

2026 Australian Diving Cup

DECEMBER 2ND - 5TH, 2026

Hosted by DIVING AUSTRALIA

Supported by AUS

Gold Coast Aquatic Centre, Marine Parade, Southport, Queensland, Australia 4215

Introduction

Diving Australia are pleased to announce the Australian Diving Cup, to be held on the Gold Coast, Australia from 2–5 December 2026.

The Australian Diving Cup will take place at the iconic Gold Coast Aquatic Centre, host venue of the 2018 Commonwealth Games.

This spectacular outdoor facility on Queensland's sunny coastline provides a world-class competition environment and a unique championship atmosphere. The event will serve as a key development opportunity for all athletes and an exciting international benchmark in the lead-up to the Olympic Games in 2028.

Diving Australia looks forward to welcoming nations and their teams, offering athletes, coaches and travelling members an outstanding competition experience in one of Australia's premier sporting destinations.

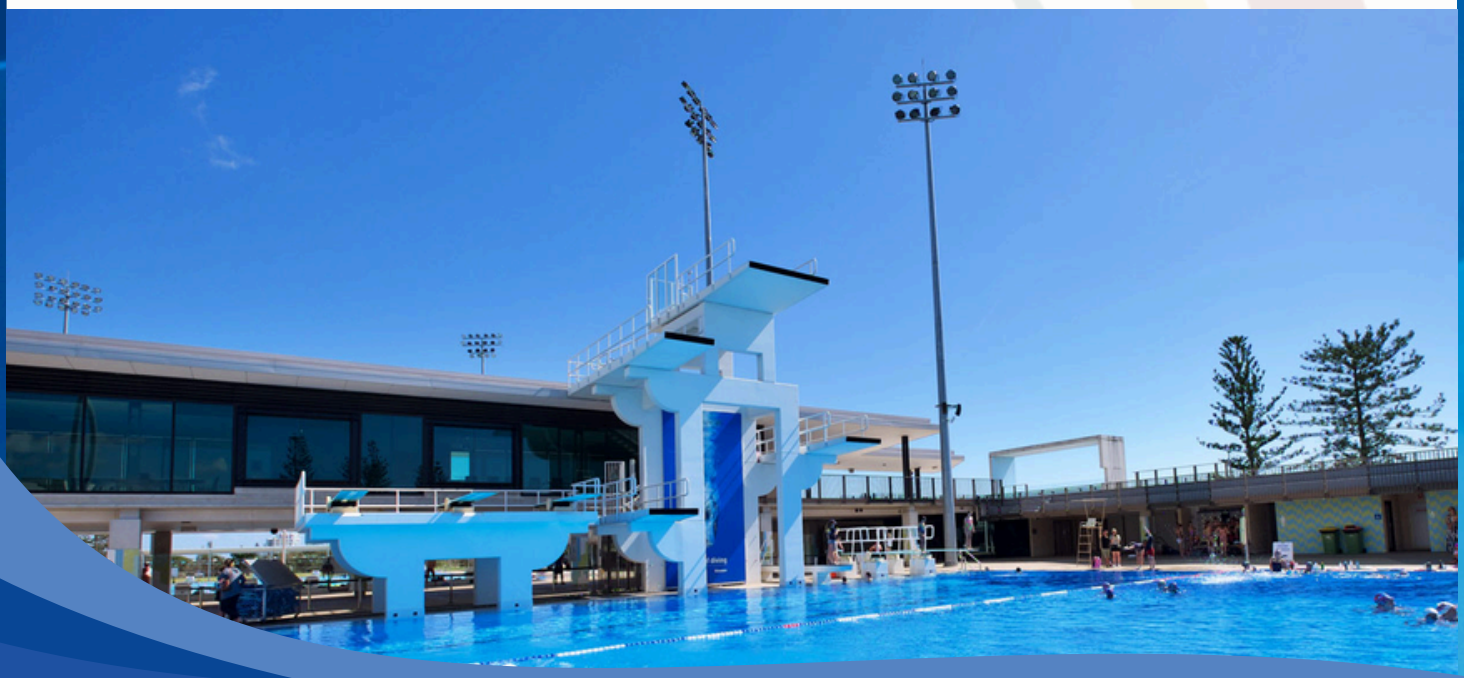
Member federations from across the world are invited to attend and enjoy our excellent competition and dryland training facilities. A full program of events will be contested on the 3m springboard and 10m platform, including individual and synchronised disciplines. A team event will also form part of the Australian Diving Cup schedule. All events will be conducted in accordance with World Aquatics Diving Rules.

About the Gold Coast

The Gold Coast, located in Queensland, Australia, is renowned for its stunning beaches, world-class attractions, and vibrant atmosphere. As a premier holiday destination, it boasts over 70 kilometers of pristine coastline, popular theme parks, high-end shopping, and diverse dining experiences, making it a favorite for families and adventure seekers alike.

Beyond its appeal as a tourist hotspot, the Gold Coast is the perfect setting for a diving event. Its combination of sun, sea, and top-notch facilities, including world-class sporting venues, provides the ideal environment for athletes to perform at their best. With its warm climate and lively atmosphere, both competitors and spectators can enjoy thrilling diving performances, as well as the city's iconic beaches and local attractions. The Gold Coast's unique blend of sport, entertainment, and natural beauty makes it an unforgettable location for any diving competition.

Please note, all informtation in this booklet is subject to change and will be confirmed closer to cutoff and competition dates

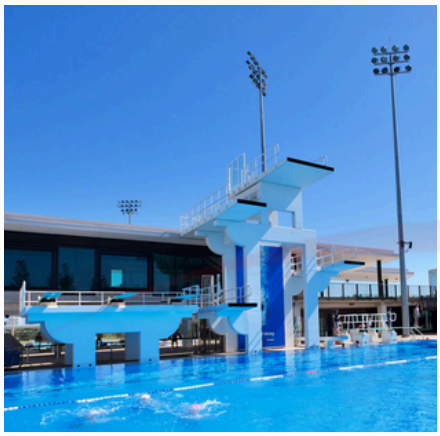


Competition Details

Event Name	Australian Diving Cup
Event Host	Diving Australia
Event Dates	December 2 to December 5
Event Location	Gold Coast Aquatic Centre, Marine Parade, Southport, Queensland, Australia, 4215
Technical Meetings	A technical meeting for all officials and team managers will be held on December 1 (Time TBC) A judges meeting will be held on December 1, immediately after the technical meeting
Judges	Each team to provide a World Aquatics Bronze or higher qualified judge with teams of four or more.
Awards	Gold, Silver and Bronze medals will be awarded to the top three placings in each event
Competition Cost	Event costs are listed below in the competition package details

Competition Venue

Diving Australia is proud to invite you to Gold Coast Aquatic Centre.
Marine Parade, Southport, Queensland, Australia, 4215
Google Maps



DIVING POOL

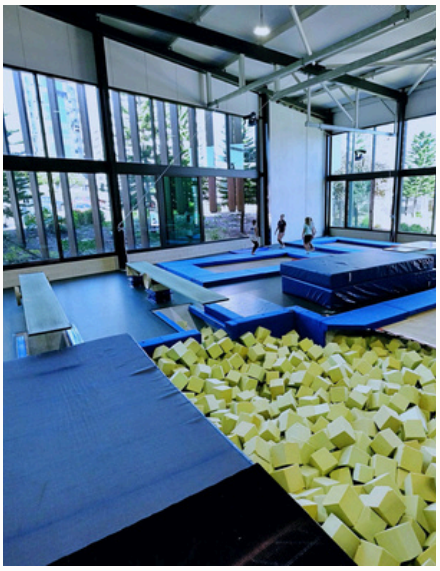
Springboards

- Two x 1 meter boards
- Three x 3 meter boards

Platforms

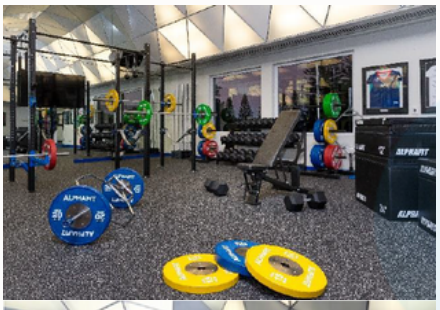
- 3 meter, 5 meter, 7.5 meter and 10 meter

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DRYLAND

- Foam pits
- Three trampolines
- Four dive boards and two platforms





GYMNASIUM

We will have full access to the gymnasium at the RACV Royal Pines Resort. The resort offers the latest cardiovascular machines, resistance training equipment, free weights and functional training tools all readily available for your team.

Please click HERE for a full list of equipment

Local Organising Committee

Host	Diving Australia (DA)
Website	Diving.org.au
Event Manager	David Hunsdale E: events@diving.org.au
Chief Referee	TBD
World Aquatics Delegate	TBD

Welcome desk & Accreditation

There will be a welcome desk located at the Gold Coast airport, at the front entrance of the event venue and at the host hotel. Accreditations will be provided by event/hotel staff upon arrival at the hotel if payment has been received by the local organising committee (LOC).

Registration and Important Dates

The following forms will need to be submitted by the overseas federations.

ENTRY	DEADLINE	FORM DOWNLOAD
Expressions of Interest form	July 6, 2026	HERE
Preliminary accommodation and entry form	September 27, 2026	HERE
Judges Nomination form	November 1, 2026	HERE
Final registration & Sport entries	November 1, 2026	HERE
Final Accommodation form	November 1, 2026	HERE
Travel details	November 15, 2026	HERE
Earliest Arrival	November 28, 2026	
Official Training days	November 29 to December 1, 2026	
Technical Meeting	December 1, 2026	
Competition Dates	December 2-5, 2026	
Latest Departure	December 6, 2026	

- To ensure the event has sufficient participants and to help with planning, we require early Expressions of Interest by form linked above.
- Team reservations will only be confirmed upon receipt of the 50% deposit and will be allocated on a first in basis.
- Cancellation dates and policies:
  - Any cancellations after October 3, 2026 are subject to a 50% cancellation fee.
  - Any cancellations after November 4, 2026 are subject to a 100% cancellation fee.

Travel information

AIRPORT TRANSFERS

All arrivals and departures must be done to and from Gold Coast airport (OOL) or Nerang train station (you can catch the airtrain from Brisbane airport to Nerang Station). Diving Australia volunteers will meet you at the airport or train station with your transport plans to the hotel.

VISA AND ETA PROCESS

When entering Australia, all travellers are required to carry a valid passport and, in most cases, a visa or an Electronic Travel Authority (ETA), depending on their nationality. If you need an invitation letter for your visa application, please reach out to the event manager for assistance.
As part of the entry process, every traveller must also complete an Incoming Passenger Card (IPC), which is provided during your flight or by the Australian Border Force upon arrival. This card collects important details such as your personal information, flight details, and customs declarations. Properly completing this card is essential, as it helps Australian authorities mitigate various risks to the country and ensures compliance with the country's strict biosecurity and immigration laws.

POOL TRANSFERS

Diving Australia will provide transport for all athletes, coaches and accompanying persons having booked the official event hotel with the LOC.

GETTING AROUND THE GOLD COAST

Getting around the Gold Coast is easy, with a variety of convenient transport options. The G light rail system runs along the coast, connecting key locations from Helensvale to Broadbeach, including Surfers Paradise. Buses are frequent and serve most areas, while taxis and rideshare services like Uber are readily available. For those who prefer flexibility, car rentals are popular, allowing easy access to both the beaches and hinterland. Cycling is also a great option, with scenic bike paths stretching along the coastline.

Competition Information

RULES AND FORMAT

The Australian Diving Cup will be conducted under AQUA diving rules. Click HERE to see the World Aquatics rules and format.

The Australian Diving Cup will consist of the following events:

- Individual - Men/ Women - 3 meter Springboard and 10 meter Platform
- Synchronised Diving - Men/Women - 3 meter Springboard and 10 meter Platform
- Team Event

PARTICIPATION

- The Australian Diving Cup is open to all World Aquatic Member Federations.
- Individual Events - Entries are limited to a maximum of six (6) participants per individual event per nation. These events will include a preliminary session, repechage and a final. Further details are below.
- Synchronised Events - Entries are limited to a maximum of two (2) teams per synchronised event per nation. These events will consist of a finals round only.
- Team Event - Entries are limited to a maximum of one (1) team per nation, excluding the host national which is limited to a maximum of two (2) teams.

JUDGES

Each team to provide a World Aquatics Bronze or higher qualified judge with teams of four or more.

World Aquatics, following the recommendation of the World Aquatics TDC, will appoint a delegate for this event. The World Aquatics Delegate will conduct judging evaluations that will count towards the Diving Technical Officials Pathway, available HERE.

Competition Format

INDIVIDUAL EVENTS
3M and 10M events for both men (6 dives without limit) and women (5 dives without limit) will be contested. These events will include a preliminary session, a repechage round, and a final.

PRELIMINARY	ADVANCED SESSIONS	
	REPECHAGE	FINAL
Entries are limited to a maximum of six (6) participants per individual event per nation. A maximum of 2 divers per nation can automatically qualify for the final from the prelims.	From the preliminary, divers ranked 9th to 20th, regardless of nationality, will qualify for the repechage session. Athletes displaced from Top-8 in the prelims due to the nationality quota will be part of the 12 divers in the repechage. The Top 4 divers from the repechage, regardless of nationality, will earn qualification to the final, resulting in a 12-person final.	From the preliminary, the Top 8 divers (with a maximum of 2 per nation), and the Top 4 divers from the repechage (regardless of nationality) will be included in the final. Each final will include a total of 12 athletes. Should any qualified athlete withdraw from the final, the next best ranked diver from the repechage will be allocated their spot, regardless of nationality. Medals will be awarded to the Top 3 divers, regardless of nationality.

In summary, for individual events:



Tentative Schedule

Please note that this is a draft schedule and is subject to change. Events are not necessarily listed in the order in which they will be conducted on each day. Diving Australia will confirm the final schedule once registrations have closed and athlete numbers are finalised.

Date	Event
Saturday November 28	Arrival Day
Sunday November 29	Official Training Day 1
Monday November 30	Official Training Day 2
Tuesday December 1	Official Training Day 3 Technical Meeting & Judges Meeting
Wendesday December 2	Men's 3 Metre Preliminary Women's Platform Preliminary Men's 3 Metre Repechage Women's Platform Repechage
Thursday December 3	Women's 3 Metre Preliminary Men's Platform Preliminary Women's 3 Metre Repechage Men's Platform Repechage Team Event
Friday December 4	Men's 3 Metre Final Women's 3 Metre Synchronised Final Men's Platform Synchronised Final Women's Platform Final
Saturday December 5	Women's 3 Metre Final Men's 3 Metre Synchronised Final Women's Platform Synchronised Final Men's Platform Final
Sunday December 6	Departure Day

Training Days/Groups

Training will be available and open to all athletes competing in the Championships at the times indicated in the table below. Athletes are only permitted to train in the dryland if they have an accredited coach present.

TRAINING GROUP 1	TRAINING GROUP 2	TRAINING GROUP 3
Russia New Zealand	Canada Spain France South Africa	Australia Fiji
TRAINING DAY 1 - SUNDAY NOVEMBER 29		
7.30am to 9.00am	9.00am to 10.30am	10.30am to 12.00 Midday
1.30pm to 3.00pm	3.00pm to 4.30pm	4.30pm to 6.00pm
TRAINING DAY 2 - MONDAY NOVEMBER 30		
10.30am to 12.00 Midday	7.30am to 9.00am	9.00am to 10.30am
4.30pm to 6.00pm	1.30pm to 3.00pm	3.00pm to 4.30pm
TRAINING DAY 3 - TUESDAY DECEMBER 1		
9.00am to 10.30am	10.30am to 12.00 Midday	7.30am to 9.00am
3.00pm to 4.30pm	4.30pm to 6.00pm	1.30pm to 3.00pm







Accommodation

RACV Royal Pines Resort

ROOMING OPTIONS

Single Room - 1 king bed
Twin Room - 2 double beds

ADDITIONAL INFORMATION

Check in: 2:00pm
Check out: 11:00am
Late Check out: Any departure after 11am to 5:00pm will incur an additional charge of $20 per hour/per room. Departres after 5pm will incur an additional night's room rate.

FACILITIES

Complementary resort wide Wi-Fi
Gym Access - includes large cardio and weights gym
Hotel Laundry facilities are available and operated with gold coin ($1 or $2)
Double ice baths - $140 per use
Heated 26 degree resort Pool
Additional onsite Restaurants and bar - at own cost

LOCATION

Ross St, Benowa QLD 4217

Distance from the Gold Coast Airport	32km - approx 40 minutes
Distance from Nerang Train Station	6km - approx 10 minutes
Distance from the Pool	8.6km - approx 20 minutes

Competition Package

The competition package includes accommodation, 3 meals per day, transport and competition entry fees. All divers, support team and officials are required to register for the competition package.

Meals will include 3 meals per day starting with dinner on arrival day and finishing with breakfast on departure day. All breakfast and dinners will be at RACV Royal Pines Resort, lunch will be a mix of at the pool and hotel.

Payment is required in Australian Dollars however we have included USD and NZD for reference.

ROOM TYPE	AUSTRALIAN DOLLARS (AUD)	US DOLLARS (REFERENCE ONLY)	NEW ZEALAND DOLLARS (REFERENCE ONLY)
Single Room (1 bed)	$400	$275	$480
Twin Room (2 beds)	$300 per person	$205	$360
Triple room (Two beds, one roll away bed)	$250 per person	$180	$302

Prices are per person, per day.

Useful Information

Below is some useful information to consider when preparing for the trip.

WEATHER

Top of 29 degrees Celsius
Low of 21 degrees Celsius

TIME ZONE

Australian Eastern Standard Time (AEST), UTC +10

LANGUAGE

Australians primarily speak English, which is the official and most widely spoken language in the country. Additionally, there are several Indigenous Australian languages spoken by Aboriginal and Torres Strait Islander communities.

POWER SOCKET

Australia uses Type I power sockets. The standard voltage is 230V, and the standard frequency is 50Hz.

MONEY

Australian Dollars (AUD)

SOCIAL MEDIA

Instagram: @divingaus
Facebook: Diving Australia

SPECTATORS & TICKETS

Diving Australia is not charging a spectator fee for this event, however, spectators may need to pay the pool entry fee upon entry to the venue.

LOCAL LAWS

Although Australia in known as a laid back country, we do have some lesser known local laws. To avoid misunderstanding or fines, we have noted a few below:

- No mobile phone use while driving
- Helmets are required when riding bikes and scooters.
- No smoking indoors. Follow all smoking signs
- Jaywalking is fined. Cross at crossings
- Feeding Wildlife is prohibited

EMERGENCY NUMBERS

Police, Fire, Ambulance: 000

MEDICAL SERVICES

Gold Coast University Hospital
Address: 1 Hospital Blvd, Southport QLD 4215
Phone: +61 7 5687 0000

Southport Central Medical Centre
Address: 2 Nerang St, Southport QLD 4215
Phone: +61 7 5591 7900

Priceline Pharmacy
Address: 42 Marine Pde, Southport QLD 4215
Phone: +61 7 5591 2277

Diving Australia would like to recognise the support and guidance of our partners for the upcoming Australian Diving Cup.

AIS

AUSTRALIAN OLYMPIC COMMITEE

BLACK

AUS

nswis NSW INSTITUTE OF SPORT

QAS QUEENSLAND ACADEMY OF SPORT

VIS

SASI South Australian Sports Institute

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RECOGNISED BY WORLD AQUATICS

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