



30th Jan - 1st Feb 2026
Ponds Forge, Sheffield

 **Aquatics GB**

DIVING **INTERNATIONAL**

INFO **PACK**



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EVENT DETAILS

TITLE: Aquatics GB Diving International 2026

VENUE: Ponds Forge International Sports Centre, Sheffield

DATES: 30th January – 1st February 2026

HOSTED BY: Aquatics GB and Everyone Active

CONTACT DETAILS

Aquatics GB Contact	Venue Contact
Holly Martindale Aquatics GB SportPark 3 Oakwood Drive Loughborough LE11 3QF holly.martindale@aquaticsgb.com	Ponds Forge International Sports Centre Sheaf Street Sheffield S1 2BP Website

Please see below guides for planning your team's trip:

Accommodation in Sheffield

Things to see and do in Sheffield

Food and Drink in Sheffield

KEY DATES AT A GLANCE

Entry Opening Date: 12th November 2025

Preliminary Entry Deadline: 22nd December 2025

Final Entry and Accommodation Deadline: 5th January 2026

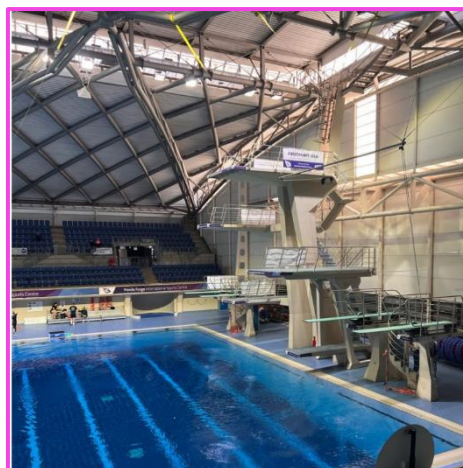
Training Dates: Wednesday 28th January – Thursday 29th January

Technical Meeting: Thursday 29th January @ 17:00

Competition Dates: Friday 30th January – Sunday 1st February 2026

VENUE

Ponds Forge International Sports Centre



Travelling to the venue



By Bus/Tram/Train: Visit Travel South Yorkshire to plan your journey.



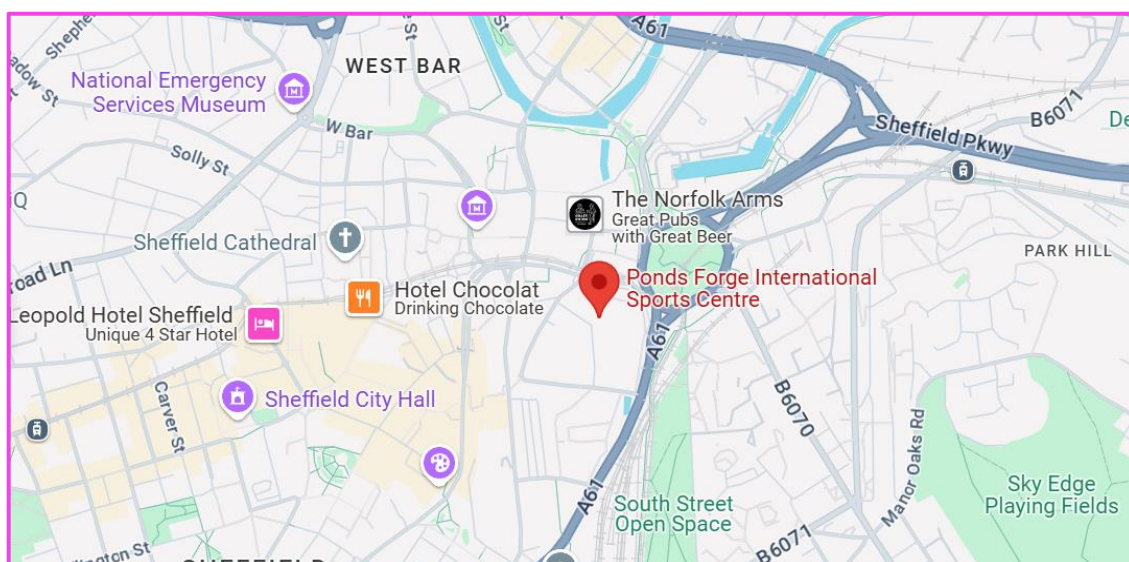
By Bike: Use the Sheffield City Council cycling webpage to help plan your route.



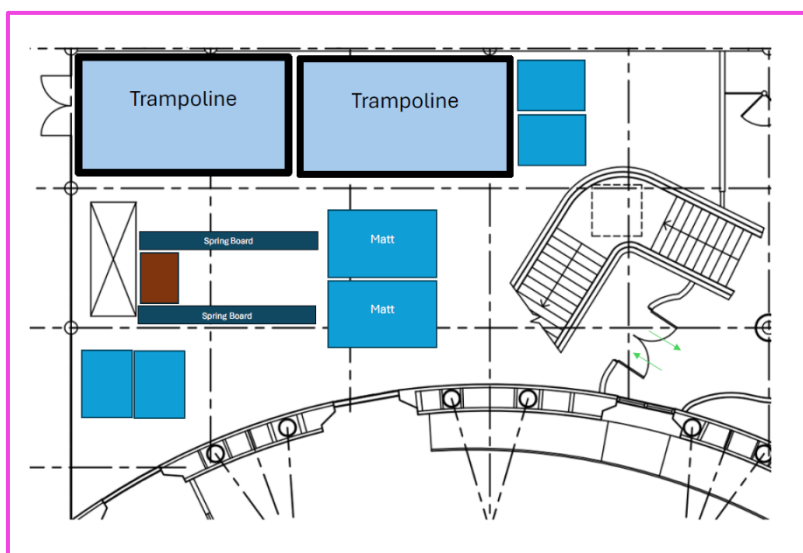
By Car: It is recommended to park at Q-Park Castlegate for Ponds Forge International Sports Centre. Additional parking information provided below.



On Foot: You can find directions and an estimated walking time using the Google Maps app.



DRY DIVE LAYOUT



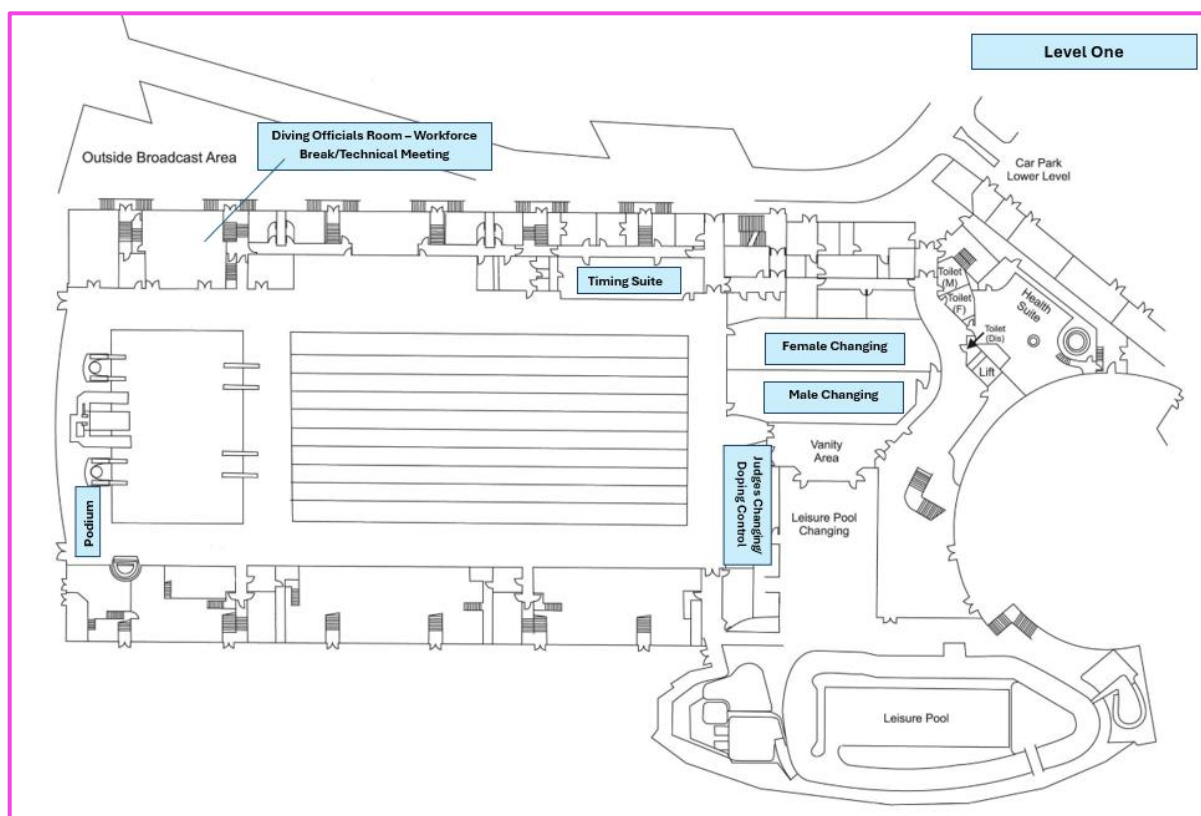
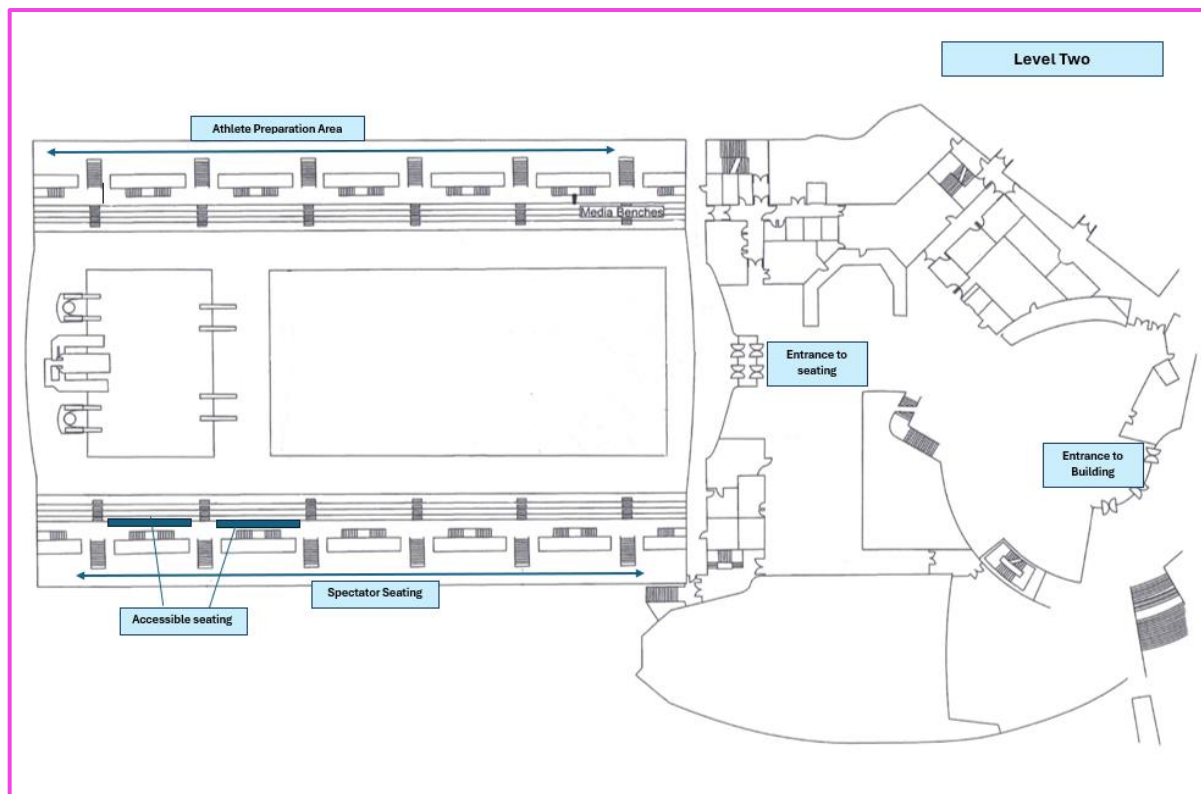
PONDS FORGE, SHEFFIELD

30th January- 1st February



Aquatics GB
DIVING
INTERNATIONAL

VENUE LAYOUT



TRAINING

Training will be available at the following times during the training days:

Date	Diving Pool	Diving Dryland
Wednesday 28th January	09:00-19:00	08:00-17:00
Thursday 29th January	09:00-19:00	08:00-17:00

Diving Dryland consists of 2 x trampoline and 2 x synchro boards, there is also a general warm up / stretching area available throughout the day on Level 1 of Ponds Forge.

COMPETITION

(subject to confirmation closer to the time)

Training during the competition days will be available at the following times:

Date	Diving Pool	Diving Dryland
Wednesday 28th January	08.00 – 12.00 & 14.00 – 20.00	08:00-17:00
Thursday 29th January	08.00 – 12.00 & 14.00 – 20.00	08:00-17:00
Friday 30th January	Between Competition	08:00-17:00
Saturday 31st January	Between Competition	08:00-17:00
Sunday 1st February	Between Competition	08:00-17:00

HOW TO ENTER

BRITISH ATHLETES

All GBR entries are through Aquatics GB – Invited athletes will be issued with selection letters.

INTERNATIONAL ATHLETES

All international teams must complete the official entry forms and send them to British.events@aquaticsgb.com . A passport-style headshot of each athlete must also be provided.

Entries must be received by Monday 5th January 2026. A late fee for individual events of £40.00 will be charged after this date.

No late entries will be accepted from 18:00 on Wednesday 29th January 2025 when the Technical meeting commences.

Date	Activity
Monday 22 December 2025	Preliminary Entries and Accommodation bookings – 25 % deposit
Monday 5 January 2026	Final Entries and final accommodation booking payment, confirmation of flight details for airport transfers.

SCHEDULE OF EVENT

(subject to change, dependent on entries)

Friday 30th January

Session 1

Men's 3m Springboard Prelim

Women's 10m Platform Prelim

Session 2

Men's 3m Springboard Final

Women's 10m Platform Final

Saturday 31st January

Session 3

Men's 10m Platform Prelim

Session 4

Women's 3m Synchro Final

Men's 10m Platform Final

Men's 3m Synchro Final

Sunday 1st February

Session 5

Women's 3m Springboard Prelim

Session 6

Women's 10m Synchro Final

Women's 3m Springboard Final

Men's 10m Synchro Final

TECHNICAL MEETING

The technical meeting will take place at 17:00 on Thursday 29th January in the Diving Officials Room.

DIVE SHEETS

Divers/Coaches are requested to submit dive sheets electronically, both for their own convenience and to minimize the chance of errors loading the data into the Recording program. Coaches may make bulk submission of dive sheets on behalf of their divers by using the program DiveSheets with which they will already be familiar. Alternatively, individual divers may submit their own dive sheets on-line.. To submit your dive sheets on-line there are two options:

- Either visit: www.diverecorder.co.uk/online sheets and follow the instructions, or
- If you have an Android phone or tablet, you can get the ADiveSheets app from this page on the DiveRecorder website: www.diverecorder.co.uk/dive/android

As soon as you complete either on-line submission method, you will see a success/failure message.

If you experience problems and need assistance, please contact Jackie Laugher: jackielaugher@yahoo.com

Electronic dive sheets must be submitted. Electronic submissions must be made 9am Wednesday 29th January. You will be asked to sign hard copies of these sheets at the venue, available from the Recorders.

If manual dive sheets need to be submitted, submissions must be made by 2 hours before the Technical Meeting.

REGISTRATION / MEMBERSHIP DEADLINE

Divers should be registered with their respective Home Nation Governing Body 60 days prior to the commencement of the National Event ("The Meet") for which the diver is entering.

International divers must be a member of their country's diving federation in order to enter.

EVENT CONDITIONS

Event Conditions for AGB Diving International 2026

1. EVENT FORMAT

The AGB Diving International Event will be held in accordance with the World Aquatics Rules which can be found on the WA website

<https://www.worldaquatics.com/rules/competition-regulations>

2. COMPETITION FORMAT

- The AGB Diving International shall be open to all World Aquatics affiliated Federations.
- In the preliminary stage of the individual events there is no limit to the number of entries from any federation.
- The top twelve (12) placed divers from the preliminary round will progress from preliminary to final.
- Only two (2) divers from any federation will be permitted to qualify for the final. Any places in the final, not taken up by top 2 divers per federation will be allocated to the next diver in the rankings from the preliminary round.
- The synchronised competitions will have a direct final. There is no limit on the number of entries from any federation, but only one synchro pair from each federation will be on the victory podium.
- There is no opportunity for exhibition places.

2.1 Judges

- The Event shall be judged by World Aquatics Bronze, Silver or Gold judges on the World Aquatics Diving Officials List.
- Any Federation participating in the event with a team of four (4) or more divers should bring a WA Gold, Silver or bronze level judge or pay a fine of £300.
- World Aquatics shall appoint a WA Technical Delegate for this event. The WA technical delegate shall undertake judging evaluations and shall report their findings back to the WA TDC Commission and the TDC Judges Sub-committee coordinator.

2.2 Dives

Men's Individual Events	3m & 10m	6 dives, no limits
Women's Individual Events	3m & 10m	5 dives, no limits
Men's Synchro events	3m & 10m	2 dives with limit and 4 dives without limit
Women's Synchro events	3m & 10m	2 dives with limit and 3 dives without limit

3. REPLACEMENT OF AN INJURED DIVER

If a diver is unable to compete at the beginning of any final session, the diver ranked next from the preliminary competition shall advance to the final. In case of a tie in the last place of a preliminary session both divers will qualify. The same is valid for any tie on the podium, both divers shall receive a medal.

EXPENSES FOR THE PARTICIPATIONS

The participation fee below includes participation in the competition and athletes accreditation along with hotel, all meals and transportation to and from the airport (Manchester Airport). All hotels are in walking distance from the pool venue.

TWIN RATE 4*	GBP £179.00 per person, per day
SINGLE RATE 4*	GBP £219.00 per person, per day

Please use the CSE booking form to select your hotel and complete the details to confirm your team's accommodation requirements.

Booking Terms and Conditions:

Payment

25% deposit due on confirmation.

Final balance owing to be paid in full no later than Monday 22nd December.

All payments must be received in POUNDS STERLING (GBP)

Cancellation Terms

Non-Refundable deposit upon booking.

100% Cancellation charges from Monday 22nd December 2025.

Rooming List Submission: No later than Monday 5th January 2026.

Flight data Submission: No later than Monday 5th January 2026.

ACCREDITATION

All competitors, coaches, chaperones and support staff must have a valid accreditation to gain access to athlete areas at the event. Accreditation is non-transferable and must be always worn when accessing athlete areas.

If the pass is forgotten, lost or mislaid, a replacement pass will be re-issued for a fee of £10.00 at the Sport Information Desk.

ATHLETES

Your accreditation will be sent to you by email in PDF format upon completion of your entry.

Please print and bring with you to the event where you can collect a pouch and lanyard from the Sport Information Desk.

If you are unable to find the accreditation link within the confirmation email, you can issue yourself a replacement via the link [HERE](#)

COACHES, TEAM STAFF, CHAPERONES

All coaches, team staff and, chaperones and must have a valid photo to gain access to the pool deck. Applications for coach/chaperone passes will be charged at £10.

A valid DBS check, safeguarding qualification and fulfilment of the minimum qualification/requirement for the specific role (stated below) you are undertaking is required.

	Application Links
Swim England members	HERE
Scottish Swimming/Swim Wales members	HERE
Sports Science/Sports Medicine	HERE
International	HERE

DOPING CONTROL

Doping Control is managed by UKAD. It is their decision as to use the event to test. A doping Control area has been identified poolside in case any doping control tests need to be carried out.

By entering this event you/your child (if athlete is under 18), consents to report to Doping Control if requested at any time during this event. You further agree to be bound by the [British Swimming Ant-Doping Rules 2021](#).

DBS / PVG AND SAFEGUARDING

Swim England

All Swim England clubs and license applicants will have completed a DBS application regardless of any previous check carried out through another organisation unless this has been registered with the DBS Update Service www.gov.uk/db-update-service. If you hold a disclosure that has been registered with the DBS Update Service, and you have not yet given the Swim England written consent to check the status, please submit your original disclosure certificate along with a completed consent form to dbs@swimming.org. Please also email dbs@swimming.org for a DBS Update Service Consent form.

Scottish Swimming/Swim Wales

For queries regarding PVG for Scottish Swimming members, please email wellbeingprotection@scottishswimming.com. For queries regarding DBS for Swim Wales members, please email welfare@swimwales.org.

PLEASE NOTE: Scottish Swimming, Swim Wales and International Poolside Passes must be created and sent manually. They will be sent out prior to the event if you have the appropriate Safeguarding checks and qualifications on file.

Minimum Qualification/Requirements (specific to accredited role)

- Coaches - Coaching Qualification or Assistant Coach Certificate
- Team Manager – Team Manager Training Module 1 or 2 Certificate
- Chaperone – Club authorisation to be acting in loco parentis on behalf of the Club

PLEASE NOTE: It is the applicant's responsibility to ensure a DBS is in place and a pass has been purchased to attend the event. Under no circumstances will any person be allowed entry to accredited areas without the relevant safeguarding checks in place and pass issued.

Please email: british.events@aquatics.gb.com if you have any queries.

Accreditations will be emailed to you in PDF format to print out and bring to the event, please ensure you print these before arriving at the venue. Pouches and lanyards will be provided.

Athletes/Coaches/Team Staff/Chaperones will not be allowed on poolside without a valid accreditation.

MEDICAL

Paramedics and an ambulance will be on site during the competition dates, Friday 30th January – Sunday 1st February. Please note Ponds Forge Staff will be the first responder to all incidents poolside

Closest hospital to Ponds Forge International Centre with and A&E department is:

**Northern General Hospital Accident and Emergency Dept, Herries Rd,
Sheffield, S5 7AU**

It is 2.9 miles away, approximately a 15-minute drive.

SECURITY / HEALTH AND SAFETY

Aquatics GB will work with Ponds Forge International Sports Centre to ensure that the venue is safe for all participants and for the competition to take place to World Aquatics Standards adhering to all UK health and safety guidance A full risk assessment of the event will be completed and checked daily.

Security staff will be on site at the venue checking all accredited persons at key access points to the venue and the pool and carrying out ticket checks for spectators.

RESULTS

All results will be available through Dive Recorder.

SPEAK UP

AGAINST SEXUAL HARASSMENT



Unwanted conduct of a sexual nature which has the purpose or effect of violating an individual's dignity, or creating an intimidating, hostile, degrading, humiliating or offensive environment.

4 Types of sexual harassment

VERBAL/WRITTEN

- Remarks of a sexual nature about a person's clothing, personal behaviour or body
- Sexually explicit statements, questions, jokes or anecdotes
- Requesting sexual favours or dates
- Spreading rumours about a person's personal life
- Coercion of sexual activity by threat of punishment
- Excessive and unwelcome flirting

PHYSICAL

- Impeding or blocking a person's physical movement
- Inappropriate and unwanted touching of a person and/or their clothing
- Other inappropriate touching including kissing, hugging, patting, stroking or rubbing
- Playing music with offensive or degrading language
- Purposefully brushing up against another person

NON-VERBAL

- Looking a person's body up and down
- Making derogatory gestures or facial expressions of a sexual nature
- Frequently following or standing too close to a person on purpose
- Whistling or staring in a sexually suggestive or offensive manner

VISUAL

- Displaying sexually suggestive objects, pictures, cartoons, posters, calendars or computer screens
- Showing other people sexually suggestive text messages or emails
- Sharing sexually inappropriate images or videos such as pornography

Please speak up and contact speakup@aquaticsgb.com
or alternatively leave a message on our confidential line **0808 1000 323**

Individuals are encouraged to provide their details but may also choose to remain anonymous.



FILMING AND PHOTOGRAPHY

FILMING AND PHOTOGRAPHY POLICY

Aquatics GB are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that the majority of images taken within an Aquatics GB setting are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identify of a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

Parents and carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way.

Aquatics GB encourage all spectators and participants at Aquatics GB events to make themselves familiar with the photography and filming arrangements for the event and be vigilant during that event.

Aquatics GB is committed to ensuring that all children who participate in Aquatics GB activities can take part in an enjoyable, safe environment and be safeguarded from harm. If you have any child safeguarding concerns at the event, please contact an Event Officer immediately to disclose your concerns.

EVENT PHOTOGRAPHY AND FILMING

This event **will be photographed and live streamed**. Static images will be displayed on the Aquatics GB website [here](#). They will be used to promote the sport at this event and events in the future. Moving images may be displayed at the venue and via live stream [here](#). In addition, Aquatics GB may use these recordings and images for the purposes of education and training, swimmer analysis, promotion, performance, development and selection and event analysis.

In such instances where the event is being live streamed, it will not be possible to provide the option to refuse consent to filming and if there are any concerns, please speak to the Event Officer present. However, if individuals wish to refuse consent to static photography, please complete the Photography Refusal of Consent Form below and return to Aquatics GB Events Department.

If you, as a Parent/Guardian/Carer, have concerns about your child being photographed/filmed, please refer to the relevant Home Nation guidance document: Wavepower the Swim England Child Safeguarding Policy and Procedures; YPlant the Swim Wales Child Protection Policy; Scottish Swimming Child Protection Policy. If you have any concerns in this area, please contact the Data Protection Officer.

Our photography refusal form is available on the next page.

Please note that professional photography is not permitted at this event without prior written consent. Personal photography for private use is welcome provided it does not disrupt the event or infringe on the privacy of others. Aquatics GB reserves the right to request that certain photography devices are not used.

PHOTOGRAPHY REFUSAL FORM

Name of Diver: _____

Membership Number: _____

Event: Aquatics GB Diving International 2026

I refuse permission for the taking and/or publication of images of my child or myself
by the event's Official Photographer(s):

Signed _____
(Competitor/Parent/Carer)

Print Name: _____

Date: _____

Please return this form by email to: holly.martindale@aquaticsgb.com