine • Fentanyl • Oxycodone • Buprenorphine
Ephedrine/ Pseudoephedrine	<p>Medications that contain total ephedrine or pseudoephedrine content of more than 21.6g.</p>
Psychotropic substances	<p>Medications that contain psychotropic substances require an approval from us. Examples of psychotropic substances include, but are not limited to:</p> <ul style="list-style-type: none"> • Diazepam • Midazolam • Zolpidem

To check the active ingredients in your medications to find out whether you need to apply for approval, you can refer to <https://www.hsa.gov.sg/personal-medication/check-requirements>

If any of your medications contains ingredients classified as controlled substances in Singapore, you would need to apply for approval from Health Science Authority of Singapore to bring this medication to Singapore.

To submit your application, please refer to [Application for Approval to Bring in Personal Medications for Travellers | FormSG](#)



You are not allowed to bring in personal medications that contain prohibited substances. Prohibited substances such as chewing gums, cannabis and product containing cannabis extracts are not allowed to be brought into Singapore.

For more details, please refer to <https://www.hsa.gov.sg/personal-medication/overview>

For list of drugs and inhalants controlled under the Misuse of Drugs Act and Intoxicating Substances Act, please refer to [Central Narcotics Bureau of Singapore | Drugs and Inhalants](#)

CHEWING GUMS

All chewing gums, including those for medical or dental purposes, purchased overseas are not allowed to be brought into Singapore even if they have been prescribed by your doctor or dentist, or are identical to brands or strength available in Singapore. If you require nicotine chewing gums, you may buy it from pharmacies in Singapore.

MEDICAL DEVICES

Please refer to the HSA [guide](#) for information on bringing personal medical devices into Singapore.

PROHIBITED SUBSTANCES AND ILLEGAL HEALTH PRODUCTS

You are not allowed to bring in personal medications that contain prohibited substances. Please check [Illegal Health Products Database](#) to search identified prohibited products to bring into Singapore.

YELLOW FEVER REQUIREMENTS

All Travellers, including Singapore residents, with recent travel to countries with risk of yellow fever transmission (regardless of area, city or region) in the past six days prior to arrival in Singapore must produce a valid yellow fever vaccination certificate to the ICA officer upon arrival in Singapore.

This requirement also applies to travellers who spent more than 12 hours in airport transit in these countries with risk of yellow fever transmission. For more information on yellow fever requirement, refer to Yellow Fever Vaccination Certificate.

More information on: [ICA | Yellow Fever Vaccination Certificate](#)

5. COMPETITION & TRAINING INFORMATION

5.1 AGE GROUPS, REGISTRATIONS & QUALIFYING STANDARDS

MINIMUM AGE LIMIT

25 years

AGE DETERMINING DATE

The actual age of the competitor as of **December 31st, 2025**.

AGE GROUPS

- **Solo** (MEN AND WOMEN): 25-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 and over
- **Duet**: 25-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 and over with the age group determined by the average age of the competitors.
- **Mixed Duet**: 25-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 and over with the age group determined by the average age of the competitors.
- **Team**: 25-34, 35-49, 50-64, 65 and over with the age group determined by the average age of the competitors.
- **Free Combination**: 25-39, 40-64, 65 and over with the age group determined by the average age of the competitors.



ENTRY RESTRICTIONS

- All duet, team and free combination competitors must represent the same club.
- Each club may submit up to a maximum of five (5) routine entries per age group and per event.
- Each club may enter one free combination in each age group. A competitor may take part in only one Solo, Duet, Team and one Free Combination.

TEAM MEMBERS

- Each team shall consist of a minimum of four (4) and a maximum of eight (8) members. A half-point penalty will be deducted from the total team score for each member less than the eight (8).
- Free combination shall consist of a minimum of four (4) members and a maximum of ten (10) members.
- Up to two (2) male competitors may take part in Team events and Free Combination.

TECHNICAL ROUTINE

The Technical Routines shall be performed for Solo, Duet, Mixed Duet and Team with the required elements selected by World Aquatics Masters Committee every four (4) year, subject to approval by the World Aquatics Bureau. Technical Routines have to include all required elements. Music selection is optional and may be the same as the music used in the Free Routine.

FREE ROUTINE

The Free Routine shall consist of Solo, Duet, Mixed Duet Team, and Free Combination. There are no restrictions regarding selection of music or choreography.

5.2 PRE-COMPETITION PROCEDURES

ROUTINE SONGS SUBMISSION

- Competitors are responsible for their own music.
- Digital music will be used at this competition.
- Competitors/ Team managers or Coaches are to submit their music electronically to the Organising Committee no later than 7 July 2025, 1200 (SGT Time). The link to upload routine songs will be provided at the soonest.
- Routine should be saved in **MP3 format**
- Routine to be named as follows: **Age Group_Event_Club_LastName_Initials-LastName_Initials.mp3**
 - Age Group: 25-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80&A
 - Gender: M, F (For Solo only)
 - Event: ST, SF, DT, DF, MDF, MDT, TT, TF, Combi
 - For solo, please use last name and initial
Eg Ng Vivien – Eg: 30-39_WST_Mermaids_Ng_V
 - For duets/ mixed duets, please use both last name and initial (without reserve)
E.g Ng Vivien, Kok Tracy - E.g: 25-29_DT_SGP_Ng_V-Kok_T
 - For teams, please use the first swimmer's last name and initials (first last name in alphabetical order) – Chan Jessica
E.g: 60-69_TF_SGP_Chan_J
- It is recommended to include in 2-3 second lead from 'play' until music starts.
- Please save your routines in a thumb drive and bring along as back-up

ELEMENTS CARD

Competitors are responsible for submitting their routines with the elements (same elements) in order of performance at the same time they submit their music electronically to the Organising Committee no later than 15 days prior to start practice sessions. No changes to the Elements Card can be made after submission.



Element Card Form: 15 days prior to the start of practice session
 The link to submit Element Card will be provided by Microplus.

5.3. ORDER OF APPEARANCE

- i. For the World Aquatics Masters Championships, a computer random draw will be conducted for ALL Routines at least 24 hours before the Technical Meeting.
- ii. The order of the draw shall be Team, Free Combination, Duet and Solo (Separate events).
- iii. If the number of competitors is not divisible by 6, the smallest group shall start first.
- iv. If there are fewer than 12 entries in an age group event, the draw will be in two equal groups, the smallest group start first.

5.4 WARM-UP & TRAINING PROCEDURES

Pre Competition: 28 & 29 July 2025 will be from 0900 to 1700

On Training days on 28 & 29 July, both the Training Pool and Competition Pool at Our Tampines Hub are available for training. In the Competition Pool music practice would be scheduled for all clubs. In the Training Pool, it would be open training.

On Competition days, the practice time before the competition is only for those who are competing that day. There will be no practice with music. Time permitting no later than 1900, there will be 1 hour of practice time after the completion of the last event for warm up in the competition pool.

5.5 COMPETITION PROCEDURES

TIME LIMITS

Time limits for Technical Routines and Free Routines including ten (10) seconds for the deck movement.

Technical Routines Solo	2 minutes 00 seconds
Free Routines Solo	2 minutes 15 seconds
Technical Routines Duet	2 minutes 20 seconds
Free Routines Duet	2 minutes 45 seconds
Technical Routines Mixed Duet	2 minutes 20 seconds
Free Routines Mixed Duet	2 minutes 45 seconds
Technical Routines Teams	2 minutes 50 seconds
Free Routines Teams	3 minutes 30 seconds
Free Combination	4 minutes

There shall be an allowance of fifteen (15) seconds plus the allotted time for Technical Routines, Free Routines and Combination

ACCREDITATION CARDS ARE MANDATORY FOR ALL TRAINING SESSIONS AND ALL COMPETITIONS – NO EXCEPTIONS WILL BE MADE



5.6 PROTEST & COST

PROTESTS ARE POSSIBLE

- i. if the rules and regulations for the conduct of the competition are not observed;
- ii. if other conditions endanger the competitions and/or competitors; or
- iii. against decisions of the referee; however, no protest shall be allowed against decisions of fact.

PROTEST MUST BE SUBMITTED

- i. to the referee,
- ii. in writing on World Aquatics Forms,
- iii. by the participant,
- iv. together with a deposit of 100 US Dollars or its equivalent, and
- v. within 30 minutes following the conclusion of the respective event or match.

If conditions causing a potential protest are noted prior to the event a protest must be lodged before the signal to start is given.

All protests shall be considered by the referee. If the referee rejects the protest, referee must state the reasons for her/his decision to the participant.

As a last recourse, at the World Aquatics Masters Championships, the participant can then submit his protest to the World Aquatics Masters Committee. The World Aquatics Masters Committee shall consider the protest and give the final decision.

If the protest is rejected, the deposit will be forfeited to the management body of the competition. If the protest is upheld, the deposit will be returned.

APPEAL PROCEDURE

An appeal must be submitted on the official World Aquatics appeal form (“Appeal Form”), which can be found on the World Aquatics website and in venue.

The Appeal Form must be submitted in accordance with the following timelines:
Artistic Swimming: within thirty (30) minutes of the session’s completion.

The appeal must be submitted to the designated World Aquatics representative (“World Aquatics Representative”), who shall be identified at the beginning of the applicable competition. The appeal shall only be considered complete if it is accompanied by a deposit of five hundred (500) United States dollars (or an equivalent amount in the applicable local currency).

The World Aquatics Representative will present the appeal to the Chair of the Jury of Appeal, who will review the appeal and determine its validity. The Chair shall determine the validity as soon as reasonably possible following the appeal’s submission.

If the Chair deems the appeal to be invalid, pursuant to the criteria in section 14, the deposit shall be forfeited. If the appeal is deemed to be valid, the Chair shall initiate a review by the Jury of Appeal which shall render a final decision on the appeal as soon as reasonably practical. The Chair’s decision regarding validity is final.

If the Jury rules in favour of the appealing party, the deposit shall be returned to the appealing party, and the ensuing course of action shall be decided on a case-by-case basis.

If the Jury rules against the appealing party, the deposit shall be forfeited.



MATTERS THAT CAN BE APPEALED

The following can be appealed in Artistic Swimming:

- A referee's perceived failure to observe the appropriate rules and regulations of the competition.
- Any decision affected by unforeseen or dangerous conditions that are likely to have impacted the competitor (including, but not limited to, weather conditions, sudden and drastic noise increases and blinding camera flashes).

5.7 POST-COMPETITION PROCEDURES

FINAL RESULTS:

- For Solo, Duet, Mixed Duet and Team, the result is separate scores for the technical and free routines. Each event is scored and awarded.
- For Free Combination, the result will be the score of the free routine.

5.8 SAFETY MARSHALLS FOR ALL SPORTS

The safety Marshal is a trained position designated by the OC.

Safety Marshals shall:

- i. Be visible by safety vest
- ii. Be situated at each end of the competition pool,
- iii. Actively monitor all scheduled warm pools and training
- iv. Ensure competitors comply with warm-up safety procedures and report violations to the referee.

A minimum of 2 safety marshals are required for each end of every warm-up pool used during the competition.

5.9 VIOLATIONS

Participants witnessed by a safety marshal diving or dangerously entering that water may be removed, by the referee, without warning from their first individual event following the warm-up period in which the violation occurred. They may also receive a verbal warning from the Safety Marshal. Participants receiving verbal warnings will have their names registered with the Event Management and World Aquatics and should subsequent violations occur the participant may be removed by the referee without warning from their first individual event.

In the case of a second offense during the same competition, the participant may be removed from the remainder of the competition by Event Management and/or World Aquatics.

5.10 UNSPORTSMANLIKE BEHAVIOUR

Any participant found engaging in unsportsmanlike conduct, including but not limited to deliberate interference with another participant, verbal abuse towards officials, competitors, staff or volunteers, intentional obstruction, or any behavior deemed detrimental to the spirit of fair play, will face immediate disqualification from the event and potential disciplinary action by World Aquatics.

5.11 RETURN TO COMPETITION AFTER INJURY

Based on the recommendation of the LOC Medical Team/local medical authorities, World Aquatics, as per Constitution Rule IV.17.1, may remove a participant from an Aquatics competition and/or take any other appropriate measure if such participation poses a risk for the health and safety of such participant.



6. TRANSPORTATION

6.1 PUBLIC TRANSPORT – MRT & BUSES

Singapore's Mass Rapid Transit (MRT) and bus networks are extensive, reliable, and user-friendly.

For more details on Public Transport usage visit <https://go.gov.sg/bfbhat>



6.2 TAXI AND PRIVATE HIRE

TAXI

Taxis are available for hire at the designated taxi stands or along the roads (If you are outside the Central Business District (CBD), you may hail a taxi along the road or at a designated taxi stand or taxi stop).

PRIVATE HIRE

Passengers can also book private hire cars from Grab, Gojek, Zig, Ryde or TADA (available on Apple App Store & Google Play Store).



Grab
([iOS](#) | [Android](#))



Gojek
([iOS](#) | [Android](#))



Zig
([iOS](#) | [Android](#))



Ryde
([iOS](#) | [Android](#))



TADA
([iOS](#) | [Android](#))

6.3 ALTERNATIVE TRANSPORT OPTIONS

Cycling – shared bicycles from providers like SG Bike and Anywheel are available for short distances (available on Apple App Store & Google Play Store).

6.4 ESSENTIAL APPS FOR NAVIGATION

Google Maps & Apple Maps – fully functional in Singapore in providing directions for walking, public transport and driving (taxi & private hire).

Supplementary Apps such as **MyTransport app** ([iOS](#) | [Android](#)) & **Explore Singapore** ([iOS](#) | [Android](#)) could also aid in way finding to the competition venue.

7. CEREMONIES

7.1 OPENING SPEECHES

Short opening speeches will take place on the first and last day of competition.

7.2 RESULTS

All results will be posted on the World Aquatics Masters Championships website after each event.



7.3 MEDALS

Individual events: Medals will be awarded to 1st to 3rd places (gold, silver and bronze) in each age group.

Mixed, Duet & Team events: Medals will be awarded to 1st to 3rd places (gold, silver and bronze) in each age group (each member of the team will receive a medal).

E- diplomas will be awarded to the top 10, and will be sent to the competitor’s registered email address. All participants will get an E-participation certificate sent to the competitor’s registered email address

7.4 MEDAL COLLECTION

Once official results are released, athletes are responsible for collecting medals during the medal ceremony. No medals will be mailed to the participant.

7.5 MEDAL CEREMONIES

A simple medal presentation will be conducted at the venue. The collection times, specific medal presentation area will be determined at a later date when details are confirmed. A medal ceremony may be delayed if there is an appeal regarding the results of an event.

Athletes are reminded to be appropriately dressed and in appropriate footwear fitting for a medal ceremony. Items such as flags, caps, mobile phones or any other symbols will not be permitted on stage during the medal presentation ceremony. Athletes are encouraged to familiarise themselves with these procedures to ensure a smooth and celebratory medal presentation experience.

8. ACCREDITATION

8.1 ACCREDITATION CARDS

All participants at Singapore 2025 must complete the accreditation process in order to obtain the accreditation cards. An accreditation card contains all the information necessary to identify its owner, his/ her role at the event, and his/ her access rights to the training and competition venues at World Aquatics Masters Championships – Singapore 2025. The card is personal and non-transferable. It must be presented at all times while in a zone requiring an accreditation card and is valid only in zones specified on the card. All Participants are required to have their accreditation card with them for both Training and Competition.

The following access privileges will be given to the persons depending on their function:

Zone – Code	Zone Description	Zone Access
BLUE	Field of Play	Blue, Red, White
RED	Operational areas	Red, White
WHITE	General Circulation areas	White
2	Athlete Preparation areas	2
4	Media areas	4
7	VIP areas	7

ACCREDITATION CARDS ARE MANDATORY FOR ALL TRAINING SESSIONS AND ALL COMPETITIONS – NO EXCEPTIONS WILL BE MADE

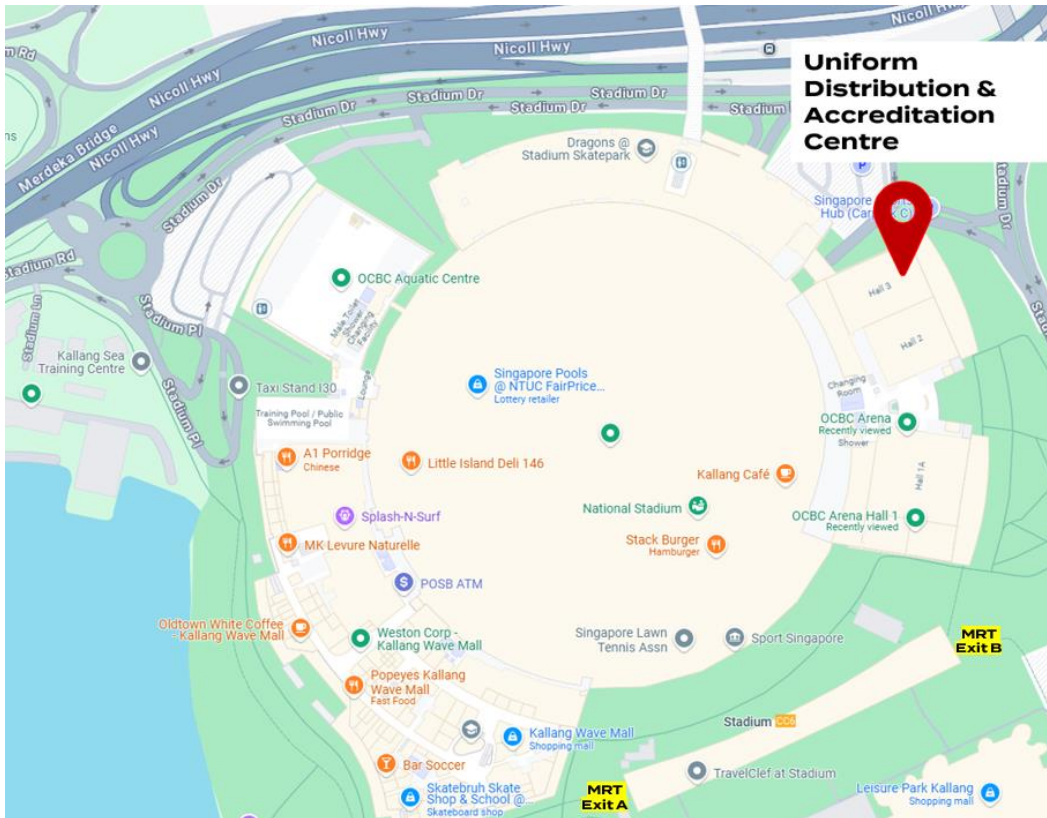


8.2 ACCREDITATION CENTRE

Opening on 22 July 2025, the Uniform Distribution & Accreditation Centre will be located at **OCBC Arena Hall 3**. Masters participants will be required to make their way to Accreditation Centre to receive their World Aquatics Masters Championships – Singapore 2025 accreditation cards. Original identity documents (original passports used as identification in the GMS) of their team members must be presented.

Accreditation Centre Opening hours: 07:00 – 20:00

Entrance to Accreditation Centre will be via Arena Park, Exit B from Stadium Station, Circle Line (CCL).



Stadium MRT Exit B



Head towards Arena Park



Continue to head straight – passing OCBC Arena Main Entrance



UDAC Entrance



OCBC Hall 3



Continue to head straight – after OCBC Arena Main Entrance



8.3 LOST OR DAMAGED ACCREDITATION CARD REPLACEMENT

If your accreditation badge is lost, it must be reported immediately to the nearest security personnel from the Organising Committee, Sports Information Desk or Accreditation Centre. A penalty fee of USD 60 may be charged for the reproduction of lost accreditation badges.

9. TICKETS FOR WORLD AQUATICS CHAMPIONSHIP 2025

EXPERIENCE IT LIVE

Secure your tickets for the World Aquatics Championships Singapore 2025 (11 Jul to 3 Aug) and experience world-class competition live. Immerse yourself in the action and witness history in the making! Get your tickets at <https://sistic.com.sg/events/aqua0725>