



# WORLD AQUATICS MASTERS CHAMPIONSHIPS - SINGAPORE 2025

## SPORTS MANUAL WATER POLO

GLOBAL PARTNERS



GLOBAL SUPPLIERS





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## **WATER POLO**

### **1. INTRODUCTION**

#### **1.1 WORLD AQUATICS**

World Aquatics, formerly known as the Fédération Internationale de Natation (FINA), is the sole and exclusive world governing body for all Aquatics. Since June 2021, under the presidency of Captain Husain Al Musallam, World Aquatics comprises 209 National Member Federations in the five continents. World Aquatics oversees six aquatics sports: Swimming, Water Polo, Diving, Artistic Swimming, Open Water Swimming, and High Diving.

#### **1.2 WORLD AQUATICS BUREAU**

**President**

Husain AL MUSALLAM

**First Vice President**

Sam RAMSAMY

**Second Vice President**

Matthew DUNN

**Vice President**

Juan Carlos ORIHUELA

**Vice President**

António SILVA

**Vice President**

Jihong ZHOU

**Treasurer**

Dale NEUBURGER

**Appointed Executive Member**

Erik VAN HEIJNINGEN

**Members:**

Khaleel AL JABIR

Otylia JĘDRZEJCZAK

Taha Sulaiman AL KISHRY

Romani KATOA

Alia ATKINSON

Sarah KEANE

Pernille BLUME

Somsak LEESWADTRAKUL

Algernon CARGILL

Virendra NANAVATI

Fernando CARPENA

Luiz Fernando OLIVEIRA

Monica Amon CHANG'ANAMUNO

Judy OTTO

Mark CHAY

Joo Hee PARK

Errol CLARKE

Donald RUKARE (DR)

Maureen CROES

Daichi SUZUKI

Mohamed DIOP

Veronica STANHAM

Zouheir EL MOUFTI

Mae Chen TANG

Ana FORTIN

Doreen TIBORCZ

Kyriakos GIANNPOULOS

Vanja UDOVIČIĆ

Cheryl GIBSON

Erik VAN HEIJNINGEN

Farida A. IDDRISS

Josip VARVODIC

Yasser Mohamed Ibrahim IDRIS

Sándor WLADÁR

Khaleel AL JABIR

Otylia JĘDRZEJCZAK

**Executive Director**

Brent John NOWICKI



### 1.3 ORGANISING COMMITTEE

<b>Co-Chairperson</b>	Mr Alan Goh, CEO of Sport Singapore
<b>Co-Chairperson</b>	Mr Mark Chay, Secretary General of Singapore National Olympic Committee
<b>Member</b>	Mr Toh Boon Yi, Deputy CEO of Sport Singapore
<b>Member</b>	Prof Kenneth Goh, President of Singapore Aquatics
<b>Member</b>	Mr Roy Teo, Chief Industry Development of Sport Singapore
<b>Project Director</b>	Mr Ng Eng Soon

### 1.4 OPENING & HANDOVER CEREMONY

We welcome all Masters participants to the official Opening Ceremony of the World Aquatics Masters Championships – Singapore 2025 on 26 July 2025 at the Aqua Fiesta, Sentosa. This will be a truly unforgettable moment where we celebrate the power to achieve dreams, celebrate unity and share our passion for aquatic sports. Join us in opening the World Aquatics Masters Championships together!

The Masters concludes with a Handover Ceremony at the World Aquatics Championships Arena on 22 August 2025. This marks the poignant end to the Masters Championships where we celebrate personal achievements, winning moments and bid farewell as a cohesive Masters community. It is a moment of reflection and unity as the Singapore 2025 Organising Committee passes on the flag to the next organiser, symbolising the continuity of the World Aquatics Masters tradition. We invite all Masters participants to the Handover Ceremony.

### 1.5 EVENT LOGO, SLOGAN AND MASCOTS

#### EVENT LOGO



The World Aquatics Masters Championships - Singapore 2025, is a mass participation event featuring the five aquatic sports of swimming, water polo, diving, artistic swimming and open water swimming. The premier aquatic masters event is open to international and local participants aged 25 and above, and is expected to attract more than 6,000 competitors from approximately 100 countries to Singapore.

#### SLOGAN



The event's theme, 'Water Shapes Us', encapsulates Singapore's relationship with water and its significance in Singapore's development and identity as a nation. Water shapes Singapore's geography and is crucial in the nation's economic growth. The tagline also demonstrates how the championships in Singapore will nurture and celebrate opportunities for collective achievement and camaraderie.



## MASCOTS

WCH2025's mascots have ties to Singapore and represent the country's duality between land and water.



### OLLIE

Cheeky and cheerful, Ollie the urban otter has found a special home in Singapore - not just in the waterways, but also in the hearts of its people! Often seen cruising through the waters of our Garden City or playfully traversing Singapore's bustling streets, Ollie is a familiar and beloved sight. An excellent swimmer, Ollie's smooth, fur-covered body sleekly glides through the water before popping up with a friendly wave for fans on land. Ollie is the embodiment of 'water alongside land' and 'nature alongside civilisation'.



### DEWEY

Dewey the dugong is a gentle marine mammal native to Singapore's coastal waters. When it comes to style and grace, few can compete with Dewey in the water. Grazing the warm waters of coastal Singapore, Dewey deftly manoeuvres the strongest currents with its strength and rigour. As one of Singapore's vulnerable natural sea wonders, Dewey is rather elusive. So if you see the friendly Dewey, make sure to say hi and work together to raise environmental awareness and protect the nation's marine ecosystems!

## 1.6 COMPETITION SCHEDULE (refer to Masters Competition Schedule below)

Game schedule will be published one week before the start of the competition.

Date	14 Aug	15 Aug	16 Aug	17 Aug	18 Aug	19 Aug	20 Aug	21 Aug	22 Aug
	Thur	Fri	Sat	Sun	Mon	Tue	Wed	Thur	Fri
World Aquatics Championships Arena									
Water Polo			Warm up: 0800						
			Competition Start: 0900						
			WPM1	WPM2	WPM3	WPM4	WPM5	WPM6	WPM7
			WPW1	WPW2	WPW3	WPW4	WPW5	WPW6	WPW7

Training Day

Men

Women

Commented [JY1]: Training schedule and warm up procedures will be published one week before competition.

Men

## Women

[illegible]



## 2. SPORTS INFORMATION (WATER POLO)

### 2.1 WATER POLO SUMMARY

#### KEY DATES

Accreditation Centre Opening: 22 July 2025

Masters Water Polo Technical Meeting: 15 August 2025, 1000

Training Dates: 14 & 15 August 2025 (Assignments to be announced)

Competition Dates: 16 to 22 August 2025

Competition Venue: World Aquatics Championships Arena (WCA)  
Address: 7A Stadium Walk, Singapore 397693

#### KEY STAFF

World Aquatics Masters Water Polo Manager: Daniel Flahive

Singapore 2025 Masters Water Polo Competition Manager: Jon Jayo

### 2.2 TECHNICAL MASTERS COMMITTEE (2022 – 2025)

<b>President</b>	Nadine DAY
<b>Vice Chair</b>	Ioannis MONTESANTOS
<b>Members:</b>	
Hörður JÓNSSON ODDFRÍÐARSON	Christiane VIGLINO ÉP. GUERIN
Qi XU	Umut GÖZEN
Michelle Maree GALLEN	Ahmad Safwan B ALKUDMANI
Edith Christine	György KENÉZ
Roger Grose Ross EAGLES	Mustapha RIAHI
Ulrike Karola URBANIAK	Guy David Zingalume PHIRI
Boris DROBAC	Padhanaseth CHANGKASIRI
Florence KLEIN	

### 2.3 MASTERS COMMITTEE REPRESENTATIVES

<b>OW:</b>	Yiannis MONTESANTOS
<b>AS:</b>	Florence KLEIN
<b>SW:</b>	Hordur ODDFRIDARSON (Men)
<b>SW:</b>	Michelle GALLEN (Women)
<b>DV:</b>	Roger Grose Ross EAGLES
<b>WP:</b>	Boris DROBAC

### 2.4 LIST OF INTERNATIONAL TECHNICAL OFFICIALS

Daniel Flahive (AUS) - DM	Lee Anne Stewart (RSA)
Marko Ivanoic (SRB)	German Moller (ARG)
Shoichi Shiosaki (JPN)	Michael Baty (RSA)
Elizabeth Burman (AUS)	Alex Stankovick (USA)
Fiona Haigh (AUS)	





## 2.5 TECHNICAL MEETING

Technical Meeting: 15 August 2025, 1000

At the Technical Meeting, important details of the competition will be presented. Participation is mandatory for all participants. The Technical Meeting will address the following:

- Flow of Athletes
- Information Desk
- Warm-up /Training Procedures
- Competition Procedures

Participants are responsible to check all given personal details and spelling of their names. Changes may not be accepted after the meeting.

## 2.6 WORLD AQUATICS EVENTS INSIDER APP

World Aquatics will be using the World Aquatics Events Insider app to communicate with all participants throughout the World Aquatics Masters Championships – Singapore 2025. This app will be used to share information, including topics addressed during the Technical Meeting. Please make sure to download the app and follow the dedicated channel.

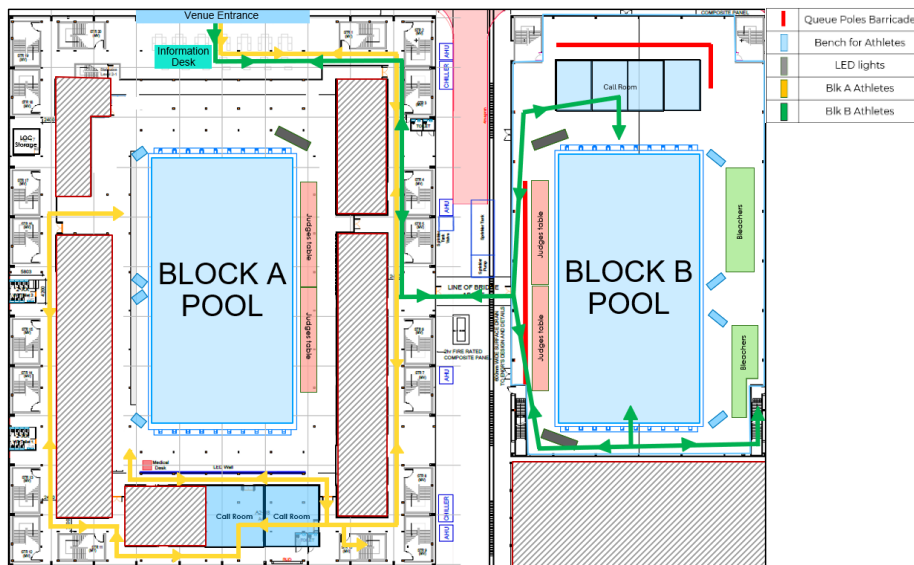




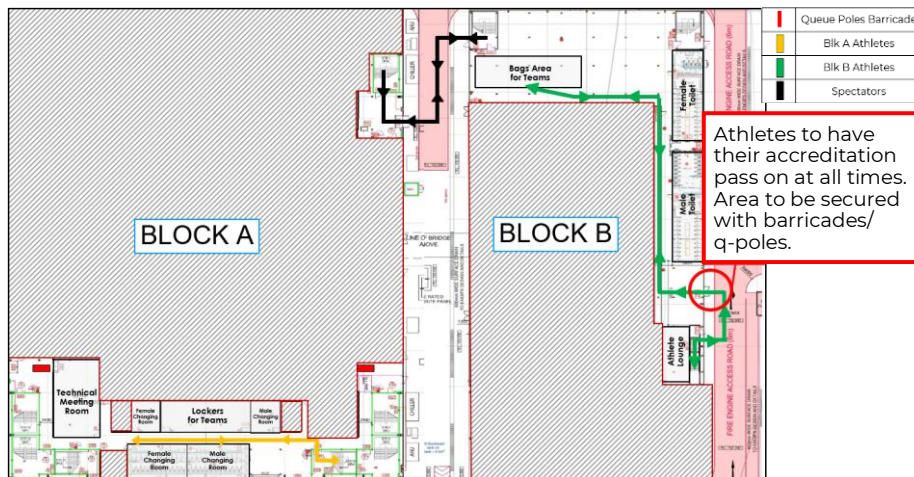
### 3. VENUES & FACILITIES (WATER POLO)

#### 3.1 VENUE OVERVIEW

##### WORLD AQUATICS CHAMPIONSHIPS ARENA – LEVEL 2



##### WORLD AQUATICS CHAMPIONSHIPS ARENA – LEVEL 1



**ACCREDITATION CARDS ARE MANDATORY FOR ALL TRAINING SESSIONS AND ALL COMPETITIONS – NO EXCEPTIONS WILL BE MADE**



### 3.2 ATHLETES' PREPARATION AREA

Available for athletes at the competition venue.

### 3.3 ATHLETES' CHANGING ROOMS

Changing rooms and showers are available for athletes at the competition venue. Athletes need to always carry their belongings.

### 3.4 ATHLETES' LOUNGE

A lounge is located at Blk B Level 1 near the changing room and is available for athletes. The lounge is open during all training and competition sessions. All venue areas are provided with free to access WIFI.

### 3.5 ATHLETES' AND ACCOMPANYING GUESTS' SEATING

At the competition venues, seats at a dedicated area within the spectator stands will be available. Proper signage will guide you through.

### 3.6 INFORMATION DESKS

Information Desks will operate at the Level 2 main entrance of the competition venue throughout the Masters Championships. Information Desks will provide information on the competitions staged at the specific venue where it is located and will be in operation from the first day of the training. Limited information of other disciplines will be available. The following information will be available.

- i. Sport-specific information for the competition held at the venue
- ii. Limited specific information on other sport
- iii. Official communication
- iv. Liaison among teams, competition management and the World Aquatics Technical Committee
- v. Confirmation of times for training sessions
- vi. Weather forecast
- vii. Other miscellaneous enquiries

Operating hours for the Information Desks will be as follows:

Venue Location	14 – 15 Aug	16 – 22 Aug
World Aquatics Championships Arena (WCA)	During Training Hours	0800 until 1 hour after the last event ends, no later than 1900

All reports of lost items should be directed to the Information Desk located at the Main Entrance. This is also the location to which all found items should be delivered.

### 3.7 MERCHANDISE BOOTH

For WCA, the nearest merchandise booth would be at the Fanzone (OCBC Square).



## 4. FIRST AID & MEDICAL

### 4.1 FIRST AID

Singapore 2025 Organising Committee has organised the medical care to manage any emergency issues, acute injury and illnesses of athletes that may occur during the period of the World Aquatics Masters Championships – Singapore 2025.

#### LIMITS

Acute and Chronic illness as well as injury outside of official training and competition venues are not covered by the Local Organising Committee (LOC) Medical Services and World Aquatics is not responsible for any failure to diagnose or treat any chronic injury or illness.

### 4.2 MEDICAL SERVICES

#### OPERATIONAL PERIOD

Athlete medical services will be available on all days of official training and competition.

#### SERVICES PROVIDERS

The primary service provider is Fullerton Health – [www.fullertonhealth.com](http://www.fullertonhealth.com)

#### ACCESS TO MEDICAL FACILITIES

During the Masters Championships, access to the venue medical rooms will be provided exclusively to medical staff, athletes and the members of Team AQUA with appropriate accreditation access.

Separate first aid support will be available to Spectators.

#### MEDICAL CONCIERGE HOTLINE

A Medical Concierge hotline will be dedicated for the event to provide medical advisory or to direct to one of the designated outpatient General Practice clinics or designated hospital emergency department. In the event the athlete is unwell due to acute condition (eg. URTI) the athlete shall be directed to visit one of the clinics close to the training/ competition venue.

#### DESIGNATED HOSPITALS AND CLINICS

Designated hospitals are:

- i. Tan Tock Seng Hospital
- ii. Singapore General Hospital

#### ORGANISING COMMITTEE MEDICAL STAFF

##### i. CHIEF MEDICAL OFFICER (CMO)

Dr Kelvin Tan Guoping will be responsible for overseeing the delivery of the Medical Services program across the World Aquatics Masters Championships.  
[wchsgcmo@fullertonhealth.com](mailto:wchsgcmo@fullertonhealth.com)

##### ii. DEPUTY CHIEF MEDICAL OFFICER (DY CMO)

Dr Teoh Chin Sim will be supporting Dr Kelvin for the delivery of the Medical Services program across the World Aquatics Masters Championships.  
[wchsgcmo@fullertonhealth.com](mailto:wchsgcmo@fullertonhealth.com)

##### iii. MEDICAL PROJECT MANAGER (MPM)

Mr. Filson Lee. The MPM will be key medical services conduits between participants, officials and LOC/ World Aquatics staff.  
[filson.lee@fullertonhealth.com](mailto:filson.lee@fullertonhealth.com)



iv. VENUE MEDICAL MANAGER

At each competition venue, there will be a Venue Medical Doctor and a Venue Medical Manager who will be the key medical services liaison between participants, officials and LOC/ World Aquatics staff at the competition venues.

HEALTH CARE PERSONNEL (HCP)

Fullerton Health is the appointed Medical Provider for this Championships.

Fullerton Health will provide for the provision of medical personnel and ambulatory support at training, competition and non-sporting venues. This includes –

- Venue Doctors
- Venue Medical Managers
- Paramedics
- Ambulatory Services

TRAINING VENUE MEDICAL DESKS

During the official training periods, there will be two (2) Paramedics stationed at the medical desk/ post. In event of an emergency, injured athlete will be transferred to designated hospital after receiving first aid.

COMPETITION VENUE MEDICAL DESK/ POST

During the competition periods, there will be one (1) Venue Doctor, (1) Venue Medical Manager, two (2) Paramedics and one (1) emergency ambulance stationed at the medical desk/ post. In event of an emergency, injured athlete will be transferred to designated hospital after receiving first aid.

EMERGENCY AND NON-EMERGENCY TRANSPORT

In the event of a Medical Emergency, please call “**995**” for Emergency Medical Service in Singapore.

For non-emergency, please call “+65 6445 7300” for Medical Transport operated by appointed Medical Service Provider.

MEDICAL EXPENSES, INSURANCE & LIABILITY

i. HEALTH INSURANCE

Medical expenses in Singapore can be quite high, so it is **mandatory for each accredited participant to have personal medical insurance** that covers both healthcare and repatriation within Singapore.

The Medical Service Provider is entitled to request compensation for healthcare services not included in onsite and hotel care, which the user shall pay in cash or by credit card at the location when the service is utilized.

LIFEGUARDS

Lifeguards are Singapore Lifesaving Society (SLSS) Certified and undergoing regular training. A minimum of two (2) lifeguards per swimming pool (competition pool or training pool) are required for the duration of the training and competition.

OTHER SERVICES

Ice will be available for medical use.



#### 4.3 IMPORTATION OF MEDICATIONS AND MEDICAL EQUIPMENT

The import and supply of medications and medical equipment into Singapore are controlled under existing Singapore's legislation.

Medicines and medical equipment may only be brought into Singapore through official authorized or licensed persons under the existing legislation. For the purpose of World Aquatics Masters Championships 2025, participants that require certain medicines or medical devices for their treatment shall be required to apply for an authorization letter from Health Science Authority of Singapore.

Medicine and medical equipment carried in by participants via third party freight agents shall apply for an authorization letter from Health Science Authority of Singapore. The unused medicine and medical equipment shall be re-exported after the competition. Upon approval and issuance of the authorization letter, please provide a copy to the third-party freight agent.

Participants must carry relevant prescriptions for their own medications. The purpose of these medications is for the treatment for themselves and must not be supplied/ sell to anyone. Participants remain responsible for the storage and stock of medications they bring to Singapore for the entire duration of their stay. Medications must be kept in their original packaging until used and must be clearly labelled.

You may need to apply for an approval to bring in medications for yourself or family members' use. You are not allowed to buy, import or carry personal medications for another person except for family members that the products were initially intended for. Those caught doing so can be prosecuted under Singapore law.

Please find more information on the Health Sciences Authority (HSA) of Singapore: <https://www.hsa.gov.sg/personal-medication>

##### MEDICATIONS

You may bring in common medications such as those for treatment of diabetes, high cholesterol, high blood pressure and contraception, if the quantity is not more than 3 months' supply. You are required to have the necessary supporting documents such as a letter from the doctor, or a copy of the medical prescription, as proof that the medicine is for your personal use.

- Please note that medication to treat ADHD (Attention Deficit Hyperactivity Disorder) requires approval.

You will need to submit an application for approval if you need to bring in more than 3 months' supply of any medications, or if you bring in the following medications –

Medications	Situations that require approval
Codeine or dextromethorphan	<u>For tablets or capsules:</u> <ul style="list-style-type: none"><li>• More than 20 tablets or capsules.</li><li>• Codeine or dextromethorphan content in each tablet or capsule is more than 30mg.</li></ul> <u>For oral liquid preparation:</u> <ul style="list-style-type: none"><li>• More than 240ml of the oral liquid preparation.</li><li>• Codeine or dextromethorphan content in each 5ml of the preparation is more than 15mg.</li></ul>
Controlled drugs	Medications that contain controlled drugs require an approval from us. Examples of controlled drugs include, but are not limited to: <ul style="list-style-type: none"><li>• Morphine</li></ul>



	<ul style="list-style-type: none"><li>• Fentanyl</li><li>• Oxycodone</li><li>• Buprenorphine</li></ul>
Ephedrine/ Pseudoephedrine	Medications that contain total ephedrine or pseudoephedrine content of more than 21.6g.
Psychotropic substances	Medications that contain psychotropic substances require an approval from us. Examples of psychotropic substances include, but are not limited to: <ul style="list-style-type: none"><li>• Diazepam</li><li>• Midazolam</li><li>• Zolpidem</li></ul>

To check the active ingredients in your medications to find out whether you need to apply for approval, you can refer to <https://www.hsa.gov.sg/personal-medication/check-requirements>.

If any of your medications contains ingredients classified as controlled substances in Singapore, you would need to apply for approval from Health Science Authority of Singapore to bring this medication to Singapore.

To submit your application, please refer to [Application for Approval to Bring in Personal Medications for Travellers | FormSG](#)

You are not allowed to bring in personal medications that contain prohibited substances. Prohibited substances such as chewing gums, cannabis and product containing cannabis extracts are not allowed to be brought into Singapore.

For more details, please refer to <https://www.hsa.gov.sg/personal-medication/overview>

For list of drugs and inhalants controlled under the Misuse of Drugs Act and Intoxicating Substances Act, please refer to [Central Narcotics Bureau of Singapore | Drugs and Inhalants](#)

#### CHEWING GUMS

All chewing gums, including those for medical or dental purposes, purchased overseas are not allowed to be brought into Singapore even if they have been prescribed by your doctor or dentist, or are identical to brands or strength available in Singapore. If you require nicotine chewing gums, you may buy it from pharmacies in Singapore.

#### MEDICAL DEVICES

Please refer to the HSA [guide](#) for information on bringing personal medical devices into Singapore.

#### PROHIBITED SUBSTANCES AND ILLEGAL HEALTH PRODUCTS

You are not allowed to bring in personal medications that contain prohibited substances. Please check [Illegal Health Products Database](#) to search identified prohibited products to bring into Singapore.

#### YELLOW FEVER REQUIREMENTS

All Travellers, including Singapore residents, with recent travel to countries with risk of yellow fever transmission (regardless of area, city or region) in the past six days prior to arrival in Singapore must produce a valid yellow fever vaccination certificate to the ICA officer upon arrival in Singapore.

This requirement also applies to travellers who spent more than 12 hours in airport transit in these countries with risk of yellow fever transmission. For more information on yellow fever requirement, refer to Yellow Fever Vaccination Certificate.



More information on: [ICA | Yellow Fever Vaccination Certificate](#)

## 5. COMPETITION & TRAINING INFORMATION

### 5.1 AGE GROUPS, REGISTRATIONS & QUALIFYING STANDARDS

#### MINIMUM AGE LIMIT

30 years old

#### AGE DETERMINING DATE

The actual age of the competitor will be determined as of 31 December 2025.

#### AGE GROUPS

- 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94 (in five-year increments, as high as necessary).
- Age groups shall apply for men and women teams. The age of the youngest member of the team determines the age group of the team.
- There are no restrictions on the ages of players other than the youngest player on the team.

#### ENTRY INFORMATION

- Masters Competitors must be aware of the need of being well prepared and medically fit before entering into Masters Competitions. They shall assume full responsibility for the risks included in competing in such competitions. In consideration of their entry, they must agree to waive and release World Aquatics, the Organising National Federation and the Organising Committee from any kind of liability for accidents, which may cause death, injury or property loss. Entry Forms containing a warning of the risks, an Accident Waiver and Release of Liability must be signed by each Masters competitor.
- A club can enter only one team per age group.
- Maximum number of entries - 80 teams.
- The maximum number in each age group is 20 teams.
- During the preliminary rounds when there are 17 or more teams entered on the same age group, some or all teams may play more than one game per day.

#### ENTRY PROCEDURE

- To be eligible for the competition, each water polo player must complete an individual registration and pay the individual registration fee and the team must pay the registration fee for a team.
- A nominated coach, manager/team representative must submit the fully completed Team Sheet for entry into the competition. Changes on the Team Sheet are not allowed after the nominated coach, manager/ team leader has reconfirmed the entries at the Technical Meeting.

#### COMPOSITION OF TEAMS

Each team shall consist of seven players, one of who shall be the goalkeeper and who shall wear the goalkeepers cap, and not more than eight reserves may be used as substitutes, listed on the game roster, which must be submitted to the official's table for each game, not less than 45 minutes before each game commences. All players listed on the game roster will be eligible to play in the game. After the games has commenced, a team playing with less than seven players shall not be required to have a goalkeeper.

- A team may enter up to 15 players on their team entry form to participate in any game of this tournament (i.e. seven players and up to eight reserves). It is not compulsory to name a substitute goalkeeper. A goalkeeper who has been replaced by a substitute may, if the player returns to the game, play in any position.
- Women players may be members of a men's team.
- A player may only represent one team in the competition and all players must be registered with the same club.





- If less than three teams are registered in an age group, they will be asked to compete in the next youngest age group or alternatively combined to the next older Age Group, while maintaining a separate ranking. The concerned teams shall be consulted for approval and given the possibility to cancel their participation with return of paid fees.
- An Age Group with three teams entered can be combined with the next younger or older Age Group if these groups do not have more than four teams entered and with the approval of all concerned teams. The playing schedule and the plan for rankings shall be decided by the World Aquatics Masters Commission.
- For Women's tournament the composition of groups is depending on the number of entries in each Age Group. The World Aquatics Masters Commission can combine the groups including teams of more than two Age Groups. The approval by the entered teams shall be asked. A playing schedule and the plan for rankings for each Age Group shall be decided by the World Aquatics Masters Commission.

## 5.2 PRE-COMPETITION PROCEDURES

### ARRIVAL AT VENUE

All participants must wear their accreditation to gain access to the venue. Without accreditation, immediate access will not be granted. Failure to wear and clearly display the accreditation pass may negate free movement within the venue.

### ACCREDITATION

All athletes must present their accreditation card when reporting at the Call Room prior to their event. Athletes' identity will be verified at this point and accreditations will be kept by the Jury Table. Athletes must collect their Accreditations at the end of the match, before leaving the pool.

### CALL ROOM

Athletes will report here to check in for their game. Players are to check in at the Call Room, about 10 minutes before their scheduled game time. Details will be shared at a later stage.

Athletes will be escorted from the Call Room onto the Field of Play for the game presentation.

During competition, there will be strictly no access to the Field of Play for non-competing athletes.

## 5.3 WARM-UP & TRAINING PROCEDURES

Training schedule and warm up procedures will be published one week before competition.

## 5.4 COMPETITION PROCEDURES

- i. Each team shall consist of seven players, one of who shall be the goalkeeper and who shall wear the goalkeepers cap, and not more than eight reserves may be used as substitutes, listed on the game roster, which must be submitted to the official's table for each game, not less than 45 minutes before each game commences. All players listed on the game roster will be eligible to play in the game. After the games has commenced, a team playing with less than seven players shall not be required to have a goalkeeper.
- ii. It is not compulsory for a team to name a substitute goalkeeper. A goalkeeper who has been replaced by a substitute may, if the player returns to the game, play in any position.
- iii. Part Six, Article 20.4.4 shall apply except that the goalkeeper shall wear cap no. 1 and the other caps shall be numbered 2 to 15. A substitute goalkeeper shall wear a red cap numbered 13.



- iv. The uniform distance between the respective goal lines shall be 23.5 metres minimum, and the uniform width of the field of play shall be 17 metres minimum.
- v. Part Six, Article 4.3 time standards shall apply except that the duration of the Masters games shall be four periods of seven minutes each actual play for the 30+, 35+, 40+ and 45+ age groups and six minutes each actual play for the 50+, 55+, 60+, etc. age groups.
- vi. Part Six, Article 7.3 method of scoring shall apply except that the time of possession of the ball shall be 35 seconds.
- vii. There shall be a two minute interval between each period of play. The teams including the players and coaches, shall change ends before starting the third period.
- viii. Women players may be members of men's teams.
- ix. List of players with their cap number to be submitted latest during the Technical Meeting. Procedure TBC.

**ACCREDITATION CARDS ARE MANDATORY FOR ALL TRAINING SESSIONS AND ALL COMPETITIONS – NO EXCEPTIONS WILL BE MADE**

#### 5.5 SAFETY PROCEDURES

- Medical personnel available throughout the competition.

#### 5.6 CALL ROOM PROCEDURES

After warm up at the competition pool, players will gather at the designated areas (call rooms) for a quick check with the referees and the TD. They will then proceed to their FOPs for a game intro and start the game. Exact times will be shared during Technical Meeting.

#### 5.7 POST-COMPETITION PROCEDURES

After their games, Athletes to proceed back to their changing rooms after collecting their belongings, change and either leave the venue or proceed to the spectators stands, designated area to watch other games.

#### 5.8 PROTEST & COST

##### PROTESTS ARE POSSIBLE

- i. if the rules and regulations for the conduct of the competition are not observed;
- ii. if other conditions endanger the competitions and/or competitors; or
- iii. against decisions of the referee; however, no protest shall be allowed against decisions of fact.

##### PROTEST MUST BE SUBMITTED

- i. to the referee,
- ii. in writing on World Aquatics Forms,
- iii. by the participant,
- iv. together with a deposit of 100 US Dollars or its equivalent, and
- v. within 30 minutes following the conclusion of the respective event or match.

If conditions causing a potential protest are noted prior to the event a protest must be lodged before the signal to start is given.



All protests shall be considered by the referee. If the referee rejects the protest, referee must state the reasons for her/his decision to the participant.

As a last recourse, at the World Aquatics Masters Championships, the participant can then submit his protest to the World Aquatics Masters Committee. The World Aquatics Masters Committee shall consider the protest and give the final decision.

If the protest is rejected, the deposit will be forfeited to the management body of the competition. If the protest is upheld, the deposit will be returned.

#### 5.9 POST-COMPETITION PROCEDURES

##### RESULTS

All results will be posted on the World Aquatics Masters Championships website after each event.

##### MEDALS

Medals will be awarded to 1st to 3rd places (gold, silver and bronze) teams in each age group (each member of the team will receive a medal).

#### 5.10 SAFETY MARSHALLS FOR ALL SPORTS

The safety Marshal is a trained position designated by the OC.

Safety Marshals shall:

- i. Be visible by safety vest
- ii. Be situated at each end of the competition pool,
- iii. Actively monitor all scheduled warm pools and training
- iv. Ensure competitors comply with warm-up safety procedures and report violations to the referee.

A minimum of 2 safety marshals are required for each end of every warm-up pool used during the competition.

#### 5.11 VIOLATIONS

Participants witnessed by a safety marshal diving or dangerously entering that water may be removed, by the referee, without warning from their first individual event following the warm-up period in which the violation occurred. They may also receive a verbal warning from the Safety Marshal. Participants receiving verbal warnings will have their names registered with the Event Management and World Aquatics and should subsequent violations occur the participant may be removed by the referee without warning from their first individual event.

In the case of a second offense during the same competition, the participant may be removed from the remainder of the competition by Event Management and/or World Aquatics.

#### 5.12 UNSPORTSMANLIKE BEHAVIOUR

Any participant found engaging in unsportsmanlike conduct, including but not limited to deliberate interference with another participant, verbal abuse towards officials, competitors, staff or volunteers, intentional obstruction, or any behavior deemed detrimental to the spirit of fair play, will face immediate disqualification from the event and potential disciplinary action by World Aquatics.

#### 5.13 RETURN TO COMPETITION AFTER INJURY

Based on the recommendation of the LOC Medical Team/local medical authorities, World Aquatics, as per Constitution Rule IV.17.1, may remove a participant from an Aquatics



competition and/or take any other appropriate measure if such participation poses a risk for the health and safety of such participant.

## 6. TRANSPORTATION

### 6.1 PUBLIC TRANSPORT – MRT & BUSES

Singapore's Mass Rapid Transit (MRT) and bus networks are extensive, reliable, and user-friendly.

For more details on Public Transport usage visit <https://go.gov.sg/bfbhat>



### 6.2 TAXI AND PRIVATE HIRE

#### TAXI

Taxis are available for hire at the designated taxi stands or along the roads (If you are outside the Central Business District (CBD), you may hail a taxi along the road or at a designated taxi stand or taxi stop).

#### PRIVATE HIRE

Passengers can also book private hire cars from Grab, Gojek, Zig, Ryde or TADA (available on Apple App Store & Google Play Store).



**Grab**  
(iOS | Android)



**Gojek**  
(iOS | Android)



**Zig**  
(iOS | Android)



**Ryde**  
(iOS | Android)



**TADA**  
(iOS | Android)

### 6.3 ALTERNATIVE TRANSPORT OPTIONS

Cycling – shared bicycles from providers like SG Bike and Anywheel are available for short distances (available on Apple App Store & Google Play Store).

### 6.4 ESSENTIAL APPS FOR NAVIGATION

Google Maps & Apple Maps – fully functional in Singapore in providing directions for walking, public transport and driving (taxi & private hire).

Supplementary Apps such as **MyTransport app** (iOS | Android) & **Explore Singapore** (iOS | Android) could also aid in way finding to the competition venue.

## 7. CEREMONIES

### 7.1 OPENING SPEECHES

Short opening speeches will take place on the first and last day of competition.

### 7.2 RESULTS

All results will be posted on the World Aquatics Masters Championships website after each event.



### 7.3 MEDALS

Medals will be awarded to 1st to 3rd places (gold, silver and bronze) teams in each age group (each member of the team will receive a medal).

### 7.4 MEDAL COLLECTION

Once official results are released or final matches conclude, a medals ceremony will be conducted, for Athletes to be presented with their medals. No medals will be mailed to the participant.

All e-diplomas will be given to all players and sent to the competitor's registered email address. All participants will get an E-participation certificate sent to the competitor's registered email address.

### 7.5 MEDAL CEREMONIES

A simple medal presentation will be conducted at the venue. The collection times, specific medal presentation area will be determined at a later date when details are confirmed. A medal ceremony may be delayed if there is a protest, regarding the results of a game.

Athletes are reminded to be appropriately dressed and in appropriate footwear fitting for a medal ceremony. Items such as flags, caps, mobile phones or any other symbols will not be permitted on stage during the medal presentation ceremony. Athletes are encouraged to familiarise themselves with these procedures to ensure a smooth and celebratory medal presentation experience.

## 8. ACCREDITATION

### 8.1 ACCREDITATION CARDS

All participants at Singapore 2025 must complete the accreditation process in order to obtain the accreditation cards. An accreditation card contains all the information necessary to identify its owner, his/ her role at the event, and his/ her access rights to the training and competition venues at World Aquatics Masters Championships – Singapore 2025. The card is personal and non-transferable. It must be presented at all times while in a zone requiring an accreditation card and is valid only in zones specified on the card. All Participants are required to have their accreditation card with them for both Training and Competition.

The following access privileges will be given to the persons depending on their function:

Zone – Code	Zone Description	Zone Access
BLUE	Field of Play	Blue, Red, White
RED	Operational areas	Red, White
WHITE	General Circulation areas	White
2	Athlete Preparation areas	2
4	Media areas	4
7	VIP areas	7

**ACCREDITATION CARDS ARE MANDATORY FOR ALL TRAINING SESSIONS AND ALL COMPETITIONS – NO EXCEPTIONS WILL BE MADE**

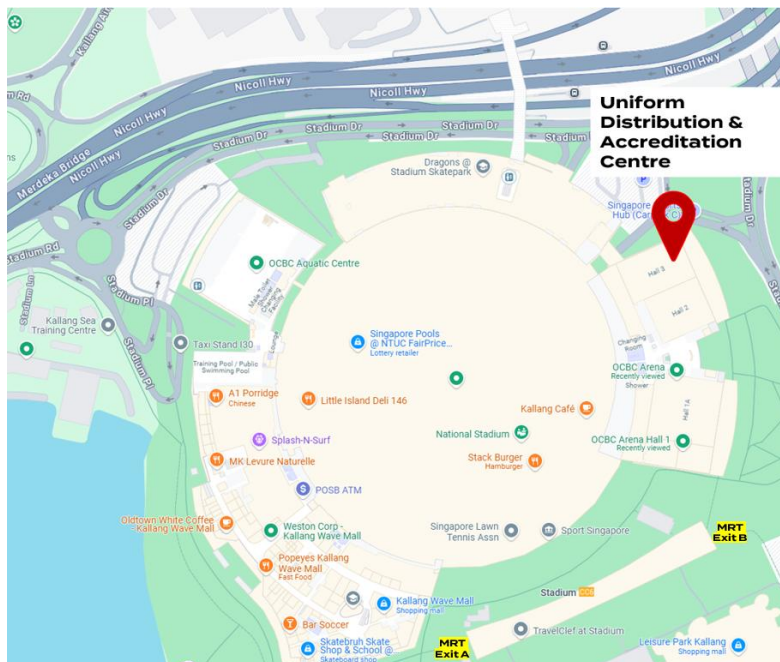


## 8.2 ACCREDITATION CENTRE

Opening on 22 July 2025, the Uniform Distribution & Accreditation Centre will be located at **OCBC Arena Hall 3**. Masters participants will be required to make their way to Accreditation Centre to receive their World Aquatics Masters Championships – Singapore 2025 accreditation cards. Original identity documents (original passports used as identification in the GMS) of participant must be presented.

Accreditation Centre Opening hours: 0700 – 2000

Entrance to Accreditation Centre will be via Arena Park, Exit B from Stadium Station, Circle Line (CCL).



Stadium MRT Exit B



Head towards Arena Park



Continue to head straight –  
passing OCBC Arena Main  
Entrance



UDAC Entrance



OCBC Hall 3



Continue to head straight –  
after OCBC Arena Main  
Entrance



### 8.3 LOST OR DAMAGED ACCREDITATION CARD REPLACEMENT

If your accreditation badge is lost, it must be reported immediately to the nearest security personnel from the Organising Committee, Sports Information Desk or Accreditation Centre. A penalty fee of USD 60 may be charged for the reproduction of lost accreditation badges.

## 9. TICKETS FOR WORLD AQUATICS CHAMPIONSHIP 2025

### EXPERIENCE IT LIVE

Secure your tickets for the World Aquatics Championships Singapore 2025 (11 Jul to 3 Aug) and experience world-class competition live. Immerse yourself in the action and witness history in the making! Get your tickets at <https://sistic.com.sg/events/aqua0725>