



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

Pt.	Freestyle						Backstroke			Breaststroke			Butterfly			Medley		Pt.
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
1100	22.87	50.09	01:48.72	03:46.85	07:48.98	14:51.69	26.02	55.34	01:59.28	28.24	01:02.12	02:13.24	23.66	52.89	01:58.00	02:01.76	04:15.40	1100
1099	---	50.10	01:48.75	03:46.92	07:49.12	14:51.96	---	55.36	01:59.32	28.25	01:02.14	02:13.28	23.67	52.90	01:58.03	02:01.80	04:15.48	1099
1098	22.88	50.12	01:48.78	03:46.99	07:49.26	14:52.23	26.03	55.37	01:59.36	28.26	01:02.16	02:13.32	23.68	52.92	01:58.07	02:01.84	04:15.56	1098
1097	22.89	50.13	01:48.81	03:47.06	07:49.40	14:52.50	26.04	55.39	01:59.39	28.27	01:02.18	02:13.37	---	52.94	01:58.10	02:01.88	04:15.63	1097
1096	---	50.15	01:48.85	03:47.13	07:49.55	14:52.77	26.05	55.41	01:59.43	28.28	01:02.20	02:13.41	23.69	52.95	01:58.14	02:01.91	04:15.71	1096
1095	22.90	50.16	01:48.88	03:47.20	07:49.69	14:53.05	---	55.42	01:59.47	28.29	01:02.21	02:13.45	23.70	52.97	01:58.18	02:01.95	04:15.79	1095
1094	22.91	50.18	01:48.91	03:47.27	07:49.83	14:53.32	26.06	55.44	01:59.50	---	01:02.23	02:13.49	---	52.98	01:58.21	02:01.99	04:15.87	1094
1093	22.92	50.19	01:48.95	03:47.34	07:49.98	14:53.59	26.07	55.46	01:59.54	28.30	01:02.25	02:13.53	23.71	53.00	01:58.25	02:02.02	04:15.94	1093
1092	---	50.21	01:48.98	03:47.40	07:50.12	14:53.86	26.08	55.47	01:59.57	28.31	01:02.27	02:13.57	23.72	53.02	01:58.28	02:02.06	04:16.02	1092
1091	22.93	50.23	01:49.01	03:47.47	07:50.26	14:54.14	26.09	55.49	01:59.61	28.32	01:02.29	02:13.61	23.73	53.03	01:58.32	02:02.10	04:16.10	1091
1090	22.94	50.24	01:49.05	03:47.54	07:50.41	14:54.41	---	55.51	01:59.65	28.33	01:02.31	02:13.65	---	53.05	01:58.36	02:02.14	04:16.18	1090
1089	---	50.26	01:49.08	03:47.61	07:50.55	14:54.68	26.10	55.52	01:59.68	28.34	01:02.33	02:13.69	23.74	53.07	01:58.39	02:02.17	04:16.26	1089
1088	22.95	50.27	01:49.11	03:47.68	07:50.69	14:54.96	26.11	55.54	01:59.72	28.35	01:02.35	02:13.73	23.75	53.08	01:58.43	02:02.21	04:16.34	1088
1087	22.96	50.29	01:49.15	03:47.75	07:50.84	14:55.23	26.12	55.56	01:59.76	28.36	01:02.37	02:13.77	23.76	53.10	01:58.46	02:02.25	04:16.41	1087
1086	---	50.30	01:49.18	03:47.82	07:50.98	14:55.51	26.13	55.58	01:59.79	---	01:02.39	02:13.81	---	53.11	01:58.50	02:02.29	04:16.49	1086
1085	22.97	50.32	01:49.21	03:47.89	07:51.13	14:55.78	---	55.59	01:59.83	28.37	01:02.40	02:13.85	23.77	53.13	01:58.54	02:02.32	04:16.57	1085
1084	22.98	50.33	01:49.25	03:47.96	07:51.27	14:56.06	26.14	55.61	01:59.87	28.38	01:02.42	02:13.90	23.78	53.15	01:58.57	02:02.36	04:16.65	1084
1083	22.99	50.35	01:49.28	03:48.03	07:51.42	14:56.33	26.15	55.63	01:59.91	28.39	01:02.44	02:13.94	---	53.16	01:58.61	02:02.40	04:16.73	1083
1082	---	50.36	01:49.32	03:48.10	07:51.56	14:56.61	26.16	55.64	01:59.94	28.40	01:02.46	02:13.98	23.79	53.18	01:58.65	02:02.44	04:16.81	1082
1081	23.00	50.38	01:49.35	03:48.17	07:51.71	14:56.88	26.17	55.66	01:59.98	28.41	01:02.48	02:14.02	23.80	53.20	01:58.68	02:02.47	04:16.89	1081
1080	23.01	50.40	01:49.38	03:48.24	07:51.85	14:57.16	---	55.68	02:00.02	28.42	01:02.50	02:14.06	23.81	53.21	01:58.72	02:02.51	04:16.97	1080
1079	---	50.41	01:49.42	03:48.31	07:52.00	14:57.44	26.18	55.70	02:00.05	28.43	01:02.52	02:14.10	---	53.23	01:58.76	02:02.55	04:17.05	1079
1078	23.02	50.43	01:49.45	03:48.38	07:52.15	14:57.72	26.19	55.71	02:00.09	---	01:02.54	02:14.14	23.82	53.25	01:58.79	02:02.59	04:17.13	1078
1077	23.03	50.44	01:49.48	03:48.46	07:52.29	14:57.99	26.20	55.73	02:00.13	28.44	01:02.56	02:14.19	23.83	53.26	01:58.83	02:02.62	04:17.21	1077
1076	23.04	50.46	01:49.52	03:48.53	07:52.44	14:58.27	26.21	55.75	02:00.16	28.45	01:02.58	02:14.23	23.84	53.28	01:58.87	02:02.66	04:17.29	1076
1075	---	50.47	01:49.55	03:48.60	07:52.58	14:58.55	26.22	55.76	02:00.20	28.46	01:02.60	02:14.27	---	53.29	01:58.90	02:02.70	04:17.37	1075
1074	23.05	50.49	01:49.59	03:48.67	07:52.73	14:58.83	---	55.78	02:00.24	28.47	01:02.62	02:14.31	23.85	53.31	01:58.94	02:02.74	04:17.45	1074
1073	23.06	50.50	01:49.62	03:48.74	07:52.88	14:59.11	26.23	55.80	02:00.28	28.48	01:02.64	02:14.35	23.86	53.33	01:58.98	02:02.78	04:17.53	1073
1072	---	50.52	01:49.65	03:48.81	07:53.02	14:59.39	26.24	55.82	02:00.31	28.49	01:02.66	02:14.39	23.87	53.34	01:59.01	02:02.82	04:17.61	1072
1071	23.07	50.54	01:49.69	03:48.88	07:53.17	14:59.67	26.25	55.83	02:00.35	28.50	01:02.68	02:14.44	---	53.36	01:59.05	02:02.85	04:17.69	1071
1070	23.08	50.55	01:49.72	03:48.95	07:53.32	14:59.95	26.26	55.85	02:00.39	---	01:02.69	02:14.48	23.88	53.38	01:59.09	02:02.89	04:17.77	1070
1069	23.09	50.57	01:49.76	03:49.02	07:53.47	15:00.23	---	55.87	02:00.43	28.51	01:02.71	02:14.52	23.89	53.39	01:59.13	02:02.93	04:17.85	1069
1068	---	50.58	01:49.79	03:49.10	07:53.61	15:00.51	26.27	55.89	02:00.46	28.52	01:02.73	02:14.56	23.90	53.41	01:59.16	02:02.97	04:17.93	1068
1067	23.10	50.60	01:49.82	03:49.17	07:53.76	15:00.79	26.28	55.90	02:00.50	28.53	01:02.75	02:14.60	---	53.43	01:59.20	02:03.01	04:18.01	1067
1066	23.11	50.61	01:49.86	03:49.24	07:53.91	15:01.07	26.29	55.92	02:00.54	28.54	01:02.77	02:14.65	23.91	53.44	01:59.24	02:03.05	04:18.09	1066
1065	---	50.63	01:49.89	03:49.31	07:54.06	15:01.35	26.30	55.94	02:00.58	28.55	01:02.79	02:14.69	23.92	53.46	01:59.27	02:03.08	04:18.17	1065
1064	23.12	50.65	01:49.93	03:49.38	07:54.21	15:01.64	26.31	55.96	02:00.61	28.56	01:02.81	02:14.73	23.93	53.48	01:59.31	02:03.12	04:18.25	1064

For times not printed in the table, use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

1063	23.13	50.66	01:49.96	03:49.45	07:54.36	15:01.92	---	55.97	02:00.65	28.57	01:02.83	02:14.77	---	53.49	01:59.35	02:03.16	04:18.33	1063
1062	23.14	50.68	01:50.00	03:49.53	07:54.50	15:02.20	26.32	55.99	02:00.69	28.58	01:02.85	02:14.81	23.94	53.51	01:59.39	02:03.20	04:18.41	1062
1061	---	50.69	01:50.03	03:49.60	07:54.65	15:02.49	26.33	56.01	02:00.73	28.59	01:02.87	02:14.86	23.95	53.53	01:59.42	02:03.24	04:18.49	1061
1060	23.15	50.71	01:50.07	03:49.67	07:54.80	15:02.77	26.34	56.03	02:00.77	---	01:02.89	02:14.90	23.96	53.54	01:59.46	02:03.28	04:18.57	1060
1059	23.16	50.73	01:50.10	03:49.74	07:54.95	15:03.05	26.35	56.04	02:00.80	28.60	01:02.91	02:14.94	---	53.56	01:59.50	02:03.32	04:18.65	1059
1058	23.17	50.74	01:50.14	03:49.82	07:55.10	15:03.34	---	56.06	02:00.84	28.61	01:02.93	02:14.98	23.97	53.58	01:59.54	02:03.35	04:18.74	1058
1057	---	50.76	01:50.17	03:49.89	07:55.25	15:03.62	26.36	56.08	02:00.88	28.62	01:02.95	02:15.03	23.98	53.60	01:59.57	02:03.39	04:18.82	1057
1056	23.18	50.77	01:50.20	03:49.96	07:55.40	15:03.91	26.37	56.10	02:00.92	28.63	01:02.97	02:15.07	23.99	53.61	01:59.61	02:03.43	04:18.90	1056
1055	23.19	50.79	01:50.24	03:50.03	07:55.55	15:04.19	26.38	56.11	02:00.96	28.64	01:02.99	02:15.11	---	53.63	01:59.65	02:03.47	04:18.98	1055
1054	---	50.81	01:50.27	03:50.11	07:55.70	15:04.48	26.39	56.13	02:01.00	28.65	01:03.01	02:15.15	24.00	53.65	01:59.69	02:03.51	04:19.06	1054
1053	23.20	50.82	01:50.31	03:50.18	07:55.85	15:04.77	26.40	56.15	02:01.03	28.66	01:03.03	02:15.20	24.01	53.66	01:59.73	02:03.55	04:19.15	1053
1052	23.21	50.84	01:50.34	03:50.25	07:56.00	15:05.05	---	56.17	02:01.07	28.67	01:03.05	02:15.24	24.02	53.68	01:59.76	02:03.59	04:19.23	1052
1051	23.22	50.85	01:50.38	03:50.32	07:56.15	15:05.34	26.41	56.19	02:01.11	28.68	01:03.07	02:15.28	---	53.70	01:59.80	02:03.63	04:19.31	1051
1050	---	50.87	01:50.41	03:50.40	07:56.31	15:05.63	26.42	56.20	02:01.15	---	01:03.09	02:15.33	24.03	53.71	01:59.84	02:03.67	04:19.39	1050
1049	23.23	50.89	01:50.45	03:50.47	07:56.46	15:05.91	26.43	56.22	02:01.19	28.69	01:03.11	02:15.37	24.04	53.73	01:59.88	02:03.71	04:19.47	1049
1048	23.24	50.90	01:50.48	03:50.54	07:56.61	15:06.20	26.44	56.24	02:01.23	28.70	01:03.13	02:15.41	24.05	53.75	01:59.92	02:03.75	04:19.56	1048
1047	23.25	50.92	01:50.52	03:50.62	07:56.76	15:06.49	26.45	56.26	02:01.26	28.71	01:03.15	02:15.46	---	53.77	01:59.95	02:03.79	04:19.64	1047
1046	---	50.94	01:50.56	03:50.69	07:56.91	15:06.78	26.46	56.27	02:01.30	28.72	01:03.17	02:15.50	24.06	53.78	01:59.99	02:03.82	04:19.72	1046
1045	23.26	50.95	01:50.59	03:50.76	07:57.06	15:07.07	---	56.29	02:01.34	28.73	01:03.19	02:15.54	24.07	53.80	02:00.03	02:03.86	04:19.80	1045
1044	23.27	50.97	01:50.63	03:50.84	07:57.22	15:07.36	26.47	56.31	02:01.38	28.74	01:03.21	02:15.58	24.08	53.82	02:00.07	02:03.90	04:19.89	1044
1043	23.28	50.98	01:50.66	03:50.91	07:57.37	15:07.65	26.48	56.33	02:01.42	28.75	01:03.23	02:15.63	---	53.83	02:00.11	02:03.94	04:19.97	1043
1042	---	51.00	01:50.70	03:50.99	07:57.52	15:07.94	26.49	56.35	02:01.46	28.76	01:03.25	02:15.67	24.09	53.85	02:00.15	02:03.98	04:20.05	1042
1041	23.29	51.02	01:50.73	03:51.06	07:57.67	15:08.23	26.50	56.36	02:01.50	28.77	01:03.27	02:15.71	24.10	53.87	02:00.18	02:04.02	04:20.14	1041
1040	23.30	51.03	01:50.77	03:51.13	07:57.83	15:08.52	26.51	56.38	02:01.54	28.78	01:03.29	02:15.76	24.11	53.89	02:00.22	02:04.06	04:20.22	1040
1039	23.31	51.05	01:50.80	03:51.21	07:57.98	15:08.81	---	56.40	02:01.57	28.79	01:03.31	02:15.80	24.12	53.90	02:00.26	02:04.10	04:20.30	1039
1038	---	51.07	01:50.84	03:51.28	07:58.13	15:09.10	26.52	56.42	02:01.61	---	01:03.33	02:15.85	---	53.92	02:00.30	02:04.14	04:20.39	1038
1037	23.32	51.08	01:50.87	03:51.36	07:58.29	15:09.39	26.53	56.44	02:01.65	28.80	01:03.35	02:15.89	24.13	53.94	02:00.34	02:04.18	04:20.47	1037
1036	23.33	51.10	01:50.91	03:51.43	07:58.44	15:09.69	26.54	56.46	02:01.69	28.81	01:03.37	02:15.93	24.14	53.96	02:00.38	02:04.22	04:20.56	1036
1035	23.34	51.12	01:50.95	03:51.50	07:58.60	15:09.98	26.55	56.47	02:01.73	28.82	01:03.39	02:15.98	24.15	53.97	02:00.42	02:04.26	04:20.64	1035
1034	---	51.13	01:50.98	03:51.58	07:58.75	15:10.27	26.56	56.49	02:01.77	28.83	01:03.41	02:16.02	---	53.99	02:00.45	02:04.30	04:20.72	1034
1033	23.35	51.15	01:51.02	03:51.65	07:58.90	15:10.57	26.57	56.51	02:01.81	28.84	01:03.43	02:16.06	24.16	54.01	02:00.49	02:04.34	04:20.81	1033
1032	23.36	51.16	01:51.05	03:51.73	07:59.06	15:10.86	---	56.53	02:01.85	28.85	01:03.46	02:16.11	24.17	54.02	02:00.53	02:04.38	04:20.89	1032
1031	23.37	51.18	01:51.09	03:51.80	07:59.21	15:11.16	26.58	56.55	02:01.89	28.86	01:03.48	02:16.15	24.18	54.04	02:00.57	02:04.42	04:20.98	1031
1030	---	51.20	01:51.12	03:51.88	07:59.37	15:11.45	26.59	56.56	02:01.93	28.87	01:03.50	02:16.20	24.19	54.06	02:00.61	02:04.46	04:21.06	1030
1029	23.38	51.21	01:51.16	03:51.95	07:59.52	15:11.75	26.60	56.58	02:01.97	28.88	01:03.52	02:16.24	---	54.08	02:00.65	02:04.50	04:21.14	1029
1028	23.39	51.23	01:51.20	03:52.03	07:59.68	15:12.04	26.61	56.60	02:02.01	28.89	01:03.54	02:16.28	24.20	54.09	02:00.69	02:04.54	04:21.23	1028
1027	23.40	51.25	01:51.23	03:52.10	07:59.83	15:12.34	26.62	56.62	02:02.05	28.90	01:03.56	02:16.33	24.21	54.11	02:00.73	02:04.58	04:21.31	1027
1026	---	51.26	01:51.27	03:52.18	07:59.99	15:12.63	26.63	56.64	02:02.09	28.91	01:03.58	02:16.37	24.22	54.13	02:00.77	02:04.62	04:21.40	1026
1025	23.41	51.28	01:51.31	03:52.26	08:00.15	15:12.93	---	56.66	02:02.13	28.92	01:03.60	02:16.42	---	54.15	02:00.81	02:04.66	04:21.48	1025
1024	23.42	51.30	01:51.34	03:52.33	08:00.30	15:13.23	26.64	56.68	02:02.17	28.93	01:03.62	02:16.46	24.23	54.17	02:00.85	02:04.71	04:21.57	1024

For times not printed in the table, use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

1023	23.43	51.31	01:51.38	03:52.41	08:00.46	15:13.52	26.65	56.69	02:02.21	---	01:03.64	02:16.51	24.24	54.18	02:00.89	02:04.75	04:21.65	1023
1022	---	51.33	01:51.41	03:52.48	08:00.62	15:13.82	26.66	56.71	02:02.24	28.94	01:03.66	02:16.55	24.25	54.20	02:00.92	02:04.79	04:21.74	1022
1021	23.44	51.35	01:51.45	03:52.56	08:00.77	15:14.12	26.67	56.73	02:02.28	28.95	01:03.68	02:16.60	24.26	54.22	02:00.96	02:04.83	04:21.82	1021
1020	23.45	51.36	01:51.49	03:52.63	08:00.93	15:14.42	26.68	56.75	02:02.32	28.96	01:03.70	02:16.64	---	54.24	02:01.00	02:04.87	04:21.91	1020
1019	23.46	51.38	01:51.52	03:52.71	08:01.09	15:14.72	26.69	56.77	02:02.36	28.97	01:03.72	02:16.68	24.27	54.25	02:01.04	02:04.91	04:22.00	1019
1018	23.47	51.40	01:51.56	03:52.79	08:01.24	15:15.02	26.70	56.79	02:02.40	28.98	01:03.74	02:16.73	24.28	54.27	02:01.08	02:04.95	04:22.08	1018
1017	---	51.42	01:51.60	03:52.86	08:01.40	15:15.32	---	56.80	02:02.45	28.99	01:03.77	02:16.77	24.29	54.29	02:01.12	02:04.99	04:22.17	1017
1016	23.48	51.43	01:51.63	03:52.94	08:01.56	15:15.62	26.71	56.82	02:02.49	29.00	01:03.79	02:16.82	24.30	54.31	02:01.16	02:05.03	04:22.25	1016
1015	23.49	51.45	01:51.67	03:53.02	08:01.72	15:15.92	26.72	56.84	02:02.53	29.01	01:03.81	02:16.86	---	54.32	02:01.20	02:05.07	04:22.34	1015
1014	23.50	51.47	01:51.71	03:53.09	08:01.88	15:16.22	26.73	56.86	02:02.57	29.02	01:03.83	02:16.91	24.31	54.34	02:01.24	02:05.11	04:22.43	1014
1013	---	51.48	01:51.74	03:53.17	08:02.04	15:16.52	26.74	56.88	02:02.61	29.03	01:03.85	02:16.95	24.32	54.36	02:01.28	02:05.15	04:22.51	1013
1012	23.51	51.50	01:51.78	03:53.25	08:02.19	15:16.82	26.75	56.90	02:02.65	29.04	01:03.87	02:17.00	24.33	54.38	02:01.32	02:05.20	04:22.60	1012
1011	23.52	51.52	01:51.82	03:53.32	08:02.35	15:17.12	26.76	56.92	02:02.69	29.05	01:03.89	02:17.04	24.34	54.40	02:01.36	02:05.24	04:22.69	1011
1010	23.53	51.53	01:51.85	03:53.40	08:02.51	15:17.43	26.77	56.94	02:02.73	29.06	01:03.91	02:17.09	---	54.41	02:01.40	02:05.28	04:22.77	1010
1009	---	51.55	01:51.89	03:53.48	08:02.67	15:17.73	---	56.95	02:02.77	29.07	01:03.93	02:17.13	24.35	54.43	02:01.44	02:05.32	04:22.86	1009
1008	23.54	51.57	01:51.93	03:53.55	08:02.83	15:18.03	26.78	56.97	02:02.81	29.08	01:03.95	02:17.18	24.36	54.45	02:01.48	02:05.36	04:22.95	1008
1007	23.55	51.58	01:51.96	03:53.63	08:02.99	15:18.34	26.79	56.99	02:02.85	29.09	01:03.98	02:17.23	24.37	54.47	02:01.52	02:05.40	04:23.03	1007
1006	23.56	51.60	01:52.00	03:53.71	08:03.15	15:18.64	26.80	57.01	02:02.89	29.10	01:04.00	02:17.27	24.38	54.49	02:01.56	02:05.44	04:23.12	1006
1005	23.57	51.62	01:52.04	03:53.79	08:03.31	15:18.95	26.81	57.03	02:02.93	29.11	01:04.02	02:17.32	---	54.50	02:01.60	02:05.49	04:23.21	1005
1004	---	51.64	01:52.08	03:53.86	08:03.47	15:19.25	26.82	57.05	02:02.97	29.12	01:04.04	02:17.36	24.39	54.52	02:01.64	02:05.53	04:23.29	1004
1003	23.58	51.65	01:52.11	03:53.94	08:03.63	15:19.56	26.83	57.07	02:03.01	29.13	01:04.06	02:17.41	24.40	54.54	02:01.68	02:05.57	04:23.38	1003
1002	23.59	51.67	01:52.15	03:54.02	08:03.79	15:19.86	26.84	57.09	02:03.05	29.14	01:04.08	02:17.45	24.41	54.56	02:01.72	02:05.61	04:23.47	1002
1001	23.60	51.69	01:52.19	03:54.10	08:03.95	15:20.17	26.85	57.11	02:03.09	29.15	01:04.10	02:17.50	24.42	54.58	02:01.76	02:05.65	04:23.56	1001
1000	23.61	51.71	01:52.23	03:54.18	08:04.12	15:20.48	26.86	57.13	02:03.14	29.16	01:04.13	02:17.55	24.43	54.60	02:01.81	02:05.70	04:23.65	1000
999	---	51.72	01:52.26	03:54.25	08:04.28	15:20.78	---	57.14	02:03.18	---	01:04.15	02:17.59	---	54.61	02:01.85	02:05.74	04:23.73	999
998	23.62	51.74	01:52.30	03:54.33	08:04.44	15:21.09	26.87	57.16	02:03.22	29.17	01:04.17	02:17.64	24.44	54.63	02:01.89	02:05.78	04:23.82	998
997	23.63	51.76	01:52.34	03:54.41	08:04.60	15:21.40	26.88	57.18	02:03.26	29.18	01:04.19	02:17.68	24.45	54.65	02:01.93	02:05.82	04:23.91	997
996	23.64	51.77	01:52.38	03:54.49	08:04.76	15:21.71	26.89	57.20	02:03.30	29.19	01:04.21	02:17.73	24.46	54.67	02:01.97	02:05.86	04:24.00	996
995	---	51.79	01:52.41	03:54.57	08:04.92	15:22.01	26.90	57.22	02:03.34	29.20	01:04.23	02:17.78	24.47	54.69	02:02.01	02:05.91	04:24.09	995
994	23.65	51.81	01:52.45	03:54.65	08:05.09	15:22.32	26.91	57.24	02:03.38	29.21	01:04.25	02:17.82	---	54.70	02:02.05	02:05.95	04:24.17	994
993	23.66	51.83	01:52.49	03:54.72	08:05.25	15:22.63	26.92	57.26	02:03.42	29.22	01:04.28	02:17.87	24.48	54.72	02:02.09	02:05.99	04:24.26	993
992	23.67	51.84	01:52.53	03:54.80	08:05.41	15:22.94	26.93	57.28	02:03.47	29.23	01:04.30	02:17.91	24.49	54.74	02:02.13	02:06.03	04:24.35	992
991	23.68	51.86	01:52.56	03:54.88	08:05.58	15:23.25	26.94	57.30	02:03.51	29.24	01:04.32	02:17.96	24.50	54.76	02:02.17	02:06.07	04:24.44	991
990	---	51.88	01:52.60	03:54.96	08:05.74	15:23.56	26.95	57.32	02:03.55	29.25	01:04.34	02:18.01	24.51	54.78	02:02.21	02:06.12	04:24.53	990
989	23.69	51.90	01:52.64	03:55.04	08:05.90	15:23.88	---	57.34	02:03.59	29.26	01:04.36	02:18.05	24.52	54.80	02:02.25	02:06.16	04:24.62	989
988	23.70	51.91	01:52.68	03:55.12	08:06.07	15:24.19	26.96	57.36	02:03.63	29.27	01:04.38	02:18.10	---	54.82	02:02.30	02:06.20	04:24.71	988
987	23.71	51.93	01:52.72	03:55.20	08:06.23	15:24.50	26.97	57.37	02:03.67	29.28	01:04.41	02:18.15	24.53	54.83	02:02.34	02:06.24	04:24.80	987
986	23.72	51.95	01:52.75	03:55.28	08:06.40	15:24.81	26.98	57.39	02:03.72	29.29	01:04.43	02:18.19	24.54	54.85	02:02.38	02:06.29	04:24.89	986
985	---	51.97	01:52.79	03:55.36	08:06.56	15:25.12	26.99	57.41	02:03.76	29.30	01:04.45	02:18.24	24.55	54.87	02:02.42	02:06.33	04:24.98	985
984	23.73	51.98	01:52.83	03:55.44	08:06.72	15:25.44	27.00	57.43	02:03.80	29.31	01:04.47	02:18.29	24.56	54.89	02:02.46	02:06.37	04:25.07	984

For times not printed in the table, use the next slowest time in the list

World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

983	23.74	52.00	01:52.87	03:55.52	08:06.89	15:25.75	27.01	57.45	02:03.84	29.32	01:04.49	02:18.33	24.57	54.91	02:02.50	02:06.42	04:25.16	983
982	23.75	52.02	01:52.91	03:55.60	08:07.06	15:26.07	27.02	57.47	02:03.88	29.33	01:04.51	02:18.38	---	54.93	02:02.54	02:06.46	04:25.25	982
981	23.76	52.04	01:52.94	03:55.68	08:07.22	15:26.38	27.03	57.49	02:03.92	29.34	01:04.54	02:18.43	24.58	54.95	02:02.59	02:06.50	04:25.34	981
980	---	52.05	01:52.98	03:55.76	08:07.39	15:26.69	27.04	57.51	02:03.97	29.35	01:04.56	02:18.47	24.59	54.96	02:02.63	02:06.54	04:25.43	980
979	23.77	52.07	01:53.02	03:55.84	08:07.55	15:27.01	27.05	57.53	02:04.01	29.36	01:04.58	02:18.52	24.60	54.98	02:02.67	02:06.59	04:25.52	979
978	23.78	52.09	01:53.06	03:55.92	08:07.72	15:27.33	---	57.55	02:04.05	29.37	01:04.60	02:18.57	24.61	55.00	02:02.71	02:06.63	04:25.61	978
977	23.79	52.11	01:53.10	03:56.00	08:07.88	15:27.64	27.06	57.57	02:04.09	29.38	01:04.62	02:18.62	24.62	55.02	02:02.75	02:06.67	04:25.70	977
976	23.80	52.13	01:53.14	03:56.08	08:08.05	15:27.96	27.07	57.59	02:04.14	29.39	01:04.65	02:18.66	---	55.04	02:02.80	02:06.72	04:25.79	976
975	23.81	52.14	01:53.18	03:56.16	08:08.22	15:28.28	27.08	57.61	02:04.18	29.40	01:04.67	02:18.71	24.63	55.06	02:02.84	02:06.76	04:25.88	975
974	---	52.16	01:53.21	03:56.24	08:08.38	15:28.59	27.09	57.63	02:04.22	29.41	01:04.69	02:18.76	24.64	55.08	02:02.88	02:06.80	04:25.97	974
973	23.82	52.18	01:53.25	03:56.32	08:08.55	15:28.91	27.10	57.65	02:04.26	29.42	01:04.71	02:18.81	24.65	55.10	02:02.92	02:06.85	04:26.06	973
972	23.83	52.20	01:53.29	03:56.40	08:08.72	15:29.23	27.11	57.67	02:04.31	29.43	01:04.73	02:18.85	24.66	55.11	02:02.96	02:06.89	04:26.15	972
971	23.84	52.21	01:53.33	03:56.48	08:08.89	15:29.55	27.12	57.69	02:04.35	29.44	01:04.76	02:18.90	24.67	55.13	02:03.01	02:06.93	04:26.24	971
970	23.85	52.23	01:53.37	03:56.56	08:09.06	15:29.87	27.13	57.71	02:04.39	29.45	01:04.78	02:18.95	---	55.15	02:03.05	02:06.98	04:26.34	970
969	---	52.25	01:53.41	03:56.65	08:09.22	15:30.19	27.14	57.73	02:04.43	29.46	01:04.80	02:19.00	24.68	55.17	02:03.09	02:07.02	04:26.43	969
968	23.86	52.27	01:53.45	03:56.73	08:09.39	15:30.51	27.15	57.75	02:04.48	29.47	01:04.82	02:19.04	24.69	55.19	02:03.13	02:07.07	04:26.52	968
967	23.87	52.29	01:53.49	03:56.81	08:09.56	15:30.83	27.16	57.77	02:04.52	29.48	01:04.85	02:19.09	24.70	55.21	02:03.18	02:07.11	04:26.61	967
966	23.88	52.30	01:53.53	03:56.89	08:09.73	15:31.15	27.17	57.79	02:04.56	29.49	01:04.87	02:19.14	24.71	55.23	02:03.22	02:07.15	04:26.70	966
965	23.89	52.32	01:53.57	03:56.97	08:09.90	15:31.47	27.18	57.81	02:04.61	29.50	01:04.89	02:19.19	24.72	55.25	02:03.26	02:07.20	04:26.79	965
964	23.90	52.34	01:53.61	03:57.05	08:10.07	15:31.79	27.19	57.83	02:04.65	29.51	01:04.91	02:19.24	24.73	55.27	02:03.30	02:07.24	04:26.89	964
963	---	52.36	01:53.64	03:57.14	08:10.24	15:32.12	---	57.85	02:04.69	29.52	01:04.94	02:19.28	---	55.29	02:03.35	02:07.28	04:26.98	963
962	23.91	52.38	01:53.68	03:57.22	08:10.41	15:32.44	27.20	57.87	02:04.74	29.53	01:04.96	02:19.33	24.74	55.30	02:03.39	02:07.33	04:27.07	962
961	23.92	52.40	01:53.72	03:57.30	08:10.58	15:32.76	27.21	57.89	02:04.78	29.54	01:04.98	02:19.38	24.75	55.32	02:03.43	02:07.37	04:27.16	961
960	23.93	52.41	01:53.76	03:57.38	08:10.75	15:33.09	27.22	57.91	02:04.82	29.55	01:05.00	02:19.43	24.76	55.34	02:03.47	02:07.42	04:27.26	960
959	23.94	52.43	01:53.80	03:57.47	08:10.92	15:33.41	27.23	57.93	02:04.87	29.56	01:05.03	02:19.48	24.77	55.36	02:03.52	02:07.46	04:27.35	959
958	23.95	52.45	01:53.84	03:57.55	08:11.09	15:33.73	27.24	57.95	02:04.91	29.58	01:05.05	02:19.53	24.78	55.38	02:03.56	02:07.51	04:27.44	958
957	---	52.47	01:53.88	03:57.63	08:11.26	15:34.06	27.25	57.97	02:04.95	29.59	01:05.07	02:19.58	24.79	55.40	02:03.60	02:07.55	04:27.54	957
956	23.96	52.49	01:53.92	03:57.71	08:11.43	15:34.39	27.26	57.99	02:05.00	29.60	01:05.09	02:19.62	---	55.42	02:03.65	02:07.59	04:27.63	956
955	23.97	52.50	01:53.96	03:57.80	08:11.60	15:34.71	27.27	58.01	02:05.04	29.61	01:05.12	02:19.67	24.80	55.44	02:03.69	02:07.64	04:27.72	955
954	23.98	52.52	01:54.00	03:57.88	08:11.77	15:35.04	27.28	58.03	02:05.08	29.62	01:05.14	02:19.72	24.81	55.46	02:03.73	02:07.68	04:27.82	954
953	23.99	52.54	01:54.04	03:57.96	08:11.95	15:35.36	27.29	58.05	02:05.13	29.63	01:05.16	02:19.77	24.82	55.48	02:03.78	02:07.73	04:27.91	953
952	24.00	52.56	01:54.08	03:58.05	08:12.12	15:35.69	27.30	58.07	02:05.17	29.64	01:05.19	02:19.82	24.83	55.50	02:03.82	02:07.77	04:28.00	952
951	---	52.58	01:54.12	03:58.13	08:12.29	15:36.02	27.31	58.09	02:05.21	29.65	01:05.21	02:19.87	24.84	55.52	02:03.86	02:07.82	04:28.10	951
950	24.01	52.60	01:54.16	03:58.21	08:12.46	15:36.35	27.32	58.11	02:05.26	29.66	01:05.23	02:19.92	24.85	55.54	02:03.91	02:07.86	04:28.19	950
949	24.02	52.62	01:54.20	03:58.30	08:12.64	15:36.68	27.33	58.13	02:05.30	29.67	01:05.25	02:19.97	24.86	55.56	02:03.95	02:07.91	04:28.29	949
948	24.03	52.63	01:54.24	03:58.38	08:12.81	15:37.01	27.34	58.15	02:05.35	29.68	01:05.28	02:20.02	---	55.58	02:03.99	02:07.95	04:28.38	948
947	24.04	52.65	01:54.28	03:58.46	08:12.98	15:37.34	27.35	58.17	02:05.39	29.69	01:05.30	02:20.06	24.87	55.60	02:04.04	02:08.00	04:28.47	947
946	24.05	52.67	01:54.32	03:58.55	08:13.16	15:37.67	27.36	58.19	02:05.43	29.70	01:05.32	02:20.11	24.88	55.61	02:04.08	02:08.04	04:28.57	946
945	---	52.69	01:54.36	03:58.63	08:13.33	15:38.00	27.37	58.21	02:05.48	29.71	01:05.35	02:20.16	24.89	55.63	02:04.12	02:08.09	04:28.66	945
944	24.06	52.71	01:54.40	03:58.72	08:13.50	15:38.33	27.38	58.23	02:05.52	29.72	01:05.37	02:20.21	24.90	55.65	02:04.17	02:08.13	04:28.76	944

For times not printed in the table,
use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

943	24.07	52.73	01:54.44	03:58.80	08:13.68	15:38.66	27.39	58.25	02:05.57	29.73	01:05.39	02:20.26	24.91	55.67	02:04.21	02:08.18	04:28.85	943
942	24.08	52.75	01:54.48	03:58.89	08:13.85	15:38.99	27.40	58.27	02:05.61	29.74	01:05.42	02:20.31	24.92	55.69	02:04.26	02:08.22	04:28.95	942
941	24.09	52.76	01:54.52	03:58.97	08:14.03	15:39.32	27.41	58.29	02:05.66	29.75	01:05.44	02:20.36	24.93	55.71	02:04.30	02:08.27	04:29.04	941
940	24.10	52.78	01:54.56	03:59.06	08:14.20	15:39.66	---	58.32	02:05.70	29.76	01:05.46	02:20.41	---	55.73	02:04.34	02:08.31	04:29.14	940
939	24.11	52.80	01:54.60	03:59.14	08:14.38	15:39.99	27.42	58.34	02:05.75	29.77	01:05.48	02:20.46	24.94	55.75	02:04.39	02:08.36	04:29.23	939
938	---	52.82	01:54.65	03:59.22	08:14.55	15:40.32	27.43	58.36	02:05.79	29.78	01:05.51	02:20.51	24.95	55.77	02:04.43	02:08.41	04:29.33	938
937	24.12	52.84	01:54.69	03:59.31	08:14.73	15:40.66	27.44	58.38	02:05.84	29.79	01:05.53	02:20.56	24.96	55.79	02:04.48	02:08.45	04:29.43	937
936	24.13	52.86	01:54.73	03:59.40	08:14.91	15:40.99	27.45	58.40	02:05.88	29.81	01:05.55	02:20.61	24.97	55.81	02:04.52	02:08.50	04:29.52	936
935	24.14	52.88	01:54.77	03:59.48	08:15.08	15:41.33	27.46	58.42	02:05.92	29.82	01:05.58	02:20.66	24.98	55.83	02:04.56	02:08.54	04:29.62	935
934	24.15	52.90	01:54.81	03:59.57	08:15.26	15:41.66	27.47	58.44	02:05.97	29.83	01:05.60	02:20.71	24.99	55.85	02:04.61	02:08.59	04:29.71	934
933	24.16	52.91	01:54.85	03:59.65	08:15.44	15:42.00	27.48	58.46	02:06.01	29.84	01:05.62	02:20.76	25.00	55.87	02:04.65	02:08.63	04:29.81	933
932	24.17	52.93	01:54.89	03:59.74	08:15.61	15:42.34	27.49	58.48	02:06.06	29.85	01:05.65	02:20.81	25.01	55.89	02:04.70	02:08.68	04:29.91	932
931	---	52.95	01:54.93	03:59.82	08:15.79	15:42.68	27.50	58.50	02:06.10	29.86	01:05.67	02:20.86	---	55.91	02:04.74	02:08.73	04:30.00	931
930	24.18	52.97	01:54.97	03:59.91	08:15.97	15:43.01	27.51	58.52	02:06.15	29.87	01:05.70	02:20.91	25.02	55.93	02:04.79	02:08.77	04:30.10	930
929	24.19	52.99	01:55.01	03:59.99	08:16.15	15:43.35	27.52	58.54	02:06.20	29.88	01:05.72	02:20.96	25.03	55.95	02:04.83	02:08.82	04:30.20	929
928	24.20	53.01	01:55.06	04:00.08	08:16.32	15:43.69	27.53	58.57	02:06.24	29.89	01:05.74	02:21.01	25.04	55.97	02:04.88	02:08.87	04:30.29	928
927	24.21	53.03	01:55.10	04:00.17	08:16.50	15:44.03	27.54	58.59	02:06.29	29.90	01:05.77	02:21.06	25.05	55.99	02:04.92	02:08.91	04:30.39	927
926	24.22	53.05	01:55.14	04:00.25	08:16.68	15:44.37	27.55	58.61	02:06.33	29.91	01:05.79	02:21.12	25.06	56.01	02:04.97	02:08.96	04:30.49	926
925	24.23	53.07	01:55.18	04:00.34	08:16.86	15:44.71	27.56	58.63	02:06.38	29.92	01:05.81	02:21.17	25.07	56.03	02:05.01	02:09.00	04:30.59	925
924	24.24	53.09	01:55.22	04:00.43	08:17.04	15:45.05	27.57	58.65	02:06.42	29.93	01:05.84	02:21.22	25.08	56.05	02:05.06	02:09.05	04:30.68	924
923	---	53.10	01:55.26	04:00.51	08:17.22	15:45.39	27.58	58.67	02:06.47	29.94	01:05.86	02:21.27	25.09	56.07	02:05.10	02:09.10	04:30.78	923
922	24.25	53.12	01:55.30	04:00.60	08:17.40	15:45.73	27.59	58.69	02:06.51	29.96	01:05.88	02:21.32	25.10	56.09	02:05.15	02:09.14	04:30.88	922
921	24.26	53.14	01:55.35	04:00.69	08:17.58	15:46.07	27.60	58.71	02:06.56	29.97	01:05.91	02:21.37	---	56.11	02:05.19	02:09.19	04:30.98	921
920	24.27	53.16	01:55.39	04:00.78	08:17.76	15:46.42	27.61	58.74	02:06.61	29.98	01:05.93	02:21.42	25.11	56.13	02:05.24	02:09.24	04:31.08	920
919	24.28	53.18	01:55.43	04:00.86	08:17.94	15:46.76	27.62	58.76	02:06.65	29.99	01:05.96	02:21.47	25.12	56.15	02:05.28	02:09.28	04:31.17	919
918	24.29	53.20	01:55.47	04:00.95	08:18.12	15:47.10	27.63	58.78	02:06.70	30.00	01:05.98	02:21.52	25.13	56.17	02:05.33	02:09.33	04:31.27	918
917	24.30	53.22	01:55.51	04:01.04	08:18.30	15:47.45	27.64	58.80	02:06.74	30.01	01:06.00	02:21.58	25.14	56.19	02:05.37	02:09.38	04:31.37	917
916	24.31	53.24	01:55.56	04:01.13	08:18.48	15:47.79	27.65	58.82	02:06.79	30.02	01:06.03	02:21.63	25.15	56.22	02:05.42	02:09.43	04:31.47	916
915	---	53.26	01:55.60	04:01.21	08:18.66	15:48.14	27.66	58.84	02:06.84	30.03	01:06.05	02:21.68	25.16	56.24	02:05.47	02:09.47	04:31.57	915
914	24.32	53.28	01:55.64	04:01.30	08:18.85	15:48.48	27.67	58.86	02:06.88	30.04	01:06.08	02:21.73	25.17	56.26	02:05.51	02:09.52	04:31.67	914
913	24.33	53.30	01:55.68	04:01.39	08:19.03	15:48.83	27.68	58.88	02:06.93	30.05	01:06.10	02:21.78	25.18	56.28	02:05.56	02:09.57	04:31.77	913
912	24.34	53.32	01:55.72	04:01.48	08:19.21	15:49.18	27.69	58.91	02:06.97	30.06	01:06.12	02:21.83	25.19	56.30	02:05.60	02:09.61	04:31.87	912
911	24.35	53.34	01:55.77	04:01.57	08:19.39	15:49.52	27.70	58.93	02:07.02	30.08	01:06.15	02:21.89	25.20	56.32	02:05.65	02:09.66	04:31.97	911
910	24.36	53.36	01:55.81	04:01.65	08:19.58	15:49.87	27.71	58.95	02:07.07	30.09	01:06.17	02:21.94	25.21	56.34	02:05.70	02:09.71	04:32.06	910
909	24.37	53.38	01:55.85	04:01.74	08:19.76	15:50.22	27.72	58.97	02:07.11	30.10	01:06.20	02:21.99	---	56.36	02:05.74	02:09.76	04:32.16	909
908	24.38	53.40	01:55.89	04:01.83	08:19.94	15:50.57	27.73	58.99	02:07.16	30.11	01:06.22	02:22.04	25.22	56.38	02:05.79	02:09.80	04:32.26	908
907	24.39	53.42	01:55.94	04:01.92	08:20.13	15:50.92	27.74	59.01	02:07.21	30.12	01:06.25	02:22.09	25.23	56.40	02:05.83	02:09.85	04:32.36	907
906	---	53.43	01:55.98	04:02.01	08:20.31	15:51.27	27.75	59.04	02:07.25	30.13	01:06.27	02:22.15	25.24	56.42	02:05.88	02:09.90	04:32.46	906
905	24.40	53.45	01:56.02	04:02.10	08:20.49	15:51.62	27.76	59.06	02:07.30	30.14	01:06.29	02:22.20	25.25	56.44	02:05.93	02:09.95	04:32.57	905
904	24.41	53.47	01:56.06	04:02.19	08:20.68	15:51.97	27.77	59.08	02:07.35	30.15	01:06.32	02:22.25	25.26	56.46	02:05.97	02:10.00	04:32.67	904

For times not printed in the table,
use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

903	24.42	53.49	01:56.11	04:02.28	08:20.86	15:52.32	27.78	59.10	02:07.40	30.16	01:06.34	02:22.30	25.27	56.48	02:06.02	02:10.04	04:32.77	903
902	24.43	53.51	01:56.15	04:02.37	08:21.05	15:52.67	27.79	59.12	02:07.44	30.17	01:06.37	02:22.36	25.28	56.50	02:06.07	02:10.09	04:32.87	902
901	24.44	53.53	01:56.19	04:02.46	08:21.23	15:53.02	27.80	59.15	02:07.49	30.19	01:06.39	02:22.41	25.29	56.53	02:06.11	02:10.14	04:32.97	901
900	24.45	53.55	01:56.24	04:02.55	08:21.42	15:53.38	27.82	59.17	02:07.54	30.20	01:06.42	02:22.46	25.30	56.55	02:06.16	02:10.19	04:33.07	900
899	24.46	53.57	01:56.28	04:02.64	08:21.61	15:53.73	27.83	59.19	02:07.58	30.21	01:06.44	02:22.51	25.31	56.57	02:06.21	02:10.24	04:33.17	899
898	24.47	53.59	01:56.32	04:02.73	08:21.79	15:54.08	27.84	59.21	02:07.63	30.22	01:06.47	02:22.57	25.32	56.59	02:06.25	02:10.28	04:33.27	898
897	24.48	53.61	01:56.37	04:02.82	08:21.98	15:54.44	27.85	59.23	02:07.68	30.23	01:06.49	02:22.62	25.33	56.61	02:06.30	02:10.33	04:33.37	897
896	24.49	53.63	01:56.41	04:02.91	08:22.16	15:54.79	27.86	59.25	02:07.73	30.24	01:06.52	02:22.67	25.34	56.63	02:06.35	02:10.38	04:33.47	896
895	---	53.65	01:56.45	04:03.00	08:22.35	15:55.15	27.87	59.28	02:07.77	30.25	01:06.54	02:22.73	25.35	56.65	02:06.39	02:10.43	04:33.58	895
894	24.50	53.67	01:56.50	04:03.09	08:22.54	15:55.50	27.88	59.30	02:07.82	30.26	01:06.57	02:22.78	---	56.67	02:06.44	02:10.48	04:33.68	894
893	24.51	53.69	01:56.54	04:03.18	08:22.73	15:55.86	27.89	59.32	02:07.87	30.28	01:06.59	02:22.83	25.36	56.69	02:06.49	02:10.53	04:33.78	893
892	24.52	53.71	01:56.58	04:03.27	08:22.91	15:56.22	27.90	59.34	02:07.92	30.29	01:06.62	02:22.89	25.37	56.72	02:06.54	02:10.58	04:33.88	892
891	24.53	53.73	01:56.63	04:03.36	08:23.10	15:56.58	27.91	59.37	02:07.96	30.30	01:06.64	02:22.94	25.38	56.74	02:06.58	02:10.62	04:33.99	891
890	24.54	53.75	01:56.67	04:03.45	08:23.29	15:56.93	27.92	59.39	02:08.01	30.31	01:06.67	02:22.99	25.39	56.76	02:06.63	02:10.67	04:34.09	890
889	24.55	53.77	01:56.71	04:03.54	08:23.48	15:57.29	27.93	59.41	02:08.06	30.32	01:06.69	02:23.05	25.40	56.78	02:06.68	02:10.72	04:34.19	889
888	24.56	53.79	01:56.76	04:03.63	08:23.67	15:57.65	27.94	59.43	02:08.11	30.33	01:06.72	02:23.10	25.41	56.80	02:06.72	02:10.77	04:34.29	888
887	24.57	53.81	01:56.80	04:03.72	08:23.86	15:58.01	27.95	59.45	02:08.16	30.34	01:06.74	02:23.15	25.42	56.82	02:06.77	02:10.82	04:34.40	887
886	24.58	53.83	01:56.85	04:03.82	08:24.05	15:58.37	27.96	59.48	02:08.20	30.36	01:06.77	02:23.21	25.43	56.84	02:06.82	02:10.87	04:34.50	886
885	24.59	53.85	01:56.89	04:03.91	08:24.24	15:58.73	27.97	59.50	02:08.25	30.37	01:06.79	02:23.26	25.44	56.86	02:06.87	02:10.92	04:34.60	885
884	24.60	53.87	01:56.93	04:04.00	08:24.43	15:59.09	27.98	59.52	02:08.30	30.38	01:06.82	02:23.32	25.45	56.89	02:06.92	02:10.97	04:34.71	884
883	---	53.89	01:56.98	04:04.09	08:24.62	15:59.46	27.99	59.54	02:08.35	30.39	01:06.84	02:23.37	25.46	56.91	02:06.96	02:11.02	04:34.81	883
882	24.61	53.92	01:57.02	04:04.18	08:24.81	15:59.82	28.00	59.57	02:08.40	30.40	01:06.87	02:23.42	25.47	56.93	02:07.01	02:11.07	04:34.91	882
881	24.62	53.94	01:57.07	04:04.28	08:25.00	16:00.18	28.01	59.59	02:08.45	30.41	01:06.89	02:23.48	25.48	56.95	02:07.06	02:11.12	04:35.02	881
880	24.63	53.96	01:57.11	04:04.37	08:25.19	16:00.55	28.02	59.61	02:08.50	30.42	01:06.92	02:23.53	25.49	56.97	02:07.11	02:11.17	04:35.12	880
879	24.64	53.98	01:57.15	04:04.46	08:25.38	16:00.91	28.03	59.63	02:08.54	30.44	01:06.94	02:23.59	25.50	56.99	02:07.16	02:11.22	04:35.23	879
878	24.65	54.00	01:57.20	04:04.55	08:25.57	16:01.27	28.05	59.66	02:08.59	30.45	01:06.97	02:23.64	25.51	57.02	02:07.20	02:11.27	04:35.33	878
877	24.66	54.02	01:57.24	04:04.65	08:25.77	16:01.64	28.06	59.68	02:08.64	30.46	01:06.99	02:23.70	25.52	57.04	02:07.25	02:11.32	04:35.44	877
876	24.67	54.04	01:57.29	04:04.74	08:25.96	16:02.01	28.07	59.70	02:08.69	30.47	01:07.02	02:23.75	25.53	57.06	02:07.30	02:11.37	04:35.54	876
875	24.68	54.06	01:57.33	04:04.83	08:26.15	16:02.37	28.08	59.73	02:08.74	30.48	01:07.04	02:23.81	25.54	57.08	02:07.35	02:11.42	04:35.65	875
874	24.69	54.08	01:57.38	04:04.93	08:26.34	16:02.74	28.09	59.75	02:08.79	30.49	01:07.07	02:23.86	25.55	57.10	02:07.40	02:11.47	04:35.75	874
873	24.70	54.10	01:57.42	04:05.02	08:26.54	16:03.11	28.10	59.77	02:08.84	30.51	01:07.10	02:23.92	25.56	57.12	02:07.45	02:11.52	04:35.86	873
872	24.71	54.12	01:57.47	04:05.11	08:26.73	16:03.47	28.11	59.79	02:08.89	30.52	01:07.12	02:23.97	25.57	57.15	02:07.50	02:11.57	04:35.96	872
871	24.72	54.14	01:57.51	04:05.21	08:26.92	16:03.84	28.12	59.82	02:08.94	30.53	01:07.15	02:24.03	25.58	57.17	02:07.54	02:11.62	04:36.07	871
870	24.73	54.16	01:57.56	04:05.30	08:27.12	16:04.21	28.13	59.84	02:08.99	30.54	01:07.17	02:24.08	25.59	57.19	02:07.59	02:11.67	04:36.17	870
869	24.74	54.18	01:57.60	04:05.40	08:27.31	16:04.58	28.14	59.86	02:09.04	30.55	01:07.20	02:24.14	25.60	57.21	02:07.64	02:11.72	04:36.28	869
868	24.75	54.20	01:57.65	04:05.49	08:27.51	16:04.95	28.15	59.89	02:09.08	30.56	01:07.22	02:24.19	25.61	57.23	02:07.69	02:11.77	04:36.38	868
867	24.76	54.22	01:57.69	04:05.58	08:27.70	16:05.32	28.16	59.91	02:09.13	30.58	01:07.25	02:24.25	25.62	57.26	02:07.74	02:11.82	04:36.49	867
866	---	54.25	01:57.74	04:05.68	08:27.90	16:05.69	28.17	59.93	02:09.18	30.59	01:07.28	02:24.30	25.63	57.28	02:07.79	02:11.87	04:36.60	866
865	24.77	54.27	01:57.78	04:05.77	08:28.09	16:06.07	28.19	59.95	02:09.23	30.60	01:07.30	02:24.36	25.64	57.30	02:07.84	02:11.92	04:36.70	865
864	24.78	54.29	01:57.83	04:05.87	08:28.29	16:06.44	28.20	59.98	02:09.28	30.61	01:07.33	02:24.41	---	57.32	02:07.89	02:11.97	04:36.81	864

For times not printed in the table,
use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

863	24.79	54.31	01:57.87	04:05.96	08:28.49	16:06.81	28.21	01:00.00	02:09.33	30.62	01:07.35	02:24.47	25.65	57.34	02:07.94	02:12.02	04:36.92	863
862	24.80	54.33	01:57.92	04:06.06	08:28.68	16:07.19	28.22	01:00.02	02:09.38	30.63	01:07.38	02:24.53	25.66	57.37	02:07.99	02:12.07	04:37.02	862
861	24.81	54.35	01:57.97	04:06.15	08:28.88	16:07.56	28.23	01:00.05	02:09.43	30.65	01:07.41	02:24.58	25.67	57.39	02:08.04	02:12.12	04:37.13	861
860	24.82	54.37	01:58.01	04:06.25	08:29.08	16:07.93	28.24	01:00.07	02:09.48	30.66	01:07.43	02:24.64	25.68	57.41	02:08.09	02:12.18	04:37.24	860
859	24.83	54.39	01:58.06	04:06.34	08:29.27	16:08.31	28.25	01:00.09	02:09.53	30.67	01:07.46	02:24.69	25.69	57.43	02:08.14	02:12.23	04:37.35	859
858	24.84	54.41	01:58.10	04:06.44	08:29.47	16:08.69	28.26	01:00.12	02:09.58	30.68	01:07.48	02:24.75	25.70	57.45	02:08.18	02:12.28	04:37.45	858
857	24.85	54.43	01:58.15	04:06.54	08:29.67	16:09.06	28.27	01:00.14	02:09.63	30.69	01:07.51	02:24.81	25.71	57.48	02:08.23	02:12.33	04:37.56	857
856	24.86	54.46	01:58.20	04:06.63	08:29.87	16:09.44	28.28	01:00.16	02:09.69	30.71	01:07.54	02:24.86	25.72	57.50	02:08.28	02:12.38	04:37.67	856
855	24.87	54.48	01:58.24	04:06.73	08:30.07	16:09.82	28.29	01:00.19	02:09.74	30.72	01:07.56	02:24.92	25.73	57.52	02:08.33	02:12.43	04:37.78	855
854	24.88	54.50	01:58.29	04:06.82	08:30.27	16:10.20	28.31	01:00.21	02:09.79	30.73	01:07.59	02:24.97	25.74	57.54	02:08.38	02:12.48	04:37.89	854
853	24.89	54.52	01:58.33	04:06.92	08:30.46	16:10.58	28.32	01:00.23	02:09.84	30.74	01:07.62	02:25.03	25.75	57.57	02:08.43	02:12.54	04:37.99	853
852	24.90	54.54	01:58.38	04:07.02	08:30.66	16:10.95	28.33	01:00.26	02:09.89	30.75	01:07.64	02:25.09	25.76	57.59	02:08.49	02:12.59	04:38.10	852
851	24.91	54.56	01:58.43	04:07.11	08:30.86	16:11.33	28.34	01:00.28	02:09.94	30.77	01:07.67	02:25.15	25.77	57.61	02:08.54	02:12.64	04:38.21	851
850	24.92	54.58	01:58.47	04:07.21	08:31.06	16:11.72	28.35	01:00.31	02:09.99	30.78	01:07.69	02:25.20	25.78	57.63	02:08.59	02:12.69	04:38.32	850
849	24.93	54.60	01:58.52	04:07.31	08:31.27	16:12.10	28.36	01:00.33	02:10.04	30.79	01:07.72	02:25.26	25.80	57.66	02:08.64	02:12.74	04:38.43	849
848	24.94	54.63	01:58.57	04:07.41	08:31.47	16:12.48	28.37	01:00.35	02:10.09	30.80	01:07.75	02:25.32	25.81	57.68	02:08.69	02:12.80	04:38.54	848
847	24.95	54.65	01:58.61	04:07.50	08:31.67	16:12.86	28.38	01:00.38	02:10.14	30.81	01:07.77	02:25.37	25.82	57.70	02:08.74	02:12.85	04:38.65	847
846	24.96	54.67	01:58.66	04:07.60	08:31.87	16:13.24	28.39	01:00.40	02:10.19	30.83	01:07.80	02:25.43	25.83	57.73	02:08.79	02:12.90	04:38.76	846
845	24.97	54.69	01:58.71	04:07.70	08:32.07	16:13.63	28.41	01:00.42	02:10.25	30.84	01:07.83	02:25.49	25.84	57.75	02:08.84	02:12.95	04:38.87	845
844	24.98	54.71	01:58.75	04:07.80	08:32.27	16:14.01	28.42	01:00.45	02:10.30	30.85	01:07.85	02:25.55	25.85	57.77	02:08.89	02:13.01	04:38.98	844
843	24.99	54.73	01:58.80	04:07.89	08:32.48	16:14.40	28.43	01:00.47	02:10.35	30.86	01:07.88	02:25.60	25.86	57.79	02:08.94	02:13.06	04:39.09	843
842	25.00	54.76	01:58.85	04:07.99	08:32.68	16:14.78	28.44	01:00.50	02:10.40	30.88	01:07.91	02:25.66	25.87	57.82	02:08.99	02:13.11	04:39.20	842
841	25.01	54.78	01:58.89	04:08.09	08:32.88	16:15.17	28.45	01:00.52	02:10.45	30.89	01:07.94	02:25.72	25.88	57.84	02:09.04	02:13.16	04:39.31	841
840	25.02	54.80	01:58.94	04:08.19	08:33.08	16:15.56	28.46	01:00.54	02:10.50	30.90	01:07.96	02:25.78	25.89	57.86	02:09.09	02:13.22	04:39.42	840
839	25.03	54.82	01:58.99	04:08.29	08:33.29	16:15.94	28.47	01:00.57	02:10.56	30.91	01:07.99	02:25.83	25.90	57.89	02:09.15	02:13.27	04:39.53	839
838	25.04	54.84	01:59.04	04:08.39	08:33.49	16:16.33	28.48	01:00.59	02:10.61	30.92	01:08.02	02:25.89	25.91	57.91	02:09.20	02:13.32	04:39.64	838
837	25.05	54.86	01:59.08	04:08.48	08:33.70	16:16.72	28.50	01:00.62	02:10.66	30.94	01:08.04	02:25.95	25.92	57.93	02:09.25	02:13.38	04:39.76	837
836	25.06	54.89	01:59.13	04:08.58	08:33.90	16:17.11	28.51	01:00.64	02:10.71	30.95	01:08.07	02:26.01	25.93	57.95	02:09.30	02:13.43	04:39.87	836
835	25.07	54.91	01:59.18	04:08.68	08:34.11	16:17.50	28.52	01:00.66	02:10.76	30.96	01:08.10	02:26.07	25.94	57.98	02:09.35	02:13.48	04:39.98	835
834	25.08	54.93	01:59.23	04:08.78	08:34.31	16:17.89	28.53	01:00.69	02:10.82	30.97	01:08.13	02:26.12	25.95	58.00	02:09.40	02:13.54	04:40.09	834
833	25.09	54.95	01:59.27	04:08.88	08:34.52	16:18.28	28.54	01:00.71	02:10.87	30.99	01:08.15	02:26.18	25.96	58.02	02:09.45	02:13.59	04:40.20	833
832	25.10	54.97	01:59.32	04:08.98	08:34.72	16:18.67	28.55	01:00.74	02:10.92	31.00	01:08.18	02:26.24	25.97	58.05	02:09.51	02:13.64	04:40.31	832
831	25.11	55.00	01:59.37	04:09.08	08:34.93	16:19.07	28.56	01:00.76	02:10.97	31.01	01:08.21	02:26.30	25.98	58.07	02:09.56	02:13.70	04:40.43	831
830	25.12	55.02	01:59.42	04:09.18	08:35.14	16:19.46	28.58	01:00.79	02:11.03	31.02	01:08.23	02:26.36	25.99	58.09	02:09.61	02:13.75	04:40.54	830
829	25.13	55.04	01:59.46	04:09.28	08:35.34	16:19.85	28.59	01:00.81	02:11.08	31.04	01:08.26	02:26.42	26.00	58.12	02:09.66	02:13.80	04:40.65	829
828	25.14	55.06	01:59.51	04:09.38	08:35.55	16:20.25	28.60	01:00.83	02:11.13	31.05	01:08.29	02:26.48	26.01	58.14	02:09.71	02:13.86	04:40.77	828
827	25.15	55.08	01:59.56	04:09.48	08:35.76	16:20.64	28.61	01:00.86	02:11.18	31.06	01:08.32	02:26.54	26.02	58.16	02:09.77	02:13.91	04:40.88	827
826	25.16	55.11	01:59.61	04:09.58	08:35.97	16:21.04	28.62	01:00.88	02:11.24	31.07	01:08.34	02:26.59	26.03	58.19	02:09.82	02:13.97	04:40.99	826
825	25.17	55.13	01:59.66	04:09.68	08:36.18	16:21.43	28.63	01:00.91	02:11.29	31.09	01:08.37	02:26.65	26.04	58.21	02:09.87	02:14.02	04:41.11	825
824	25.18	55.15	01:59.71	04:09.78	08:36.38	16:21.83	28.65	01:00.93	02:11.34	31.10	01:08.40	02:26.71	26.05	58.23	02:09.92	02:14.07	04:41.22	824

For times not printed in the table, use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

823	25.19	55.17	01:59.75	04:09.89	08:36.59	16:22.23	28.66	01:00.96	02:11.40	31.11	01:08.43	02:26.77	26.06	58.26	02:09.98	02:14.13	04:41.33	823
822	25.20	55.20	01:59.80	04:09.99	08:36.80	16:22.63	28.67	01:00.98	02:11.45	31.12	01:08.46	02:26.83	26.07	58.28	02:10.03	02:14.18	04:41.45	822
821	25.21	55.22	01:59.85	04:10.09	08:37.01	16:23.02	28.68	01:01.01	02:11.50	31.14	01:08.48	02:26.89	26.09	58.31	02:10.08	02:14.24	04:41.56	821
820	25.22	55.24	01:59.90	04:10.19	08:37.22	16:23.42	28.69	01:01.03	02:11.56	31.15	01:08.51	02:26.95	26.10	58.33	02:10.14	02:14.29	04:41.68	820
819	25.23	55.26	01:59.95	04:10.29	08:37.43	16:23.82	28.70	01:01.06	02:11.61	31.16	01:08.54	02:27.01	26.11	58.35	02:10.19	02:14.35	04:41.79	819
818	25.24	55.29	02:00.00	04:10.39	08:37.64	16:24.22	28.72	01:01.08	02:11.66	31.17	01:08.57	02:27.07	26.12	58.38	02:10.24	02:14.40	04:41.90	818
817	25.25	55.31	02:00.05	04:10.50	08:37.85	16:24.63	28.73	01:01.11	02:11.72	31.19	01:08.59	02:27.13	26.13	58.40	02:10.29	02:14.46	04:42.02	817
816	25.26	55.33	02:00.10	04:10.60	08:38.07	16:25.03	28.74	01:01.13	02:11.77	31.20	01:08.62	02:27.19	26.14	58.42	02:10.35	02:14.51	04:42.13	816
815	25.27	55.35	02:00.14	04:10.70	08:38.28	16:25.43	28.75	01:01.16	02:11.82	31.21	01:08.65	02:27.25	26.15	58.45	02:10.40	02:14.57	04:42.25	815
814	25.28	55.38	02:00.19	04:10.80	08:38.49	16:25.83	28.76	01:01.18	02:11.88	31.23	01:08.68	02:27.31	26.16	58.47	02:10.45	02:14.62	04:42.37	814
813	25.29	55.40	02:00.24	04:10.91	08:38.70	16:26.24	28.77	01:01.21	02:11.93	31.24	01:08.71	02:27.37	26.17	58.50	02:10.51	02:14.68	04:42.48	813
812	25.30	55.42	02:00.29	04:11.01	08:38.92	16:26.64	28.79	01:01.23	02:11.99	31.25	01:08.73	02:27.43	26.18	58.52	02:10.56	02:14.73	04:42.60	812
811	25.31	55.44	02:00.34	04:11.11	08:39.13	16:27.05	28.80	01:01.26	02:12.04	31.26	01:08.76	02:27.49	26.19	58.54	02:10.61	02:14.79	04:42.71	811
810	25.32	55.47	02:00.39	04:11.22	08:39.34	16:27.45	28.81	01:01.28	02:12.10	31.28	01:08.79	02:27.55	26.20	58.57	02:10.67	02:14.84	04:42.83	810
809	25.33	55.49	02:00.44	04:11.32	08:39.56	16:27.86	28.82	01:01.31	02:12.15	31.29	01:08.82	02:27.61	26.21	58.59	02:10.72	02:14.90	04:42.95	809
808	25.34	55.51	02:00.49	04:11.42	08:39.77	16:28.27	28.83	01:01.33	02:12.20	31.30	01:08.85	02:27.68	26.22	58.62	02:10.78	02:14.95	04:43.06	808
807	25.35	55.54	02:00.54	04:11.53	08:39.99	16:28.68	28.85	01:01.36	02:12.26	31.32	01:08.88	02:27.74	26.24	58.64	02:10.83	02:15.01	04:43.18	807
806	25.36	55.56	02:00.59	04:11.63	08:40.20	16:29.09	28.86	01:01.38	02:12.31	31.33	01:08.91	02:27.80	26.25	58.66	02:10.88	02:15.06	04:43.30	806
805	25.38	55.58	02:00.64	04:11.73	08:40.42	16:29.49	28.87	01:01.41	02:12.37	31.34	01:08.93	02:27.86	26.26	58.69	02:10.94	02:15.12	04:43.41	805
804	25.39	55.61	02:00.69	04:11.84	08:40.63	16:29.90	28.88	01:01.43	02:12.42	31.35	01:08.96	02:27.92	26.27	58.71	02:10.99	02:15.18	04:43.53	804
803	25.40	55.63	02:00.74	04:11.94	08:40.85	16:30.32	28.89	01:01.46	02:12.48	31.37	01:08.99	02:27.98	26.28	58.74	02:11.05	02:15.23	04:43.65	803
802	25.41	55.65	02:00.79	04:12.05	08:41.06	16:30.73	28.90	01:01.49	02:12.53	31.38	01:09.02	02:28.04	26.29	58.76	02:11.10	02:15.29	04:43.77	802
801	25.42	55.67	02:00.84	04:12.15	08:41.28	16:31.14	28.92	01:01.51	02:12.59	31.39	01:09.05	02:28.10	26.30	58.79	02:11.16	02:15.34	04:43.89	801
800	25.43	55.70	02:00.89	04:12.26	08:41.50	16:31.55	28.93	01:01.54	02:12.64	31.41	01:09.08	02:28.17	26.31	58.81	02:11.21	02:15.40	04:44.00	800
799	25.44	55.72	02:00.94	04:12.36	08:41.71	16:31.97	28.94	01:01.56	02:12.70	31.42	01:09.11	02:28.23	26.32	58.84	02:11.27	02:15.46	04:44.12	799
798	25.45	55.74	02:00.99	04:12.47	08:41.93	16:32.38	28.95	01:01.59	02:12.75	31.43	01:09.13	02:28.29	26.33	58.86	02:11.32	02:15.51	04:44.24	798
797	25.46	55.77	02:01.04	04:12.57	08:42.15	16:32.79	28.97	01:01.61	02:12.81	31.45	01:09.16	02:28.35	26.34	58.88	02:11.38	02:15.57	04:44.36	797
796	25.47	55.79	02:01.09	04:12.68	08:42.37	16:33.21	28.98	01:01.64	02:12.87	31.46	01:09.19	02:28.41	26.36	58.91	02:11.43	02:15.63	04:44.48	796
795	25.48	55.81	02:01.14	04:12.79	08:42.59	16:33.63	28.99	01:01.67	02:12.92	31.47	01:09.22	02:28.48	26.37	58.93	02:11.49	02:15.68	04:44.60	795
794	25.49	55.84	02:01.19	04:12.89	08:42.81	16:34.04	29.00	01:01.69	02:12.98	31.49	01:09.25	02:28.54	26.38	58.96	02:11.54	02:15.74	04:44.72	794
793	25.50	55.86	02:01.25	04:13.00	08:43.03	16:34.46	29.01	01:01.72	02:13.03	31.50	01:09.28	02:28.60	26.39	58.98	02:11.60	02:15.80	04:44.84	793
792	25.51	55.88	02:01.30	04:13.10	08:43.25	16:34.88	29.03	01:01.74	02:13.09	31.51	01:09.31	02:28.66	26.40	59.01	02:11.65	02:15.86	04:44.96	792
791	25.52	55.91	02:01.35	04:13.21	08:43.47	16:35.30	29.04	01:01.77	02:13.14	31.53	01:09.34	02:28.73	26.41	59.03	02:11.71	02:15.91	04:45.08	791
790	25.53	55.93	02:01.40	04:13.32	08:43.69	16:35.72	29.05	01:01.80	02:13.20	31.54	01:09.37	02:28.79	26.42	59.06	02:11.76	02:15.97	04:45.20	790
789	25.55	55.96	02:01.45	04:13.42	08:43.91	16:36.14	29.06	01:01.82	02:13.26	31.55	01:09.40	02:28.85	26.43	59.08	02:11.82	02:16.03	04:45.32	789
788	25.56	55.98	02:01.50	04:13.53	08:44.13	16:36.56	29.08	01:01.85	02:13.31	31.57	01:09.43	02:28.91	26.44	59.11	02:11.87	02:16.09	04:45.44	788
787	25.57	56.00	02:01.55	04:13.64	08:44.35	16:36.98	29.09	01:01.87	02:13.37	31.58	01:09.46	02:28.98	26.46	59.13	02:11.93	02:16.14	04:45.56	787
786	25.58	56.03	02:01.60	04:13.75	08:44.58	16:37.40	29.10	01:01.90	02:13.43	31.59	01:09.48	02:29.04	26.47	59.16	02:11.99	02:16.20	04:45.68	786
785	25.59	56.05	02:01.66	04:13.85	08:44.80	16:37.83	29.11	01:01.93	02:13.48	31.61	01:09.51	02:29.10	26.48	59.18	02:12.04	02:16.26	04:45.80	785
784	25.60	56.07	02:01.71	04:13.96	08:45.02	16:38.25	29.12	01:01.95	02:13.54	31.62	01:09.54	02:29.17	26.49	59.21	02:12.10	02:16.32	04:45.92	784

For times not printed in the table, use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

783	25.61	56.10	02:01.76	04:14.07	08:45.24	16:38.68	29.14	01:01.98	02:13.60	31.63	01:09.57	02:29.23	26.50	59.23	02:12.15	02:16.37	04:46.04	783
782	25.62	56.12	02:01.81	04:14.18	08:45.47	16:39.10	29.15	01:02.01	02:13.65	31.65	01:09.60	02:29.29	26.51	59.26	02:12.21	02:16.43	04:46.17	782
781	25.63	56.15	02:01.86	04:14.29	08:45.69	16:39.53	29.16	01:02.03	02:13.71	31.66	01:09.63	02:29.36	26.52	59.28	02:12.27	02:16.49	04:46.29	781
780	25.64	56.17	02:01.92	04:14.40	08:45.92	16:39.96	29.17	01:02.06	02:13.77	31.67	01:09.66	02:29.42	26.53	59.31	02:12.32	02:16.55	04:46.41	780
779	25.65	56.19	02:01.97	04:14.50	08:46.14	16:40.38	29.19	01:02.08	02:13.82	31.69	01:09.69	02:29.49	26.55	59.33	02:12.38	02:16.61	04:46.53	779
778	25.67	56.22	02:02.02	04:14.61	08:46.37	16:40.81	29.20	01:02.11	02:13.88	31.70	01:09.72	02:29.55	26.56	59.36	02:12.44	02:16.67	04:46.66	778
777	25.68	56.24	02:02.07	04:14.72	08:46.59	16:41.24	29.21	01:02.14	02:13.94	31.71	01:09.75	02:29.61	26.57	59.39	02:12.49	02:16.72	04:46.78	777
776	25.69	56.27	02:02.12	04:14.83	08:46.82	16:41.67	29.22	01:02.16	02:14.00	31.73	01:09.78	02:29.68	26.58	59.41	02:12.55	02:16.78	04:46.90	776
775	25.70	56.29	02:02.18	04:14.94	08:47.05	16:42.10	29.24	01:02.19	02:14.05	31.74	01:09.81	02:29.74	26.59	59.44	02:12.61	02:16.84	04:47.02	775
774	25.71	56.31	02:02.23	04:15.05	08:47.27	16:42.53	29.25	01:02.22	02:14.11	31.75	01:09.84	02:29.81	26.60	59.46	02:12.66	02:16.90	04:47.15	774
773	25.72	56.34	02:02.28	04:15.16	08:47.50	16:42.96	29.26	01:02.24	02:14.17	31.77	01:09.87	02:29.87	26.61	59.49	02:12.72	02:16.96	04:47.27	773
772	25.73	56.36	02:02.34	04:15.27	08:47.73	16:43.40	29.27	01:02.27	02:14.23	31.78	01:09.90	02:29.94	26.63	59.51	02:12.78	02:17.02	04:47.40	772
771	25.74	56.39	02:02.39	04:15.38	08:47.96	16:43.83	29.29	01:02.30	02:14.29	31.80	01:09.93	02:30.00	26.64	59.54	02:12.84	02:17.08	04:47.52	771
770	25.75	56.41	02:02.44	04:15.49	08:48.18	16:44.27	29.30	01:02.33	02:14.34	31.81	01:09.96	02:30.07	26.65	59.57	02:12.89	02:17.14	04:47.64	770
769	25.77	56.44	02:02.49	04:15.60	08:48.41	16:44.70	29.31	01:02.35	02:14.40	31.82	01:09.99	02:30.13	26.66	59.59	02:12.95	02:17.20	04:47.77	769
768	25.78	56.46	02:02.55	04:15.71	08:48.64	16:45.14	29.33	01:02.38	02:14.46	31.84	01:10.02	02:30.20	26.67	59.62	02:13.01	02:17.26	04:47.89	768
767	25.79	56.49	02:02.60	04:15.82	08:48.87	16:45.57	29.34	01:02.41	02:14.52	31.85	01:10.05	02:30.26	26.68	59.64	02:13.07	02:17.32	04:48.02	767
766	25.80	56.51	02:02.65	04:15.94	08:49.10	16:46.01	29.35	01:02.43	02:14.58	31.86	01:10.08	02:30.33	26.70	59.67	02:13.12	02:17.38	04:48.14	766
765	25.81	56.53	02:02.71	04:16.05	08:49.33	16:46.45	29.36	01:02.46	02:14.64	31.88	01:10.11	02:30.39	26.71	59.69	02:13.18	02:17.44	04:48.27	765
764	25.82	56.56	02:02.76	04:16.16	08:49.56	16:46.89	29.38	01:02.49	02:14.70	31.89	01:10.15	02:30.46	26.72	59.72	02:13.24	02:17.50	04:48.40	764
763	25.83	56.58	02:02.81	04:16.27	08:49.79	16:47.33	29.39	01:02.52	02:14.75	31.91	01:10.18	02:30.52	26.73	59.75	02:13.30	02:17.56	04:48.52	763
762	25.84	56.61	02:02.87	04:16.38	08:50.03	16:47.77	29.40	01:02.54	02:14.81	31.92	01:10.21	02:30.59	26.74	59.77	02:13.36	02:17.62	04:48.65	762
761	25.86	56.63	02:02.92	04:16.50	08:50.26	16:48.21	29.42	01:02.57	02:14.87	31.93	01:10.24	02:30.66	26.75	59.80	02:13.42	02:17.68	04:48.77	761
760	25.87	56.66	02:02.98	04:16.61	08:50.49	16:48.65	29.43	01:02.60	02:14.93	31.95	01:10.27	02:30.72	26.77	59.83	02:13.47	02:17.74	04:48.90	760
759	25.88	56.68	02:03.03	04:16.72	08:50.72	16:49.09	29.44	01:02.63	02:14.99	31.96	01:10.30	02:30.79	26.78	59.85	02:13.53	02:17.80	04:49.03	759
758	25.89	56.71	02:03.08	04:16.83	08:50.96	16:49.54	29.45	01:02.65	02:15.05	31.98	01:10.33	02:30.85	26.79	59.88	02:13.59	02:17.86	04:49.15	758
757	25.90	56.73	02:03.14	04:16.95	08:51.19	16:49.98	29.47	01:02.68	02:15.11	31.99	01:10.36	02:30.92	26.80	59.90	02:13.65	02:17.92	04:49.28	757
756	25.91	56.76	02:03.19	04:17.06	08:51.42	16:50.43	29.48	01:02.71	02:15.17	32.00	01:10.39	02:30.99	26.81	59.93	02:13.71	02:17.98	04:49.41	756
755	25.92	56.78	02:03.25	04:17.17	08:51.66	16:50.87	29.49	01:02.74	02:15.23	32.02	01:10.42	02:31.05	26.82	59.96	02:13.77	02:18.04	04:49.54	755
754	25.94	56.81	02:03.30	04:17.29	08:51.89	16:51.32	29.51	01:02.76	02:15.29	32.03	01:10.45	02:31.12	26.84	59.98	02:13.83	02:18.10	04:49.67	754
753	25.95	56.83	02:03.36	04:17.40	08:52.13	16:51.77	29.52	01:02.79	02:15.35	32.05	01:10.49	02:31.19	26.85	01:00.01	02:13.89	02:18.16	04:49.79	753
752	25.96	56.86	02:03.41	04:17.51	08:52.37	16:52.22	29.53	01:02.82	02:15.41	32.06	01:10.52	02:31.25	26.86	01:00.04	02:13.95	02:18.22	04:49.92	752
751	25.97	56.88	02:03.47	04:17.63	08:52.60	16:52.66	29.55	01:02.85	02:15.47	32.08	01:10.55	02:31.32	26.87	01:00.06	02:14.00	02:18.28	04:50.05	751
750	25.98	56.91	02:03.52	04:17.74	08:52.84	16:53.11	29.56	01:02.87	02:15.53	32.09	01:10.58	02:31.39	26.88	01:00.09	02:14.06	02:18.35	04:50.18	750
749	25.99	56.93	02:03.58	04:17.86	08:53.08	16:53.57	29.57	01:02.90	02:15.59	32.10	01:10.61	02:31.46	26.90	01:00.12	02:14.12	02:18.41	04:50.31	749
748	26.00	56.96	02:03.63	04:17.97	08:53.31	16:54.02	29.58	01:02.93	02:15.65	32.12	01:10.64	02:31.52	26.91	01:00.14	02:14.18	02:18.47	04:50.44	748
747	26.02	56.99	02:03.69	04:18.09	08:53.55	16:54.47	29.60	01:02.96	02:15.71	32.13	01:10.67	02:31.59	26.92	01:00.17	02:14.24	02:18.53	04:50.57	747
746	26.03	57.01	02:03.74	04:18.20	08:53.79	16:54.92	29.61	01:02.99	02:15.77	32.15	01:10.71	02:31.66	26.93	01:00.20	02:14.30	02:18.59	04:50.70	746
745	26.04	57.04	02:03.80	04:18.32	08:54.03	16:55.38	29.62	01:03.02	02:15.83	32.16	01:10.74	02:31.73	26.94	01:00.22	02:14.36	02:18.65	04:50.83	745
744	26.05	57.06	02:03.85	04:18.43	08:54.27	16:55.83	29.64	01:03.04	02:15.89	32.18	01:10.77	02:31.79	26.96	01:00.25	02:14.42	02:18.72	04:50.96	744

For times not printed in the table,
use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

743	26.06	57.09	02:03.91	04:18.55	08:54.51	16:56.29	29.65	01:03.07	02:15.95	32.19	01:10.80	02:31.86	26.97	01:00.28	02:14.48	02:18.78	04:51.09	743
742	26.07	57.11	02:03.96	04:18.67	08:54.75	16:56.74	29.66	01:03.10	02:16.01	32.20	01:10.83	02:31.93	26.98	01:00.31	02:14.54	02:18.84	04:51.22	742
741	26.09	57.14	02:04.02	04:18.78	08:54.99	16:57.20	29.68	01:03.13	02:16.07	32.22	01:10.86	02:32.00	26.99	01:00.33	02:14.60	02:18.90	04:51.35	741
740	26.10	57.16	02:04.07	04:18.90	08:55.23	16:57.66	29.69	01:03.16	02:16.14	32.23	01:10.90	02:32.07	27.00	01:00.36	02:14.67	02:18.97	04:51.48	740
739	26.11	57.19	02:04.13	04:19.02	08:55.47	16:58.12	29.70	01:03.19	02:16.20	32.25	01:10.93	02:32.14	27.02	01:00.39	02:14.73	02:19.03	04:51.61	739
738	26.12	57.22	02:04.19	04:19.13	08:55.71	16:58.58	29.72	01:03.21	02:16.26	32.26	01:10.96	02:32.20	27.03	01:00.41	02:14.79	02:19.09	04:51.74	738
737	26.13	57.24	02:04.24	04:19.25	08:55.95	16:59.04	29.73	01:03.24	02:16.32	32.28	01:10.99	02:32.27	27.04	01:00.44	02:14.85	02:19.15	04:51.88	737
736	26.14	57.27	02:04.30	04:19.37	08:56.20	16:59.50	29.74	01:03.27	02:16.38	32.29	01:11.02	02:32.34	27.05	01:00.47	02:14.91	02:19.22	04:52.01	736
735	26.16	57.29	02:04.35	04:19.49	08:56.44	16:59.96	29.76	01:03.30	02:16.44	32.31	01:11.06	02:32.41	27.07	01:00.50	02:14.97	02:19.28	04:52.14	735
734	26.17	57.32	02:04.41	04:19.60	08:56.68	17:00.42	29.77	01:03.33	02:16.51	32.32	01:11.09	02:32.48	27.08	01:00.52	02:15.03	02:19.34	04:52.27	734
733	26.18	57.35	02:04.47	04:19.72	08:56.93	17:00.89	29.79	01:03.36	02:16.57	32.34	01:11.12	02:32.55	27.09	01:00.55	02:15.09	02:19.41	04:52.41	733
732	26.19	57.37	02:04.52	04:19.84	08:57.17	17:01.35	29.80	01:03.39	02:16.63	32.35	01:11.15	02:32.62	27.10	01:00.58	02:15.15	02:19.47	04:52.54	732
731	26.20	57.40	02:04.58	04:19.96	08:57.42	17:01.82	29.81	01:03.41	02:16.69	32.37	01:11.19	02:32.69	27.11	01:00.61	02:15.22	02:19.53	04:52.67	731
730	26.22	57.42	02:04.64	04:20.08	08:57.66	17:02.28	29.83	01:03.44	02:16.75	32.38	01:11.22	02:32.76	27.13	01:00.63	02:15.28	02:19.60	04:52.81	730
729	26.23	57.45	02:04.69	04:20.19	08:57.91	17:02.75	29.84	01:03.47	02:16.82	32.40	01:11.25	02:32.83	27.14	01:00.66	02:15.34	02:19.66	04:52.94	729
728	26.24	57.48	02:04.75	04:20.31	08:58.15	17:03.22	29.85	01:03.50	02:16.88	32.41	01:11.28	02:32.90	27.15	01:00.69	02:15.40	02:19.73	04:53.07	728
727	26.25	57.50	02:04.81	04:20.43	08:58.40	17:03.69	29.87	01:03.53	02:16.94	32.42	01:11.32	02:32.97	27.16	01:00.72	02:15.46	02:19.79	04:53.21	727
726	26.26	57.53	02:04.87	04:20.55	08:58.65	17:04.16	29.88	01:03.56	02:17.01	32.44	01:11.35	02:33.04	27.18	01:00.75	02:15.53	02:19.85	04:53.34	726
725	26.28	57.56	02:04.92	04:20.67	08:58.89	17:04.63	29.89	01:03.59	02:17.07	32.45	01:11.38	02:33.11	27.19	01:00.77	02:15.59	02:19.92	04:53.48	725
724	26.29	57.58	02:04.98	04:20.79	08:59.14	17:05.10	29.91	01:03.62	02:17.13	32.47	01:11.41	02:33.18	27.20	01:00.80	02:15.65	02:19.98	04:53.61	724
723	26.30	57.61	02:05.04	04:20.91	08:59.39	17:05.57	29.92	01:03.65	02:17.19	32.48	01:11.45	02:33.25	27.21	01:00.83	02:15.71	02:20.05	04:53.75	723
722	26.31	57.64	02:05.10	04:21.03	08:59.64	17:06.05	29.94	01:03.68	02:17.26	32.50	01:11.48	02:33.32	27.23	01:00.86	02:15.78	02:20.11	04:53.88	722
721	26.33	57.66	02:05.15	04:21.15	08:59.89	17:06.52	29.95	01:03.71	02:17.32	32.51	01:11.51	02:33.39	27.24	01:00.89	02:15.84	02:20.18	04:54.02	721
720	26.34	57.69	02:05.21	04:21.27	09:00.14	17:06.99	29.96	01:03.74	02:17.38	32.53	01:11.55	02:33.46	27.25	01:00.91	02:15.90	02:20.24	04:54.15	720
719	26.35	57.72	02:05.27	04:21.40	09:00.39	17:07.47	29.98	01:03.77	02:17.45	32.54	01:11.58	02:33.53	27.26	01:00.94	02:15.96	02:20.31	04:54.29	719
718	26.36	57.74	02:05.33	04:21.52	09:00.64	17:07.95	29.99	01:03.80	02:17.51	32.56	01:11.61	02:33.60	27.28	01:00.97	02:16.03	02:20.37	04:54.43	718
717	26.37	57.77	02:05.39	04:21.64	09:00.89	17:08.42	30.01	01:03.82	02:17.58	32.57	01:11.65	02:33.68	27.29	01:01.00	02:16.09	02:20.44	04:54.56	717
716	26.39	57.80	02:05.45	04:21.76	09:01.14	17:08.90	30.02	01:03.85	02:17.64	32.59	01:11.68	02:33.75	27.30	01:01.03	02:16.15	02:20.50	04:54.70	716
715	26.40	57.82	02:05.50	04:21.88	09:01.39	17:09.38	30.03	01:03.88	02:17.70	32.61	01:11.71	02:33.82	27.32	01:01.06	02:16.22	02:20.57	04:54.84	715
714	26.41	57.85	02:05.56	04:22.00	09:01.65	17:09.86	30.05	01:03.91	02:17.77	32.62	01:11.75	02:33.89	27.33	01:01.08	02:16.28	02:20.63	04:54.98	714
713	26.42	57.88	02:05.62	04:22.13	09:01.90	17:10.34	30.06	01:03.94	02:17.83	32.64	01:11.78	02:33.96	27.34	01:01.11	02:16.34	02:20.70	04:55.11	713
712	26.44	57.90	02:05.68	04:22.25	09:02.15	17:10.83	30.08	01:03.97	02:17.90	32.65	01:11.81	02:34.04	27.35	01:01.14	02:16.41	02:20.76	04:55.25	712
711	26.45	57.93	02:05.74	04:22.37	09:02.41	17:11.31	30.09	01:04.00	02:17.96	32.67	01:11.85	02:34.11	27.37	01:01.17	02:16.47	02:20.83	04:55.39	711
710	26.46	57.96	02:05.80	04:22.50	09:02.66	17:11.79	30.10	01:04.03	02:18.03	32.68	01:11.88	02:34.18	27.38	01:01.20	02:16.54	02:20.90	04:55.53	710
709	26.47	57.99	02:05.86	04:22.62	09:02.92	17:12.28	30.12	01:04.06	02:18.09	32.70	01:11.91	02:34.25	27.39	01:01.23	02:16.60	02:20.96	04:55.67	709
708	26.49	58.01	02:05.92	04:22.74	09:03.17	17:12.76	30.13	01:04.09	02:18.16	32.71	01:11.95	02:34.32	27.41	01:01.26	02:16.66	02:21.03	04:55.81	708
707	26.50	58.04	02:05.98	04:22.87	09:03.43	17:13.25	30.15	01:04.12	02:18.22	32.73	01:11.98	02:34.40	27.42	01:01.28	02:16.73	02:21.10	04:55.95	707
706	26.51	58.07	02:06.03	04:22.99	09:03.69	17:13.74	30.16	01:04.15	02:18.29	32.74	01:12.02	02:34.47	27.43	01:01.31	02:16.79	02:21.16	04:56.09	706
705	26.52	58.10	02:06.09	04:23.11	09:03.94	17:14.23	30.17	01:04.19	02:18.35	32.76	01:12.05	02:34.54	27.44	01:01.34	02:16.86	02:21.23	04:56.23	705
704	26.54	58.12	02:06.15	04:23.24	09:04.20	17:14.72	30.19	01:04.22	02:18.42	32.77	01:12.08	02:34.62	27.46	01:01.37	02:16.92	02:21.30	04:56.37	704

For times not printed in the table, use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

703	26.55	58.15	02:06.21	04:23.36	09:04.46	17:15.21	30.20	01:04.25	02:18.48	32.79	01:12.12	02:34.69	27.47	01:01.40	02:16.99	02:21.36	04:56.51	703
702	26.56	58.18	02:06.27	04:23.49	09:04.72	17:15.70	30.22	01:04.28	02:18.55	32.81	01:12.15	02:34.76	27.48	01:01.43	02:17.05	02:21.43	04:56.65	702
701	26.57	58.21	02:06.33	04:23.61	09:04.97	17:16.19	30.23	01:04.31	02:18.62	32.82	01:12.19	02:34.84	27.50	01:01.46	02:17.12	02:21.50	04:56.79	701
700	26.59	58.23	02:06.39	04:23.74	09:05.23	17:16.68	30.25	01:04.34	02:18.68	32.84	01:12.22	02:34.91	27.51	01:01.49	02:17.18	02:21.56	04:56.93	700
699	26.60	58.26	02:06.45	04:23.87	09:05.49	17:17.18	30.26	01:04.37	02:18.75	32.85	01:12.26	02:34.98	27.52	01:01.52	02:17.25	02:21.63	04:57.07	699
698	26.61	58.29	02:06.51	04:23.99	09:05.75	17:17.67	30.27	01:04.40	02:18.81	32.87	01:12.29	02:35.06	27.54	01:01.55	02:17.31	02:21.70	04:57.21	698
697	26.62	58.32	02:06.57	04:24.12	09:06.02	17:18.17	30.29	01:04.43	02:18.88	32.88	01:12.32	02:35.13	27.55	01:01.58	02:17.38	02:21.77	04:57.36	697
696	26.64	58.34	02:06.64	04:24.24	09:06.28	17:18.67	30.30	01:04.46	02:18.95	32.90	01:12.36	02:35.21	27.56	01:01.61	02:17.45	02:21.84	04:57.50	696
695	26.65	58.37	02:06.70	04:24.37	09:06.54	17:19.16	30.32	01:04.49	02:19.01	32.91	01:12.39	02:35.28	27.58	01:01.64	02:17.51	02:21.90	04:57.64	695
694	26.66	58.40	02:06.76	04:24.50	09:06.80	17:19.66	30.33	01:04.52	02:19.08	32.93	01:12.43	02:35.36	27.59	01:01.66	02:17.58	02:21.97	04:57.78	694
693	26.67	58.43	02:06.82	04:24.62	09:07.06	17:20.16	30.35	01:04.55	02:19.15	32.95	01:12.46	02:35.43	27.60	01:01.69	02:17.64	02:22.04	04:57.93	693
692	26.69	58.46	02:06.88	04:24.75	09:07.33	17:20.66	30.36	01:04.58	02:19.21	32.96	01:12.50	02:35.51	27.61	01:01.72	02:17.71	02:22.11	04:58.07	692
691	26.70	58.49	02:06.94	04:24.88	09:07.59	17:21.17	30.38	01:04.62	02:19.28	32.98	01:12.53	02:35.58	27.63	01:01.75	02:17.78	02:22.18	04:58.21	691
690	26.71	58.51	02:07.00	04:25.01	09:07.86	17:21.67	30.39	01:04.65	02:19.35	32.99	01:12.57	02:35.66	27.64	01:01.78	02:17.84	02:22.24	04:58.36	690
689	26.73	58.54	02:07.06	04:25.14	09:08.12	17:22.17	30.41	01:04.68	02:19.42	33.01	01:12.60	02:35.73	27.65	01:01.81	02:17.91	02:22.31	04:58.50	689
688	26.74	58.57	02:07.12	04:25.26	09:08.39	17:22.68	30.42	01:04.71	02:19.48	33.03	01:12.64	02:35.81	27.67	01:01.84	02:17.98	02:22.38	04:58.65	688
687	26.75	58.60	02:07.19	04:25.39	09:08.65	17:23.18	30.44	01:04.74	02:19.55	33.04	01:12.67	02:35.88	27.68	01:01.87	02:18.04	02:22.45	04:58.79	687
686	26.77	58.63	02:07.25	04:25.52	09:08.92	17:23.69	30.45	01:04.77	02:19.62	33.06	01:12.71	02:35.96	27.70	01:01.90	02:18.11	02:22.52	04:58.94	686
685	26.78	58.66	02:07.31	04:25.65	09:09.19	17:24.20	30.47	01:04.80	02:19.69	33.07	01:12.74	02:36.03	27.71	01:01.93	02:18.18	02:22.59	04:59.08	685
684	26.79	58.68	02:07.37	04:25.78	09:09.45	17:24.70	30.48	01:04.84	02:19.75	33.09	01:12.78	02:36.11	27.72	01:01.96	02:18.24	02:22.66	04:59.23	684
683	26.80	58.71	02:07.43	04:25.91	09:09.72	17:25.21	30.49	01:04.87	02:19.82	33.11	01:12.82	02:36.19	27.74	01:01.99	02:18.31	02:22.73	04:59.37	683
682	26.82	58.74	02:07.50	04:26.04	09:09.99	17:25.72	30.51	01:04.90	02:19.89	33.12	01:12.85	02:36.26	27.75	01:02.02	02:18.38	02:22.80	04:59.52	682
681	26.83	58.77	02:07.56	04:26.17	09:10.26	17:26.24	30.52	01:04.93	02:19.96	33.14	01:12.89	02:36.34	27.76	01:02.05	02:18.45	02:22.87	04:59.67	681
680	26.84	58.80	02:07.62	04:26.30	09:10.53	17:26.75	30.54	01:04.96	02:20.03	33.16	01:12.92	02:36.41	27.78	01:02.09	02:18.52	02:22.94	04:59.81	680
679	26.86	58.83	02:07.68	04:26.43	09:10.80	17:27.26	30.55	01:04.99	02:20.10	33.17	01:12.96	02:36.49	27.79	01:02.12	02:18.58	02:23.01	04:59.96	679
678	26.87	58.86	02:07.75	04:26.56	09:11.07	17:27.78	30.57	01:05.03	02:20.17	33.19	01:12.99	02:36.57	27.80	01:02.15	02:18.65	02:23.08	05:00.11	678
677	26.88	58.89	02:07.81	04:26.69	09:11.34	17:28.29	30.58	01:05.06	02:20.23	33.20	01:13.03	02:36.65	27.82	01:02.18	02:18.72	02:23.15	05:00.26	677
676	26.90	58.91	02:07.87	04:26.82	09:11.61	17:28.81	30.60	01:05.09	02:20.30	33.22	01:13.07	02:36.72	27.83	01:02.21	02:18.79	02:23.22	05:00.40	676
675	26.91	58.94	02:07.94	04:26.96	09:11.88	17:29.33	30.61	01:05.12	02:20.37	33.24	01:13.10	02:36.80	27.84	01:02.24	02:18.86	02:23.29	05:00.55	675
674	26.92	58.97	02:08.00	04:27.09	09:12.16	17:29.85	30.63	01:05.15	02:20.44	33.25	01:13.14	02:36.88	27.86	01:02.27	02:18.93	02:23.36	05:00.70	674
673	26.94	59.00	02:08.06	04:27.22	09:12.43	17:30.37	30.65	01:05.19	02:20.51	33.27	01:13.17	02:36.95	27.87	01:02.30	02:18.99	02:23.43	05:00.85	673
672	26.95	59.03	02:08.13	04:27.35	09:12.70	17:30.89	30.66	01:05.22	02:20.58	33.29	01:13.21	02:37.03	27.89	01:02.33	02:19.06	02:23.50	05:01.00	672
671	26.96	59.06	02:08.19	04:27.49	09:12.98	17:31.41	30.68	01:05.25	02:20.65	33.30	01:13.25	02:37.11	27.90	01:02.36	02:19.13	02:23.58	05:01.15	671
670	26.98	59.09	02:08.25	04:27.62	09:13.25	17:31.93	30.69	01:05.28	02:20.72	33.32	01:13.28	02:37.19	27.91	01:02.39	02:19.20	02:23.65	05:01.30	670
669	26.99	59.12	02:08.32	04:27.75	09:13.53	17:32.46	30.71	01:05.32	02:20.79	33.34	01:13.32	02:37.27	27.93	01:02.42	02:19.27	02:23.72	05:01.45	669
668	27.00	59.15	02:08.38	04:27.89	09:13.81	17:32.98	30.72	01:05.35	02:20.86	33.35	01:13.36	02:37.35	27.94	01:02.45	02:19.34	02:23.79	05:01.60	668
667	27.02	59.18	02:08.44	04:28.02	09:14.08	17:33.51	30.74	01:05.38	02:20.93	33.37	01:13.39	02:37.42	27.96	01:02.49	02:19.41	02:23.86	05:01.75	667
666	27.03	59.21	02:08.51	04:28.15	09:14.36	17:34.03	30.75	01:05.41	02:21.00	33.39	01:13.43	02:37.50	27.97	01:02.52	02:19.48	02:23.93	05:01.90	666
665	27.04	59.24	02:08.57	04:28.29	09:14.64	17:34.56	30.77	01:05.45	02:21.07	33.40	01:13.47	02:37.58	27.98	01:02.55	02:19.55	02:24.01	05:02.05	665
664	27.06	59.27	02:08.64	04:28.42	09:14.91	17:35.09	30.78	01:05.48	02:21.14	33.42	01:13.50	02:37.66	28.00	01:02.58	02:19.62	02:24.08	05:02.20	664

For times not printed in the table,
use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

663	27.07	59.30	02:08.70	04:28.56	09:15.19	17:35.62	30.80	01:05.51	02:21.21	33.44	01:13.54	02:37.74	28.01	01:02.61	02:19.69	02:24.15	05:02.35	663
662	27.09	59.33	02:08.77	04:28.69	09:15.47	17:36.15	30.81	01:05.55	02:21.29	33.45	01:13.58	02:37.82	28.03	01:02.64	02:19.76	02:24.22	05:02.51	662
661	27.10	59.36	02:08.83	04:28.83	09:15.75	17:36.68	30.83	01:05.58	02:21.36	33.47	01:13.61	02:37.90	28.04	01:02.67	02:19.83	02:24.30	05:02.66	661
660	27.11	59.39	02:08.90	04:28.96	09:16.03	17:37.22	30.85	01:05.61	02:21.43	33.49	01:13.65	02:37.98	28.05	01:02.71	02:19.90	02:24.37	05:02.81	660
659	27.13	59.42	02:08.96	04:29.10	09:16.31	17:37.75	30.86	01:05.65	02:21.50	33.50	01:13.69	02:38.06	28.07	01:02.74	02:19.97	02:24.44	05:02.96	659
658	27.14	59.45	02:09.03	04:29.24	09:16.60	17:38.29	30.88	01:05.68	02:21.57	33.52	01:13.73	02:38.14	28.08	01:02.77	02:20.04	02:24.51	05:03.12	658
657	27.15	59.48	02:09.09	04:29.37	09:16.88	17:38.82	30.89	01:05.71	02:21.64	33.54	01:13.76	02:38.22	28.10	01:02.80	02:20.11	02:24.59	05:03.27	657
656	27.17	59.51	02:09.16	04:29.51	09:17.16	17:39.36	30.91	01:05.75	02:21.72	33.55	01:13.80	02:38.30	28.11	01:02.83	02:20.18	02:24.66	05:03.43	656
655	27.18	59.54	02:09.22	04:29.65	09:17.45	17:39.90	30.92	01:05.78	02:21.79	33.57	01:13.84	02:38.38	28.13	01:02.87	02:20.26	02:24.73	05:03.58	655
654	27.20	59.57	02:09.29	04:29.78	09:17.73	17:40.44	30.94	01:05.81	02:21.86	33.59	01:13.88	02:38.46	28.14	01:02.90	02:20.33	02:24.81	05:03.73	654
653	27.21	59.60	02:09.36	04:29.92	09:18.01	17:40.98	30.96	01:05.85	02:21.93	33.61	01:13.91	02:38.54	28.15	01:02.93	02:20.40	02:24.88	05:03.89	653
652	27.22	59.63	02:09.42	04:30.06	09:18.30	17:41.52	30.97	01:05.88	02:22.00	33.62	01:13.95	02:38.62	28.17	01:02.96	02:20.47	02:24.96	05:04.05	652
651	27.24	59.66	02:09.49	04:30.20	09:18.58	17:42.07	30.99	01:05.91	02:22.08	33.64	01:13.99	02:38.70	28.18	01:02.99	02:20.54	02:25.03	05:04.20	651
650	27.25	59.69	02:09.56	04:30.34	09:18.87	17:42.61	31.00	01:05.95	02:22.15	33.66	01:14.03	02:38.78	28.20	01:03.03	02:20.61	02:25.11	05:04.36	650
649	27.26	59.72	02:09.62	04:30.47	09:19.16	17:43.16	31.02	01:05.98	02:22.22	33.68	01:14.07	02:38.87	28.21	01:03.06	02:20.69	02:25.18	05:04.51	649
648	27.28	59.75	02:09.69	04:30.61	09:19.45	17:43.70	31.03	01:06.01	02:22.30	33.69	01:14.10	02:38.95	28.23	01:03.09	02:20.76	02:25.25	05:04.67	648
647	27.29	59.78	02:09.76	04:30.75	09:19.73	17:44.25	31.05	01:06.05	02:22.37	33.71	01:14.14	02:39.03	28.24	01:03.12	02:20.83	02:25.33	05:04.83	647
646	27.31	59.81	02:09.82	04:30.89	09:20.02	17:44.80	31.07	01:06.08	02:22.44	33.73	01:14.18	02:39.11	28.26	01:03.16	02:20.90	02:25.40	05:04.98	646
645	27.32	59.84	02:09.89	04:31.03	09:20.31	17:45.35	31.08	01:06.12	02:22.52	33.74	01:14.22	02:39.19	28.27	01:03.19	02:20.98	02:25.48	05:05.14	645
644	27.34	59.87	02:09.96	04:31.17	09:20.60	17:45.90	31.10	01:06.15	02:22.59	33.76	01:14.26	02:39.28	28.28	01:03.22	02:21.05	02:25.55	05:05.30	644
643	27.35	59.91	02:10.02	04:31.31	09:20.89	17:46.45	31.11	01:06.19	02:22.66	33.78	01:14.30	02:39.36	28.30	01:03.25	02:21.12	02:25.63	05:05.46	643
642	27.36	59.94	02:10.09	04:31.45	09:21.18	17:47.01	31.13	01:06.22	02:22.74	33.80	01:14.33	02:39.44	28.31	01:03.29	02:21.20	02:25.71	05:05.62	642
641	27.38	59.97	02:10.16	04:31.60	09:21.47	17:47.56	31.15	01:06.25	02:22.81	33.81	01:14.37	02:39.52	28.33	01:03.32	02:21.27	02:25.78	05:05.77	641
640	27.39	01:00.00	02:10.23	04:31.74	09:21.77	17:48.12	31.16	01:06.29	02:22.89	33.83	01:14.41	02:39.61	28.34	01:03.35	02:21.34	02:25.86	05:05.93	640
639	27.41	01:00.03	02:10.29	04:31.88	09:22.06	17:48.67	31.18	01:06.32	02:22.96	33.85	01:14.45	02:39.69	28.36	01:03.39	02:21.42	02:25.93	05:06.09	639
638	27.42	01:00.06	02:10.36	04:32.02	09:22.35	17:49.23	31.20	01:06.36	02:23.04	33.87	01:14.49	02:39.77	28.37	01:03.42	02:21.49	02:26.01	05:06.25	638
637	27.43	01:00.09	02:10.43	04:32.16	09:22.65	17:49.79	31.21	01:06.39	02:23.11	33.89	01:14.53	02:39.86	28.39	01:03.45	02:21.56	02:26.09	05:06.41	637
636	27.45	01:00.12	02:10.50	04:32.31	09:22.94	17:50.35	31.23	01:06.43	02:23.19	33.90	01:14.57	02:39.94	28.40	01:03.49	02:21.64	02:26.16	05:06.57	636
635	27.46	01:00.16	02:10.57	04:32.45	09:23.24	17:50.91	31.24	01:06.46	02:23.26	33.92	01:14.61	02:40.03	28.42	01:03.52	02:21.71	02:26.24	05:06.73	635
634	27.48	01:00.19	02:10.64	04:32.59	09:23.53	17:51.48	31.26	01:06.50	02:23.34	33.94	01:14.65	02:40.11	28.43	01:03.55	02:21.79	02:26.32	05:06.90	634
633	27.49	01:00.22	02:10.70	04:32.73	09:23.83	17:52.04	31.28	01:06.53	02:23.41	33.96	01:14.68	02:40.19	28.45	01:03.59	02:21.86	02:26.39	05:07.06	633
632	27.51	01:00.25	02:10.77	04:32.88	09:24.13	17:52.61	31.29	01:06.57	02:23.49	33.97	01:14.72	02:40.28	28.46	01:03.62	02:21.94	02:26.47	05:07.22	632
631	27.52	01:00.28	02:10.84	04:33.02	09:24.42	17:53.17	31.31	01:06.60	02:23.56	33.99	01:14.76	02:40.36	28.48	01:03.65	02:22.01	02:26.55	05:07.38	631
630	27.54	01:00.31	02:10.91	04:33.17	09:24.72	17:53.74	31.33	01:06.64	02:23.64	34.01	01:14.80	02:40.45	28.49	01:03.69	02:22.09	02:26.62	05:07.54	630
629	27.55	01:00.35	02:10.98	04:33.31	09:25.02	17:54.31	31.34	01:06.67	02:23.71	34.03	01:14.84	02:40.53	28.51	01:03.72	02:22.16	02:26.70	05:07.71	629
628	27.57	01:00.38	02:11.05	04:33.46	09:25.32	17:54.88	31.36	01:06.71	02:23.79	34.05	01:14.88	02:40.62	28.52	01:03.75	02:22.24	02:26.78	05:07.87	628
627	27.58	01:00.41	02:11.12	04:33.60	09:25.62	17:55.45	31.38	01:06.74	02:23.87	34.06	01:14.92	02:40.70	28.54	01:03.79	02:22.31	02:26.86	05:08.03	627
626	27.59	01:00.44	02:11.19	04:33.75	09:25.92	17:56.02	31.39	01:06.78	02:23.94	34.08	01:14.96	02:40.79	28.55	01:03.82	02:22.39	02:26.94	05:08.20	626
625	27.61	01:00.48	02:11.26	04:33.89	09:26.23	17:56.59	31.41	01:06.81	02:24.02	34.10	01:15.00	02:40.87	28.57	01:03.86	02:22.46	02:27.01	05:08.36	625
624	27.62	01:00.51	02:11.33	04:34.04	09:26.53	17:57.17	31.43	01:06.85	02:24.10	34.12	01:15.04	02:40.96	28.58	01:03.89	02:22.54	02:27.09	05:08.53	624

For times not printed in the table,
use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

623	27.64	01:00.54	02:11.40	04:34.19	09:26.83	17:57.75	31.44	01:06.89	02:24.17	34.14	01:15.08	02:41.05	28.60	01:03.92	02:22.62	02:27.17	05:08.69	623
622	27.65	01:00.57	02:11.47	04:34.33	09:27.13	17:58.32	31.46	01:06.92	02:24.25	34.16	01:15.12	02:41.13	28.61	01:03.96	02:22.69	02:27.25	05:08.86	622
621	27.67	01:00.60	02:11.54	04:34.48	09:27.44	17:58.90	31.48	01:06.96	02:24.33	34.17	01:15.16	02:41.22	28.63	01:03.99	02:22.77	02:27.33	05:09.02	621
620	27.68	01:00.64	02:11.61	04:34.63	09:27.74	17:59.48	31.49	01:06.99	02:24.41	34.19	01:15.20	02:41.31	28.65	01:04.03	02:22.85	02:27.41	05:09.19	620
619	27.70	01:00.67	02:11.68	04:34.78	09:28.05	18:00.06	31.51	01:07.03	02:24.48	34.21	01:15.24	02:41.39	28.66	01:04.06	02:22.92	02:27.49	05:09.36	619
618	27.71	01:00.70	02:11.75	04:34.92	09:28.36	18:00.64	31.53	01:07.07	02:24.56	34.23	01:15.28	02:41.48	28.68	01:04.10	02:23.00	02:27.57	05:09.52	618
617	27.73	01:00.74	02:11.82	04:35.07	09:28.66	18:01.23	31.55	01:07.10	02:24.64	34.25	01:15.32	02:41.57	28.69	01:04.13	02:23.08	02:27.65	05:09.69	617
616	27.74	01:00.77	02:11.90	04:35.22	09:28.97	18:01.81	31.56	01:07.14	02:24.72	34.27	01:15.37	02:41.65	28.71	01:04.17	02:23.16	02:27.73	05:09.86	616
615	27.76	01:00.80	02:11.97	04:35.37	09:29.28	18:02.40	31.58	01:07.17	02:24.80	34.28	01:15.41	02:41.74	28.72	01:04.20	02:23.23	02:27.81	05:10.02	615
614	27.77	01:00.83	02:12.04	04:35.52	09:29.59	18:02.99	31.60	01:07.21	02:24.88	34.30	01:15.45	02:41.83	28.74	01:04.23	02:23.31	02:27.89	05:10.19	614
613	27.79	01:00.87	02:12.11	04:35.67	09:29.90	18:03.57	31.61	01:07.25	02:24.95	34.32	01:15.49	02:41.92	28.75	01:04.27	02:23.39	02:27.97	05:10.36	613
612	27.80	01:00.90	02:12.18	04:35.82	09:30.21	18:04.16	31.63	01:07.28	02:25.03	34.34	01:15.53	02:42.01	28.77	01:04.30	02:23.47	02:28.05	05:10.53	612
611	27.82	01:00.93	02:12.26	04:35.97	09:30.52	18:04.76	31.65	01:07.32	02:25.11	34.36	01:15.57	02:42.09	28.79	01:04.34	02:23.54	02:28.13	05:10.70	611
610	27.83	01:00.97	02:12.33	04:36.12	09:30.83	18:05.35	31.67	01:07.36	02:25.19	34.38	01:15.61	02:42.18	28.80	01:04.37	02:23.62	02:28.21	05:10.87	610
609	27.85	01:01.00	02:12.40	04:36.27	09:31.14	18:05.94	31.68	01:07.39	02:25.27	34.40	01:15.65	02:42.27	28.82	01:04.41	02:23.70	02:28.29	05:11.04	609
608	27.86	01:01.03	02:12.47	04:36.42	09:31.45	18:06.54	31.70	01:07.43	02:25.35	34.42	01:15.69	02:42.36	28.83	01:04.45	02:23.78	02:28.37	05:11.21	608
607	27.88	01:01.07	02:12.54	04:36.57	09:31.77	18:07.13	31.72	01:07.47	02:25.43	34.43	01:15.74	02:42.45	28.85	01:04.48	02:23.86	02:28.45	05:11.38	607
606	27.90	01:01.10	02:12.62	04:36.73	09:32.08	18:07.73	31.74	01:07.51	02:25.51	34.45	01:15.78	02:42.54	28.86	01:04.52	02:23.94	02:28.54	05:11.55	606
605	27.91	01:01.13	02:12.69	04:36.88	09:32.40	18:08.33	31.75	01:07.54	02:25.59	34.47	01:15.82	02:42.63	28.88	01:04.55	02:24.02	02:28.62	05:11.72	605
604	27.93	01:01.17	02:12.76	04:37.03	09:32.71	18:08.93	31.77	01:07.58	02:25.67	34.49	01:15.86	02:42.72	28.90	01:04.59	02:24.10	02:28.70	05:11.90	604
603	27.94	01:01.20	02:12.84	04:37.18	09:33.03	18:09.53	31.79	01:07.62	02:25.75	34.51	01:15.90	02:42.81	28.91	01:04.62	02:24.18	02:28.78	05:12.07	603
602	27.96	01:01.24	02:12.91	04:37.34	09:33.35	18:10.13	31.81	01:07.66	02:25.83	34.53	01:15.95	02:42.90	28.93	01:04.66	02:24.26	02:28.86	05:12.24	602
601	27.97	01:01.27	02:12.98	04:37.49	09:33.66	18:10.74	31.82	01:07.69	02:25.91	34.55	01:15.99	02:42.99	28.94	01:04.69	02:24.34	02:28.95	05:12.41	601
600	27.99	01:01.30	02:13.06	04:37.65	09:33.98	18:11.34	31.84	01:07.73	02:25.99	34.57	01:16.03	02:43.08	28.96	01:04.73	02:24.42	02:29.03	05:12.59	600
599	28.00	01:01.34	02:13.13	04:37.80	09:34.30	18:11.95	31.86	01:07.77	02:26.07	34.59	01:16.07	02:43.17	28.98	01:04.77	02:24.50	02:29.11	05:12.76	599
598	28.02	01:01.37	02:13.21	04:37.96	09:34.62	18:12.56	31.88	01:07.81	02:26.16	34.61	01:16.11	02:43.26	28.99	01:04.80	02:24.58	02:29.19	05:12.93	598
597	28.03	01:01.41	02:13.28	04:38.11	09:34.94	18:13.17	31.89	01:07.84	02:26.24	34.63	01:16.16	02:43.35	29.01	01:04.84	02:24.66	02:29.28	05:13.11	597
596	28.05	01:01.44	02:13.36	04:38.27	09:35.26	18:13.78	31.91	01:07.88	02:26.32	34.65	01:16.20	02:43.44	29.02	01:04.87	02:24.74	02:29.36	05:13.28	596
595	28.07	01:01.48	02:13.43	04:38.42	09:35.59	18:14.39	31.93	01:07.92	02:26.40	34.66	01:16.24	02:43.53	29.04	01:04.91	02:24.82	02:29.45	05:13.46	595
594	28.08	01:01.51	02:13.50	04:38.58	09:35.91	18:15.01	31.95	01:07.96	02:26.48	34.68	01:16.28	02:43.63	29.06	01:04.95	02:24.90	02:29.53	05:13.64	594
593	28.10	01:01.54	02:13.58	04:38.73	09:36.23	18:15.62	31.97	01:08.00	02:26.57	34.70	01:16.33	02:43.72	29.07	01:04.98	02:24.98	02:29.61	05:13.81	593
592	28.11	01:01.58	02:13.66	04:38.89	09:36.56	18:16.24	31.98	01:08.03	02:26.65	34.72	01:16.37	02:43.81	29.09	01:05.02	02:25.06	02:29.70	05:13.99	592
591	28.13	01:01.61	02:13.73	04:39.05	09:36.88	18:16.86	32.00	01:08.07	02:26.73	34.74	01:16.41	02:43.90	29.11	01:05.06	02:25.15	02:29.78	05:14.17	591
590	28.15	01:01.65	02:13.81	04:39.21	09:37.21	18:17.48	32.02	01:08.11	02:26.81	34.76	01:16.46	02:43.99	29.12	01:05.09	02:25.23	02:29.87	05:14.34	590
589	28.16	01:01.68	02:13.88	04:39.36	09:37.53	18:18.10	32.04	01:08.15	02:26.90	34.78	01:16.50	02:44.09	29.14	01:05.13	02:25.31	02:29.95	05:14.52	589
588	28.18	01:01.72	02:13.96	04:39.52	09:37.86	18:18.72	32.06	01:08.19	02:26.98	34.80	01:16.54	02:44.18	29.16	01:05.17	02:25.39	02:30.04	05:14.70	588
587	28.19	01:01.75	02:14.03	04:39.68	09:38.19	18:19.34	32.07	01:08.23	02:27.06	34.82	01:16.59	02:44.27	29.17	01:05.20	02:25.48	02:30.12	05:14.88	587
586	28.21	01:01.79	02:14.11	04:39.84	09:38.52	18:19.97	32.09	01:08.27	02:27.15	34.84	01:16.63	02:44.37	29.19	01:05.24	02:25.56	02:30.21	05:15.06	586
585	28.22	01:01.82	02:14.19	04:40.00	09:38.85	18:20.59	32.11	01:08.30	02:27.23	34.86	01:16.67	02:44.46	29.21	01:05.28	02:25.64	02:30.29	05:15.24	585
584	28.24	01:01.86	02:14.26	04:40.16	09:39.18	18:21.22	32.13	01:08.34	02:27.31	34.88	01:16.72	02:44.55	29.22	01:05.32	02:25.72	02:30.38	05:15.42	584

For times not printed in the table, use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

583	28.26	01:01.89	02:14.34	04:40.32	09:39.51	18:21.85	32.15	01:08.38	02:27.40	34.90	01:16.76	02:44.65	29.24	01:05.35	02:25.81	02:30.46	05:15.60	583
582	28.27	01:01.93	02:14.42	04:40.48	09:39.84	18:22.48	32.17	01:08.42	02:27.48	34.92	01:16.81	02:44.74	29.26	01:05.39	02:25.89	02:30.55	05:15.78	582
581	28.29	01:01.97	02:14.49	04:40.64	09:40.17	18:23.11	32.18	01:08.46	02:27.57	34.94	01:16.85	02:44.84	29.27	01:05.43	02:25.97	02:30.64	05:15.96	581
580	28.31	01:02.00	02:14.57	04:40.80	09:40.51	18:23.75	32.20	01:08.50	02:27.65	34.96	01:16.89	02:44.93	29.29	01:05.47	02:26.06	02:30.72	05:16.14	580
579	28.32	01:02.04	02:14.65	04:40.96	09:40.84	18:24.38	32.22	01:08.54	02:27.74	34.98	01:16.94	02:45.03	29.31	01:05.50	02:26.14	02:30.81	05:16.32	579
578	28.34	01:02.07	02:14.73	04:41.12	09:41.17	18:25.02	32.24	01:08.58	02:27.82	35.00	01:16.98	02:45.12	29.32	01:05.54	02:26.23	02:30.90	05:16.50	578
577	28.35	01:02.11	02:14.80	04:41.29	09:41.51	18:25.66	32.26	01:08.62	02:27.91	35.02	01:17.03	02:45.22	29.34	01:05.58	02:26.31	02:30.98	05:16.69	577
576	28.37	01:02.14	02:14.88	04:41.45	09:41.85	18:26.30	32.28	01:08.66	02:27.99	35.04	01:17.07	02:45.31	29.36	01:05.62	02:26.40	02:31.07	05:16.87	576
575	28.39	01:02.18	02:14.96	04:41.61	09:42.18	18:26.94	32.30	01:08.70	02:28.08	35.06	01:17.12	02:45.41	29.37	01:05.66	02:26.48	02:31.16	05:17.05	575
574	28.40	01:02.22	02:15.04	04:41.78	09:42.52	18:27.58	32.31	01:08.74	02:28.17	35.08	01:17.16	02:45.50	29.39	01:05.69	02:26.57	02:31.25	05:17.24	574
573	28.42	01:02.25	02:15.12	04:41.94	09:42.86	18:28.22	32.33	01:08.78	02:28.25	35.10	01:17.21	02:45.60	29.41	01:05.73	02:26.65	02:31.33	05:17.42	573
572	28.44	01:02.29	02:15.20	04:42.10	09:43.20	18:28.87	32.35	01:08.82	02:28.34	35.12	01:17.25	02:45.70	29.43	01:05.77	02:26.74	02:31.42	05:17.61	572
571	28.45	01:02.32	02:15.27	04:42.27	09:43.54	18:29.52	32.37	01:08.86	02:28.42	35.14	01:17.30	02:45.79	29.44	01:05.81	02:26.82	02:31.51	05:17.79	571
570	28.47	01:02.36	02:15.35	04:42.43	09:43.88	18:30.16	32.39	01:08.90	02:28.51	35.16	01:17.34	02:45.89	29.46	01:05.85	02:26.91	02:31.60	05:17.98	570
569	28.49	01:02.40	02:15.43	04:42.60	09:44.22	18:30.81	32.41	01:08.94	02:28.60	35.18	01:17.39	02:45.99	29.48	01:05.89	02:26.99	02:31.69	05:18.16	569
568	28.50	01:02.43	02:15.51	04:42.77	09:44.57	18:31.47	32.43	01:08.98	02:28.69	35.21	01:17.43	02:46.09	29.49	01:05.92	02:27.08	02:31.78	05:18.35	568
567	28.52	01:02.47	02:15.59	04:42.93	09:44.91	18:32.12	32.45	01:09.02	02:28.77	35.23	01:17.48	02:46.18	29.51	01:05.96	02:27.17	02:31.87	05:18.54	567
566	28.54	01:02.51	02:15.67	04:43.10	09:45.25	18:32.77	32.47	01:09.06	02:28.86	35.25	01:17.52	02:46.28	29.53	01:06.00	02:27.25	02:31.96	05:18.72	566
565	28.55	01:02.54	02:15.75	04:43.26	09:45.60	18:33.43	32.49	01:09.10	02:28.95	35.27	01:17.57	02:46.38	29.55	01:06.04	02:27.34	02:32.04	05:18.91	565
564	28.57	01:02.58	02:15.83	04:43.43	09:45.94	18:34.09	32.50	01:09.14	02:29.04	35.29	01:17.61	02:46.48	29.56	01:06.08	02:27.43	02:32.13	05:19.10	564
563	28.59	01:02.62	02:15.91	04:43.60	09:46.29	18:34.75	32.52	01:09.18	02:29.12	35.31	01:17.66	02:46.58	29.58	01:06.12	02:27.51	02:32.22	05:19.29	563
562	28.60	01:02.66	02:15.99	04:43.77	09:46.64	18:35.41	32.54	01:09.22	02:29.21	35.33	01:17.71	02:46.67	29.60	01:06.16	02:27.60	02:32.31	05:19.48	562
561	28.62	01:02.69	02:16.07	04:43.94	09:46.99	18:36.07	32.56	01:09.26	02:29.30	35.35	01:17.75	02:46.77	29.62	01:06.20	02:27.69	02:32.41	05:19.67	561
560	28.64	01:02.73	02:16.15	04:44.11	09:47.34	18:36.73	32.58	01:09.31	02:29.39	35.37	01:17.80	02:46.87	29.63	01:06.24	02:27.78	02:32.50	05:19.86	560
559	28.66	01:02.77	02:16.24	04:44.27	09:47.69	18:37.40	32.60	01:09.35	02:29.48	35.39	01:17.84	02:46.97	29.65	01:06.28	02:27.86	02:32.59	05:20.05	559
558	28.67	01:02.81	02:16.32	04:44.44	09:48.04	18:38.07	32.62	01:09.39	02:29.57	35.41	01:17.89	02:47.07	29.67	01:06.32	02:27.95	02:32.68	05:20.24	558
557	28.69	01:02.84	02:16.40	04:44.61	09:48.39	18:38.74	32.64	01:09.43	02:29.66	35.44	01:17.94	02:47.17	29.69	01:06.36	02:28.04	02:32.77	05:20.43	557
556	28.71	01:02.88	02:16.48	04:44.79	09:48.74	18:39.41	32.66	01:09.47	02:29.75	35.46	01:17.98	02:47.27	29.70	01:06.39	02:28.13	02:32.86	05:20.62	556
555	28.72	01:02.92	02:16.56	04:44.96	09:49.09	18:40.08	32.68	01:09.51	02:29.84	35.48	01:18.03	02:47.37	29.72	01:06.43	02:28.22	02:32.95	05:20.82	555
554	28.74	01:02.96	02:16.64	04:45.13	09:49.45	18:40.75	32.70	01:09.56	02:29.93	35.50	01:18.08	02:47.47	29.74	01:06.47	02:28.31	02:33.04	05:21.01	554
553	28.76	01:02.99	02:16.73	04:45.30	09:49.80	18:41.43	32.72	01:09.60	02:30.02	35.52	01:18.13	02:47.57	29.76	01:06.51	02:28.40	02:33.14	05:21.20	553
552	28.78	01:03.03	02:16.81	04:45.47	09:50.16	18:42.10	32.74	01:09.64	02:30.11	35.54	01:18.17	02:47.67	29.78	01:06.55	02:28.49	02:33.23	05:21.40	552
551	28.79	01:03.07	02:16.89	04:45.64	09:50.52	18:42.78	32.76	01:09.68	02:30.20	35.56	01:18.22	02:47.78	29.79	01:06.60	02:28.58	02:33.32	05:21.59	551
550	28.81	01:03.11	02:16.97	04:45.82	09:50.87	18:43.46	32.78	01:09.72	02:30.29	35.59	01:18.27	02:47.88	29.81	01:06.64	02:28.67	02:33.41	05:21.79	550
549	28.83	01:03.15	02:17.06	04:45.99	09:51.23	18:44.14	32.80	01:09.77	02:30.38	35.61	01:18.31	02:47.98	29.83	01:06.68	02:28.76	02:33.51	05:21.98	549
548	28.85	01:03.18	02:17.14	04:46.16	09:51.59	18:44.83	32.82	01:09.81	02:30.47	35.63	01:18.36	02:48.08	29.85	01:06.72	02:28.85	02:33.60	05:22.18	548
547	28.86	01:03.22	02:17.22	04:46.34	09:51.95	18:45.51	32.84	01:09.85	02:30.56	35.65	01:18.41	02:48.18	29.87	01:06.76	02:28.94	02:33.69	05:22.37	547
546	28.88	01:03.26	02:17.31	04:46.51	09:52.31	18:46.20	32.86	01:09.89	02:30.66	35.67	01:18.46	02:48.29	29.89	01:06.80	02:29.03	02:33.79	05:22.57	546
545	28.90	01:03.30	02:17.39	04:46.69	09:52.68	18:46.89	32.88	01:09.94	02:30.75	35.69	01:18.51	02:48.39	29.90	01:06.84	02:29.12	02:33.88	05:22.77	545
544	28.92	01:03.34	02:17.48	04:46.86	09:53.04	18:47.58	32.90	01:09.98	02:30.84	35.72	01:18.55	02:48.49	29.92	01:06.88	02:29.21	02:33.98	05:22.96	544

For times not printed in the table, use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

543	28.93	01:03.38	02:17.56	04:47.04	09:53.40	18:48.27	32.92	01:10.02	02:30.93	35.74	01:18.60	02:48.60	29.94	01:06.92	02:29.30	02:34.07	05:23.16	543
542	28.95	01:03.42	02:17.64	04:47.22	09:53.77	18:48.96	32.94	01:10.06	02:31.03	35.76	01:18.65	02:48.70	29.96	01:06.96	02:29.39	02:34.17	05:23.36	542
541	28.97	01:03.46	02:17.73	04:47.39	09:54.13	18:49.66	32.96	01:10.11	02:31.12	35.78	01:18.70	02:48.80	29.98	01:07.00	02:29.49	02:34.26	05:23.56	541
540	28.99	01:03.50	02:17.81	04:47.57	09:54.50	18:50.35	32.98	01:10.15	02:31.21	35.80	01:18.75	02:48.91	30.00	01:07.04	02:29.58	02:34.36	05:23.76	540
539	29.01	01:03.53	02:17.90	04:47.75	09:54.87	18:51.05	33.00	01:10.19	02:31.31	35.83	01:18.80	02:49.01	30.01	01:07.09	02:29.67	02:34.45	05:23.96	539
538	29.02	01:03.57	02:17.99	04:47.93	09:55.24	18:51.75	33.02	01:10.24	02:31.40	35.85	01:18.84	02:49.12	30.03	01:07.13	02:29.76	02:34.55	05:24.16	538
537	29.04	01:03.61	02:18.07	04:48.11	09:55.60	18:52.46	33.04	01:10.28	02:31.49	35.87	01:18.89	02:49.22	30.05	01:07.17	02:29.86	02:34.64	05:24.36	537
536	29.06	01:03.65	02:18.16	04:48.28	09:55.97	18:53.16	33.06	01:10.33	02:31.59	35.89	01:18.94	02:49.33	30.07	01:07.21	02:29.95	02:34.74	05:24.56	536
535	29.08	01:03.69	02:18.24	04:48.46	09:56.35	18:53.86	33.08	01:10.37	02:31.68	35.91	01:18.99	02:49.43	30.09	01:07.25	02:30.04	02:34.84	05:24.77	535
534	29.10	01:03.73	02:18.33	04:48.64	09:56.72	18:54.57	33.10	01:10.41	02:31.78	35.94	01:19.04	02:49.54	30.11	01:07.29	02:30.14	02:34.93	05:24.97	534
533	29.11	01:03.77	02:18.42	04:48.82	09:57.09	18:55.28	33.12	01:10.46	02:31.87	35.96	01:19.09	02:49.64	30.13	01:07.34	02:30.23	02:35.03	05:25.17	533
532	29.13	01:03.81	02:18.50	04:49.00	09:57.46	18:55.99	33.14	01:10.50	02:31.97	35.98	01:19.14	02:49.75	30.14	01:07.38	02:30.33	02:35.13	05:25.37	532
531	29.15	01:03.85	02:18.59	04:49.19	09:57.84	18:56.70	33.16	01:10.55	02:32.06	36.00	01:19.19	02:49.86	30.16	01:07.42	02:30.42	02:35.22	05:25.58	531
530	29.17	01:03.89	02:18.68	04:49.37	09:58.22	18:57.42	33.19	01:10.59	02:32.16	36.03	01:19.24	02:49.96	30.18	01:07.46	02:30.51	02:35.32	05:25.78	530
529	29.19	01:03.93	02:18.76	04:49.55	09:58.59	18:58.14	33.21	01:10.63	02:32.25	36.05	01:19.29	02:50.07	30.20	01:07.51	02:30.61	02:35.42	05:25.99	529
528	29.21	01:03.97	02:18.85	04:49.73	09:58.97	18:58.85	33.23	01:10.68	02:32.35	36.07	01:19.34	02:50.18	30.22	01:07.55	02:30.70	02:35.52	05:26.19	528
527	29.22	01:04.01	02:18.94	04:49.92	09:59.35	18:59.57	33.25	01:10.72	02:32.45	36.10	01:19.39	02:50.29	30.24	01:07.59	02:30.80	02:35.61	05:26.40	527
526	29.24	01:04.05	02:19.03	04:50.10	09:59.73	19:00.29	33.27	01:10.77	02:32.54	36.12	01:19.44	02:50.39	30.26	01:07.63	02:30.89	02:35.71	05:26.61	526
525	29.26	01:04.09	02:19.11	04:50.28	10:00.11	19:01.02	33.29	01:10.81	02:32.64	36.14	01:19.49	02:50.50	30.28	01:07.68	02:30.99	02:35.81	05:26.81	525
524	29.28	01:04.14	02:19.20	04:50.47	10:00.49	19:01.74	33.31	01:10.86	02:32.74	36.16	01:19.54	02:50.61	30.30	01:07.72	02:31.09	02:35.91	05:27.02	524
523	29.30	01:04.18	02:19.29	04:50.65	10:00.87	19:02.47	33.33	01:10.90	02:32.83	36.19	01:19.59	02:50.72	30.32	01:07.76	02:31.18	02:36.01	05:27.23	523
522	29.32	01:04.22	02:19.38	04:50.84	10:01.26	19:03.20	33.35	01:10.95	02:32.93	36.21	01:19.64	02:50.83	30.34	01:07.81	02:31.28	02:36.11	05:27.44	522
521	29.34	01:04.26	02:19.47	04:51.02	10:01.64	19:03.93	33.38	01:10.99	02:33.03	36.23	01:19.69	02:50.94	30.36	01:07.85	02:31.38	02:36.21	05:27.65	521
520	29.36	01:04.30	02:19.56	04:51.21	10:02.03	19:04.66	33.40	01:11.04	02:33.13	36.26	01:19.74	02:51.05	30.38	01:07.89	02:31.47	02:36.31	05:27.86	520
519	29.37	01:04.34	02:19.65	04:51.40	10:02.41	19:05.40	33.42	01:11.08	02:33.22	36.28	01:19.80	02:51.16	30.39	01:07.94	02:31.57	02:36.41	05:28.07	519
518	29.39	01:04.38	02:19.74	04:51.59	10:02.80	19:06.14	33.44	01:11.13	02:33.32	36.30	01:19.85	02:51.27	30.41	01:07.98	02:31.67	02:36.51	05:28.28	518
517	29.41	01:04.42	02:19.83	04:51.77	10:03.19	19:06.87	33.46	01:11.18	02:33.42	36.33	01:19.90	02:51.38	30.43	01:08.02	02:31.77	02:36.61	05:28.49	517
516	29.43	01:04.47	02:19.92	04:51.96	10:03.58	19:07.61	33.48	01:11.22	02:33.52	36.35	01:19.95	02:51.49	30.45	01:08.07	02:31.86	02:36.71	05:28.70	516
515	29.45	01:04.51	02:20.01	04:52.15	10:03.97	19:08.36	33.50	01:11.27	02:33.62	36.37	01:20.00	02:51.60	30.47	01:08.11	02:31.96	02:36.81	05:28.92	515
514	29.47	01:04.55	02:20.10	04:52.34	10:04.36	19:09.10	33.53	01:11.31	02:33.72	36.40	01:20.05	02:51.71	30.49	01:08.16	02:32.06	02:36.92	05:29.13	514
513	29.49	01:04.59	02:20.19	04:52.53	10:04.75	19:09.85	33.55	01:11.36	02:33.82	36.42	01:20.11	02:51.82	30.51	01:08.20	02:32.16	02:37.02	05:29.34	513
512	29.51	01:04.63	02:20.28	04:52.72	10:05.15	19:10.59	33.57	01:11.41	02:33.92	36.44	01:20.16	02:51.93	30.53	01:08.24	02:32.26	02:37.12	05:29.56	512
511	29.53	01:04.67	02:20.37	04:52.91	10:05.54	19:11.35	33.59	01:11.45	02:34.02	36.47	01:20.21	02:52.04	30.55	01:08.29	02:32.36	02:37.22	05:29.77	511
510	29.55	01:04.72	02:20.47	04:53.10	10:05.94	19:12.10	33.61	01:11.50	02:34.12	36.49	01:20.26	02:52.16	30.57	01:08.33	02:32.46	02:37.33	05:29.99	510
509	29.57	01:04.76	02:20.56	04:53.29	10:06.33	19:12.85	33.64	01:11.55	02:34.22	36.52	01:20.31	02:52.27	30.59	01:08.38	02:32.56	02:37.43	05:30.20	509
508	29.58	01:04.80	02:20.65	04:53.49	10:06.73	19:13.61	33.66	01:11.59	02:34.32	36.54	01:20.37	02:52.38	30.61	01:08.42	02:32.66	02:37.53	05:30.42	508
507	29.60	01:04.84	02:20.74	04:53.68	10:07.13	19:14.37	33.68	01:11.64	02:34.42	36.56	01:20.42	02:52.50	30.63	01:08.47	02:32.76	02:37.63	05:30.64	507
506	29.62	01:04.89	02:20.83	04:53.87	10:07.53	19:15.12	33.70	01:11.69	02:34.53	36.59	01:20.47	02:52.61	30.65	01:08.51	02:32.86	02:37.74	05:30.86	506
505	29.64	01:04.93	02:20.93	04:54.07	10:07.93	19:15.89	33.72	01:11.74	02:34.63	36.61	01:20.53	02:52.72	30.67	01:08.56	02:32.96	02:37.84	05:31.07	505
504	29.66	01:04.97	02:21.02	04:54.26	10:08.33	19:16.65	33.75	01:11.78	02:34.73	36.64	01:20.58	02:52.84	30.69	01:08.60	02:33.06	02:37.95	05:31.29	504

For times not printed in the table,
use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

503	29.68	01:05.02	02:21.11	04:54.46	10:08.73	19:17.42	33.77	01:11.83	02:34.83	36.66	01:20.63	02:52.95	30.71	01:08.65	02:33.16	02:38.05	05:31.51	503
502	29.70	01:05.06	02:21.21	04:54.65	10:09.14	19:18.18	33.79	01:11.88	02:34.94	36.69	01:20.69	02:53.07	30.73	01:08.70	02:33.26	02:38.16	05:31.73	502
501	29.72	01:05.10	02:21.30	04:54.85	10:09.54	19:18.96	33.81	01:11.93	02:35.04	36.71	01:20.74	02:53.18	30.75	01:08.74	02:33.36	02:38.26	05:31.95	501
500	29.74	01:05.15	02:21.40	04:55.04	10:09.95	19:19.73	33.84	01:11.97	02:35.14	36.73	01:20.79	02:53.30	30.77	01:08.79	02:33.47	02:38.37	05:32.17	500
499	29.76	01:05.19	02:21.49	04:55.24	10:10.36	19:20.50	33.86	01:12.02	02:35.25	36.76	01:20.85	02:53.41	30.80	01:08.83	02:33.57	02:38.47	05:32.39	499
498	29.78	01:05.23	02:21.58	04:55.44	10:10.76	19:21.28	33.88	01:12.07	02:35.35	36.78	01:20.90	02:53.53	30.82	01:08.88	02:33.67	02:38.58	05:32.62	498
497	29.80	01:05.28	02:21.68	04:55.64	10:11.17	19:22.06	33.90	01:12.12	02:35.45	36.81	01:20.96	02:53.65	30.84	01:08.92	02:33.77	02:38.69	05:32.84	497
496	29.82	01:05.32	02:21.78	04:55.83	10:11.58	19:22.84	33.93	01:12.17	02:35.56	36.83	01:21.01	02:53.76	30.86	01:08.97	02:33.88	02:38.79	05:33.06	496
495	29.84	01:05.36	02:21.87	04:56.03	10:11.99	19:23.62	33.95	01:12.22	02:35.66	36.86	01:21.06	02:53.88	30.88	01:09.02	02:33.98	02:38.90	05:33.29	495
494	29.86	01:05.41	02:21.97	04:56.23	10:12.41	19:24.40	33.97	01:12.26	02:35.77	36.88	01:21.12	02:54.00	30.90	01:09.06	02:34.08	02:39.01	05:33.51	494
493	29.88	01:05.45	02:22.06	04:56.43	10:12.82	19:25.19	34.00	01:12.31	02:35.87	36.91	01:21.17	02:54.11	30.92	01:09.11	02:34.19	02:39.11	05:33.74	493
492	29.90	01:05.50	02:22.16	04:56.63	10:13.24	19:25.98	34.02	01:12.36	02:35.98	36.93	01:21.23	02:54.23	30.94	01:09.16	02:34.29	02:39.22	05:33.96	492
491	29.92	01:05.54	02:22.25	04:56.84	10:13.65	19:26.77	34.04	01:12.41	02:36.08	36.96	01:21.28	02:54.35	30.96	01:09.20	02:34.40	02:39.33	05:34.19	491
490	29.94	01:05.59	02:22.35	04:57.04	10:14.07	19:27.56	34.07	01:12.46	02:36.19	36.98	01:21.34	02:54.47	30.98	01:09.25	02:34.50	02:39.44	05:34.42	490
489	29.96	01:05.63	02:22.45	04:57.24	10:14.49	19:28.36	34.09	01:12.51	02:36.30	37.01	01:21.40	02:54.59	31.00	01:09.30	02:34.61	02:39.55	05:34.65	489
488	29.98	01:05.68	02:22.55	04:57.44	10:14.91	19:29.16	34.11	01:12.56	02:36.40	37.03	01:21.45	02:54.71	31.03	01:09.35	02:34.71	02:39.65	05:34.87	488
487	30.00	01:05.72	02:22.64	04:57.65	10:15.33	19:29.96	34.13	01:12.61	02:36.51	37.06	01:21.51	02:54.83	31.05	01:09.39	02:34.82	02:39.76	05:35.10	487
486	30.02	01:05.77	02:22.74	04:57.85	10:15.75	19:30.76	34.16	01:12.66	02:36.62	37.08	01:21.56	02:54.95	31.07	01:09.44	02:34.93	02:39.87	05:35.33	486
485	30.05	01:05.81	02:22.84	04:58.05	10:16.17	19:31.56	34.18	01:12.71	02:36.72	37.11	01:21.62	02:55.07	31.09	01:09.49	02:35.03	02:39.98	05:35.56	485
484	30.07	01:05.86	02:22.94	04:58.26	10:16.60	19:32.37	34.21	01:12.76	02:36.83	37.13	01:21.67	02:55.19	31.11	01:09.54	02:35.14	02:40.09	05:35.79	484
483	30.09	01:05.90	02:23.04	04:58.47	10:17.02	19:33.18	34.23	01:12.81	02:36.94	37.16	01:21.73	02:55.31	31.13	01:09.58	02:35.25	02:40.20	05:36.03	483
482	30.11	01:05.95	02:23.13	04:58.67	10:17.45	19:33.99	34.25	01:12.86	02:37.05	37.19	01:21.79	02:55.43	31.15	01:09.63	02:35.35	02:40.31	05:36.26	482
481	30.13	01:05.99	02:23.23	04:58.88	10:17.88	19:34.80	34.28	01:12.91	02:37.16	37.21	01:21.84	02:55.55	31.17	01:09.68	02:35.46	02:40.43	05:36.49	481
480	30.15	01:06.04	02:23.33	04:59.09	10:18.30	19:35.62	34.30	01:12.96	02:37.27	37.24	01:21.90	02:55.67	31.20	01:09.73	02:35.57	02:40.54	05:36.72	480
479	30.17	01:06.08	02:23.43	04:59.29	10:18.73	19:36.43	34.32	01:13.01	02:37.38	37.26	01:21.96	02:55.79	31.22	01:09.78	02:35.68	02:40.65	05:36.96	479
478	30.19	01:06.13	02:23.53	04:59.50	10:19.17	19:37.25	34.35	01:13.06	02:37.49	37.29	01:22.01	02:55.92	31.24	01:09.83	02:35.79	02:40.76	05:37.19	478
477	30.21	01:06.18	02:23.63	04:59.71	10:19.60	19:38.08	34.37	01:13.11	02:37.60	37.32	01:22.07	02:56.04	31.26	01:09.88	02:35.89	02:40.87	05:37.43	477
476	30.23	01:06.22	02:23.73	04:59.92	10:20.03	19:38.90	34.40	01:13.16	02:37.71	37.34	01:22.13	02:56.16	31.28	01:09.92	02:36.00	02:40.99	05:37.66	476
475	30.25	01:06.27	02:23.83	05:00.13	10:20.47	19:39.73	34.42	01:13.22	02:37.82	37.37	01:22.19	02:56.29	31.31	01:09.97	02:36.11	02:41.10	05:37.90	475
474	30.28	01:06.32	02:23.94	05:00.34	10:20.90	19:40.56	34.44	01:13.27	02:37.93	37.39	01:22.24	02:56.41	31.33	01:10.02	02:36.22	02:41.21	05:38.14	474
473	30.30	01:06.36	02:24.04	05:00.55	10:21.34	19:41.39	34.47	01:13.32	02:38.04	37.42	01:22.30	02:56.53	31.35	01:10.07	02:36.33	02:41.32	05:38.38	473
472	30.32	01:06.41	02:24.14	05:00.77	10:21.78	19:42.22	34.49	01:13.37	02:38.15	37.45	01:22.36	02:56.66	31.37	01:10.12	02:36.44	02:41.44	05:38.62	472
471	30.34	01:06.46	02:24.24	05:00.98	10:22.22	19:43.06	34.52	01:13.42	02:38.26	37.47	01:22.42	02:56.78	31.39	01:10.17	02:36.55	02:41.55	05:38.86	471
470	30.36	01:06.50	02:24.34	05:01.19	10:22.66	19:43.90	34.54	01:13.47	02:38.37	37.50	01:22.48	02:56.91	31.42	01:10.22	02:36.66	02:41.67	05:39.10	470
469	30.38	01:06.55	02:24.45	05:01.41	10:23.10	19:44.74	34.57	01:13.53	02:38.49	37.53	01:22.54	02:57.03	31.44	01:10.27	02:36.78	02:41.78	05:39.34	469
468	30.40	01:06.60	02:24.55	05:01.62	10:23.54	19:45.58	34.59	01:13.58	02:38.60	37.55	01:22.59	02:57.16	31.46	01:10.32	02:36.89	02:41.90	05:39.58	468
467	30.43	01:06.65	02:24.65	05:01.84	10:23.99	19:46.42	34.62	01:13.63	02:38.71	37.58	01:22.65	02:57.29	31.48	01:10.37	02:37.00	02:42.01	05:39.82	467
466	30.45	01:06.69	02:24.75	05:02.05	10:24.44	19:47.27	34.64	01:13.68	02:38.83	37.61	01:22.71	02:57.41	31.51	01:10.42	02:37.11	02:42.13	05:40.06	466
465	30.47	01:06.74	02:24.86	05:02.27	10:24.88	19:48.12	34.67	01:13.74	02:38.94	37.63	01:22.77	02:57.54	31.53	01:10.47	02:37.22	02:42.24	05:40.31	465
464	30.49	01:06.79	02:24.96	05:02.48	10:25.33	19:48.98	34.69	01:13.79	02:39.05	37.66	01:22.83	02:57.67	31.55	01:10.52	02:37.34	02:42.36	05:40.55	464

For times not printed in the table,
use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

463	30.51	01:06.84	02:25.07	05:02.70	10:25.78	19:49.83	34.71	01:13.84	02:39.17	37.69	01:22.89	02:57.80	31.57	01:10.57	02:37.45	02:42.48	05:40.80	463
462	30.54	01:06.88	02:25.17	05:02.92	10:26.23	19:50.69	34.74	01:13.90	02:39.28	37.72	01:22.95	02:57.92	31.60	01:10.62	02:37.56	02:42.60	05:41.04	462
461	30.56	01:06.93	02:25.28	05:03.14	10:26.68	19:51.55	34.77	01:13.95	02:39.40	37.74	01:23.01	02:58.05	31.62	01:10.67	02:37.68	02:42.71	05:41.29	461
460	30.58	01:06.98	02:25.38	05:03.36	10:27.14	19:52.41	34.79	01:14.00	02:39.51	37.77	01:23.07	02:58.18	31.64	01:10.73	02:37.79	02:42.83	05:41.54	460
459	30.60	01:07.03	02:25.49	05:03.58	10:27.59	19:53.28	34.82	01:14.06	02:39.63	37.80	01:23.13	02:58.31	31.67	01:10.78	02:37.91	02:42.95	05:41.78	459
458	30.62	01:07.08	02:25.59	05:03.80	10:28.05	19:54.15	34.84	01:14.11	02:39.75	37.82	01:23.19	02:58.44	31.69	01:10.83	02:38.02	02:43.07	05:42.03	458
457	30.65	01:07.13	02:25.70	05:04.02	10:28.51	19:55.02	34.87	01:14.16	02:39.86	37.85	01:23.25	02:58.57	31.71	01:10.88	02:38.14	02:43.19	05:42.28	457
456	30.67	01:07.18	02:25.81	05:04.24	10:28.97	19:55.89	34.89	01:14.22	02:39.98	37.88	01:23.31	02:58.70	31.73	01:10.93	02:38.25	02:43.31	05:42.53	456
455	30.69	01:07.23	02:25.91	05:04.47	10:29.43	19:56.76	34.92	01:14.27	02:40.10	37.91	01:23.37	02:58.83	31.76	01:10.98	02:38.37	02:43.42	05:42.78	455
454	30.71	01:07.28	02:26.02	05:04.69	10:29.89	19:57.64	34.94	01:14.33	02:40.21	37.94	01:23.44	02:58.96	31.78	01:11.04	02:38.48	02:43.54	05:43.03	454
453	30.74	01:07.32	02:26.13	05:04.91	10:30.35	19:58.52	34.97	01:14.38	02:40.33	37.96	01:23.50	02:59.09	31.80	01:11.09	02:38.60	02:43.67	05:43.29	453
452	30.76	01:07.37	02:26.23	05:05.14	10:30.82	19:59.41	34.99	01:14.44	02:40.45	37.99	01:23.56	02:59.23	31.83	01:11.14	02:38.72	02:43.79	05:43.54	452
451	30.78	01:07.42	02:26.34	05:05.36	10:31.28	20:00.29	35.02	01:14.49	02:40.57	38.02	01:23.62	02:59.36	31.85	01:11.19	02:38.83	02:43.91	05:43.79	451
450	30.81	01:07.47	02:26.45	05:05.59	10:31.75	20:01.18	35.05	01:14.55	02:40.69	38.05	01:23.68	02:59.49	31.88	01:11.25	02:38.95	02:44.03	05:44.05	450
449	30.83	01:07.52	02:26.56	05:05.82	10:32.22	20:02.07	35.07	01:14.60	02:40.81	38.08	01:23.74	02:59.62	31.90	01:11.30	02:39.07	02:44.15	05:44.30	449
448	30.85	01:07.57	02:26.67	05:06.04	10:32.69	20:02.97	35.10	01:14.66	02:40.93	38.10	01:23.81	02:59.76	31.92	01:11.35	02:39.19	02:44.27	05:44.56	448
447	30.87	01:07.62	02:26.78	05:06.27	10:33.16	20:03.86	35.12	01:14.71	02:41.05	38.13	01:23.87	02:59.89	31.95	01:11.40	02:39.31	02:44.39	05:44.81	447
446	30.90	01:07.68	02:26.89	05:06.50	10:33.63	20:04.76	35.15	01:14.77	02:41.17	38.16	01:23.93	03:00.03	31.97	01:11.46	02:39.43	02:44.52	05:45.07	446
445	30.92	01:07.73	02:27.00	05:06.73	10:34.11	20:05.66	35.18	01:14.83	02:41.29	38.19	01:23.99	03:00.16	31.99	01:11.51	02:39.54	02:44.64	05:45.33	445
444	30.94	01:07.78	02:27.11	05:06.96	10:34.58	20:06.57	35.20	01:14.88	02:41.41	38.22	01:24.06	03:00.30	32.02	01:11.57	02:39.66	02:44.76	05:45.59	444
443	30.97	01:07.83	02:27.22	05:07.19	10:35.06	20:07.47	35.23	01:14.94	02:41.53	38.25	01:24.12	03:00.43	32.04	01:11.62	02:39.78	02:44.89	05:45.85	443
442	30.99	01:07.88	02:27.33	05:07.42	10:35.54	20:08.38	35.26	01:14.99	02:41.65	38.28	01:24.18	03:00.57	32.07	01:11.67	02:39.90	02:45.01	05:46.11	442
441	31.01	01:07.93	02:27.44	05:07.65	10:36.02	20:09.30	35.28	01:15.05	02:41.77	38.30	01:24.25	03:00.70	32.09	01:11.73	02:40.03	02:45.14	05:46.37	441
440	31.04	01:07.98	02:27.55	05:07.89	10:36.50	20:10.21	35.31	01:15.11	02:41.90	38.33	01:24.31	03:00.84	32.11	01:11.78	02:40.15	02:45.26	05:46.63	440
439	31.06	01:08.03	02:27.66	05:08.12	10:36.98	20:11.13	35.34	01:15.16	02:42.02	38.36	01:24.38	03:00.98	32.14	01:11.84	02:40.27	02:45.39	05:46.90	439
438	31.08	01:08.08	02:27.78	05:08.36	10:37.47	20:12.05	35.36	01:15.22	02:42.14	38.39	01:24.44	03:01.12	32.16	01:11.89	02:40.39	02:45.51	05:47.16	438
437	31.11	01:08.14	02:27.89	05:08.59	10:37.95	20:12.98	35.39	01:15.28	02:42.27	38.42	01:24.50	03:01.25	32.19	01:11.95	02:40.51	02:45.64	05:47.42	437
436	31.13	01:08.19	02:28.00	05:08.83	10:38.44	20:13.90	35.42	01:15.34	02:42.39	38.45	01:24.57	03:01.39	32.21	01:12.00	02:40.64	02:45.77	05:47.69	436
435	31.16	01:08.24	02:28.11	05:09.06	10:38.93	20:14.83	35.44	01:15.39	02:42.51	38.48	01:24.63	03:01.53	32.24	01:12.06	02:40.76	02:45.89	05:47.96	435
434	31.18	01:08.29	02:28.23	05:09.30	10:39.42	20:15.76	35.47	01:15.45	02:42.64	38.51	01:24.70	03:01.67	32.26	01:12.11	02:40.88	02:46.02	05:48.22	434
433	31.20	01:08.35	02:28.34	05:09.54	10:39.91	20:16.70	35.50	01:15.51	02:42.76	38.54	01:24.76	03:01.81	32.29	01:12.17	02:41.01	02:46.15	05:48.49	433
432	31.23	01:08.40	02:28.46	05:09.78	10:40.41	20:17.64	35.53	01:15.57	02:42.89	38.57	01:24.83	03:01.95	32.31	01:12.22	02:41.13	02:46.28	05:48.76	432
431	31.25	01:08.45	02:28.57	05:10.02	10:40.90	20:18.58	35.55	01:15.63	02:43.01	38.60	01:24.89	03:02.09	32.34	01:12.28	02:41.25	02:46.40	05:49.03	431
430	31.28	01:08.50	02:28.69	05:10.26	10:41.40	20:19.52	35.58	01:15.69	02:43.14	38.63	01:24.96	03:02.23	32.36	01:12.33	02:41.38	02:46.53	05:49.30	430
429	31.30	01:08.56	02:28.80	05:10.50	10:41.89	20:20.47	35.61	01:15.74	02:43.27	38.66	01:25.03	03:02.37	32.39	01:12.39	02:41.50	02:46.66	05:49.57	429
428	31.32	01:08.61	02:28.92	05:10.74	10:42.39	20:21.42	35.64	01:15.80	02:43.39	38.69	01:25.09	03:02.52	32.41	01:12.45	02:41.63	02:46.79	05:49.84	428
427	31.35	01:08.66	02:29.03	05:10.98	10:42.90	20:22.37	35.66	01:15.86	02:43.52	38.72	01:25.16	03:02.66	32.44	01:12.50	02:41.76	02:46.92	05:50.12	427
426	31.37	01:08.72	02:29.15	05:11.22	10:43.40	20:23.33	35.69	01:15.92	02:43.65	38.75	01:25.22	03:02.80	32.46	01:12.56	02:41.88	02:47.05	05:50.39	426
425	31.40	01:08.77	02:29.27	05:11.47	10:43.90	20:24.29	35.72	01:15.98	02:43.78	38.78	01:25.29	03:02.94	32.49	01:12.62	02:42.01	02:47.18	05:50.66	425
424	31.42	01:08.83	02:29.38	05:11.71	10:44.41	20:25.25	35.75	01:16.04	02:43.91	38.81	01:25.36	03:03.09	32.51	01:12.67	02:42.14	02:47.31	05:50.94	424

For times not printed in the table, use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

423	31.45	01:08.88	02:29.50	05:11.96	10:44.92	20:26.21	35.78	01:16.10	02:44.04	38.84	01:25.43	03:03.23	32.54	01:12.73	02:42.26	02:47.45	05:51.22	423
422	31.47	01:08.93	02:29.62	05:12.20	10:45.42	20:27.18	35.80	01:16.16	02:44.17	38.87	01:25.49	03:03.38	32.57	01:12.79	02:42.39	02:47.58	05:51.49	422
421	31.50	01:08.99	02:29.74	05:12.45	10:45.94	20:28.15	35.83	01:16.22	02:44.30	38.90	01:25.56	03:03.52	32.59	01:12.85	02:42.52	02:47.71	05:51.77	421
420	31.52	01:09.04	02:29.86	05:12.70	10:46.45	20:29.13	35.86	01:16.28	02:44.43	38.93	01:25.63	03:03.67	32.62	01:12.90	02:42.65	02:47.84	05:52.05	420
419	31.55	01:09.10	02:29.98	05:12.95	10:46.96	20:30.10	35.89	01:16.34	02:44.56	38.96	01:25.70	03:03.81	32.64	01:12.96	02:42.78	02:47.98	05:52.33	419
418	31.57	01:09.15	02:30.10	05:13.20	10:47.48	20:31.08	35.92	01:16.40	02:44.69	38.99	01:25.77	03:03.96	32.67	01:13.02	02:42.91	02:48.11	05:52.61	418
417	31.60	01:09.21	02:30.22	05:13.45	10:47.99	20:32.07	35.95	01:16.46	02:44.82	39.03	01:25.83	03:04.11	32.69	01:13.08	02:43.04	02:48.25	05:52.89	417
416	31.62	01:09.26	02:30.34	05:13.70	10:48.51	20:33.05	35.98	01:16.53	02:44.95	39.06	01:25.90	03:04.25	32.72	01:13.14	02:43.17	02:48.38	05:53.18	416
415	31.65	01:09.32	02:30.46	05:13.95	10:49.03	20:34.04	36.01	01:16.59	02:45.08	39.09	01:25.97	03:04.40	32.75	01:13.19	02:43.30	02:48.52	05:53.46	415
414	31.67	01:09.38	02:30.58	05:14.20	10:49.56	20:35.03	36.03	01:16.65	02:45.22	39.12	01:26.04	03:04.55	32.77	01:13.25	02:43.43	02:48.65	05:53.74	414
413	31.70	01:09.43	02:30.70	05:14.46	10:50.08	20:36.03	36.06	01:16.71	02:45.35	39.15	01:26.11	03:04.70	32.80	01:13.31	02:43.56	02:48.79	05:54.03	413
412	31.72	01:09.49	02:30.82	05:14.71	10:50.60	20:37.03	36.09	01:16.77	02:45.48	39.18	01:26.18	03:04.85	32.83	01:13.37	02:43.70	02:48.92	05:54.31	412
411	31.75	01:09.54	02:30.94	05:14.97	10:51.13	20:38.03	36.12	01:16.83	02:45.62	39.21	01:26.25	03:05.00	32.85	01:13.43	02:43.83	02:49.06	05:54.60	411
410	31.78	01:09.60	02:31.07	05:15.22	10:51.66	20:39.04	36.15	01:16.90	02:45.75	39.25	01:26.32	03:05.15	32.88	01:13.49	02:43.96	02:49.20	05:54.89	410
409	31.80	01:09.66	02:31.19	05:15.48	10:52.19	20:40.05	36.18	01:16.96	02:45.89	39.28	01:26.39	03:05.30	32.91	01:13.55	02:44.09	02:49.34	05:55.18	409
408	31.83	01:09.71	02:31.31	05:15.74	10:52.72	20:41.06	36.21	01:17.02	02:46.02	39.31	01:26.46	03:05.45	32.93	01:13.61	02:44.23	02:49.47	05:55.47	408
407	31.85	01:09.77	02:31.44	05:15.99	10:53.26	20:42.07	36.24	01:17.09	02:46.16	39.34	01:26.53	03:05.60	32.96	01:13.67	02:44.36	02:49.61	05:55.76	407
406	31.88	01:09.83	02:31.56	05:16.25	10:53.79	20:43.09	36.27	01:17.15	02:46.29	39.38	01:26.60	03:05.75	32.99	01:13.73	02:44.50	02:49.75	05:56.05	406
405	31.91	01:09.89	02:31.69	05:16.51	10:54.33	20:44.12	36.30	01:17.21	02:46.43	39.41	01:26.67	03:05.91	33.01	01:13.79	02:44.63	02:49.89	05:56.34	405
404	31.93	01:09.94	02:31.81	05:16.77	10:54.87	20:45.14	36.33	01:17.28	02:46.57	39.44	01:26.74	03:06.06	33.04	01:13.85	02:44.77	02:50.03	05:56.64	404
403	31.96	01:10.00	02:31.94	05:17.04	10:55.41	20:46.17	36.36	01:17.34	02:46.71	39.47	01:26.82	03:06.21	33.07	01:13.91	02:44.91	02:50.17	05:56.93	403
402	31.99	01:10.06	02:32.06	05:17.30	10:55.96	20:47.20	36.39	01:17.40	02:46.84	39.51	01:26.89	03:06.37	33.10	01:13.98	02:45.04	02:50.31	05:57.23	402
401	32.01	01:10.12	02:32.19	05:17.56	10:56.50	20:48.24	36.42	01:17.47	02:46.98	39.54	01:26.96	03:06.52	33.12	01:14.04	02:45.18	02:50.45	05:57.53	401
400	32.04	01:10.18	02:32.31	05:17.83	10:57.05	20:49.28	36.45	01:17.53	02:47.12	39.57	01:27.03	03:06.68	33.15	01:14.10	02:45.32	02:50.60	05:57.82	400
399	32.07	01:10.23	02:32.44	05:18.09	10:57.60	20:50.32	36.48	01:17.60	02:47.26	39.60	01:27.11	03:06.83	33.18	01:14.16	02:45.45	02:50.74	05:58.12	399
398	32.09	01:10.29	02:32.57	05:18.36	10:58.15	20:51.37	36.51	01:17.66	02:47.40	39.64	01:27.18	03:06.99	33.21	01:14.22	02:45.59	02:50.88	05:58.42	398
397	32.12	01:10.35	02:32.70	05:18.62	10:58.70	20:52.42	36.54	01:17.73	02:47.54	39.67	01:27.25	03:07.15	33.23	01:14.28	02:45.73	02:51.02	05:58.72	397
396	32.15	01:10.41	02:32.83	05:18.89	10:59.25	20:53.47	36.57	01:17.79	02:47.68	39.70	01:27.32	03:07.31	33.26	01:14.35	02:45.87	02:51.17	05:59.02	396
395	32.17	01:10.47	02:32.95	05:19.16	10:59.81	20:54.53	36.60	01:17.86	02:47.82	39.74	01:27.40	03:07.46	33.29	01:14.41	02:46.01	02:51.31	05:59.33	395
394	32.20	01:10.53	02:33.08	05:19.43	11:00.37	20:55.59	36.63	01:17.92	02:47.97	39.77	01:27.47	03:07.62	33.32	01:14.47	02:46.15	02:51.46	05:59.63	394
393	32.23	01:10.59	02:33.21	05:19.70	11:00.93	20:56.65	36.66	01:17.99	02:48.11	39.80	01:27.55	03:07.78	33.35	01:14.54	02:46.29	02:51.60	05:59.94	393
392	32.26	01:10.65	02:33.34	05:19.97	11:01.49	20:57.72	36.70	01:18.06	02:48.25	39.84	01:27.62	03:07.94	33.38	01:14.60	02:46.43	02:51.75	06:00.24	392
391	32.28	01:10.71	02:33.47	05:20.25	11:02.05	20:58.79	36.73	01:18.12	02:48.39	39.87	01:27.70	03:08.10	33.40	01:14.66	02:46.58	02:51.90	06:00.55	391
390	32.31	01:10.77	02:33.61	05:20.52	11:02.62	20:59.87	36.76	01:18.19	02:48.54	39.91	01:27.77	03:08.26	33.43	01:14.73	02:46.72	02:52.04	06:00.86	390
389	32.34	01:10.83	02:33.74	05:20.79	11:03.18	21:00.94	36.79	01:18.26	02:48.68	39.94	01:27.85	03:08.42	33.46	01:14.79	02:46.86	02:52.19	06:01.16	389
388	32.37	01:10.89	02:33.87	05:21.07	11:03.75	21:02.03	36.82	01:18.32	02:48.83	39.98	01:27.92	03:08.58	33.49	01:14.85	02:47.00	02:52.34	06:01.47	388
387	32.39	01:10.95	02:34.00	05:21.35	11:04.32	21:03.11	36.85	01:18.39	02:48.97	40.01	01:28.00	03:08.75	33.52	01:14.92	02:47.15	02:52.49	06:01.79	387
386	32.42	01:11.01	02:34.13	05:21.62	11:04.90	21:04.20	36.89	01:18.46	02:49.12	40.04	01:28.07	03:08.91	33.55	01:14.98	02:47.29	02:52.63	06:02.10	386
385	32.45	01:11.08	02:34.27	05:21.90	11:05.47	21:05.30	36.92	01:18.53	02:49.26	40.08	01:28.15	03:09.07	33.58	01:15.05	02:47.44	02:52.78	06:02.41	385
384	32.48	01:11.14	02:34.40	05:22.18	11:06.05	21:06.39	36.95	01:18.59	02:49.41	40.11	01:28.23	03:09.24	33.61	01:15.11	02:47.58	02:52.93	06:02.73	384

For times not printed in the table, use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

383	32.51	01:11.20	02:34.54	05:22.46	11:06.63	21:07.50	36.98	01:18.66	02:49.56	40.15	01:28.30	03:09.40	33.64	01:15.18	02:47.73	02:53.08	06:03.04	383
382	32.53	01:11.26	02:34.67	05:22.74	11:07.21	21:08.60	37.01	01:18.73	02:49.71	40.18	01:28.38	03:09.57	33.66	01:15.24	02:47.87	02:53.23	06:03.36	382
381	32.56	01:11.32	02:34.81	05:23.02	11:07.79	21:09.71	37.05	01:18.80	02:49.85	40.22	01:28.46	03:09.73	33.69	01:15.31	02:48.02	02:53.39	06:03.68	381
380	32.59	01:11.39	02:34.94	05:23.31	11:08.38	21:10.82	37.08	01:18.87	02:50.00	40.25	01:28.53	03:09.90	33.72	01:15.38	02:48.17	02:53.54	06:03.99	380
379	32.62	01:11.45	02:35.08	05:23.59	11:08.96	21:11.94	37.11	01:18.94	02:50.15	40.29	01:28.61	03:10.07	33.75	01:15.44	02:48.32	02:53.69	06:04.31	379
378	32.65	01:11.51	02:35.21	05:23.88	11:09.55	21:13.06	37.14	01:19.01	02:50.30	40.32	01:28.69	03:10.23	33.78	01:15.51	02:48.46	02:53.84	06:04.63	378
377	32.68	01:11.58	02:35.35	05:24.16	11:10.15	21:14.18	37.18	01:19.08	02:50.45	40.36	01:28.77	03:10.40	33.81	01:15.58	02:48.61	02:54.00	06:04.96	377
376	32.71	01:11.64	02:35.49	05:24.45	11:10.74	21:15.31	37.21	01:19.15	02:50.60	40.40	01:28.85	03:10.57	33.84	01:15.64	02:48.76	02:54.15	06:05.28	376
375	32.74	01:11.70	02:35.63	05:24.74	11:11.34	21:16.45	37.24	01:19.22	02:50.76	40.43	01:28.93	03:10.74	33.87	01:15.71	02:48.91	02:54.31	06:05.60	375
374	32.76	01:11.77	02:35.77	05:25.03	11:11.93	21:17.58	37.28	01:19.29	02:50.91	40.47	01:29.00	03:10.91	33.90	01:15.78	02:49.06	02:54.46	06:05.93	374
373	32.79	01:11.83	02:35.90	05:25.32	11:12.53	21:18.72	37.31	01:19.36	02:51.06	40.50	01:29.08	03:11.08	33.93	01:15.85	02:49.21	02:54.62	06:06.26	373
372	32.82	01:11.89	02:36.04	05:25.61	11:13.13	21:19.87	37.34	01:19.43	02:51.21	40.54	01:29.16	03:11.25	33.96	01:15.91	02:49.36	02:54.77	06:06.58	372
371	32.85	01:11.96	02:36.18	05:25.90	11:13.74	21:21.02	37.38	01:19.50	02:51.37	40.58	01:29.24	03:11.42	33.99	01:15.98	02:49.52	02:54.93	06:06.91	371
370	32.88	01:12.02	02:36.32	05:26.19	11:14.35	21:22.17	37.41	01:19.57	02:51.52	40.61	01:29.32	03:11.59	34.02	01:16.05	02:49.67	02:55.09	06:07.24	370
369	32.91	01:12.09	02:36.47	05:26.49	11:14.95	21:23.33	37.44	01:19.65	02:51.68	40.65	01:29.40	03:11.77	34.06	01:16.12	02:49.82	02:55.25	06:07.58	369
368	32.94	01:12.15	02:36.61	05:26.78	11:15.57	21:24.49	37.48	01:19.72	02:51.83	40.69	01:29.49	03:11.94	34.09	01:16.19	02:49.98	02:55.40	06:07.91	368
367	32.97	01:12.22	02:36.75	05:27.08	11:16.18	21:25.65	37.51	01:19.79	02:51.99	40.72	01:29.57	03:12.11	34.12	01:16.26	02:50.13	02:55.56	06:08.24	367
366	33.00	01:12.29	02:36.89	05:27.38	11:16.79	21:26.82	37.55	01:19.86	02:52.14	40.76	01:29.65	03:12.29	34.15	01:16.33	02:50.29	02:55.72	06:08.58	366
365	33.03	01:12.35	02:37.04	05:27.68	11:17.41	21:28.00	37.58	01:19.94	02:52.30	40.80	01:29.73	03:12.46	34.18	01:16.40	02:50.44	02:55.88	06:08.91	365
364	33.06	01:12.42	02:37.18	05:27.98	11:18.03	21:29.18	37.61	01:20.01	02:52.46	40.84	01:29.81	03:12.64	34.21	01:16.47	02:50.60	02:56.04	06:09.25	364
363	33.09	01:12.48	02:37.32	05:28.28	11:18.65	21:30.36	37.65	01:20.08	02:52.62	40.87	01:29.89	03:12.82	34.24	01:16.54	02:50.75	02:56.21	06:09.59	363
362	33.12	01:12.55	02:37.47	05:28.58	11:19.28	21:31.55	37.68	01:20.16	02:52.78	40.91	01:29.98	03:13.00	34.27	01:16.61	02:50.91	02:56.37	06:09.93	362
361	33.15	01:12.62	02:37.61	05:28.88	11:19.90	21:32.74	37.72	01:20.23	02:52.94	40.95	01:30.06	03:13.17	34.31	01:16.68	02:51.07	02:56.53	06:10.27	361
360	33.18	01:12.68	02:37.76	05:29.19	11:20.53	21:33.93	37.75	01:20.30	02:53.10	40.99	01:30.14	03:13.35	34.34	01:16.75	02:51.23	02:56.69	06:10.61	360
359	33.21	01:12.75	02:37.91	05:29.49	11:21.16	21:35.13	37.79	01:20.38	02:53.26	41.02	01:30.23	03:13.53	34.37	01:16.82	02:51.38	02:56.86	06:10.96	359
358	33.25	01:12.82	02:38.05	05:29.80	11:21.80	21:36.34	37.82	01:20.45	02:53.42	41.06	01:30.31	03:13.71	34.40	01:16.89	02:51.54	02:57.02	06:11.30	358
357	33.28	01:12.89	02:38.20	05:30.11	11:22.43	21:37.55	37.86	01:20.53	02:53.58	41.10	01:30.40	03:13.89	34.43	01:16.96	02:51.70	02:57.19	06:11.65	357
356	33.31	01:12.96	02:38.35	05:30.42	11:23.07	21:38.76	37.89	01:20.60	02:53.74	41.14	01:30.48	03:14.07	34.46	01:17.03	02:51.86	02:57.35	06:12.00	356
355	33.34	01:13.02	02:38.50	05:30.73	11:23.71	21:39.98	37.93	01:20.68	02:53.90	41.18	01:30.57	03:14.26	34.50	01:17.11	02:52.03	02:57.52	06:12.35	355
354	33.37	01:13.09	02:38.65	05:31.04	11:24.36	21:41.20	37.96	01:20.76	02:54.07	41.22	01:30.65	03:14.44	34.53	01:17.18	02:52.19	02:57.69	06:12.70	354
353	33.40	01:13.16	02:38.80	05:31.35	11:25.00	21:42.43	38.00	01:20.83	02:54.23	41.26	01:30.74	03:14.62	34.56	01:17.25	02:52.35	02:57.85	06:13.05	353
352	33.43	01:13.23	02:38.95	05:31.66	11:25.65	21:43.66	38.04	01:20.91	02:54.40	41.29	01:30.82	03:14.81	34.59	01:17.32	02:52.51	02:58.02	06:13.40	352
351	33.47	01:13.30	02:39.10	05:31.98	11:26.30	21:44.90	38.07	01:20.98	02:54.56	41.33	01:30.91	03:14.99	34.63	01:17.40	02:52.68	02:58.19	06:13.75	351
350	33.50	01:13.37	02:39.25	05:32.29	11:26.95	21:46.14	38.11	01:21.06	02:54.73	41.37	01:30.99	03:15.18	34.66	01:17.47	02:52.84	02:58.36	06:14.11	350
349	33.53	01:13.44	02:39.40	05:32.61	11:27.61	21:47.39	38.15	01:21.14	02:54.90	41.41	01:31.08	03:15.36	34.69	01:17.55	02:53.01	02:58.53	06:14.47	349
348	33.56	01:13.51	02:39.55	05:32.93	11:28.27	21:48.64	38.18	01:21.22	02:55.06	41.45	01:31.17	03:15.55	34.73	01:17.62	02:53.17	02:58.70	06:14.83	348
347	33.59	01:13.58	02:39.71	05:33.25	11:28.93	21:49.89	38.22	01:21.29	02:55.23	41.49	01:31.26	03:15.74	34.76	01:17.69	02:53.34	02:58.87	06:15.19	347
346	33.63	01:13.65	02:39.86	05:33.57	11:29.59	21:51.15	38.26	01:21.37	02:55.40	41.53	01:31.34	03:15.93	34.79	01:17.77	02:53.50	02:59.05	06:15.55	346
345	33.66	01:13.72	02:40.01	05:33.89	11:30.26	21:52.42	38.29	01:21.45	02:55.57	41.57	01:31.43	03:16.11	34.83	01:17.84	02:53.67	02:59.22	06:15.91	345
344	33.69	01:13.79	02:40.17	05:34.21	11:30.92	21:53.69	38.33	01:21.53	02:55.74	41.61	01:31.52	03:16.30	34.86	01:17.92	02:53.84	02:59.39	06:16.27	344

For times not printed in the table,
use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

343	33.72	01:13.87	02:40.32	05:34.54	11:31.59	21:54.97	38.37	01:21.61	02:55.91	41.65	01:31.61	03:16.49	34.90	01:17.99	02:54.01	02:59.57	06:16.64	343
342	33.76	01:13.94	02:40.48	05:34.86	11:32.27	21:56.25	38.40	01:21.69	02:56.08	41.69	01:31.70	03:16.69	34.93	01:18.07	02:54.18	02:59.74	06:17.00	342
341	33.79	01:14.01	02:40.64	05:35.19	11:32.94	21:57.53	38.44	01:21.77	02:56.25	41.73	01:31.79	03:16.88	34.96	01:18.15	02:54.35	02:59.92	06:17.37	341
340	33.82	01:14.08	02:40.79	05:35.52	11:33.62	21:58.82	38.48	01:21.85	02:56.43	41.77	01:31.88	03:17.07	35.00	01:18.22	02:54.52	03:00.09	06:17.74	340
339	33.86	01:14.16	02:40.95	05:35.85	11:34.30	22:00.12	38.52	01:21.93	02:56.60	41.82	01:31.97	03:17.26	35.03	01:18.30	02:54.69	03:00.27	06:18.11	339
338	33.89	01:14.23	02:41.11	05:36.18	11:34.99	22:01.42	38.55	01:22.01	02:56.77	41.86	01:32.06	03:17.46	35.07	01:18.38	02:54.86	03:00.45	06:18.49	338
337	33.92	01:14.30	02:41.27	05:36.51	11:35.68	22:02.72	38.59	01:22.09	02:56.95	41.90	01:32.15	03:17.65	35.10	01:18.46	02:55.04	03:00.63	06:18.86	337
336	33.96	01:14.38	02:41.43	05:36.85	11:36.36	22:04.04	38.63	01:22.17	02:57.12	41.94	01:32.24	03:17.85	35.14	01:18.53	02:55.21	03:00.80	06:19.24	336
335	33.99	01:14.45	02:41.59	05:37.18	11:37.06	22:05.35	38.67	01:22.25	02:57.30	41.98	01:32.33	03:18.05	35.17	01:18.61	02:55.38	03:00.98	06:19.61	335
334	34.02	01:14.52	02:41.75	05:37.52	11:37.75	22:06.67	38.71	01:22.34	02:57.48	42.02	01:32.42	03:18.24	35.21	01:18.69	02:55.56	03:01.17	06:19.99	334
333	34.06	01:14.60	02:41.91	05:37.85	11:38.45	22:08.00	38.75	01:22.42	02:57.65	42.07	01:32.52	03:18.44	35.24	01:18.77	02:55.73	03:01.35	06:20.37	333
332	34.09	01:14.67	02:42.08	05:38.19	11:39.15	22:09.33	38.79	01:22.50	02:57.83	42.11	01:32.61	03:18.64	35.28	01:18.85	02:55.91	03:01.53	06:20.75	332
331	34.13	01:14.75	02:42.24	05:38.53	11:39.85	22:10.67	38.82	01:22.58	02:58.01	42.15	01:32.70	03:18.84	35.31	01:18.93	02:56.09	03:01.71	06:21.14	331
330	34.16	01:14.82	02:42.40	05:38.87	11:40.56	22:12.01	38.86	01:22.67	02:58.19	42.19	01:32.80	03:19.04	35.35	01:19.01	02:56.26	03:01.89	06:21.52	330
329	34.20	01:14.90	02:42.57	05:39.22	11:41.27	22:13.36	38.90	01:22.75	02:58.37	42.23	01:32.89	03:19.24	35.38	01:19.09	02:56.44	03:02.08	06:21.91	329
328	34.23	01:14.98	02:42.73	05:39.56	11:41.98	22:14.71	38.94	01:22.83	02:58.55	42.28	01:32.99	03:19.45	35.42	01:19.17	02:56.62	03:02.26	06:22.29	328
327	34.26	01:15.05	02:42.90	05:39.91	11:42.70	22:16.07	38.98	01:22.92	02:58.73	42.32	01:33.08	03:19.65	35.46	01:19.25	02:56.80	03:02.45	06:22.68	327
326	34.30	01:15.13	02:43.06	05:40.25	11:43.41	22:17.44	39.02	01:23.00	02:58.92	42.36	01:33.17	03:19.85	35.49	01:19.33	02:56.98	03:02.64	06:23.07	326
325	34.34	01:15.21	02:43.23	05:40.60	11:44.13	22:18.81	39.06	01:23.09	02:59.10	42.41	01:33.27	03:20.06	35.53	01:19.41	02:57.16	03:02.82	06:23.47	325
324	34.37	01:15.28	02:43.40	05:40.95	11:44.86	22:20.18	39.10	01:23.17	02:59.28	42.45	01:33.37	03:20.26	35.56	01:19.49	02:57.35	03:03.01	06:23.86	324
323	34.41	01:15.36	02:43.57	05:41.30	11:45.58	22:21.57	39.14	01:23.26	02:59.47	42.49	01:33.46	03:20.47	35.60	01:19.57	02:57.53	03:03.20	06:24.26	323
322	34.44	01:15.44	02:43.74	05:41.66	11:46.31	22:22.95	39.18	01:23.35	02:59.65	42.54	01:33.56	03:20.68	35.64	01:19.66	02:57.71	03:03.39	06:24.65	322
321	34.48	01:15.52	02:43.91	05:42.01	11:47.05	22:24.35	39.22	01:23.43	02:59.84	42.58	01:33.66	03:20.89	35.67	01:19.74	02:57.90	03:03.58	06:25.05	321
320	34.51	01:15.60	02:44.08	05:42.37	11:47.78	22:25.74	39.26	01:23.52	03:00.03	42.63	01:33.75	03:21.09	35.71	01:19.82	02:58.08	03:03.77	06:25.45	320
319	34.55	01:15.67	02:44.25	05:42.73	11:48.52	22:27.15	39.31	01:23.61	03:00.21	42.67	01:33.85	03:21.30	35.75	01:19.90	02:58.27	03:03.96	06:25.86	319
318	34.59	01:15.75	02:44.42	05:43.08	11:49.26	22:28.56	39.35	01:23.69	03:00.40	42.72	01:33.95	03:21.52	35.79	01:19.99	02:58.45	03:04.15	06:26.26	318
317	34.62	01:15.83	02:44.59	05:43.44	11:50.01	22:29.98	39.39	01:23.78	03:00.59	42.76	01:34.05	03:21.73	35.82	01:20.07	02:58.64	03:04.35	06:26.67	317
316	34.66	01:15.91	02:44.77	05:43.81	11:50.76	22:31.40	39.43	01:23.87	03:00.78	42.81	01:34.15	03:21.94	35.86	01:20.16	02:58.83	03:04.54	06:27.07	316
315	34.69	01:15.99	02:44.94	05:44.17	11:51.51	22:32.83	39.47	01:23.96	03:00.97	42.85	01:34.25	03:22.15	35.90	01:20.24	02:59.02	03:04.74	06:27.48	315
314	34.73	01:16.07	02:45.11	05:44.54	11:52.26	22:34.26	39.51	01:24.05	03:01.17	42.90	01:34.35	03:22.37	35.94	01:20.33	02:59.21	03:04.93	06:27.89	314
313	34.77	01:16.15	02:45.29	05:44.90	11:53.02	22:35.70	39.56	01:24.14	03:01.36	42.94	01:34.45	03:22.58	35.98	01:20.41	02:59.40	03:05.13	06:28.31	313
312	34.81	01:16.24	02:45.47	05:45.27	11:53.78	22:37.15	39.60	01:24.23	03:01.55	42.99	01:34.55	03:22.80	36.01	01:20.50	02:59.59	03:05.33	06:28.72	312
311	34.84	01:16.32	02:45.64	05:45.64	11:54.55	22:38.60	39.64	01:24.32	03:01.75	43.03	01:34.65	03:23.02	36.05	01:20.58	02:59.78	03:05.53	06:29.14	311
310	34.88	01:16.40	02:45.82	05:46.01	11:55.31	22:40.06	39.68	01:24.41	03:01.94	43.08	01:34.75	03:23.23	36.09	01:20.67	02:59.98	03:05.72	06:29.55	310
309	34.92	01:16.48	02:46.00	05:46.38	11:56.08	22:41.53	39.73	01:24.50	03:02.14	43.13	01:34.85	03:23.45	36.13	01:20.76	03:00.17	03:05.92	06:29.97	309
308	34.96	01:16.56	02:46.18	05:46.76	11:56.86	22:43.00	39.77	01:24.59	03:02.34	43.17	01:34.96	03:23.67	36.17	01:20.84	03:00.37	03:06.13	06:30.40	308
307	34.99	01:16.65	02:46.36	05:47.13	11:57.64	22:44.48	39.81	01:24.68	03:02.53	43.22	01:35.06	03:23.89	36.21	01:20.93	03:00.56	03:06.33	06:30.82	307
306	35.03	01:16.73	02:46.54	05:47.51	11:58.42	22:45.96	39.85	01:24.77	03:02.73	43.27	01:35.16	03:24.12	36.25	01:21.02	03:00.76	03:06.53	06:31.24	306
305	35.07	01:16.82	02:46.72	05:47.89	11:59.20	22:47.45	39.90	01:24.87	03:02.93	43.31	01:35.27	03:24.34	36.29	01:21.11	03:00.96	03:06.73	06:31.67	305
304	35.11	01:16.90	02:46.91	05:48.27	11:59.99	22:48.95	39.94	01:24.96	03:03.13	43.36	01:35.37	03:24.56	36.33	01:21.20	03:01.15	03:06.94	06:32.10	304

For times not printed in the table, use the next slowest time in the list



World Aquatics Point Scoring 2026

Women Individual - Long Course (50m)

Validity - (01/01/2026 - 31/12/2026)

303	35.15	01:16.98	02:47.09	05:48.66	12:00.78	22:50.46	39.99	01:25.05	03:03.33	43.41	01:35.48	03:24.79	36.37	01:21.29	03:01.35	03:07.14	06:32.53	303
302	35.19	01:17.07	02:47.27	05:49.04	12:01.57	22:51.97	40.03	01:25.15	03:03.53	43.46	01:35.58	03:25.01	36.41	01:21.38	03:01.55	03:07.35	06:32.96	302
301	35.22	01:17.15	02:47.46	05:49.43	12:02.37	22:53.49	40.07	01:25.24	03:03.74	43.51	01:35.69	03:25.24	36.45	01:21.47	03:01.75	03:07.56	06:33.40	301
300	35.26	01:17.24	02:47.64	05:49.81	12:03.17	22:55.01	40.12	01:25.34	03:03.94	43.55	01:35.79	03:25.47	36.49	01:21.56	03:01.95	03:07.77	06:33.84	300